

2016 Heart and Sole 5K

Trinity Logistics - Seaford, DE

March 26, 2016

A Trisports Events Production

5K Run in Finish Order

Pl	Name	City	Bib	Age	A/G Place	Chip	Gun	Pace
1	Martin Rodriguez	Selbyville DE	272	34	1 Open	18:16.5	18:17.4	5:54/M
2	Conor McLaughlin	Milton DE	441	29	1 M 20-29	20:44.4	20:51.7	6:41/M
3	Moiber Rivera	Georgetown DE	292	28	2 M 20-29	20:52.7	20:55.5	6:44/M
4	Greg Massey	Felton DE	785	46	1 Masters	21:07.6	21:08.5	6:49/M
5	Greg Koski	East New Market N	777	48	1 M 40-49	21:16.9	21:18.6	6:52/M
6	Scott Bell	Newark DE	732	55	1 M 50-59	21:30.3	21:32.4	6:56/M
7	Jake Phillips	Seaford DE	431	27	3 M 20-29	22:23.9	22:27.8	7:13/M
8	Frank Whittington	Middletown DE	396	65	1 M 60-69	22:39.1	22:40.0	7:18/M
9	Hope Runnels	Preston MD	322	32	1 Open	23:33.8	23:34.7	7:36/M
10	Ray Perdue	Snow Hill MD	808	29	4 M 20-29	23:39.8	23:45.9	7:38/M
11	Joseph Walsh	Seaford DE	847	50	2 M 50-59	23:45.2	23:50.3	7:40/M
12	Caitlin McGroerty	Milton DE	364	29	1 F 20-29	23:48.7	23:56.5	7:41/M
13	Phil Messick	Seaford DE	791	38	1 M 30-39	24:19.6	24:22.5	7:51/M
14	Charles Williams	Salisbury MD	851	27	5 M 20-29	24:27.9	24:36.7	7:53/M
15	Alvaro Buenano	Seaford DE	399	47	2 M 40-49	24:28.2	24:33.5	7:54/M
16	Joanne White	Bridgeville DE	422	53	1 Masters	24:36.3	24:39.2	7:56/M
17	Janelle Koski	East New Market N	778	47	1 F 40-49	24:38.5	24:40.7	7:57/M
18	Frank Caldoro	Seaford DE	737	62	2 M 60-69	24:46.4	24:51.6	7:59/M
19	Tricia Massey	Felton DE	787	43	2 F 40-49	24:49.4	24:50.3	8:00/M
20	Justin Welsh	Ocean View DE	849	35	2 M 30-39	24:52.1	25:23.0	8:01/M
21	Todd Carmean	Bridgeville DE	739	53	3 M 50-59	24:55.9	24:58.0	8:02/M
22	John Yanacek	Milford DE	860	50	4 M 50-59	24:59.1	25:09.2	8:04/M
23	Drew Libby	Seaford DE	783	29	6 M 20-29	25:05.2	25:08.4	8:05/M
24	Mariah Lee	Seaford DE	284	18	1 F 15-19	25:12.1	25:12.1	8:08/M
25	Alan Quillen	Seaford DE	818	61	3 M 60-69	25:22.1	25:24.4	8:11/M
26	Vickie Vlachos	Milford DE	845	52	1 F 50-59	25:38.6	25:44.5	8:16/M
27	Nichole Roop	Preston MD	866	16	2 F 15-19	25:59.6	26:00.5	8:23/M
28	Jose Ibarra	Seaford DE	770	13	1 M 1-14	26:25.4	26:30.6	8:31/M
29	Ken Clendaniel	Preston MD	742	44	3 M 40-49	26:26.7	26:28.6	8:32/M
30	Matthew Cordrey	Laurel DE	745	31	3 M 30-39	26:29.4	26:32.7	8:33/M
31	Pangea Henderson	Wilmington DE	760	8	1 F 1-14	26:59.0	26:59.9	8:42/M
32	Dan Hudson	DE	767	30	4 M 30-39	27:03.2	27:09.8	8:44/M
33	Ryan Willis	Salisbury MD	853	30	5 M 30-39	27:09.8	27:26.7	8:45/M
34	Dog Oreo	Seaford DE	429	61	4 M 60-69	27:10.0	27:10.0	8:46/M
35	Chris McAvoy	Seaford DE	789	36	6 M 30-39	27:11.0	27:14.9	8:46/M
36	Katie West	Seaford DE	414	32	1 F 30-39	27:11.5	27:20.7	8:46/M
37	Jill Koski	East New Market N	779	15	3 F 15-19	27:46.8	27:47.7	8:57/M
38	Dean Swingle	Seaford DE	838	47	4 M 40-49	27:51.2	27:53.9	8:59/M
39	Brian Murphy	Seaford DE	375	42	5 M 40-49	28:01.6	28:07.0	9:02/M
40	David Sattelberg	Seaford DE	383	43	6 M 40-49	28:02.6	28:07.4	9:03/M
41	Robin Ruark	Seaford DE	824	45	7 M 40-49	28:04.9	28:10.9	9:03/M
42	Tom Birowski	Seaford DE	733	53	5 M 50-59	28:10.2	28:23.6	9:05/M
43	Phil Perry	Friendsville DE	809	70	1 M 70-99	28:30.3	28:34.7	9:12/M
44	Paul Gitlin	Camden Wyoming	418	62	5 M 60-69	28:44.8	28:51.0	9:16/M

45	David Tolson	Federalsburg MD	842	39	7 M 30-39	28:57.9	29:09.8	9:20/M
46	Amy Brown	Lincoln DE	371	42	3 F 40-49	29:22.0	29:31.9	9:28/M
47	Katie Leister	Lewes DE	357	37	2 F 30-39	29:31.5	29:41.0	9:31/M
48	Jeremiah Drummond	Seaford DE	279	29	7 M 20-29	30:01.1	30:08.8	9:41/M
49	Joseph Kim	Seaford DE	775	40	8 M 40-49	30:07.8	30:26.7	9:43/M
50	Christina Caasi	Milford DE	736	25	2 F 20-29	30:09.0	30:16.4	9:44/M
51	Breanna Bly	Seaford DE	865	33	3 F 30-39	30:15.3	30:22.0	9:45/M
52	Heather Cerulli	Salisbury MD	741	28	3 F 20-29	30:22.4	30:31.3	9:48/M
53	John Fiori	Felton DE	755	44	9 M 40-49	30:30.0	30:38.3	9:50/M
54	Brandon Reim	Seaford DE	820	29	8 M 20-29	30:39.7	30:50.7	9:53/M
55	Charles Williams	Salisbury MD	850	66	6 M 60-69	31:31.2	31:47.2	10:10/M
56	Lauren Jacobs	Seaford DE	771	26	4 F 20-29	31:45.3	31:46.3	10:15/M
57	Lauren Smith	Seaford DE	834	24	5 F 20-29	32:32.2	32:41.9	10:30/M
58	Richie Smith	Seaford DE	836	51	6 M 50-59	32:32.7	32:42.1	10:30/M
59	Jackson Massey	Felton DE	786	11	2 M 1-14	33:07.3	33:08.2	10:41/M
60	Georgette O'Cone	Millsboro DE	800	68	1 F 60-99	33:12.0	33:16.2	10:43/M
61	Laurie Yanacek	Milford DE	861	50	2 F 50-59	33:19.0	33:31.3	10:45/M
62	Jillian Cox	Laurel DE	746	13	2 F 1-14	33:23.4	33:24.2	10:46/M
63	Dylan Rapa	Laurel DE	819	12	3 M 1-14	33:35.2	33:42.3	10:50/M
64	Michael Rapa	Laurel DE	389	40	10 M 40-49	33:35.4	33:42.6	10:50/M
65	Robin Hudson	DE	768	37	4 F 30-39	33:43.8	33:49.6	10:53/M
66	Ivonne Herrera	Seaford DE	401	47	4 F 40-49	33:52.1	33:57.0	10:55/M
67	Jonathan Penuel	Millsboro DE	806	32	8 M 30-39	34:03.9	34:19.5	10:59/M
68	Emily Willis	Salisbury MD	852	28	6 F 20-29	35:00.3	35:32.2	11:17/M
69	Allison Conick	Salisbury MD	744	29	7 F 20-29	35:02.6	35:34.6	11:18/M
70	Joselyn Roop	Preston MD	867	10	3 F 1-14	36:26.7	36:27.6	11:45/M
71	Jill Smith	Seaford DE	832	52	3 F 50-59	36:48.4	36:58.7	11:52/M
72	Dawn Tolson	Federalsburg MD	843	38	5 F 30-39	37:11.1	37:23.2	12:00/M
73	Aaron Mazur	Delmar DE	788	27	9 M 20-29	38:33.5	38:52.0	12:26/M
74	Chelsea Espenlaub	Laurel DE	753	26	8 F 20-29	39:03.3	39:11.0	12:36/M
75	Tracey Ledoux	Milford DE	452	42	5 F 40-49	39:15.7	39:19.7	12:40/M
76	John Popelas	Milford DE	325	8	4 M 1-14	41:33.5	41:36.9	13:24/M
77	Cindy Popelas	Milford DE	814	37	6 F 30-39	41:36.7	41:39.9	13:25/M
78	Alan Cranston	Seaford DE	747	35	9 M 30-39	41:47.6	41:47.6	13:29/M
79	Kati Palmer	Seaford DE	802	44	6 F 40-49	42:18.5	42:35.3	13:39/M
80	Orlando Holland		273	50	7 M 50-59	42:27.1	42:32.2	13:42/M
81	Melissa Penuel	Millsboro DE	807	31	7 F 30-39	42:32.5	42:47.7	13:43/M
82	Amy Cavallini	Seaford DE	740	40	7 F 40-49	43:10.9	43:19.7	13:55/M
83	Brittany Sylvester	Seaford DE	839	31	8 F 30-39	43:11.0	43:19.0	13:56/M
84	Ella Peterson	Dagsboro DE	810	8	4 F 1-14	43:42.9	43:46.1	14:06/M
85	Lee Masser	Edgewater MD	323	80	2 M 70-99	44:00.1	44:12.5	14:12/M
86	Perry Runnels	Preston MD	315	11	5 M 1-14	45:33.3	45:34.2	14:42/M
87	Justin Proctor	Seaford DE	817	35	10 M 30-39	46:17.5	46:22.8	14:56/M
88	Leslie Dipietro	Millsboro DE	750	37	9 F 30-39	48:23.8	48:45.8	15:36/M
89	Alison Nolt	Seaford DE	798	32	10 F 30-39	48:24.6	48:34.7	15:37/M
90	Eric Ruffcorn	DE	825	34	11 M 30-39	52:48.7	53:17.5	17:02/M
91	Elijah Lewis	Delmar MD	782	28	10 M 20-29	53:11.4	53:38.1	17:09/M
92	Zoe Woodward	Houston DE	859	5	5 F 1-14	54:54.2	55:02.3	17:43/M
93	Olivia Woodward	Houston DE	857	3	6 F 1-14	1:03:33.4	1:03:42.3	20:30/M
94	Diana Woodward	Harrington DE	856	59	4 F 50-59	1:03:34.4	1:03:43.1	20:30/M
95	Ron Salamon	Smyrna DE	341	78	3 M 70-99	1:04:09.0	1:04:13.2	20:42/M
96	Patricia Olekszyk	Seaford DE	801	62	2 F 60-99	1:06:36.0	1:06:46.9	21:29/M

5K Walk in Finish Order

Pl	Name	City	Bib	Age	A/G Place	Chip	Gun	Pace
1	Ron Salvio	Whiting NJ	827	67	1 Open wa	29:17.0	29:19.1	9:27/M
2	Don Zalenski	Magnolia DE	862	70	2 Open wa	37:26.2	37:31.1	12:05/M
3	Cynthia Canevari	Milford DE	738	58	1 Open wa	37:47.5	37:56.6	12:11/M
4	Jim Lyons	Onley VA	784	82	3 Open wa	44:33.6	44:37.8	14:22/M
5	Nancy Bell	Newark DE	731	55	3 Open wa	44:49.3	45:00.4	14:27/M
6	Jeff Peterson	Dagsboro DE	812	35	4 Open wa	44:50.1	45:00.2	14:28/M
7	Kent Peterson	Seaford DE	426	64	5 Open wa	44:50.8	45:00.6	14:28/M
8	Jerri Fleetwood	Houston DE	283	60	2 Open wa	44:51.2	44:55.8	14:28/M
9	Carol Beth Lambert	Seaford DE	780	62	4 Open wa	46:54.7	47:03.2	15:08/M
10	Phyllis Zalenski	Magnolia DE	863	66	5 Open wa	46:58.5	47:09.3	15:09/M
11	Michele Procino-Wells	Seaford DE	815	46	1 F 1-99	48:23.4	48:45.7	15:36/M
12	Amber Woodland	Seaford DE	855	29	2 F 1-99	48:23.8	48:45.9	15:36/M
13	Dawn Nash		796	57	3 F 1-99	48:44.3	48:55.9	15:43/M
14	Denise Murphy	DE	794	58	4 F 1-99	48:44.7	48:56.0	15:43/M
15	Lori Lee	Seaford DE	430	53	5 F 1-99	51:20.5	51:37.3	16:34/M
16	Shelley Pavone	Seaford DE	803	39	6 F 1-99	51:20.6	51:37.6	16:34/M
17	Taylor Pavone	Seaford DE	804	20	7 F 1-99	51:20.8	51:37.6	16:34/M
18	Belinda White	DE	869	56	8 F 1-99	51:33.3	51:47.4	16:38/M
19	Rodney Calahan	Georgetown DE	276	44	1 M 1-99	51:53.2	52:06.4	16:44/M
20	Ken Conaway	Delmar DE	305	54	2 M 1-99	52:31.1	52:45.8	16:56/M
21	Barb Hinz	Seaford DE	761	71	9 F 1-99	52:31.4	52:51.8	16:56/M
22	Karen Levesque	Fredericksburg VA	781	53	10 F 1-99	52:31.8	52:45.9	16:56/M
23	Bill Hinz	Seaford DE	762	73	3 M 1-99	52:31.9	52:51.7	16:56/M
24	Jacalyn Bradley	Seaford DE	734	49	11 F 1-99	52:32.0	52:46.1	16:57/M
25	Amie Toulson	Seaford DE	844	35	12 F 1-99	53:14.2	53:28.5	17:10/M
26	Ariel Thompson	Seaford DE	841	25	13 F 1-99	53:14.6	53:28.7	17:10/M
27	Olivia Evans	Seaford DE	754	17	14 F 1-99	53:14.6	53:28.6	17:10/M
28	Wendy Walker	Seaford DE	846	59	15 F 1-99	53:14.8	53:28.8	17:10/M
29	Amy Proctor	Seaford DE	816	35	16 F 1-99	53:22.4	53:43.6	17:13/M
30	Sarah Ruffcorn	DE	826	35	17 F 1-99	53:35.1	54:03.5	17:17/M
31	Brittany Lewis	Delmar MD	435	26	18 F 1-99	53:35.2	54:04.2	17:17/M
32	Nancy Glime	Seaford DE	757	62	19 F 1-99	54:16.8	54:32.4	17:30/M
33	Fred Glime	Seaford DE	756	62	4 M 1-99	54:17.0	54:32.6	17:31/M
34	Jessica Skochelak	Felton DE	830	17	20 F 1-99	54:29.6	54:50.6	17:35/M
35	Dianne Skochelak	Felton DE	829	46	21 F 1-99	54:29.8	54:50.8	17:35/M
36	Nancy Schnabel	Bridgeville DE	828	66	22 F 1-99	54:32.6	54:50.9	17:35/M
37	Katie Megee	Georgetown DE	790	44	23 F 1-99	54:34.9	54:50.7	17:36/M
38	Mary Buck	Milton DE	735	60	24 F 1-99	54:35.0	54:50.5	17:36/M
39	Sabrina Horsey		765	45	25 F 1-99	55:06.2	55:23.9	17:46/M
40	Claudia Downes	Laurel DE	751	58	26 F 1-99	55:06.4	55:22.7	17:46/M
41	Amy Mitchell	Seaford DE	792	45	27 F 1-99	55:21.8	55:35.8	17:51/M
42	Karen Womach	Laurel DE	854	59	28 F 1-99	55:23.2	55:23.2	17:52/M
43	Karen Ruark	Seaford DE	823	44	29 F 1-99	55:31.0	55:37.8	17:55/M
44	Terry Woodward	Harrington DE	858	60	5 M 1-99	55:43.2	55:49.4	17:58/M
45	Toni Dickerson	Washington DC	749	27	30 F 1-99	56:14.4	56:45.1	18:08/M
46	Diann Tarney	Washington DC	840	26	31 F 1-99	56:20.8	56:52.1	18:10/M
47	Renee Morris	Seaford DE	793	49	32 F 1-99	57:01.6	57:20.7	18:24/M
48	Cherly Homnick	Ellendale DE	764	53	33 F 1-99	57:01.8	57:20.7	18:24/M
49	Kelly Novak	Seaford DE	799	48	34 F 1-99	57:02.2	57:24.6	18:24/M

50	Charles Brown	Lincoln DE	365	37	6 M 1-99	57:04.9	57:29.6	18:25/M
51	Lisa Karnish	Seaford DE	774	50	35 F 1-99	57:06.0	57:31.3	18:25/M
52	Juanita Smith	Greenwood DE	833	33	36 F 1-99	57:07.4	57:24.2	18:25/M
53	Susan Riddle	Seaford DE	822	58	37 F 1-99	57:07.4	57:29.5	18:25/M
54	Jack Riddle	Seaford DE	821	57	7 M 1-99	57:09.7	57:30.6	18:26/M
55	Megan Ricks	Seaford DE	864	15	38 F 1-99	58:16.2	58:43.3	18:48/M
56	Brittany Deats	DE	868	23	39 F 1-99	58:16.3	58:43.4	18:48/M
57	Matthew Paulsen	Seaford DE	374	18	8 M 1-99	58:17.1	58:43.6	18:48/M
58	Lisa Wile	Seaford DE	428	45	40 F 1-99	58:35.3	59:01.5	18:54/M
59	Carol Kinsley	Seaford DE	776	68	41 F 1-99	58:35.9	59:01.5	18:54/M
60	Linda Ward	Georgetown DE	848	56	42 F 1-99	59:33.5	59:52.7	19:13/M
61	Patricia Smith	Greenwood DE	835	62	43 F 1-99	59:34.1	59:53.4	19:13/M
62	Dinee Smallwood	Seaford DE	831	42	44 F 1-99	59:48.9	1:00:02.0	19:17/M
63	Davina Houston	Seaford DE	766	46	45 F 1-99	59:48.9	1:00:02.3	19:17/M
64	Michelle Rahn	Seaford DE	274	58	46 F 1-99	1:06:33.8	1:06:45.0	21:28/M

Age Group Results

Female Champion

Place Name	City	Age	Overall	Chip Time	Gun Time
1 Hope Runnels	Preston MD	32	9	23:33.8	23:34.7

Female Masters Champion

Place Name	City	Age	Overall	Chip Time	Gun Time
1 Joanne White	Bridgeville DE	53	17	24:36.3	24:39.2

Female 14 and Under

Place Name	City	Age	Overall	Chip Time	Gun Time
1 Pangea Henderson	Wilmington DE	8	31	26:59.0	26:59.9
2 Jillian Cox	Laurel DE	13	62	33:23.4	33:24.2
3 Joselyn Roop	Preston MD	10	70	36:26.7	36:27.6
4 Ella Peterson	Dagsboro DE	8	84	43:42.9	43:46.1
5 Zoe Woodward	Houston DE	5	92	54:54.2	55:02.3
6 Olivia Woodward	Houston DE	3	93	1:03:33.4	1:03:42.3

Female 15 to 19

Place Name	City	Age	Overall	Chip Time	Gun Time
1 Mariah Lee	Seaford DE	18	24	25:12.1	25:12.1
2 Nichole Roop	Preston MD	16	27	25:59.6	26:00.5
3 Jill Koski	East New Market M	15	37	27:46.8	27:47.7

Female 20 to 29

Place Name	City	Age	Overall	Chip Time	Gun Time
1 Caitlin McGroerty	Milton DE	29	12	23:48.7	23:56.5
2 Christina Caasi	Milford DE	25	50	30:09.0	30:16.4
3 Heather Cerulli	Salisbury MD	28	52	30:22.4	30:31.3
4 Lauren Jacobs	Seaford DE	26	56	31:45.3	31:46.3

5	Lauren Smith	Seaford DE	24	57	32:32.2	32:41.9
6	Emily Willis	Salisbury MD	28	68	35:00.3	35:32.2
7	Allison Conick	Salisbury MD	29	69	35:02.6	35:34.6
8	Chelsea Espenlaub	Laurel DE	26	74	39:03.3	39:11.0

Female 30 to 39

Place Name	City	Age	Overall	Chip Time	Gun Time
1 Katie West	Seaford DE	32	36	27:11.5	27:20.7
2 Katie Leister	Lewes DE	37	47	29:31.5	29:41.0
3 Breanna Bly	Seaford DE	33	51	30:15.3	30:22.0
4 Robin Hudson	DE	37	65	33:43.8	33:49.6
5 Dawn Tolson	Federalsburg MD	38	72	37:11.1	37:23.2
6 Cindy Popelas	Milford DE	37	77	41:36.7	41:39.9
7 Melissa Penuel	Millsboro DE	31	81	42:32.5	42:47.7
8 Brittany Sylvester	Seaford DE	31	83	43:11.0	43:19.0
9 Leslie Dipietro	Millsboro DE	37	88	48:23.8	48:45.8
10 Alison Nolt	Seaford DE	32	89	48:24.6	48:34.7

Female 40 to 49

Place Name	City	Age	Overall	Chip Time	Gun Time
1 Janelle Koski	East New Market N	47	16	24:38.5	24:40.7
2 Tricia Massey	Felton DE	43	19	24:49.4	24:50.3
3 Amy Brown	Lincoln DE	42	46	29:22.0	29:31.9
4 Ivonne Herrera	Seaford DE	47	66	33:52.1	33:57.0
5 Tracey Ledoux	Milford DE	42	75	39:15.7	39:19.7
6 Kati Palmer	Seaford DE	44	79	42:18.5	42:35.3
7 Amy Cavallini	Seaford DE	40	82	43:10.9	43:19.7

Female 50 to 59

Place Name	City	Age	Overall	Chip Time	Gun Time
1 Vickie Vlachos	Milford DE	52	26	25:38.6	25:44.5
2 Laurie Yanacek	Milford DE	50	61	33:19.0	33:31.3
3 Jill Smith	Seaford DE	52	71	36:48.4	36:58.7
4 Diana Woodward	Harrington DE	59	94	1:03:34.4	1:03:43.1

Female 60 and Over

Place Name	City	Age	Overall	Chip Time	Gun Time
1 Georgette O'Conne	Millsboro DE	68	60	33:12.0	33:16.2
2 Patricia Olekszyk	Seaford DE	62	96	1:06:36.0	1:06:46.9

Male open Winners

Place Name	City	Age	Overall	Chip Time	Gun Time
1 Martin Rodriguez	Selbyville DE	34	1	18:16.5	18:17.4

Male Masters Winners

Place Name	City	Age	Overall	Chip Time	Gun Time
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1	Greg Massey	Felton DE	46	4	21:07.6	21:08.5
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Male 14 and Under

Place Name	City	Age	Overall	Chip Time	Gun Time	
1	Jose Ibarra	Seaford DE	13	28	26:25.4	26:30.6
2	Jackson Massey	Felton DE	11	59	33:07.3	33:08.2
3	Dylan Rapa	Laurel DE	12	63	33:35.2	33:42.3
4	John Popelas	Milford DE	8	76	41:33.5	41:36.9
5	Perry Runnels	Preston MD	11	86	45:33.3	45:34.2

Male 20 to 29

Place Name	City	Age	Overall	Chip Time	Gun Time	
1	Conor McLaughlin	Milton DE	29	2	20:44.4	20:51.7
2	Moiber Rivera	Georgetown DE	28	3	20:52.7	20:55.5
3	Jake Phillips	Seaford DE	27	7	22:23.9	22:27.8
4	Ray Perdue	Snow Hill MD	29	10	23:39.8	23:45.9
5	Charles Williams	Salisbury MD	27	14	24:27.9	24:36.7
6	Drew Libby	Seaford DE	29	23	25:05.2	25:08.4
7	Jeremiah Drummond	Seaford DE	29	48	30:01.1	30:08.8
8	Brandon Reim	Seaford DE	29	54	30:39.7	30:50.7
9	Aaron Mazur	Delmar DE	27	73	38:33.5	38:52.0
10	Elijah Lewis	Delmar MD	28	91	53:11.4	53:38.1

Male 30 to 39

Place Name	City	Age	Overall	Chip Time	Gun Time	
1	Phil Messick	Seaford DE	38	13	24:19.6	24:22.5
2	Justin Welsh	Ocean View DE	35	20	24:52.1	25:23.0
3	Matthew Cordrey	Laurel DE	31	30	26:29.4	26:32.7
4	Dan Hudson	DE	30	32	27:03.2	27:09.8
5	Ryan Willis	Salisbury MD	30	33	27:09.8	27:26.7
6	Chris McAvoy	Seaford DE	36	35	27:11.0	27:14.9
7	David Tolson	Federalsburg MD	39	45	28:57.9	29:09.8
8	Jonathan Penuel	Millsboro DE	32	67	34:03.9	34:19.5
9	Alan Cranston	Seaford DE	35	78	41:47.6	41:47.6
10	Justin Proctor	Seaford DE	35	87	46:17.5	46:22.8
11	Eric Ruffcorn	DE	34	90	52:48.7	53:17.5

Male 40 to 49

Place Name	City	Age	Overall	Chip Time	Gun Time	
1	Greg Koski	East New Market V	48	5	21:16.9	21:18.6
2	Alvaro Buenano	Seaford DE	47	15	24:28.2	24:33.5
3	Ken Clendaniel	Preston MD	44	29	26:26.7	26:28.6
4	Dean Swingle	Seaford DE	47	38	27:51.2	27:53.9
5	Brian Murphy	Seaford DE	42	39	28:01.6	28:07.0
6	David Sattelberg	Seaford DE	43	40	28:02.6	28:07.4
7	Robin Ruark	Seaford DE	45	41	28:04.9	28:10.9
8	Joseph Kim	Seaford DE	40	49	30:07.8	30:26.7
9	John Fiori	Felton DE	44	53	30:30.0	30:38.3

10 Michael Rapa Laurel DE 40 64 33:35.4 33:42.6

Male 50 to 59

Place Name	City	Age	Overall	Chip Time	Gun Time
1 Scott Bell	Newark DE	55	6	21:30.3	21:32.4
2 Joseph Walsh	Seaford DE	50	11	23:45.2	23:50.3
3 Todd Carmean	Bridgeville DE	53	21	24:55.9	24:58.0
4 John Yanacek	Milford DE	50	22	24:59.1	25:09.2
5 Tom Birowski	Seaford DE	53	42	28:10.2	28:23.6
6 Richie Smith	Seaford DE	51	58	32:32.7	32:42.1
7 Orlando Holland		50	80	42:27.1	42:32.2

Male 60 to 69

Place Name	City	Age	Overall	Chip Time	Gun Time
1 Frank Whittington	Middletown DE	65	8	22:39.1	22:40.0
2 Frank Caldro	Seaford DE	62	18	24:46.4	24:51.6
3 Alan Quillen	Seaford DE	61	25	25:22.1	25:24.4
4 Dog Oreo	Seaford DE	61	34	27:10.0	27:10.0
5 Paul Gitlin	Camden Wyoming	62	44	28:44.8	28:51.0
6 Charles Williams	Salisbury MD	66	55	31:31.2	31:47.2

Male 70 and Over

Place Name	City	Age	Overall	Chip Time	Gun Time
1 Phil Perry	Friendsville DE	70	43	28:30.3	28:34.7
2 Lee Masser	Edgewater MD	80	85	44:00.1	44:12.5
3 Ron Salamon	Smyrna DE	78	95	1:04:09.0	1:04:13.2