

Cougars for a Cause 2017
Campus Community School - Dover, DE
May 31, 2017
A Trisports Events Production

Overall Finish List
5K Run

Plc	Name	City	Bib	Age	Chip	Gun	Pace
1	Robert Lupo	Marydel DE	219	42	19:26.0	19:26.0	6:16/M
2	Duane Christy	Havre De Grace MD	713	53	20:54.1	20:54.1	6:45/M
3	Chris McCalister	Camden DE	734	15	21:39.9	21:41.7	7:00/M
4	David Trombello	Magnolia DE	719	34	21:41.2	21:43.7	7:00/M
5	Tom Felice		203	40	22:26.2	22:27.6	7:15/M
6	Dominick Massimiano	Smyrna DE	220	23	22:28.7	22:29.6	7:15/M
7	Ethan Roth	Dover DE	744	13	23:30.9	23:34.8	7:36/M
8	Tristan Schulties	Felton DE	726	21	23:36.9	23:39.0	7:38/M
9	Jordan Amado		198	21	23:48.1	23:49.7	7:41/M
10	Mason Greene	Dover DE	732	15	24:07.2	24:09.3	7:47/M
11	Elizabeth Ward	Dover DE	742	18	24:11.7	24:11.7	7:48/M
12	Frank Whittington	Middletown DE	715	66	24:16.5	24:17.6	7:50/M
13	Rob Ridgeway	Camden Wyoming DE	737	40	24:31.5	24:36.4	7:56/M
14	Laurie Roth	Dover DE	743	47	24:42.6	24:42.6	7:58/M
15	Christian Alfaro	Dover DE	729	18	24:52.5	24:54.5	8:02/M
16	Madison Leone	Dover DE	730	27	24:56.2	24:58.1	8:03/M
17	Anna Baker	Dover DE	735	27	25:16.4	25:24.2	8:12/M
18	Bill Breckenbrough	Clayton DE	736	58	25:21.3	25:24.7	8:12/M
19	Mark Schreiber	Simpsonville SC	710	62	26:07.7	26:11.0	8:27/M
20	Shelly Bloom	Felton DE	727	42	26:21.6	26:23.7	8:31/M
21	Charles Conner	Magnolia DE	754	53	26:39.9	26:44.4	8:37/M
22	Steve Azzanesi	Felton DE	728	39	26:53.6	26:56.4	8:41/M
23	Christine Stoops	Dover DE	228	47	27:16.7	27:23.5	8:50/M
24	Jason Fehrle	Wilmington DE	748	39	27:51.5	27:59.1	9:02/M
25	Brenda Ewing	Worton MD	721	48	28:02.6	28:05.4	9:04/M
26	Steve Saulsbury	Centreville MD	720	54	28:34.7	28:37.5	9:14/M
27	Logan Armour	Dover DE	725	11	29:20.0	29:20.0	9:28/M
28	Alexis Jamison	Dover DE	211	64	29:30.6	29:35.3	9:33/M
29	Nancy Dellis	Dover DE	703	32	29:40.8	29:51.4	9:38/M
30	Matthew Weis		237	16	29:47.2	29:51.0	9:38/M
31	Nic Jones	Magnolia DE	212	18	30:34.9	30:46.0	9:55/M
32	Chelsea Connell	Dover DE	740	25	31:20.8	31:24.4	10:08/M
33	Renee Schneider	New Castle DE	741	23	31:21.1	31:24.6	10:08/M
34	John Fiori		204	46	31:22.0	31:27.4	10:09/M
35	Ashish D'Souza	Dover DE	718	15	32:47.1	32:50.8	10:35/M
36	Cali Engelsiepen	Camden Wyoming DE	705	42	33:10.4	33:21.3	10:45/M
37	Laura Barnas	Dover DE	698	40	33:11.3	33:18.1	10:45/M
38	Christian Cote	Magnolia DE	699	15	33:15.6	33:17.8	10:44/M
39	Emma Knapp		216	13	33:16.2	33:18.0	10:45/M
40	George Guo	Dover DE	205	13	33:23.4	33:28.1	10:48/M
41	Samantha Pennewell	Smyrna DE	225	29	33:25.6	33:34.5	10:50/M
42	Chip Knapp		214	52	33:44.2	33:48.0	10:54/M

43	Jennifer Boland	DE	738	41	34:12.3	34:20.7	11:05/M
44	Leeann Waltz	Milton DE	716	54	34:54.6	34:57.3	11:16/M
45	Rosita Burton	Lincoln DE	199	45	35:58.8	36:07.4	11:39/M
46	Larry Price	Middletown DE	717	74	38:03.0	38:03.0	12:16/M
47	Charles Matthews		221	69	38:13.8	38:17.0	12:21/M
48	Marcia Woodward		242	33	38:19.0	38:27.7	12:24/M
49	Marc Cote	DE	702	49	39:27.4	39:32.7	12:45/M
50	Courtney Emerson	Newark DE	714	33	39:29.6	39:39.0	12:47/M
51	Olivia Woodward		244	4	39:31.9	39:41.1	12:48/M
52	Zoe Woodward	DE	246	6	39:32.1	39:39.0	12:47/M
53	Marcus Woodward		243	33	39:33.0	39:42.2	12:48/M
54	Jerri Fleetwood	Houston DE	706	61	41:25.2	41:29.9	13:23/M
55	Mickey Weis		238	13	43:56.9	44:03.4	14:13/M
56	Lisa Weis		236	53	44:01.4	44:07.2	14:14/M
57	Arleen Murchison	Dover DE	223	54	44:16.8	44:28.6	14:21/M
58	Diana Woodward		241	60	44:38.3	44:45.0	14:26/M
59	Tom Molin	Townsend DE	724	65	45:24.6	45:38.0	14:43/M
60	Monica Noffsinger	Harrington DE	708	30	48:47.9	48:58.0	15:48/M
61	Leslie Cote	Smyrna DE	701	52	48:48.0	48:58.1	15:48/M
62	Molly Drass	Dover DE	722	16	49:14.9	49:22.1	15:55/M
63	Maddy Gillen	Camden Wyoming DE	723	14	49:15.5	49:22.6	15:55/M
64	Ellie Knapp		215	19	56:38.9	56:40.8	18:17/M

5K Walk

Plc	Name	City	Bib	Age	Chip	Gun	Pace
1	Ron Salvio	Whiting NJ	709	68	33:04.0	33:07.4	10:41/M
2	Don Zalenski		249	71	34:48.5	34:51.6	11:15/M
3	John Fredericks	Brick NJ	712	69	35:21.8	35:25.7	11:25/M
4	Rich Wagner	Townsend DE	731	58	39:33.3	39:45.1	12:49/M
5	Hoong Chow	Felton DE	739	58	39:53.2	39:55.9	12:53/M
6	Geraldine D'Allesandro	Magnolia DE	201	57	41:56.3	42:07.7	13:35/M
7	Teresa Connor	Magnolia DE	755	51	47:37.8	47:52.8	15:26/M
8	Beth Hesterman	Camden Wyoming DE	707	50	47:38.4	47:53.2	15:27/M
9	Weiping Guo	Dover DE	206	44	48:28.9	48:33.5	15:40/M
10	Phyllis Zalenski		250	68	49:19.6	49:26.2	15:57/M
11	Jessica Rigby	Magnolia DE	733	16	51:19.1	51:30.8	16:37/M
12	Savannah Mylott	Camden Wyoming DE	224	16	51:19.7	51:31.3	16:37/M
13	Heather Keller	Dover DE	213	20	51:44.1	51:54.6	16:45/M
14	Kevin Sellers	Dover DE	227	54	51:44.3	51:54.8	16:45/M
15	Terry Woodward		245	61	52:11.4	52:15.1	16:51/M
16	Marie Hartigan	Dover DE	209	55	53:25.7	53:35.7	17:17/M
17	Kevin Hartigan	Dover DE	208	20	53:25.8	53:35.7	17:17/M
18	Matt Hartigan	Dover DE	210	54	53:30.0	53:40.2	17:19/M
19	Shawn Vanvessen	Felton DE	750	48	53:31.5	54:27.5	17:34/M
20	Kinston Higgins	Dover DE	751	41	53:33.3	54:26.9	17:34/M
21	Eve Guttman	Rockville MD	753	20	54:51.2	55:05.1	17:46/M
22	Ben Vandusen	Felton DE	752	21	54:51.8	55:05.7	17:46/M
23	Krystina Chapman	Dover DE	749	27	56:02.5	56:17.8	18:09/M
24	Jessica Amado	Camden Wyoming DE	746	24	56:03.0	56:17.9	18:09/M
25	Adrianna Lafontaine	Dover DE	745	11	56:03.2	56:17.8	18:09/M
26	Patricia Morrison	Dover DE	747	49	56:03.5	56:17.9	18:09/M
27	Hannah Cote	DE	700	18	56:38.1	56:40.0	18:17/M

28	Nancy Weis	Newark DE	239	64	58:33.2	58:41.4	18:56/M
29	Thomas Weis		240	59	58:33.3	58:41.5	18:56/M

Age Group Results

Female Champion

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Elizabeth Ward	Dover DE	18	11	24:11.7	24:11.7	7:48/M

Female Masters Champion

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Laurie Roth	Dover DE	47	14	24:42.6	24:42.6	7:58/M

Female 10 and Under

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Olivia Woodward		4	51	39:31.9	39:41.1	12:48/M
2	Zoe Woodward	DE	6	52	39:32.1	39:39.0	12:47/M

Female 11 to 14

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Emma Knapp		13	39	33:16.2	33:18.0	10:45/M
2	Maddy Gillen	Camden Wyoming DE	14	63	49:15.5	49:22.6	15:55/M

Female 15 to 19

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Molly Drass	Dover DE	16	62	49:14.9	49:22.1	15:55/M
2	Ellie Knapp		19	64	56:38.9	56:40.8	18:17/M

Female 20 to 29

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Madison Leone	Dover DE	27	16	24:56.2	24:58.1	8:03/M
2	Anna Baker	Dover DE	27	17	25:16.4	25:24.2	8:12/M
3	Chelsea Connell	Dover DE	25	32	31:20.8	31:24.4	10:08/M
4	Renee Schneider	New Castle DE	23	33	31:21.1	31:24.6	10:08/M
5	Samantha Pennewell	Smyrna DE	29	41	33:25.6	33:34.5	10:50/M

Female 30 to 39

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Nancy Dellis	Dover DE	32	29	29:40.8	29:51.4	9:38/M
2	Marcia Woodward		33	48	38:19.0	38:27.7	12:24/M
3	Courtney Emerson	Newark DE	33	50	39:29.6	39:39.0	12:47/M
4	Monica Noffsinger	Harrington DE	30	60	48:47.9	48:58.0	15:48/M

Female 40 to 49

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Shelly Bloom	Felton DE	42	20	26:21.6	26:23.7	8:31/M
2	Christine Stoops	Dover DE	47	23	27:16.7	27:23.5	8:50/M
3	Brenda Ewing	Worton MD	48	25	28:02.6	28:05.4	9:04/M
4	Cali Engelsiepen	Camden Wyoming DE	42	36	33:10.4	33:21.3	10:45/M
5	Laura Barnas	Dover DE	40	37	33:11.3	33:18.1	10:45/M
6	Jennifer Boland	DE	41	43	34:12.3	34:20.7	11:05/M
7	Rosita Burton	Lincoln DE	45	45	35:58.8	36:07.4	11:39/M

Female 50 to 59

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Leeann Waltz	Milton DE	54	44	34:54.6	34:57.3	11:16/M
2	Lisa Weis		53	56	44:01.4	44:07.2	14:14/M
3	Arleen Murchison	Dover DE	54	57	44:16.8	44:28.6	14:21/M
4	Leslie Cote	Smyrna DE	52	61	48:48.0	48:58.1	15:48/M

Female 60 and Over

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Alexis Jamison	Dover DE	64	28	29:30.6	29:35.3	9:33/M
2	Jerri Fleetwood	Houston DE	61	54	41:25.2	41:29.9	13:23/M
3	Diana Woodward		60	58	44:38.3	44:45.0	14:26/M

Male Champion

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Robert Lupo	Marydel DE	42	1	19:26.0	19:26.0	6:16/M

Male Masters Champion

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Duane Christy	Havre De Grace MD	53	2	20:54.1	20:54.1	6:45/M

Male 11 to 14

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Ethan Roth	Dover DE	13	7	23:30.9	23:34.8	7:36/M
2	Logan Armour	Dover DE	11	27	29:20.0	29:20.0	9:28/M
3	George Guo	Dover DE	13	40	33:23.4	33:28.1	10:48/M
4	Mickey Weis		13	55	43:56.9	44:03.4	14:13/M

Male 15 to 19

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Chris McCalister	Camden DE	15	3	21:39.9	21:41.7	7:00/M
2	Mason Greene	Dover DE	15	10	24:07.2	24:09.3	7:47/M
3	Christian Alfaro	Dover DE	18	15	24:52.5	24:54.5	8:02/M
4	Matthew Weis		16	30	29:47.2	29:51.0	9:38/M
5	Nic Jones	Magnolia DE	18	31	30:34.9	30:46.0	9:55/M
6	Ashish D'Souza	Dover DE	15	35	32:47.1	32:50.8	10:35/M
7	Christian Cote	Magnolia DE	15	38	33:15.6	33:17.8	10:44/M

Male 20 to 29

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Dominick Massimiano	Smyrna DE	23	6	22:28.7	22:29.6	7:15/M
2	Tristan Schulties	Felton DE	21	8	23:36.9	23:39.0	7:38/M
3	Jordan Amado		21	9	23:48.1	23:49.7	7:41/M

Male 30 to 39

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	David Trombello	Magnolia DE	34	4	21:41.2	21:43.7	7:00/M
2	Steve Azzanesi	Felton DE	39	22	26:53.6	26:56.4	8:41/M
3	Jason Fehrle	Wilmington DE	39	24	27:51.5	27:59.1	9:02/M
4	Marcus Woodward		33	53	39:33.0	39:42.2	12:48/M

Male 40 to 49

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Tom Felice		40	5	22:26.2	22:27.6	7:15/M
2	Rob Ridgeway	Camden Wyoming DE	40	13	24:31.5	24:36.4	7:56/M
3	John Fiori		46	34	31:22.0	31:27.4	10:09/M
4	Marc Cote	DE	49	49	39:27.4	39:32.7	12:45/M

Male 50 to 59

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Bill Breckenbrough	Clayton DE	58	18	25:21.3	25:24.7	8:12/M
2	Charles Conner	Magnolia DE	53	21	26:39.9	26:44.4	8:37/M
3	Steve Saulsbury	Centreville MD	54	26	28:34.7	28:37.5	9:14/M
4	Chip Knapp		52	42	33:44.2	33:48.0	10:54/M

Male 60 to 69

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Frank Whittington	Middletown DE	66	12	24:16.5	24:17.6	7:50/M
2	Mark Schreiber	Simpsonville SC	62	19	26:07.7	26:11.0	8:27/M
3	Charles Matthews		69	47	38:13.8	38:17.0	12:21/M
4	Tom Molin	Townsend DE	65	59	45:24.6	45:38.0	14:43/M

Male 70 and Over

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Larry Price	Middletown DE	74	46	38:03.0	38:03.0	12:16/M