

**Big Thursday on Sunday 5K**  
**Bowers Beach Maritime Museum - Bowers Beach, DE**  
**Sunday - October 15, 2017**  
**A Trisports Events Production**

**Overall Finish List**

**5K Run**

PLC Name	City	Bib	Age	Age PLC	Chip	Gun	Pace
1 Colin Greene	Hudson WI	1511	15	1 Open	20:50.7	20:50.7	6:43/M
2 Adin Lewis	Magnolia DE	1515	33	1 M 30-39	21:15.3	21:15.4	6:51/M
3 Matt Sparacino	Harrington DE	1531	39	2 M 30-39	21:58.2	21:58.6	7:05/M
4 Mardiny Ung	Elizabethtown PA	1525	50	1 Open	22:52.8	22:52.8	7:23/M
5 Todd Carmean	Bridgeville DE	1530	55	1 Masters	23:58.3	23:58.3	7:44/M
6 Gustavo Aguilar	Chestertown MD	1540	48	1 M 40-49	25:29.8	25:30.6	8:13/M
7 Bryan Clarke	Magnolia DE	1501	46	2 M 40-49	27:52.8	27:56.1	8:59/M
8 Linda Dixon	Magnolia DE	1506	63	1 Masters	29:01.7	29:01.7	9:21/M
9 Albee Mendoza	Dover DE	1520	33	1 F 30-39	29:49.2	29:54.0	9:37/M
10 Mindy Berry	Ellendale DE	1535	33	2 F 30-39	30:17.5	30:19.0	9:46/M
11 Kevin Rigby	Dover DE	1542	45	3 M 40-49	31:05.3	31:11.8	10:02/M
12 Quade Cummings	DE	1504	7	1 M 1-10	31:09.1	31:11.3	10:03/M
13 Amy Parsell	Smyrna DE	1522	48	1 F 40-49	31:25.6	31:29.8	10:08/M
14 James Paladino	Dover DE	1529	52	1 M 50-59	31:46.0	31:49.8	10:15/M
15 Don Zalenski	Magnolia DE	1527	71	1 M 70-99	31:48.9	31:50.4	10:15/M
16 Vicki Windsor	Dover DE	1538	47	2 F 40-49	31:52.5	31:57.5	10:17/M
17 Elaine Nolan	Camden DE	1536	59	1 F 50-59	32:02.3	32:06.5	10:20/M
18 Monica Green	Frederica DE	1509	38	3 F 30-39	33:08.4	33:15.7	10:41/M
19 John Fiori	Felton DE	1533	46	4 M 40-49	34:21.9	34:26.4	11:05/M
20 Michele Cummings	Dover DE	1503	41	3 F 40-49	34:49.3	34:51.7	11:14/M
21 Amanda Greene	Dundalk MD	1510	49	4 F 40-49	36:38.7	36:42.1	11:49/M
22 Charles Matthews	Camden Wyoming DE	1519	69	1 M 60-69	37:02.7	37:04.0	11:57/M
23 Donna Harding	Magnolia DE	1512	51	2 F 50-59	39:22.4	39:31.0	12:42/M
24 Kelli Burns	Magnolia DE	1500	50	3 F 50-59	39:24.0	39:32.6	12:43/M
25 Bethany Lewis	Magnolia DE	1516	30	4 F 30-39	40:30.7	40:38.7	13:04/M
26 Tom Molin	Townsend DE	1521	65	2 M 60-69	40:47.1	40:52.4	13:09/M
27 Arleen Murchison	Dover DE	1537	55	4 F 50-59	43:37.7	43:44.5	14:04/M
28 Melissa Clarke	Magnolia DE	1502	47	5 F 40-49	44:01.1	44:04.5	14:12/M
29 Kathleen Croft	Bel Air MD	1532	51	5 F 50-59	44:06.8	44:11.1	14:14/M
30 Lillie Fitzgerald	Lincoln DE	1508	30	5 F 30-39	49:47.5	49:51.2	16:04/M
31 Jay Epstein	Elizabethtown PA	1507	60	3 M 60-69	53:41.4	53:47.3	17:19/M

**5K Walk**

PLC Name	City	Bib	Age	Age PLC	Chip	Gun	Pace
1 Hoong Chow	Felton DE	1539	58	1 M 1-99	39:51.4	39:53.2	12:51/M
2 Joe Young	Dover DE	1526	67	2 M 1-99	43:06.0	43:08.8	13:54/M
3 Betty Brown	Magnolia DE	1499	66	1 F 1-99	46:23.5	46:29.2	14:58/M
4 Douglas Shuck	Frederica DE	1523	58	3 M 1-99	46:31.7	46:37.8	15:00/M
5 Patrica Morrison	Greenwood DE	1541	49	2 F 1-99	47:28.1	47:36.9	15:19/M
6 Robert Unger	Lititz PA	1544	55	4 M 1-99	50:49.7	50:57.3	16:24/M
7 Natalie Unger	Lititz PA	1543	60	3 F 1-99	50:50.5	50:57.6	16:24/M

8	Phyllis Zalenski	Magnolia DE	1528	68	4 F 1-99	51:04.9	51:12.8	16:28/M
9	Debbie Johnson	Middletown DE	1514	59	5 F 1-99	51:05.2	51:12.8	16:29/M
10	Keith Warne	Dover DE	1534	61	5 M 1-99	55:22.5	55:24.8	17:52/M
11	Gina Alcantara	Frederica DE	1496	37	6 F 1-99	57:16.5	58:13.8	18:28/M
12	Francisca Lopez	Frederica DE	1518	56	7 F 1-99	57:40.0	58:37.0	18:36/M
13	Ryan Locke	Frederica DE	1517	36	6 M 1-99	57:56.6	58:49.8	18:41/M
14	Luis Alcantara	Frederica DE	1497	30	7 M 1-99	58:56.0	58:56.0	19:01/M

## Age Groups Results

### Female Champion

PLC Name	City	Age	O'all	Chip	Gun	Pace
1 Mardiny Ung	Elizabethtown PA	50	4	22:52.8	22:52.8	7:23/M

### Female Masters Champion

PLC Name	City	Age	O'all	Chip	Gun	Pace
1 Linda Dixon	Magnolia DE	63	8	29:01.7	29:01.7	9:21/M

### Female 30 to 39

PLC Name	City	Age	O'all	Chip	Gun	Pace
1 Albee Mendoza	Dover DE	33	9	29:49.2	29:54.0	9:37/M
2 Mindy Berry	Ellendale DE	33	10	30:17.5	30:19.0	9:46/M
3 Monica Green	Frederica DE	38	18	33:08.4	33:15.7	10:41/M
4 Bethany Lewis	Magnolia DE	30	25	40:30.7	40:38.7	13:04/M
5 Lillie Fitzgerald	Lincoln DE	30	30	49:47.5	49:51.2	16:04/M

### Female 40 to 49

PLC Name	City	Age	O'all	Chip	Gun	Pace
1 Amy Parsell	Smyrna DE	48	13	31:25.6	31:29.8	10:08/M
2 Vicki Windsor	Dover DE	47	16	31:52.5	31:57.5	10:17/M
3 Michele Cummings	Dover DE	41	20	34:49.3	34:51.7	11:14/M
4 Amanda Greene	Dundalk MD	49	21	36:38.7	36:42.1	11:49/M
5 Melissa Clarke	Magnolia DE	47	28	44:01.1	44:04.5	14:12/M

### Female 50 to 59

PLC Name	City	Age	O'all	Chip	Gun	Pace
1 Elaine Nolan	Camden DE	59	17	32:02.3	32:06.5	10:20/M
2 Donna Harding	Magnolia DE	51	23	39:22.4	39:31.0	12:42/M
3 Kelli Burns	Magnolia DE	50	24	39:24.0	39:32.6	12:43/M
4 Arleen Murchison	Dover DE	55	27	43:37.7	43:44.5	14:04/M
5 Kathleen Croft	Bel Air MD	51	29	44:06.8	44:11.1	14:14/M

### Male Champion

PLC Name	City	Age	O'all	Chip	Gun	Pace
1 Colin Greene	Hudson WI	15	1	20:50.7	20:50.7	6:43/M

### Male Masters Champion

PLC Name	City	Age	O'all	Chip	Gun	Pace
1 Todd Carmean	Bridgeville DE	55	5	23:58.3	23:58.3	7:44/M

### Male 10 and Under

PLC Name	City	Age	O'all	Chip	Gun	Pace
1 Quade Cummings	DE	7	12	31:09.1	31:11.3	10:03/M

### Male 30 to 39

PLC Name	City	Age	O'all	Chip	Gun	Pace
1 Adin Lewis	Magnolia DE	33	2	21:15.3	21:15.4	6:51/M
2 Matt Sparacino	Harrington DE	39	3	21:58.2	21:58.6	7:05/M

### Male 40 to 49

PLC Name	City	Age	O'all	Chip	Gun	Pace
1 Gustavo Aguilar	Chestertown MD	48	6	25:29.8	25:30.6	8:13/M
2 Bryan Clarke	Magnolia DE	46	7	27:52.8	27:56.1	8:59/M
3 Kevin Rigby	Dover DE	45	11	31:05.3	31:11.8	10:02/M
4 John Fiori	Felton DE	46	19	34:21.9	34:26.4	11:05/M

### Male 50 to 59

PLC Name	City	Age	O'all	Chip	Gun	Pace
1 James Paladino	Dover DE	52	14	31:46.0	31:49.8	10:15/M

### Male 60 to 69

PLC Name	City	Age	O'all	Chip	Gun	Pace
1 Charles Matthews	Camden Wyoming DE	69	22	37:02.7	37:04.0	11:57/M
2 Tom Molin	Townsend DE	65	26	40:47.1	40:52.4	13:09/M
3 Jay Epstein	Elizabethtown PA	60	31	53:41.4	53:47.3	17:19/M

### Male 70 and Over

PLC Name	City	Age	O'all	Chip	Gun	Pace
1 Don Zalenski	Magnolia DE	71	15	31:48.9	31:50.4	10:15/M