

# ***2010 Championship Series Awards***

## **37.2 Series - 12+ 5K Races**

### **5K Run Championship**

#### **Overall Male Champion**

**Steven Wheeler**

4:07:21

4 Race Trail Challenge Champion

1:25:30

#### **Overall Female Champion**

**Amy Hoey**

4:57:22

#### **Male Masters Champion**

**Richard Grace**

5:05:44

4 Race Trail Challenge

2nd Place - 1:47:31

#### **Female Masters Champion**

**Wendy Witherall**

6:03:51

#### **1st Place**

Female 20 - 24

**Jessica Gondeck**

7:37:17

#### **1st Place**

Male 30 - 34

**David Marango**

8:45:00

#### **1st Place**

Female 30 - 34

**Lisa O'Keefe**

5:45:38

**1st Place**  
**Male 35 - 39**  
**Greg Massey**  
**4:19:19**

**1st Place**  
**Female 35 - 39**  
**Sonja Quinonez**  
**6:57:45**

**1st Place**  
**Female 45 - 49**  
**Molly Breeding**  
**7:07:08**

**2nd Place**  
**Female 45 - 45**  
**Laura Gondeck**  
**7:21:48**

**Female 50 - 54**  
**Life Happens Award**  
**Diana Woodward**

**1st Place**  
**Male 65 - 69**  
**Don Marval**  
**5:18:08**

**2nd Place**  
**Male 65 - 69**  
**Larry Price**  
**6:22:28**

**1st Place**  
**Male 70 & Over**  
**Lee Masser**  
**6:40:01**

**1 Place**  
**Female Walker**  
**Debbie Johnson (DJ)**  
**8:56:24**

1st Place  
Male Walker  
Bob Carroll  
7:15:17

2nd Place  
Male Walker  
Jim Lyons  
7:59:15

3rd Place  
Male Walker  
Matt Andrews  
8:57:01

4th Place  
Male Walker  
Terry Woodward  
10:10:16

### 85.6 Series

12-5K's, 1 Mile, 5 Miles, 10K, 10 Miles, 2x 13.1 Miles

Male Champion  
Jose Lukecart  
13:12:25  
4 Race Trail Challenge  
3rd Place - 1:49:07

Female Champion  
Laura Vaughn  
14:01:55

### 111.8 Series

12-5K's, 1 Mile, 5 Miles, 10K, 10 Miles, 2x 13.1 Miles, 26.2 Marathon

Male Champion  
Michael Gondeck  
16:38:25