

**Run For The Ribbons 5K Run/Walk**  
**Benefits the Cancer Support Community Delaware**  
**Silver Lake Park, Middletown, DE**  
**October 29, 2016**  
**A Trisports Events Production**

**Overall Finish List**

**5K Run**

Plac	Name	City	Bib	Age	Age Grp	PI	Chip	Gun	Pace
1	Jonathan Heap	Middletown DE	1099	39	1	Open	22:22.6	22:23.2	7:13/M
2	Gregory Smith	Bear DE	1485	41	1	Masters	22:42.3	22:43.0	7:20/M
3	Andrew Egan	Wilmington DE	1455	31	1	M 30-39	23:19.6	23:23.2	7:33/M
4	Adel De Oliveria	Wilmington DE	1451	47	1	M 40-49	24:25.8	24:28.0	7:54/M
5	Peter Ott	Newark DE	1475	25	1	M 20-29	24:46.2	24:51.0	8:01/M
6	Matt Pisasale	Bear DE	1479	33	2	M 30-39	25:11.5	25:12.1	8:08/M
7	Ram Denduluri	Wilmington DE	1453	42	2	M 40-49	25:50.1	25:56.7	8:22/M
8	Brylee Wheeler	Still Pond MD	1084	6	1	Open	25:53.2	25:53.8	8:21/M
9	Steve Wheeler	Still Pond MD	1078	33	3	M 30-39	25:57.6	25:58.2	8:23/M
10	Fabio Tresoldi	Avondale PA	1487	45	3	M 40-49	26:15.2	26:19.6	8:29/M
11	Christy Roberts	Magnolia DE	1483	21	1	F 20-29	26:15.3	26:19.6	8:29/M
12	Mamadou Keita	Wilmington DE	1463	27	2	M 20-29	27:17.0	27:17.7	8:48/M
13	Mark Wills	Washington DC	1492	41	4	M 40-49	27:49.7	27:58.8	9:01/M
14	Alexis Jamison	Dover DE	1460	63	1	Masters	28:00.2	28:04.7	9:03/M
15	Nate Dunnican	Newark DE	930	31	4	M 30-39	28:31.3	28:34.3	9:13/M
16	Julia Vega	Philadelphia PA	1488	45	1	F 40-49	29:08.4	29:13.0	9:25/M
17	Rose Ann Smith	Bear DE	1486	52	1	F 50-59	29:20.2	29:24.4	9:29/M
18	Deniz Roark	Wilmington DE	1482	48	2	F 40-49	29:22.2	29:27.9	9:30/M
19	Cathy Guza	Bear DE	1458	49	3	F 40-49	29:30.8	29:34.5	9:32/M
20	Daniel Feldstein	Wilmington DE	935	62	1	M 60-69	29:41.9	29:44.7	9:35/M
21	Jose Lukecart	Felton DE	1106	64	2	M 60-69	29:52.7	29:59.6	9:40/M
22	Larry Youse	Rome PA	926	50	1	M 50-59	30:15.9	30:18.9	9:46/M
23	Jeffrey Stover	Smyrna DE	1074	40	5	M 40-49	30:16.5	30:19.0	9:47/M
24	Sean Spurdle	Wilmington DE	1295	25	3	M 20-29	30:21.5	30:28.4	9:50/M
25	Daniel Wooland	Wilmington DE	1493	31	5	M 30-39	30:22.3	30:29.1	9:50/M
26	Joey Cruz	Middletown DE	1446	38	6	M 30-39	30:38.4	30:46.0	9:55/M
27	Andrew Deionno	Wilmington DE	1452	47	6	M 40-49	30:38.9	30:46.1	9:55/M
28	Candyce Pizzala	Newark DE	1230	58	2	F 50-59	30:55.2	31:01.6	10:00/M
29	Meg Durn	Middletown DE	1454	40	4	F 40-49	31:33.5	31:37.4	10:12/M
30	Elaine Nolan	Camden DE	1474	58	3	F 50-59	31:37.9	31:43.8	10:14/M
31	John Carlton	Magnolia DE	1443	42	7	M 40-49	31:50.3	31:55.3	10:18/M
32	Anastasia Forte	West Chester PA	1456	29	2	F 20-29	32:48.0	32:52.5	10:36/M
33	Erin D'Allesandro	Magnolia DE	1447	27	3	F 20-29	34:06.2	34:09.1	11:01/M
34	Tracey Sinibaldi	Middletown DE	1053	48	5	F 40-49	34:48.0	34:52.1	11:15/M
35	Larry Price	Middletown DE	1034	74	1	M 70-99	36:19.0	36:24.9	11:45/M
36	Cynthia Mangubat	Magnolia DE	1223	52	4	F 50-59	36:24.6	36:33.2	11:47/M
37	Jack Gikonyo	Middletown DE	1315	29	4	M 20-29	36:47.2	36:54.3	11:54/M
38	Karri Fosser	Wilmington DE	1457	39	1	F 30-39	36:51.7	36:57.7	11:55/M
39	Charles Matthews	Camden Wyoming DE	1468	68	3	M 60-69	37:00.7	37:01.3	11:56/M
40	Desiree Brubaker	Dover DE	1440	29	4	F 20-29	39:47.6	39:53.7	12:52/M
41	Sandy Mayhew	Middletown DE	1469	62	1	F 60-99	40:32.2	40:39.2	13:07/M

42	Lisa Falconetti	Viola DE	1109	40	6 F 40-49	45:04.2	45:09.9	14:34/M
43	Arleen Murchison	Dover DE	1054	54	5 F 50-59	45:22.9	45:28.3	14:40/M
44	Bobbi Jo Webber	Clayton DE	1490	37	2 F 30-39	46:54.5	47:04.1	15:11/M
45	Nathan Webber	Clayton DE	1491	8	1 M 1-10	46:58.4	47:08.2	15:12/M
46	Tanner Hoberg	Middletown DE	1090	10	2 M 1-10	51:42.3	51:50.9	16:43/M
47	Andrew Corlett	Wilmington DE	1445	30	7 M 30-39	54:14.1	54:34.6	17:36/M
48	Cj Corddry	Wilmington DE	1444	26	5 F 20-29	54:25.5	54:46.0	17:40/M

### 5K Walk

Plac	Name	City	Bib	Age	Age Grp	PI	Chip	Gun	Pace
1	Ron Salvio	Whiting NJ	924	68	1 M	1-99	35:21.2	35:21.8	11:24/M
2	Don Zalenski	Magnolia DE	1495	70	2 M	1-99	37:28.2	37:28.8	12:05/M
3	Cynthia Canevari	Milford DE	1441	59	1 F	1-99	38:43.8	38:53.0	12:33/M
4	Joe Young	Dover DE	1494	66	3 M	1-99	40:57.4	40:59.9	13:13/M
5	Geraldine D'Allesandro	Magnolia DE	1448	56	2 F	1-99	41:01.3	41:11.1	13:17/M
6	Pradeep Verma	Wilmington DE	1489	39	4 M	1-99	41:07.0	41:10.9	13:17/M
7	Phyllis Zalenski	Magnolia DE	1496	67	3 F	1-99	49:03.5	49:11.3	15:52/M
8	Joanna Mason	Penns Grove NJ	1467	40	4 F	1-99	51:02.7	51:11.3	16:31/M
9	Anne McHarness	Woodstown NJ	1471	40	5 F	1-99	51:02.9	51:11.1	16:31/M
10	Jesenia Falcon	New Castle DE	1117	38	6 F	1-99	52:52.6	53:01.5	17:06/M
11	Andrew Quinn	Kennett Square PA	1480	31	5 M	1-99	54:22.0	54:44.9	17:39/M
12	Erin Quinn	Kennett Square PA	1481	33	7 F	1-99	54:24.1	54:46.2	17:40/M
13	Becky Phillips	Wilmington DE	1476	32	8 F	1-99	54:25.1	54:47.1	17:40/M
14	Jarred Phillips	Wilmington DE	1478	31	6 M	1-99	54:25.5	54:47.7	17:40/M
15	Dawn McCullough	North East MD	1470	46	9 F	1-99	55:38.6	55:49.3	18:00/M
16	Deborah Dawson	Chesapeake City MD	1450	46	10 F	1-99	55:38.6	55:49.3	18:00/M
17	Betty Dawson	Chesapeake City MD	1449	68	11 F	1-99	55:38.9	55:50.0	18:01/M
18	Christina Lackey	Somerville NJ	1466	46	12 F	1-99	1:03:41.9	1:03:55.7	20:37/M
19	Doreen Holden	Magnolia DE	1459	60	13 F	1-99	1:03:42.7	1:03:55.8	20:37/M
20	Merry Jones	Dover DE	1461	70	14 F	1-99	1:03:43.0	1:03:56.0	20:37/M

## Female Age Group Results

### Female Open Champion

Plac	Name	City	Age	Overall	Chip	Gun	Pace
1	Brylee Wheeler	Still Pond MD	6	8	25:53.2	25:53.8	8:21/M

### Female Masters Champion

Plac	Name	City	Age	Overall	Chip	Gun	Pace
1	Alexis Jamison	Dover DE	63	14	28:00.2	28:04.7	9:03/M

### Female 20 to 29

Plac	Name	City	Age	Overall	Chip	Gun	Pace
1	Christy Roberts	Magnolia DE	21	11	26:15.3	26:19.6	8:29/M
2	Anastasia Forte	West Chester PA	29	32	32:48.0	32:52.5	10:36/M
3	Erin D'Allesandro	Magnolia DE	27	33	34:06.2	34:09.1	11:01/M
4	Desiree Brubaker	Dover DE	29	40	39:47.6	39:53.7	12:52/M
5	Cj Corddry	Wilmington DE	26	48	54:25.5	54:46.0	17:40/M

### Female 30 to 39

Plac	Name	City	Age	Overall	Chip	Gun	Pace
1	Karri Fosser	Wilmington DE	39	38	36:51.7	36:57.7	11:55/M
2	Bobbi Jo Webber	Clayton DE	37	44	46:54.5	47:04.1	15:11/M

### Female 40 to 49

Plac	Name	City	Age	Overall	Chip	Gun	Pace
1	Julia Vega	Philadelphia PA	45	16	29:08.4	29:13.0	9:25/M
2	Deniz Roark	Wilmington DE	48	18	29:22.2	29:27.9	9:30/M
3	Cathy Guza	Bear DE	49	19	29:30.8	29:34.5	9:32/M
4	Meg Durn	Middletown DE	40	29	31:33.5	31:37.4	10:12/M
5	Tracey Sinibaldi	Middletown DE	48	34	34:48.0	34:52.1	11:15/M
6	Lisa Falconetti	Viola DE	40	42	45:04.2	45:09.9	14:34/M

### Female 50 to 59

Plac	Name	City	Age	Overall	Chip	Gun	Pace
1	Rose Ann Smith	Bear DE	52	17	29:20.2	29:24.4	9:29/M
2	Candyce Pizzala	Newark DE	58	28	30:55.2	31:01.6	10:00/M
3	Elaine Nolan	Camden DE	58	30	31:37.9	31:43.8	10:14/M
4	Cynthia Mangubat	Magnolia DE	52	36	36:24.6	36:33.2	11:47/M
5	Arleen Murchison	Dover DE	54	43	45:22.9	45:28.3	14:40/M

### Female 60 and Over

Plac	Name	City	Age	Overall	Chip	Gun	Pace
1	Sandy Mayhew	Middletown DE	62	41	40:32.2	40:39.2	13:07/M

## Male Age Group Results

### Male Open Champion

Plac	Name	City	Age	Overall	Chip	Gun	Pace
1	Jonothan Heap	Middletown DE	39	1	22:22.6	22:23.2	7:13/M

### Male Masters Champion

Plac	Name	City	Age	Overall	Chip	Gun	Pace
1	Gregory Smith	Bear DE	41	2	22:42.3	22:43.0	7:20/M

### Male 10 and Under

Plac	Name	City	Age	Overall	Chip	Gun	Pace
1	Nathan Webber	Clayton DE	8	45	46:58.4	47:08.2	15:12/M
2	Tanner Hoberg	Middletown DE	10	46	51:42.3	51:50.9	16:43/M

### Male 20 to 29

Plac	Name	City	Age	Overall	Chip	Gun	Pace
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1	Peter Ott	Newark DE	25	5	24:46.2	24:51.0	8:01/M
2	Mamadou Keita	Wilmington DE	27	12	27:17.0	27:17.7	8:48/M
3	Sean Spurdle	Wilmington DE	25	24	30:21.5	30:28.4	9:50/M
4	Jack Gikonyo	Middletown DE	29	37	36:47.2	36:54.3	11:54/M

#### Male 30 to 39

Plac	Name	City	Age	Overall	Chip	Gun	Pace
1	Andrew Egan	Wilmington DE	31	3	23:19.6	23:23.2	7:33/M
2	Matt Pisasale	Bear DE	33	6	25:11.5	25:12.1	8:08/M
3	Steve Wheeler	Still Pond MD	33	9	25:57.6	25:58.2	8:23/M
4	Nate Dunnican	Newark DE	31	15	28:31.3	28:34.3	9:13/M
5	Daniel Wooland	Wilmington DE	31	25	30:22.3	30:29.1	9:50/M
6	Joey Cruz	Middletown DE	38	26	30:38.4	30:46.0	9:55/M
7	Andrew Corlett	Wilmington DE	30	47	54:14.1	54:34.6	17:36/M

#### Male 40 to 49

Plac	Name	City	Age	Overall	Chip	Gun	Pace
1	Adel De Oliveria	Wilmington DE	47	4	24:25.8	24:28.0	7:54/M
2	Ram Denduluri	Wilmington DE	42	7	25:50.1	25:56.7	8:22/M
3	Fabio Tresoldi	Avondale PA	45	10	26:15.2	26:19.6	8:29/M
4	Mark Wills	Washington DC	41	13	27:49.7	27:58.8	9:01/M
5	Jeffrey Stover	Smyrna DE	40	23	30:16.5	30:19.0	9:47/M
6	Andrew Deionno	Wilmington DE	47	27	30:38.9	30:46.1	9:55/M
7	John Carlton	Magnolia DE	42	31	31:50.3	31:55.3	10:18/M

#### Male 50 to 59

Plac	Name	City	Age	Overall	Chip	Gun	Pace
1	Larry Youse	Rome PA	50	22	30:15.9	30:18.9	9:46/M

#### Male 60 to 69

Plac	Name	City	Age	Overall	Chip	Gun	Pace
1	Daniel Feldstein	Wilmington DE	62	20	29:41.9	29:44.7	9:35/M
2	Jose Lukecart	Felton DE	64	21	29:52.7	29:59.6	9:40/M
3	Charles Matthews	Camden Wyoming DE	68	39	37:00.7	37:01.3	11:56/M

#### Male 70 and Over

Plac	Name	City	Age	Overall	Chip	Gun	Pace
1	Larry Price	Middletown DE	74	35	36:19.0	36:24.9	11:45/M