

52nd Annual Lake Forest Cross Country Festival Open 5K Run/Walk

September 19, 2009 66 degrees, sunny, breezy
Killens Pond State Park - Felton, DE
Benefits The Friends of Killens Pond

Age Group Results

<u>Place</u>	<u>Male</u>		<u>Female</u>	
	<u>Overall Winner</u>		<u>Overall Winner</u>	
1st	Jonathan Corsini	16:45	Josephine Menk	20:08
	<u>Male Master</u>		<u>Female Master</u>	
	David Cabrera	19:04	Carol Giampietro	22:20
	<u>Fastest Active Male Coach</u>		<u>Fastest Active Female Coach</u>	
	Jonathan Corsini	16:45	Josephine Menk	20:08
	<u>L.F. Invitational Alumni</u>		<u>L.F. Invitational Alumni</u>	
1st	Eric Payne	19:11	Nicole Faries	21:45
2nd	Czar Bloom	20:59	Angela Wagner	22:50
3rd	Jeremy Dobrinski	21:55	Michelle Moore	38:39
	<u>14- Under</u>		<u>14 - under</u>	
1st	Ryan Davies	59:15	NA	
2nd	NA		NA	
3rd	NA		NA	
	<u>15 - 19</u>		<u>15 - 19</u>	
1st	Jesse Parrish	19:56	Megan Medeiros	24:56
2nd	Travis White	21:26	NA	
3rd	Chris Pink	21:44	NA	
	<u>20 - 29</u>		<u>20 - 29</u>	
1st	Travis Brissey	22:17	Cori Killen	32:09
2nd	NA		Jessica Gondeck	35:49
3rd	NA		NA	
	<u>30 - 39</u>		<u>30 - 39</u>	
1st	Stephen Lee	19:11	Angela Wagner	22:50
2nd	David Vezmar	22:36	Jodi Pries	32:14
3rd	Jacob Wagner	24:22	NA	
	<u>40 - 49</u>		<u>40 - 49</u>	
1st	Mark Richmond	20:59	Karen Kolobielski	24:40
2nd	Ed Hood	21:07	Laurie Brissey	29:36
3rd	Frank DiGregorio	22:20	Kristia Schlegel	31:36

	<u>50 - 59</u>		<u>50 - 59</u>	
1st	Rich Kruse	20:16	Beverly Jackey	25:52
2nd	Brian Peters	23:20	Mary Nardo	30:50
3rd	Dickie Burgess	25:22	NA	

	<u>60 & Over</u>		<u>60 & Over</u>	
1st	Don Marvel	25:31	NA	
2nd	Lee Masser	35:37	NA	
3rd	NA		NA	

	<u>Male Walkers</u>		<u>Female Walkers</u>	
1st	Bruce Pringle	36:50	Debbie Johnson	46:34
2nd	Bob Carroll	37:11	Kim Wilson	46:58
3rd	Jim Lyons	42:11	Patricia Mayer	51:17

Complete Results

<u>Place</u>	<u>Name</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>
1	Jonathan Corsini	M	22 C	16:45
2	David Cabrera	M	41 C	19:04
3	Eric Payne	M	40 C A	19:11
4	Stephen Lee	M	30 C	19:20
5	Jesse Parrish	M	16	19:56
6	Josephine Menk	F	48 C	20:08
7	Rich Kruse	M	55 C	20:16
8	Mark Richmond	M	41	20:59
9	Czar Bloom	M	35 C A	20:59
10	Ed Hood	M	43	21:07
11	Travis White	M	18	21:26
12	Chris Pink	M	18	21:44
13	Nicole Faries	F	27 A	21:45
14	Jeremy Dobrinski	M	32 C A	21:55
15	Runner Unknown			22:14
16	Runner Unknown			22:16
17	Travis Brissey	M	26	22:17
18	Frank Digregorio	M	43	22:20
19	Carol Giampietro	F	51	22:28
20	David Vezmar	M	36	22:36
21	Angela Wagner	F	32 C A	22:50
22	Brian Peters	M	50	23:20
23	Brad Martin	M	42	24:13
24	James Watwood	M	49	24:22
25	Jacob Wagner	M	33	24:33
26	Frankie Digregorio	M	19	24:35
27	Karen Kolobielski	F	49	24:40
28	Megan Medeiros	F	15	24:56
29	Dickie Burgess	M	54	25:22
30	Don Marvel	M	66	25:31
31	Gifford King	M	46	25:46

32	Beverly Jackey	F	51	25:52
33	Paul Phalen	M	50	26:00
34	Harry Brake	M	37 C	26:24
35	John Novotny	M	32	26:45
36	Alan Bundschuh	M	43	27:55
37	Caleb Primos	M	16	28:05
38	BillShupe	M	57	28:48
39	John Saulsbury	M	48	29:15
40	Runner Unknown			29:30
41	Laurie Brissey	F	49	29:36
42	Paul Eichler	M	45	30:12
43	Mary Nardo	F	57	30:50
44	Kristin Schlegel	F	44 C	31:36
45	Joan Peters	F	49	31:44
46	Gary Focht	M	49	31:58
47	Debbie Green	F	49	31:59
48	Karen Phillips	F	47	32:00
49	Carl Robinson	M	54	32:00
50	Cori Killen	F	27	32:09
51	Jodi Pries	F	30	32:14
52	Lee Masser	M	73	35:37
53	Jessica Gondeck	F	23	35:49
54	Mike Kelley	M	55	35:57
55	Laura Gondeck	F	44	36:37
56	Bruce Pringle	M	62 W	36:50
57	Bob Carroll	M	70 W	37:11
58	Michelle Moore	F	45 A	38:39
59	Lucy Keesee	F	47	39:03
60	Jim Lyons	M	75 W	42:11
61	Runner Unknown			46:00
62	Jose Lukecart	M	57	46:00
63	Debbie Johnson	F	51 W	46:34
64	Kim Wilson	F	48 W	46:58
65	Ralph Muholand	M	56 W	46:58
66	Patricia Mayer	F	65 W	51:17
67	Laura Mackey	F	53 W	51:18
68	Ryan Davies	M	9	59:15
69	Harriet Davies	F	69 W	59:16

Legend:

A - Alumni Runner

C - Coach Runner

W - Walker