

FR5K (First Responders) Run/Walk
Benefits: Amerioacan Legion Ambulance 64 - Smyrna, DE
September 16, 2017
A Trisports Events Production

Overall Finish List

			5K Run					
Place	Name	City	Bib	Age	Age Plc	Chip	Gun	Pace
1	Matthew Bivins	Smyrna DE	152	30	1 open	21:23.2	21:23.2	6:54/M
2	Auden Jones	Clayton DE	164	13	1 M 11-14	21:35.5	21:37.0	6:58/M
3	Robert Lupo	Marydel DE	169	42	1 Masters	21:52.2	21:52.2	7:03/M
4	Brian Lilly	Dover DE	738	18	1 M 15-19	22:03.6	22:05.2	7:07/M
5	Derek Davis		5	13	2 M 11-14	22:32.4	22:33.5	7:16/M
6	Mardiny Ung	Elizabethtown PA	180	50	1 open	22:38.8	22:38.8	7:18/M
7	Michael Little Jr	Dover DE	168	27	1 M 20-29	23:08.7	23:10.5	7:28/M
8	Colby Morris	Clayton DE	173	13	3 M 11-14	23:36.6	23:38.0	7:37/M
9	Stanley Wilson	Smyrna DE	729	29	2 M 20-29	23:40.4	23:41.7	7:38/M
10	Steven Dirksen	Dover DE	158	46	1 M 40-49	24:00.4	24:09.0	7:47/M
11	Todd Carmean	Bridgeville DE	91	55	1 M 50-59	24:11.5	24:12.7	7:48/M
12	Wesley Grimstad	Scottsboro AL	160	53	2 M 50-59	24:30.9	24:33.6	7:55/M
13	Frank Whittington	Middletown DE	7	67	1 M 60-69	24:39.7	24:41.4	7:58/M
14	Alan Quillen	Seaford DE	175	62	2 M 60-69	25:25.1	25:26.7	8:12/M
15	Bill Brockenbrough	Clayton DE	69	58	3 M 50-59	26:29.5	26:32.6	8:34/M
16	Marc Young	Smyrna DE	183	64	3 M 60-69	26:54.3	26:57.8	8:42/M
17	Nina Smeltzer	Rehoboth Beach DE	178	58	1 Masters	27:08.9	27:08.9	8:45/M
18	Kelly Barr	Smyrna DE	727	13	1 F 11-14	27:40.1	27:42.5	8:56/M
19	Troy Senft	Mount Wolf PA	106	60	4 M 60-69	27:57.1	27:59.2	9:02/M
20	Brenda Ewing	Worton MD	1	48	1 F 40-49	28:49.1	28:51.6	9:18/M
21	Kevin Murphy	Dover DE	737	43	2 M 40-49	28:50.6	28:56.0	9:20/M
22	Krista Bivins	Smyrna DE	150	27	1 F 20-29	29:01.0	29:03.6	9:22/M
23	Valerie Reihl	Rock Hall MD	176	61	1 F 60-99	30:11.4	30:14.9	9:45/M
24	Laura Bivins	Smyrna DE	151	27	2 F 20-29	30:17.1	30:19.6	9:47/M
25	Albee Mendoza	Dover DE	171	33	1 F 30-39	30:27.3	30:33.3	9:51/M
26	Sarah Gifford	Rock Hall MD	159	59	1 F 50-59	30:43.7	30:47.8	9:56/M
27	Brian Clements	Smyrna DE	155	32	1 M 30-39	31:35.0	31:39.5	10:13/M
28	Don Zalenski	Magnolia DE	2	71	1 M 70-99	31:37.3	31:39.2	10:13/M
29	Larry Price	Middletown DE	4	75	2 M 70-99	31:43.3	31:46.0	10:15/M
30	Christina Dominick	Smyrna DE	3	29	3 F 20-29	32:20.3	32:23.5	10:27/M
31	Sugarr Hill-Small	Clayton DE	163	35	2 F 30-39	32:58.7	32:59.8	10:38/M
32	John Fiori	Felton DE	736	46	3 M 40-49	33:24.2	33:30.2	10:48/M
33	Alex Vaccaro	Smyrna DE	181	8	1 M 1-10	33:31.4	33:34.4	10:50/M
34	John Colgan	Smyrna DE	156	57	4 M 50-59	34:23.1	34:27.2	11:07/M
35	Sheryl Colgan	Smyrna DE	157	43	2 F 40-49	34:23.3	34:27.1	11:07/M
36	Melissa Allen	Camden Wyoming DE	149	49	3 F 40-49	36:21.4	36:25.0	11:45/M
37	Jeremy Morris	Smyrna DE	174	41	4 M 40-49	36:40.1	36:45.2	11:51/M
38	Kylie Morris	Smyrna DE	54	11	2 F 11-14	36:40.3	36:45.1	11:51/M
39	Charles Matthews	Camden Wyoming DE	170	69	5 M 60-69	39:17.0	39:20.4	12:41/M
40	Danielle Little	Dover DE	167	26	4 F 20-29	41:02.2	41:08.4	13:16/M
41	Robert Andrews	Smyrna DE	742	53	5 M 50-59	41:32.2	41:39.4	13:26/M
42	Anthony Vaccaro	Smyrna DE	14	13	4 M 11-14	42:22.1	42:24.1	13:41/M

43	Heather Vaccaro	Smyrna DE	9	40	4 F 40-49	42:26.1	42:32.0	13:43/M
44	Tom Molin	Townsend DE	172	65	6 M 60-69	43:36.3	43:43.7	14:06/M

5K Walk

Place	Name	City	Bib	Age	Age Plc	Chip	Gun	Pace
1	Anne Brown	Magnolia DE	154	37	1 F 1-99	39:08.3	39:16.7	12:40/M
2	Terry Nechay	Lewes DE	8	62	2 F 1-99	40:07.6	40:16.0	12:59/M
3	Douglass Lambert	Seaford DE	166	61	1 M 1-99	41:49.6	41:55.1	13:31/M
4	Joe Young	Dover DE	182	67	2 M 1-99	42:40.0	42:44.1	13:47/M
5	Carol Beth Lambert	Seaford DE	165	64	3 F 1-99	46:14.0	46:18.9	14:56/M
6	Nancy Davis	Dover DE	6	46	4 F 1-99	49:03.6	49:08.9	15:51/M
7	Andrea Hughes	Smyrna DE	735	32	5 F 1-99	50:28.3	50:35.4	16:19/M
8	Lee Hill	Smyrna DE	162	46	3 M 1-99	50:41.2	50:51.3	16:24/M
9	Christina Hill	Smyrna DE	161	44	6 F 1-99	50:42.8	50:51.3	16:24/M

Female Champion

Place	Name	City	Age	O'all Chip	Gun	Pace
1	Mardiny Ung	Elizabethtown PA	50	6 22:38.8	22:38.8	7:18/M

Female Masters Winners

Place	Name	City	Age	O'all Chip	Gun	Pace
1	Nina Smeltzer	Rehoboth Beach DE	58	17 27:08.9	27:08.9	8:45/M

Female 11 to 14

Place	Name	City	Age	O'all Chip	Gun	Pace
1	Kelly Barr	Smyrna DE	13	18 27:40.1	27:42.5	8:56/M
2	Kylie Morris	Smyrna DE	11	38 36:40.3	36:45.1	11:51/M

Female 20 to 29

Place	Name	City	Age	O'all Chip	Gun	Pace
1	Krista Bivins	Smyrna DE	27	22 29:01.0	29:03.6	9:22/M
2	Laura Bivins	Smyrna DE	27	24 30:17.1	30:19.6	9:47/M
3	Christina Dominick	Smyrna DE	29	30 32:20.3	32:23.5	10:27/M
4	Danielle Little	Dover DE	26	40 41:02.2	41:08.4	13:16/M

Female 30 to 39

Place	Name	City	Age	O'all Chip	Gun	Pace
1	Albee Mendoza	Dover DE	33	25 30:27.3	30:33.3	9:51/M
2	Sugarr Hill-Small	Clayton DE	35	31 32:58.7	32:59.8	10:38/M

Female 40 to 49

Place	Name	City	Age	O'all Chip	Gun	Pace
1	Brenda Ewing	Worton MD	48	20 28:49.1	28:51.6	9:18/M
2	Sheryl Colgan	Smyrna DE	43	35 34:23.3	34:27.1	11:07/M
3	Melissa Allen	Camden Wyoming DI	49	36 36:21.4	36:25.0	11:45/M
4	Heather Vaccaro	Smyrna DE	40	43 42:26.1	42:32.0	13:43/M

Female 50 to 59

Place	Name	City	Age	O'all Chip	Gun	Pace
1	Sarah Gifford	Rock Hall MD	59	26 30:43.7	30:47.8	9:56/M

Female 60 and Over

Place	Name	City	Age	O'all Chip	Gun	Pace
1	Valerie Reihl	Rock Hall MD	61	23 30:11.4	30:14.9	9:45/M

Male Champion

Place	Name	City	Age	O'all Chip	Gun	Pace
1	Matthew Bivins	Smyrna DE	30	1 21:23.2	21:23.2	6:54/M

Male Masters Winners

Place	Name	City	Age	O'all Chip	Gun	Pace
1	Robert Lupo	Marydel DE	42	3 21:52.2	21:52.2	7:03/M

Male 10 and Under

Place	Name	City	Age	O'all Chip	Gun	Pace
1	Alex Vaccaro	Smyrna DE	8	33 33:31.4	33:34.4	10:50/M

Male 11 to 14

Place	Name	City	Age	O'all Chip	Gun	Pace
1	Auden Jones	Clayton DE	13	2 21:35.5	21:37.0	6:58/M
2	Derek Davis		13	5 22:32.4	22:33.5	7:16/M
3	Colby Morris	Clayton DE	13	8 23:36.6	23:38.0	7:37/M
4	Anthony Vaccaro	Smyrna DE	13	42 42:22.1	42:24.1	13:41/M

Male 15 to 19

Place	Name	City	Age	O'all Chip	Gun	Pace
1	Brian Lilly	Dover DE	18	4 22:03.6	22:05.2	7:07/M

Male 20 to 29

Place	Name	City	Age	O'all Chip	Gun	Pace
1	Michael Little Jr	Dover DE	27	7 23:08.7	23:10.5	7:28/M
2	Stanley Wilson	Smyrna DE	29	9 23:40.4	23:41.7	7:38/M

Male 30 to 39

Place	Name	City	Age	O'all Chip	Gun	Pace
1	Brian Clements	Smyrna DE	32	27 31:35.0	31:39.5	10:13/M

Male 40 to 49

Place	Name	City	Age	O'all Chip	Gun	Pace
1	Steven Dirksen	Dover DE	46	10 24:00.4	24:09.0	7:47/M
2	Kevin Murphy	Dover DE	43	21 28:50.6	28:56.0	9:20/M
3	John Fiori	Felton DE	46	32 33:24.2	33:30.2	10:48/M
4	Jeremy Morris	Smyrna DE	41	37 36:40.1	36:45.2	11:51/M

Male 50 to 59

Place	Name	City	Age	O'all Chip	Gun	Pace
1	Todd Carmean	Bridgeville DE	55	11 24:11.5	24:12.7	7:48/M
2	Wesley Grimstad	Scottsboro AL	53	12 24:30.9	24:33.6	7:55/M
3	Bill Brockenbrough	Clayton DE	58	15 26:29.5	26:32.6	8:34/M
4	John Colgan	Smyrna DE	57	34 34:23.1	34:27.2	11:07/M
5	Robert Andrews	Smyrna DE	53	41 41:32.2	41:39.4	13:26/M

Male 60 to 69

Place	Name	City	Age	O'all Chip	Gun	Pace
1	Frank Whittington	Middletown DE	67	13 24:39.7	24:41.4	7:58/M
2	Alan Quillen	Seaford DE	62	14 25:25.1	25:26.7	8:12/M
3	Marc Young	Smyrna DE	64	16 26:54.3	26:57.8	8:42/M
4	Troy Senft	Mount Wolf PA	60	19 27:57.1	27:59.2	9:02/M
5	Charles Matthews	Camden Wyoming DI	69	39 39:17.0	39:20.4	12:41/M
6	Tom Molin	Townsend DE	65	44 43:36.3	43:43.7	14:06/M

Male 70 and Over

Place	Name	City	Age	O'all Chip	Gun	Pace
1	Don Zalenski	Magnolia DE	71	28 31:37.3	31:39.2	10:13/M
2	Larry Price	Middletown DE	75	29 31:43.3	31:46.0	10:15/M