

Builders Dash 5K Run/Walk
Benefits: Central Delaware Habitat for Humanity
Fordham & Dominion Brewing Company - Dover, DE
April 14, 2018
A Trisports Events Production

Overall Finish List

		5K Run						
Plc	Name	City	Bib	Age	Age Plc	Chip	Gun	Pace
1	Matt Sparacino	Harrington DE	2968	40	1 Open	20:58.8	20:58.8	6:46/M
2	Blake Scott	Dover DE	2794	29	1 M 25-29	21:29.3	21:30.2	6:56/M
3	Dylan Wilson	Dover DE	2989	15	1 M 15-19	22:01.1	22:01.3	7:06/M
4	Steve O'Brien	Dover DE	2913	48	1 Masters	22:14.9	22:14.9	7:10/M
5	Ben Semark	Camden DE	2959	13	1 M 1-14	22:16.0	22:18.0	7:12/M
6	Stephanie Garber	Dover DE	2850	33	1 Open	22:27.8	22:27.8	7:15/M
7	Anthony Kesler	Camden Wyoming DE	2882	42	1 M 40-44	22:32.2	22:34.5	7:17/M
8	Matthew Tetrick	Dover DE	2976	31	1 M 30-34	22:38.1	22:39.6	7:18/M
9	Todd Carmean	Bridgeville DE	2793	55	1 M 55-59	22:42.9	22:43.2	7:20/M
10	Rafael Escalante	Milford DE	932	28	2 M 25-29	23:28.4	23:29.7	7:35/M
11	Rebecca Warrington	Magnolia DE	2795	27	1 F 25-29	23:51.8	23:52.7	7:42/M
12	Andrea Fank	Magnolia DE	2841	32	1 F 30-34	23:55.5	23:57.6	7:44/M
13	Enrique Escalante	Lincoln DE	2838	24	1 M 20-24	23:59.1	24:01.0	7:45/M
14	Justin Carrow	Dover DE	2818	30	2 M 30-34	24:15.2	24:16.6	7:50/M
15	Jeff Cerri	Felton DE	2820	44	2 M 40-44	24:26.8	24:32.3	7:55/M
16	Sarah Cramton	Hollis NH	2823	20	1 F 20-24	24:42.2	24:44.4	7:59/M
17	Kristen Cole	Holbrook NY	2821	19	1 F 15-19	25:17.3	25:19.5	8:10/M
18	Lyndon Yearick	Magnolia DE	2996	53	1 M 50-54	25:26.5	25:29.0	8:13/M
19	Stephanie Rosa	Dover DE	2951	24	2 F 20-24	25:28.9	25:31.2	8:14/M
20	Douglas Belush	Smyrna DE	2800	55	2 M 55-59	26:04.5	26:07.1	8:25/M
21	Elizabeth Hauss	Dover DE	927	29	2 F 25-29	26:09.2	26:15.9	8:28/M
22	Caiden Garber	Dover DE	2847	12	2 M 1-14	26:13.3	26:13.4	8:27/M
23	Melvin Hitchens	Magnolia DE	2869	45	1 M 45-49	26:20.4	26:24.5	8:31/M
24	Brad Miller	Dover DE	2902	27	3 M 25-29	26:30.5	26:31.3	8:33/M
25	Jaden Grunden	Camden Wyoming DE	941	11	3 M 1-14	26:49.2	26:49.3	8:39/M
26	Tom Keating	Millsboro DE	2881	70	1 M 70-99	26:55.5	26:56.4	8:41/M
27	Miles Holden	Dover DE	2872	11	4 M 1-14	27:04.3	27:09.5	8:45/M
28	Dean Holden	Dover DE	2870	44	3 M 40-44	27:04.8	27:09.8	8:45/M
29	Todd Stonesifer	Dover DE	2973	43	4 M 40-44	27:07.6	27:11.6	8:46/M
30	Sarah Cummings	Dover DE	2829	13	1 F 1-14	27:26.1	27:27.6	8:51/M
31	Gary Brown	Dover DE	2814	60	1 M 60-64	27:35.6	27:38.4	8:55/M
32	Quade Cummings	Dover DE	2828	8	5 M 1-14	27:54.6	27:56.3	9:01/M
33	George Delano	Philadelphia PA	2833	37	1 M 35-39	27:55.4	28:01.0	9:02/M
34	Parker Galasso	Goldsboro MD	2846	8	6 M 1-14	27:59.1	28:08.4	9:05/M
35	Carolina Rodriguez	Dover DE	928	39	1 F 35-39	27:59.9	28:06.4	9:04/M
36	Laura Wisler	Dover DE	2990	37	2 F 35-39	28:03.8	28:06.2	9:04/M
37	Carrie Green	Dover DE	2857	44	1 Masters	28:10.4	28:10.4	9:05/M
38	Jonathan Richard	Dover DE	952	36	2 M 35-39	28:12.4	28:23.1	9:09/M
39	Michael Lee	Dover DE	951	22	2 M 20-24	28:14.0	28:16.9	9:07/M
40	Cynthia Karnai	Newark DE	2880	48	1 F 45-49	28:24.9	29:03.4	9:22/M

41	Chris Trusik	Dover DE	2983	26	4 M 25-29	28:37.4	28:38.4	9:14/M
42	Brenda Ewing	Worton MD	926	49	2 F 45-49	28:42.4	28:45.5	9:16/M
43	Alyssa Young	Smyrna DE	2997	12	2 F 1-14	28:58.4	29:04.1	9:23/M
44	Dan Simpson		936	49	2 M 45-49	29:01.3	29:09.8	9:24/M
45	Justin Smith	Camden DE	2967	32	3 M 30-34	29:16.1	29:18.0	9:27/M
46	Sandra Darling	Harrington DE	2831	50	1 F 50-54	29:27.3	29:38.2	9:34/M
47	Dereke Hicks	Felton DE	2867	31	4 M 30-34	29:28.3	29:36.4	9:33/M
48	Angela Schellinger	Dover DE	2955	35	3 F 35-39	29:29.2	29:39.2	9:34/M
49	Kimberly Root	Magnolia DE	2950	33	2 F 30-34	29:45.3	29:51.7	9:38/M
50	Jocelyn Tice	Dover DE	2979	37	4 F 35-39	29:52.7	29:58.4	9:40/M
51	Amy Zook	Magnolia DE	3000	40	1 F 40-44	30:00.3	30:04.3	9:42/M
52	Autumn Larish	Dover DE	947	17	2 F 15-19	30:00.4	30:05.2	9:42/M
53	Jacob Cornell	Camden Wyoming DE	943	15	2 M 15-19	30:09.1	30:26.7	9:49/M
54	David Lovelace	Newark DE	2892	72	2 M 70-99	30:26.3	30:31.0	9:51/M
55	Amanda Smith	Camden Wyoming DE	2966	35	5 F 35-39	30:27.1	30:33.8	9:51/M
56	Morgan Newman	Trenton NJ	2909	19	3 F 15-19	30:38.0	30:40.3	9:54/M
57	Mike Kujawa	Smyrna DE	2887	52	2 M 50-54	30:38.2	30:44.5	9:55/M
58	Kelsey Baker	Magnolia DE	944	31	3 F 30-34	30:38.5	30:41.2	9:54/M
59	Dawn Haw-Young	Smyrna DE	2864	43	2 F 40-44	30:38.7	30:44.5	9:55/M
60	Thomas Reynolds	DE	2940	41	5 M 40-44	30:52.3	30:53.7	9:58/M
61	Chris Schellinger	Camden DE	2956	37	3 M 35-39	30:54.1	31:04.2	10:01/M
62	Jerome Harris	Lincoln DE	925	52	3 M 50-54	30:56.4	31:01.1	10:00/M
63	Anna Simpson		937	20	3 F 20-24	31:00.9	31:10.2	10:03/M
64	Shane Breakie	Middletown DE	2807	47	3 M 45-49	31:06.5	31:10.2	10:03/M
65	Edgar Cox	Dover DE	2822	62	2 M 60-64	31:34.5	31:54.7	10:17/M
66	John Phillos	Greenwood DE	2925	62	3 M 60-64	31:34.7	31:39.0	10:13/M
67	Megan Hicks	Felton DE	2868	29	3 F 25-29	31:46.0	31:54.0	10:17/M
68	Kevin Natrin	Smyrna DE	2907	55	3 M 55-59	32:04.1	32:10.2	10:23/M
69	Terri Fretz	Smyrna DE	2843	54	2 F 50-54	32:13.3	32:18.2	10:25/M
70	Ashley Starke	Smyrna DE	2972	30	4 F 30-34	32:39.1	32:43.6	10:33/M
71	Corey Mauger	Hampton NJ	2897	38	4 M 35-39	32:59.6	33:28.1	10:48/M
72	Alison Ney	Magnolia DE	2910	32	5 F 30-34	33:03.0	33:14.2	10:43/M
73	Elayna Simpson		935	25	4 F 25-29	33:06.6	33:15.5	10:44/M
74	Peter Hauss	Dover DE	948	62	4 M 60-64	33:24.1	33:31.4	10:49/M
75	Leeann Waltz	Milton DE	929	55	1 F 55-59	33:34.8	33:37.6	10:51/M
76	Latasha Stamas	Felton DE	2970	36	6 F 35-39	33:34.9	33:44.1	10:53/M
77	Marcus Woodward	Houston DE	2992	34	5 M 30-34	33:37.7	34:02.3	10:59/M
78	John Palka	Newark DE	2919	48	4 M 45-49	33:38.8	33:54.4	10:56/M
79	Andy Strouse	Camden Wyoming DE	2974	55	4 M 55-59	34:08.5	34:15.7	11:03/M
80	Jamie Crist	Magnolia DE	2825	39	5 M 35-39	34:10.8	34:25.8	11:06/M
81	Alex Cornell	Camden Wyoming DE	940	14	7 M 1-14	35:05.2	35:22.7	11:25/M
82	Misty Reynolds	Camden DE	2939	39	7 F 35-39	35:22.2	35:24.2	11:25/M
83	Michelle Cummings	Dover DE	2827	41	3 F 40-44	35:23.8	35:29.3	11:27/M
84	Louise Holt	Milford DE	2874	60	1 F 60-64	35:31.6	35:41.6	11:31/M
85	Dj Garber	Dover DE	2848	33	6 M 30-34	35:44.4	36:02.1	11:37/M
86	Shiloh Garber	Dover DE	2849	9	3 F 1-14	35:44.9	36:01.0	11:37/M
87	Molly Crist	Magnolia DE	2826	40	4 F 40-44	35:55.5	36:10.5	11:40/M
88	Ken Marsh	Camden Wyoming DE	2894	59	5 M 55-59	35:55.9	36:07.3	11:39/M
89	Mary Bell	Dover DE	953	40	5 F 40-44	36:05.9	36:34.5	11:48/M
90	Mary Brown	Magnolia DE	2815	30	6 F 30-34	36:06.2	36:15.6	11:42/M
91	Erica Richard	Felton DE	954	36	8 F 35-39	36:35.3	36:45.5	11:51/M
92	Diane Nicolosi	Dover DE	2911	61	2 F 60-64	36:41.9	36:51.8	11:53/M

93	Jen Cornell	Houston DE	942	37	9 F 35-39	36:46.6	37:02.9	11:57/M
94	Eddie Cregar	Dover DE	2824	66	1 M 65-69	37:22.3	37:28.9	12:05/M
95	Joel Troyer	Dover DE	2981	33	7 M 30-34	37:34.0	37:54.9	12:14/M
96	Cathy Seeney	Dover DE	2958	41	6 F 40-44	37:37.9	37:51.9	12:13/M
97	Trena Giddings	Magnolia DE	2852	44	7 F 40-44	37:43.7	37:45.4	12:11/M
98	Sandi Unkrur	Dover DE	2985	40	8 F 40-44	38:32.3	38:40.2	12:28/M
99	Tom Molin	Townsend DE	2904	65	2 M 65-69	38:48.0	38:52.3	12:32/M
100	Bobby Jones	Dover DE	950	32	8 M 30-34	38:50.0	38:53.3	12:33/M
101	Taylor Michaels	Magnolia DE	946	24	4 F 20-24	38:55.2	38:58.1	12:34/M
102	Damian Abbott	Dover DE	949	41	6 M 40-44	38:55.3	38:58.6	12:34/M
103	Baylee Willetts	Dover DE	931	8	4 F 1-14	40:05.4	40:21.8	13:01/M
104	Paul Eichler	Dover DE	933	53	4 M 50-54	40:09.7	40:18.5	13:00/M
105	Patrick Stamas	Felton DE	2971	36	6 M 35-39	40:30.7	40:40.4	13:07/M
106	Jessica Stamas	Dover DE	2969	37	10 F 35-39	40:30.8	40:40.8	13:07/M
107	Aubrey Pitula	Seaford DE	2926	41	9 F 40-44	40:47.2	41:08.7	13:16/M
108	Joe Pitula	Seaford DE	2927	51	5 M 50-54	40:48.2	41:08.8	13:16/M
109	Carrie Phillos	Greenwood DE	2924	68	1 F 65-69	40:51.0	40:55.1	13:12/M
110	Arleen Murchison	Dover DE	2906	55	2 F 55-59	41:09.2	41:25.2	13:22/M
111	Ruby Herrington	Newark DE	2866	50	3 F 50-54	41:44.7	42:04.7	13:34/M
112	Ron Broccolino	Baltimore MD	2811	55	6 M 55-59	42:20.7	42:27.6	13:42/M
113	Jennifer Mauger	Hampton NJ	2898	36	11 F 35-39	42:25.0	42:53.7	13:50/M
114	Danielle Smith	Camden Wyoming DE	938	32	7 F 30-34	42:45.1	43:04.0	13:54/M
115	Jerri Fleetwood	Houston DE	2842	62	3 F 60-64	43:29.4	43:32.7	14:03/M
116	Charles Matthews	Camden DE	2896	70	3 M 70-99	43:34.1	43:40.3	14:05/M
117	Betty Brown	Magnolia DE	2813	67	2 F 65-69	44:37.7	44:53.2	14:29/M
118	Olivia Woodward	Houston DE	2993	5	5 F 1-14	45:34.9	45:59.7	14:50/M
119	Noah Faircloth		934	17	3 M 15-19	46:40.7	46:49.2	15:06/M
120	Chrissy Kyriss	Clayton DE	2888	40	10 F 40-44	47:57.1	48:13.7	15:33/M
121	Justin Arrington	Clayton DE	2797	32	9 M 30-34	48:06.2	48:22.7	15:36/M
122	Salome Tice	Dover DE	939	36	12 F 35-39	52:44.2	53:14.2	17:10/M
123	Zoe Woodward	Houston DE	2994	7	6 F 1-14	53:19.4	53:44.4	17:20/M
124	Marcia Woodward	Houston DE	2991	34	8 F 30-34	53:20.9	53:45.7	17:20/M
125	Victoria Henry	Dover DE	2865	24	5 F 20-24	56:11.5	56:11.5	18:07/M

5K Walk

Plc	Name	City	Bib	Age	Age Plc	Chip	Gun	Pace
1	Steven Brennan	Dover DE	2809	57	1 M 1-99	35:18.0	35:18.1	11:23/M
2	Anne Brown	Magnolia DE	2812	38	1 F 1-99	36:03.5	36:28.1	11:46/M
3	Don Zalenski	Magnolia DE	2998	72	2 M 1-99	36:40.8	36:41.4	11:50/M
4	Beth Brown	Wilmington DE	930	65	2 F 1-99	37:56.3	38:04.1	12:17/M
5	Shirley Brennan	Dover DE	2808	55	3 F 1-99	42:20.2	42:20.2	13:39/M
6	Douglass Lambert	Seaford DE	2890	61	3 M 1-99	42:44.1	42:50.8	13:49/M
7	Taffi Lang	Dover DE	2891	47	4 F 1-99	43:04.9	43:19.3	13:58/M
8	Alexis Ray	Camden Wyoming DE	2935	38	5 F 1-99	43:06.1	43:19.3	13:58/M
9	Debbie Johnson	Middletown DE	2877	59	6 F 1-99	43:31.3	43:39.1	14:05/M
10	Maria Palka	Middletown DE	2920	49	7 F 1-99	44:29.8	44:46.2	14:26/M
11	Heather McTheny	Smyrna DE	945	25	8 F 1-99	44:51.3	44:54.0	14:29/M
12	Billy Wilson	Dover DE	2988	52	4 M 1-99	45:44.2	45:52.6	14:48/M
13	Shelly Alioa	Dover DE	2796	43	9 F 1-99	45:50.5	46:00.1	14:50/M
14	Carol Beth Lambert	Seaford DE	2889	64	10 F 1-99	45:51.0	45:57.9	14:49/M
15	John Boyles	Magnolia DE	2805	47	5 M 1-99	46:52.3	47:04.3	15:11/M
16	Julie Boyles	Magnolia DE	2806	46	11 F 1-99	46:52.6	47:04.4	15:11/M

17	Teresa Knotts	DE	2884	48	12 F	1-99	47:22.6	47:30.0	15:19/M
18	Xavier Knotts	DE	2885	11	6 M	1-99	47:23.6	47:31.1	15:20/M
19	Samantha Bussa	Magnolia DE	2816	32	13 F	1-99	48:45.4	49:11.7	15:52/M
20	Sara Price	Magnolia DE	2933	30	14 F	1-99	48:46.5	49:13.0	15:53/M
21	Caitlin Harvey	Camden Wyoming DE	2862	27	15 F	1-99	49:05.2	49:22.0	15:55/M
22	Dorothy Hapkins	Felton DE	2861	61	16 F	1-99	49:43.7	49:48.3	16:04/M
23	Mayer Rubin	Dover DE	2953	62	7 M	1-99	49:48.0	50:02.7	16:08/M
24	Victoria Miller	Townsend DE	2903	25	17 F	1-99	50:12.5	50:25.7	16:16/M
25	Emily Trusik	Dover DE	2984	26	18 F	1-99	50:12.8	50:25.8	16:16/M
26	Laura Plenzik	Dover DE	2928	32	19 F	1-99	50:23.5	50:44.1	16:22/M
27	Ericca Deneumostier	Dover DE	2834	36	20 F	1-99	50:27.9	50:42.8	16:21/M
28	Eileen Simpson	Dover DE	2964	72	21 F	1-99	50:44.1	51:07.2	16:29/M
29	Daniel Simpson	Dover DE	2963	74	8 M	1-99	50:47.1	51:10.2	16:30/M
30	Pamela Rada	Newark DE	2934	34	22 F	1-99	51:37.0	51:46.5	16:42/M
31	Dave Semark	Camden DE	2960	55	9 M	1-99	51:40.6	51:54.5	16:45/M
32	Robert Bell	Dover DE	955	39	10 M	1-99	51:53.5	52:22.5	16:54/M
33	Kimberly Rivera	Dover DE	2947	35	23 F	1-99	52:53.9	53:12.9	17:10/M
34	Nikhil Patel	Dover DE	2922	36	11 M	1-99	52:55.0	53:12.2	17:10/M
35	Francisco Pribyl	Dover DE	2932	32	12 M	1-99	52:55.8	53:16.9	17:11/M
36	Martha Belush	DE	2801	53	24 F	1-99	53:01.5	53:15.1	17:11/M
37	Lisa O'Brien	Dover DE	2912	48	25 F	1-99	53:01.7	53:15.8	17:11/M
38	Will Harvey	Camden Wyoming DE	2863	30	13 M	1-99	53:03.0	53:21.7	17:13/M
39	Patrick Reilly	Dover DE	2936	57	14 M	1-99	53:04.2	53:34.3	17:17/M
40	Laurie Johnson	Magnolia DE	2879	56	26 F	1-99	53:06.6	53:33.6	17:16/M
41	Chris Ridgeway	Dover DE	2941	61	15 M	1-99	53:20.1	53:30.7	17:15/M
42	Morman Carney	Camden Wyoming DE	2817	63	16 M	1-99	53:21.1	53:31.5	17:16/M
43	Parry Evans Jr	Felton DE	2840	65	17 M	1-99	53:24.1	53:43.0	17:20/M
44	Cindy Evans	Felton DE	2839	60	27 F	1-99	53:24.4	53:43.6	17:20/M
45	Erica Knight	Felton DE	2883	41	28 F	1-99	53:25.0	53:43.2	17:20/M
46	Alexis Rivera	Dover DE	2944	41	29 F	1-99	53:42.9	54:01.6	17:25/M
47	Zoey Troyer	Dover DE	2982	1	30 F	1-99	54:05.5	54:30.5	17:35/M
48	Pam Fricker	Harrington DE	2844	61	31 F	1-99	54:06.3	54:34.2	17:36/M
49	Amy Troyer	Dover DE	2980	31	32 F	1-99	54:07.2	54:32.2	17:35/M
50	Suzanne Porter	Dover DE	2930	62	33 F	1-99	54:19.1	54:47.3	17:40/M
51	Ashely Resh	Dover DE	2938	25	34 F	1-99	55:14.8	55:35.0	17:56/M
52	Amy Resh	Dover DE	2937	44	35 F	1-99	55:16.2	55:35.5	17:56/M
53	Chuck Ridgeway	Dover DE	2942	50	18 M	1-99	55:24.4	55:34.9	17:55/M
54	Randolph Porter	Felton DE	2929	64	19 M	1-99	55:33.6	55:39.0	17:57/M
55	Joyce Welsh	Felton DE	2986	69	36 F	1-99	55:35.0	55:39.5	17:57/M
56	Michael Deneumoustier	Dover DE	2835	43	20 M	1-99	56:35.5	56:50.4	18:20/M
57	Brian Powell	Dover DE	2931	47	21 M	1-99	56:37.3	56:51.2	18:20/M
58	Jenna Ridgeway	Dover DE	2943	18	37 F	1-99	56:43.4	56:54.7	18:21/M
59	Katelyn Paquette	Kenton DE	2921	21	38 F	1-99	56:44.0	56:55.3	18:22/M
60	Marilyn Dixon	DE	2836	57	39 F	1-99	57:13.8	57:36.5	18:35/M
61	Raymond Dixon	Felton DE	2837	49	22 M	1-99	57:14.2	57:36.9	18:35/M
62	Ardyn Overko	Harrington DE	2918	46	40 F	1-99	58:26.1	58:54.0	19:00/M
63	Jennibeth Rivera	Dover DE	2946	40	41 F	1-99	58:41.2	58:54.1	19:00/M
64	Roberto Rivera		956	37	23 M	1-99	58:48.4	59:00.7	19:02/M
65	Julia Marshall	Magnolia DE	2895	76	42 F	1-99	59:19.1	59:42.1	19:15/M
66	Linda Davis	Camden Wyoming DE	2832	69	43 F	1-99	59:21.2	59:42.2	19:15/M
67	Lori Mauger	Millsboro DE	2899	51	44 F	1-99	59:33.3	1:00:03.9	19:22/M
68	Samuel Mauger	Millsboro DE	2900	66	24 M	1-99	59:35.3	1:00:07.1	19:24/M

69	Travis Guthrie	Camden DE	2858	22	25 M	1-99	1:00:17.7	1:00:40.1	19:34/M
70	Susan Thau	Dover DE	2977	44	45 F	1-99	1:00:17.7	1:00:39.9	19:34/M
71	Meaghann Shaw	Dover DE	2962	33	46 F	1-99	1:00:18.2	1:00:39.4	19:34/M
72	Darcy White	Middletown DE	2987	51	47 F	1-99	1:00:38.8	1:01:48.9	19:56/M
73	Kevin Maloney	Frederica DE	2893	39	26 M	1-99	1:02:23.4	1:02:46.6	20:15/M
74	Latrice Dabney	Smyrna DE	2830	24	48 F	1-99	1:02:27.2	1:02:49.4	20:16/M
75	Tamyl Nelson	Dover DE	2908	40	49 F	1-99	1:02:42.7	1:03:13.7	20:24/M
76	Jazmine Johnson	Magnolia DE	2878	27	50 F	1-99	1:02:45.2	1:03:14.1	20:24/M
77	Kelly Bliem	Dover DE	2802	32	51 F	1-99	1:04:34.8	1:04:47.0	20:54/M
78	Virginia Bliem	Dover DE	2803	65	52 F	1-99	1:04:35.2	1:04:48.4	20:54/M
79	Eugenia Thornton	Frederica DE	2978	67	53 F	1-99	1:05:29.2	1:05:57.2	21:16/M
80	Lisa Brewer	Dover DE	2810	54	54 F	1-99	1:05:31.1	1:05:56.5	21:16/M

Age Group Results

Female Champion

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Stephanie Garber	Dover DE	33	6	22:27.8	22:27.8	7:15/M

Female Masters Champion

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Carrie Green	Dover DE	44	37	28:10.4	28:10.4	9:05/M

Female 14 and Under

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Sarah Cummings	Dover DE	13	30	27:26.1	27:27.6	8:51/M
2	Alyssa Young	Smyrna DE	12	43	28:58.4	29:04.1	9:23/M
3	Shiloh Garber	Dover DE	9	86	35:44.9	36:01.0	11:37/M
4	Baylee Willetts	Dover DE	8	103	40:05.4	40:21.8	13:01/M
5	Olivia Woodward	Houston DE	5	118	45:34.9	45:59.7	14:50/M
6	Zoe Woodward	Houston DE	7	123	53:19.4	53:44.4	17:20/M

Female 15 to 19

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Kristen Cole	Holbrook NY	19	17	25:17.3	25:19.5	8:10/M
2	Autumn Larish	Dover DE	17	52	30:00.4	30:05.2	9:42/M
3	Morgan Newman	Trenton NJ	19	56	30:38.0	30:40.3	9:54/M

Female 20 to 24

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Sarah Cramton	Hollis NH	20	16	24:42.2	24:44.4	7:59/M
2	Stephanie Rosa	Dover DE	24	19	25:28.9	25:31.2	8:14/M
3	Anna Simpson		20	63	31:00.9	31:10.2	10:03/M
4	Taylor Michaels	Magnolia DE	24	101	38:55.2	38:58.1	12:34/M
5	Victoria Henry	Dover DE	24	125	56:11.5	56:11.5	18:07/M

Female 25 to 29

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Rebecca Warrington	Magnolia DE	27	11	23:51.8	23:52.7	7:42/M
2	Elizabeth Hauss	Dover DE	29	21	26:09.2	26:15.9	8:28/M
3	Megan Hicks	Felton DE	29	67	31:46.0	31:54.0	10:17/M
4	Elayna Simpson		25	73	33:06.6	33:15.5	10:44/M

Female 30 to 34

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Andrea Fank	Magnolia DE	32	12	23:55.5	23:57.6	7:44/M
2	Kimberly Root	Magnolia DE	33	49	29:45.3	29:51.7	9:38/M
3	Kelsey Baker	Magnolia DE	31	58	30:38.5	30:41.2	9:54/M
4	Ashley Starke	Smyrna DE	30	70	32:39.1	32:43.6	10:33/M
5	Alison Ney	Magnolia DE	32	72	33:03.0	33:14.2	10:43/M
6	Mary Brown	Magnolia DE	30	90	36:06.2	36:15.6	11:42/M
7	Danielle Smith	Camden Wyoming DE	32	114	42:45.1	43:04.0	13:54/M
8	Marcia Woodward	Houston DE	34	124	53:20.9	53:45.7	17:20/M

Female 35 to 39

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Carolina Rodriguez	Dover DE	39	35	27:59.9	28:06.4	9:04/M
2	Laura Wisler	Dover DE	37	36	28:03.8	28:06.2	9:04/M
3	Angela Schellinger	Dover DE	35	48	29:29.2	29:39.2	9:34/M
4	Jocelyn Tice	Dover DE	37	50	29:52.7	29:58.4	9:40/M
5	Amanda Smith	Camden Wyoming DE	35	55	30:27.1	30:33.8	9:51/M
6	Latasha Stamas	Felton DE	36	76	33:34.9	33:44.1	10:53/M
7	Misty Reynolds	Camden DE	39	82	35:22.2	35:24.2	11:25/M
8	Erica Richard	Felton DE	36	91	36:35.3	36:45.5	11:51/M
9	Jen Cornell	Houston DE	37	93	36:46.6	37:02.9	11:57/M
10	Jessica Stamas	Dover DE	37	106	40:30.8	40:40.8	13:07/M
11	Jennifer Mauger	Hampton NJ	36	113	42:25.0	42:53.7	13:50/M
12	Salome Tice	Dover DE	36	122	52:44.2	53:14.2	17:10/M

Female 40 to 44

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Amy Zook	Magnolia DE	40	51	30:00.3	30:04.3	9:42/M
2	Dawn Haw-Young	Smyrna DE	43	59	30:38.7	30:44.5	9:55/M
3	Michelle Cummings	Dover DE	41	83	35:23.8	35:29.3	11:27/M
4	Molly Crist	Magnolia DE	40	87	35:55.5	36:10.5	11:40/M
5	Mary Bell	Dover DE	40	89	36:05.9	36:34.5	11:48/M
6	Cathy Seeney	Dover DE	41	96	37:37.9	37:51.9	12:13/M
7	Trena Giddings	Magnolia DE	44	97	37:43.7	37:45.4	12:11/M
8	Sandi Unkrur	Dover DE	40	98	38:32.3	38:40.2	12:28/M
9	Aubrey Pitula	Seaford DE	41	107	40:47.2	41:08.7	13:16/M
10	Chrissy Kyriss	Clayton DE	40	120	47:57.1	48:13.7	15:33/M

Female 45 to 49

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Cynthia Karnai	Newark DE	48	40	28:24.9	29:03.4	9:22/M
2	Brenda Ewing	Worton MD	49	42	28:42.4	28:45.5	9:16/M

Female 50 to 54

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Sandra Darling	Harrington DE	50	46	29:27.3	29:38.2	9:34/M
2	Terri Fretz	Smyrna DE	54	69	32:13.3	32:18.2	10:25/M
3	Ruby Herrington	Newark DE	50	111	41:44.7	42:04.7	13:34/M

Female 55 to 59

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Leeann Waltz	Milton DE	55	75	33:34.8	33:37.6	10:51/M
2	Arleen Murchison	Dover DE	55	110	41:09.2	41:25.2	13:22/M

Female 60 to 64

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Louise Holt	Milford DE	60	84	35:31.6	35:41.6	11:31/M
2	Diane Nicolosi	Dover DE	61	92	36:41.9	36:51.8	11:53/M
3	Jerri Fleetwood	Houston DE	62	115	43:29.4	43:32.7	14:03/M

Female 65 to 69

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Carrie Phillos	Greenwood DE	68	109	40:51.0	40:55.1	13:12/M
2	Betty Brown	Magnolia DE	67	117	44:37.7	44:53.2	14:29/M

Male Champion

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Matt Sparacino	Harrington DE	40	1	20:58.8	20:58.8	6:46/M

Male Masters Champion

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Steve O'Brien	Dover DE	48	4	22:14.9	22:14.9	7:10/M

Male 14 and Under

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Ben Semark	Camden DE	13	5	22:16.0	22:18.0	7:12/M
2	Caiden Garber	Dover DE	12	22	26:13.3	26:13.4	8:27/M
3	Jaden Grunden	Camden Wyoming DE	11	25	26:49.2	26:49.3	8:39/M
4	Miles Holden	Dover DE	11	27	27:04.3	27:09.5	8:45/M
5	Quade Cummings	Dover DE	8	32	27:54.6	27:56.3	9:01/M
6	Parker Galasso	Goldsboro MD	8	34	27:59.1	28:08.4	9:05/M
7	Alex Cornell	Camden Wyoming DE	14	81	35:05.2	35:22.7	11:25/M

Male 15 to 19

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Dylan Wilson	Dover DE	15	3	22:01.1	22:01.3	7:06/M
2	Jacob Cornell	Camden Wyoming DE	15	53	30:09.1	30:26.7	9:49/M
3	Noah Faircloth		17	119	46:40.7	46:49.2	15:06/M

Male 20 to 24

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Enrique Escalante	Lincoln DE	24	13	23:59.1	24:01.0	7:45/M
2	Michael Lee	Dover DE	22	39	28:14.0	28:16.9	9:07/M

Male 25 to 29

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Blake Scott	Dover DE	29	2	21:29.3	21:30.2	6:56/M
2	Rafael Escalante	Milford DE	28	10	23:28.4	23:29.7	7:35/M
3	Brad Miller	Dover DE	27	24	26:30.5	26:31.3	8:33/M
4	Chris Trusik	Dover DE	26	41	28:37.4	28:38.4	9:14/M

Male 30 to 34

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Matthew Tetrick	Dover DE	31	8	22:38.1	22:39.6	7:18/M
2	Justin Carrow	Dover DE	30	14	24:15.2	24:16.6	7:50/M
3	Justin Smith	Camden DE	32	45	29:16.1	29:18.0	9:27/M
4	Dereke Hicks	Felton DE	31	47	29:28.3	29:36.4	9:33/M
5	Marcus Woodward	Houston DE	34	77	33:37.7	34:02.3	10:59/M
6	Dj Garber	Dover DE	33	85	35:44.4	36:02.1	11:37/M
7	Joel Troyer	Dover DE	33	95	37:34.0	37:54.9	12:14/M
8	Bobby Jones	Dover DE	32	100	38:50.0	38:53.3	12:33/M
9	Justin Arrington	Clayton DE	32	121	48:06.2	48:22.7	15:36/M

Male 35 to 39

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	George Delano	Philadelphia PA	37	33	27:55.4	28:01.0	9:02/M
2	Jonathan Richard	Dover DE	36	38	28:12.4	28:23.1	9:09/M
3	Chris Schellinger	Camden DE	37	61	30:54.1	31:04.2	10:01/M
4	Corey Mauger	Hampton NJ	38	71	32:59.6	33:28.1	10:48/M
5	Jamie Crist	Magnolia DE	39	80	34:10.8	34:25.8	11:06/M
6	Patrick Stamas	Felton DE	36	105	40:30.7	40:40.4	13:07/M

Male 40 to 44

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Anthony Kesler	Camden Wyoming DE	42	7	22:32.2	22:34.5	7:17/M
2	Jeff Cerri	Felton DE	44	15	24:26.8	24:32.3	7:55/M
3	Dean Holden	Dover DE	44	28	27:04.8	27:09.8	8:45/M
4	Todd Stonesifer	Dover DE	43	29	27:07.6	27:11.6	8:46/M

5	Thomas Reynolds	DE	41	60	30:52.3	30:53.7	9:58/M
6	Damian Abbott	Dover DE	41	102	38:55.3	38:58.6	12:34/M

Male 45 to 49

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Melvin Hitchens	Magnolia DE	45	23	26:20.4	26:24.5	8:31/M
2	Dan Simpson		49	44	29:01.3	29:09.8	9:24/M
3	Shane Breakie	Middletown DE	47	64	31:06.5	31:10.2	10:03/M
4	John Palka	Newark DE	48	78	33:38.8	33:54.4	10:56/M

Male 50 to 54

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Lyndon Yearick	Magnolia DE	53	18	25:26.5	25:29.0	8:13/M
2	Mike Kujawa	Smyrna DE	52	57	30:38.2	30:44.5	9:55/M
3	Jerome Harris	Lincoln DE	52	62	30:56.4	31:01.1	10:00/M
4	Paul Eichler	Dover DE	53	104	40:09.7	40:18.5	13:00/M
5	Joe Pitula	Seaford DE	51	108	40:48.2	41:08.8	13:16/M

Male 55 to 59

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Todd Carmean	Bridgeville DE	55	9	22:42.9	22:43.2	7:20/M
2	Douglas Belush	Smyrna DE	55	20	26:04.5	26:07.1	8:25/M
3	Kevin Natrin	Smyrna DE	55	68	32:04.1	32:10.2	10:23/M
4	Andy Strouse	Camden Wyoming DE	55	79	34:08.5	34:15.7	11:03/M
5	Ken Marsh	Camden Wyoming DE	59	88	35:55.9	36:07.3	11:39/M
6	Ron Broccolino	Baltimore MD	55	112	42:20.7	42:27.6	13:42/M

Male 60 to 64

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Gary Brown	Dover DE	60	31	27:35.6	27:38.4	8:55/M
2	Edgar Cox	Dover DE	62	65	31:34.5	31:54.7	10:17/M
3	John Phillos	Greenwood DE	62	66	31:34.7	31:39.0	10:13/M
4	Peter Hauss	Dover DE	62	74	33:24.1	33:31.4	10:49/M

Male 65 to 69

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Eddie Cregar	Dover DE	66	94	37:22.3	37:28.9	12:05/M
2	Tom Molin	Townsend DE	65	99	38:48.0	38:52.3	12:32/M

Male 70 and Over

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Tom Keating	Millsboro DE	70	26	26:55.5	26:56.4	8:41/M
2	David Lovelace	Newark DE	72	54	30:26.3	30:31.0	9:51/M
3	Charles Matthews	Camden DE	70	116	43:34.1	43:40.3	14:05/M