

# Dover Air Force Base Heritage 5K Run/Walk

## Benefits USO Delaware

Sunday, April 15, 2018

A Trisports Events Production

### Age Group Results

#### Female Open Champion

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Lisa Wilhelm	Toms River NJ	55	6	23:52.2	23:52.2	7:42/M

#### Female Masters Champion

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Kathy Francis	Camden DE	49	16	27:16.9	27:16.9	8:48/M

#### Female 14 and Under

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Anabell Krotzer	Dover DE	8	36	31:35.8	31:42.2	10:14/M
2	Shiloh Garber	Dover DE	9	48	34:21.8	34:21.8	11:05/M

#### Female 15 to 19

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Lindsey Jones	Clayton DE	18	17	27:50.4	27:50.9	8:59/M
2	Paige Sharp	Milford DE	19	35	31:32.2	31:36.3	10:12/M
3	Ashley Russell	Queen Anne MD	17	38	31:50.9	31:58.8	10:19/M
4	Chloe Mangubat	Magnolia DE	16	83	55:01.2	55:05.5	17:46/M
5	Corissa Garza	Dover DE	18	84	58:25.2	58:34.0	18:54/M

#### Female 20 to 24

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Kathleen Samuels		22	20	28:22.2	28:25.8	9:10/M
2	Lauren Potter	Dover DE	24	27	30:20.9	30:28.2	9:50/M
3	Frida Ceja	Middletown DE	20	44	32:50.7	32:54.9	10:37/M

#### Female 25 to 29

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Lauren Buczkiewicz	Perkasie PA	29	8	24:23.1	24:30.4	7:54/M
2	Jana Tate	Smyrna DE	27	14	27:03.4	27:05.1	8:44/M
3	Megan Dempsey-Byler	Smyrna DE	26	32	31:19.6	31:25.4	10:08/M
4	Brittany Claugh	Felton DE	27	78	49:50.0	49:57.7	16:07/M

#### Female 30 to 34

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Andrea Fank	Magnolia DE	32	9	24:32.6	24:35.8	7:56/M

2	Kaylan Harrington	Centreville MD	34	24	29:43.6	29:50.4	9:37/M
3	Claire Ongna	Dover DE	33	29	30:56.5	30:56.5	9:59/M
4	Ana Saus Cantos	Dover DE	33	31	31:15.7	31:19.7	10:06/M
5	Kelsey Baker	Magnolia DE	31	34	31:31.7	31:39.5	10:13/M
6	Mary Galasso	Goldsboro MD	30	47	34:03.1	34:04.3	10:59/M
7	Alison Ney	Magnolia DE	32	56	35:32.0	35:43.0	11:31/M
8	Jennifer Matticks	Magnolia DE	31	64	37:40.5	37:47.6	12:11/M
9	Yolanda Bottorf	Dover DE	33	71	41:34.2	41:39.7	13:26/M
10	Desirae Kratzer	Dover DE	32	72	41:34.5	41:40.1	13:26/M
11	Ashley Claugh	Magnolia DE	33	79	49:50.3	49:57.2	16:07/M

#### Female 35 to 39

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Kathy Valentine	Bear DE	38	19	28:19.6	28:22.5	9:09/M
2	Stephanie Harrison	Dover DE	38	39	32:11.6	32:15.7	10:24/M
3	Nwando Onugbu		39	52	35:23.9	35:31.0	11:27/M
4	Angie Schellinger	Dover DE	35	55	35:31.6	35:42.8	11:31/M
5	Elisha Watters	Attleboro MA	37	69	40:11.4	40:17.1	13:00/M
6	Lorraine Peters	Felton DE	37	85	58:45.0	58:54.5	19:00/M

#### Female 40 to 44

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Kimberly Kessler	Seaford DE	43	50	34:41.5	34:47.6	11:13/M
2	Jennifer Jayme	Dover DE	40	51	34:53.0	34:53.0	11:15/M
3	Jackquelynne Walden	Dover DE	41	60	37:07.8	37:11.7	12:00/M
4	Hiroko Russell	Queen Anne MD	41	61	37:08.4	37:16.2	12:01/M
5	Steph Rudewicz	Mount Holly NJ	41	70	40:59.6	41:11.2	13:17/M

#### Female 45 to 49

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Michele Davis	Dover DE	49	23	29:43.4	29:49.3	9:37/M
2	Brenda Ewing	Worton MD	49	25	30:05.1	30:12.2	9:45/M
3	Karin Ryndak	Felton DE	46	43	32:36.2	32:41.2	10:33/M
4	Valerie Foy	Dover AFB DE	47	45	33:49.4	33:57.5	10:57/M
5	Angela Garza	Dover DE	46	68	38:50.8	38:59.8	12:35/M

#### Female 50 to 54

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Sandra Darling	Harrington DE	50	22	29:27.5	29:36.2	9:33/M
2	Cynthia Manzanero	Germantown MD	50	65	37:45.0	37:52.3	12:13/M
3	Cynthia Mangubat	Magnolia DE	54	66	38:03.2	38:09.4	12:18/M

#### Female 55 to 59

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Elaine Nolan	Camden DE	59	40	32:15.0	32:20.6	10:26/M
2	Sandra Fleet	Rehoboth MA	57	57	35:42.2	35:48.1	11:33/M
3	Arleen Murchison	Dover DE	55	73	43:05.5	43:05.5	13:54/M

4	Kimberly Wilmire	Felton DE	55	77	47:39.2	47:47.1	15:25/M
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#### Female 60 to 64

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Linda Dixon	Magnolia DE	64	42	32:19.8	32:28.7	10:28/M
2	Louise Holt	Milford DE	60	54	35:29.3	35:39.9	11:30/M

#### Male Open Champion

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Dyce Bailey	Dover DE	19	1	18:53.1	18:53.1	6:05/M

#### Male Masters Champion

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Greg Massey	Felton DE	48	2	21:56.6	21:56.6	7:05/M

#### Male 14 and Under

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Gregory Featherstone III	Dover DE	13	3	22:56.4	22:58.8	7:25/M
2	Caiden Garber	Dover DE	12	10	25:41.0	25:42.3	8:17/M
3	Lucas Crouser	Dover DE	12	18	28:16.4	28:19.7	9:08/M
4	Kyle Jayme	Dover DE	8	21	29:27.0	29:27.0	9:30/M
5	Lance Jayme	Dover DE	10	41	32:18.0	32:18.0	10:25/M
6	Parker Galasso	Goldsboro MD	8	46	34:01.8	34:04.1	10:59/M

#### Male 15 to 19

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Grant Gano	Frankford DE	19	7	24:03.4	24:06.1	7:46/M
2	Judson Watson	Greenwood DE	19	11	26:00.9	26:02.4	8:24/M
3	Marshal Capinpin	Dover DE	19	15	27:09.4	27:13.6	8:47/M
4	James Valentine Jr.	Bear DE	15	59	36:14.4	36:17.9	11:42/M
5	Sam Kowalchick	Magnolia DE	17	82	55:00.9	55:04.6	17:46/M

#### Male 20 to 24

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Ryne Johnson	Dover DE	24	74	47:17.2	47:17.2	15:15/M
2	Alden Clapp	Rehoboth Beach DE	24	75	47:22.9	47:22.9	15:17/M
3	Hunter Schaeffer	Rehoboth Beach DE	22	76	47:27.2	47:27.2	15:18/M

#### Male 25 to 29

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	D'Angelo Turner	Dover DE	25	26	30:20.3	30:27.6	9:49/M

#### Male 30 to 34

Plc	Name	City	Age	O'all	Chip	Gun	Pace
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1	Secundino Picos Peliquin	Dover DE	33	13	26:46.8	26:51.0	8:40/M
2	Greg Buczkiewicz	Perkasie PA	30	28	30:25.7	30:33.2	9:51/M
3	Ross Krotzer	Dover DE	32	37	31:35.8	31:42.2	10:14/M
4	Dj Garber	Dover DE	33	49	34:23.9	34:23.9	11:05/M

#### Male 35 to 39

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Julio Casas Aroca	Rehoboth Beach DE	38	5	23:22.5	23:26.2	7:34/M
2	James Harrison	Dover DE	37	58	36:10.9	36:14.6	11:41/M

#### Male 40 to 44

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Tim Collins	Dover DE	44	4	23:02.0	23:03.6	7:26/M
2	James Valentine	Bear DE	43	62	37:12.0	37:15.7	12:01/M

#### Male 45 to 49

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Russell Brady	Camden DE	46	30	31:05.1	31:06.5	10:02/M
2	Shane Breakie	Middletown DE	47	33	31:28.2	31:33.4	10:11/M
3	Theodore Tan	Dover DE	45	63	37:27.8	37:34.1	12:07/M
4	Ruben Garza	Dover DE	46	81	51:43.7	51:52.0	16:44/M

#### Male 55 to 59

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Mike Canevari	Milford DE	57	67	38:06.4	38:06.4	12:17/M

#### Male 60 to 64

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Alan Quillen	Seaford DE	63	12	26:09.9	26:12.0	8:27/M

#### Male 70 and Over

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Don Zalenski	Magnolia DE	72	53	35:25.5	35:32.2	11:28/M
2	Charles Matthews	Camden DE	70	80	51:00.0	51:09.3	16:30/M

#### 5K Run in Finish Order

Plc	Name	Bib	Age	Age Grp	Chip	Gun	Pace
1	Dyce Bailey	2576	19	Open	18:53.1	18:53.1	6:05/M
2	Greg Massey	961	48	Masters	21:56.6	21:56.6	7:05/M
3	Gregory Featherstone III	2619	13	M 1-14	22:56.4	22:58.8	7:25/M
4	Tim Collins	960	44	M 40-44	23:02.0	23:03.6	7:26/M
5	Julio Casas Aroca	2596	38	M 35-39	23:22.5	23:26.2	7:34/M
6	Lisa Wilhelm	971	55	Open	23:52.2	23:52.2	7:42/M
7	Grant Gano	2628	19	M 15-19	24:03.4	24:06.1	7:46/M
8	Lauren Buczkiewicz	2591	29	F 25-29	24:23.1	24:30.4	7:54/M

9	Andrea Fank	2615	32	F 30-34	24:32.6	24:35.8	7:56/M
10	Caiden Garber	2629	12	M 1-14	25:41.0	25:42.3	8:17/M
11	Judson Watson	2778	19	M 15-19	26:00.9	26:02.4	8:24/M
12	Alan Quillen	2721	63	M 60-64	26:09.9	26:12.0	8:27/M
13	Secundino Picos Peliquin	2710	33	M 30-34	26:46.8	26:51.0	8:40/M
14	Jana Tate	2765	27	F 25-29	27:03.4	27:05.1	8:44/M
15	Marshal Capinpin	2595	19	M 15-19	27:09.4	27:13.6	8:47/M
16	Kathy Francis	964	49	Masters	27:16.9	27:16.9	8:48/M
17	Lindsey Jones	2667	18	F 15-19	27:50.4	27:50.9	8:59/M
18	Lucas Crouser	2604	12	M 1-14	28:16.4	28:19.7	9:08/M
19	Kathy Valentine	2774	38	F 35-39	28:19.6	28:22.5	9:09/M
20	Kathleen Samuels	350	22	F 20-24	28:22.2	28:25.8	9:10/M
21	Kyle Jayme	2661	8	M 1-14	29:27.0	29:27.0	9:30/M
22	Sandra Darling	2606	50	F 50-54	29:27.5	29:36.2	9:33/M
23	Michele Davis	2605	49	F 45-49	29:43.4	29:49.3	9:37/M
24	Kaylan Harrington	2647	34	F 30-34	29:43.6	29:50.4	9:37/M
25	Brenda Ewing	339	49	F 45-49	30:05.1	30:12.2	9:45/M
26	D'Angelo Turner	2772	25	M 25-29	30:20.3	30:27.6	9:49/M
27	Lauren Potter	2716	24	F 20-24	30:20.9	30:28.2	9:50/M
28	Greg Buczkiewicz	2590	30	M 30-34	30:25.7	30:33.2	9:51/M
29	Claire Ongna	352	33	F 30-34	30:56.5	30:56.5	9:59/M
30	Russell Brady	2584	46	M 45-49	31:05.1	31:06.5	10:02/M
31	Ana Saus Cantos	2746	33	F 30-34	31:15.7	31:19.7	10:06/M
32	Megan Dempsey-Byler	2609	26	F 25-29	31:19.6	31:25.4	10:08/M
33	Shane Breakie	959	47	M 45-49	31:28.2	31:33.4	10:11/M
34	Kelsey Baker	340	31	F 30-34	31:31.7	31:39.5	10:13/M
35	Paige Sharp	2751	19	F 15-19	31:32.2	31:36.3	10:12/M
36	Anabell Krotzer	957	8	F 1-14	31:35.8	31:42.2	10:14/M
37	Ross Krotzer	958	32	M 30-34	31:35.8	31:42.2	10:14/M
38	Ashley Russell	2739	17	F 15-19	31:50.9	31:58.8	10:19/M
39	Stephanie Harrison	345	38	F 35-39	32:11.6	32:15.7	10:24/M
40	Elaine Nolan	2703	59	F 55-59	32:15.0	32:20.6	10:26/M
41	Lance Jayme	2662	10	M 1-14	32:18.0	32:18.0	10:25/M
42	Linda Dixon	2612	64	F 60-64	32:19.8	32:28.7	10:28/M
43	Karin Ryndak	2741	46	F 45-49	32:36.2	32:41.2	10:33/M
44	Frida Ceja	2598	20	F 20-24	32:50.7	32:54.9	10:37/M
45	Valerie Foy	2623	47	F 45-49	33:49.4	33:57.5	10:57/M
46	Parker Galasso	2627	8	M 1-14	34:01.8	34:04.1	10:59/M
47	Mary Galasso	2626	30	F 30-34	34:03.1	34:04.3	10:59/M
48	Shiloh Garber	2631	9	F 1-14	34:21.8	34:21.8	11:05/M
49	Dj Garber	2630	33	M 30-34	34:23.9	34:23.9	11:05/M
50	Kimberly Kessler	2670	43	F 40-44	34:41.5	34:47.6	11:13/M
51	Jennifer Jayme	2660	40	F 40-44	34:53.0	34:53.0	11:15/M
52	Nwando Onugbu	349	39	F 35-39	35:23.9	35:31.0	11:27/M
53	Don Zalenski	2789	72	M 70-99	35:25.5	35:32.2	11:28/M
54	Louise Holt	2655	60	F 60-64	35:29.3	35:39.9	11:30/M
55	Angie Schellinger	2748	35	F 35-39	35:31.6	35:42.8	11:31/M
56	Alison Ney	2702	32	F 30-34	35:32.0	35:43.0	11:31/M
57	Sandra Fleet	2621	57	F 55-59	35:42.2	35:48.1	11:33/M
58	James Harrison	344	37	M 35-39	36:10.9	36:14.6	11:41/M
59	James Valentine Jr.	2775	15	M 15-19	36:14.4	36:17.9	11:42/M
60	Jackquelynne Walden	346	41	F 40-44	37:07.8	37:11.7	12:00/M

61	Hiroko Russell	2740	41	F 40-44	37:08.4	37:16.2	12:01/M
62	James Valentine	2773	43	M 40-44	37:12.0	37:15.7	12:01/M
63	Theodore Tan	2764	45	M 45-49	37:27.8	37:34.1	12:07/M
64	Jennifer Matticks	2689	31	F 30-34	37:40.5	37:47.6	12:11/M
65	Cynthia Manzanero	2685	50	F 50-54	37:45.0	37:52.3	12:13/M
66	Cynthia Mangubat	2683	54	F 50-54	38:03.2	38:09.4	12:18/M
67	Mike Canevari	2594	57	M 55-59	38:06.4	38:06.4	12:17/M
68	Angela Garza	2636	46	F 45-49	38:50.8	38:59.8	12:35/M
69	Elisha Watters	2780	37	F 35-39	40:11.4	40:17.1	13:00/M
70	Steph Rudewicz	2738	41	F 40-44	40:59.6	41:11.2	13:17/M
71	Yolanda Bottorf	962	33	F 30-34	41:34.2	41:39.7	13:26/M
72	Desirae Kratzer	963	32	F 30-34	41:34.5	41:40.1	13:26/M
73	Arleen Murchison	2700	55	F 55-59	43:05.5	43:05.5	13:54/M
74	Ryne Johnson	2665	24	M 20-24	47:17.2	47:17.2	15:15/M
75	Alden Clapp	2599	24	M 20-24	47:22.9	47:22.9	15:17/M
76	Hunter Schaeffer	348	22	M 20-24	47:27.2	47:27.2	15:18/M
77	Kimberly Wilmire	2783	55	F 55-59	47:39.2	47:47.1	15:25/M
78	Brittany Clough	2601	27	F 25-29	49:50.0	49:57.7	16:07/M
79	Ashley Clough	2600	33	F 30-34	49:50.3	49:57.2	16:07/M
80	Charles Matthews	2690	70	M 70-99	51:00.0	51:09.3	16:30/M
81	Ruben Garza	2638	46	M 45-49	51:43.7	51:52.0	16:44/M
82	Sam Kowalchick	2671	17	M 15-19	55:00.9	55:04.6	17:46/M
83	Chloe Mangubat	2682	16	F 15-19	55:01.2	55:05.5	17:46/M
84	Corissa Garza	2637	18	F 15-19	58:25.2	58:34.0	18:54/M
85	Lorraine Peters	2709	37	F 35-39	58:45.0	58:54.5	19:00/M

### 5K Walk in Finish Order

Plc	Name	Bib	Age	Age Grp	Chip	Gun	Pace
1	Connie Marshall	2686	60	F 1-99	35:42.3	35:49.0	11:33/M
2	Steven Brennan	2586	57	M 1-99	36:19.3	36:20.8	11:43/M
3	Shirley Brennan	2585	55	F 1-99	40:25.4	40:27.7	13:03/M
4	Terry Nechay	2701	63	F 1-99	41:02.2	41:10.2	13:17/M
5	Bill Hahn	2645	48	M 1-99	42:14.0	42:25.1	13:41/M
6	Geraldine D'Allesandro	336	58	F 1-99	42:33.2	42:41.9	13:46/M
7	Avril Featherstone	2618	45	F 1-99	43:27.6	43:35.5	14:04/M
8	Tom Molin	972	65	M 1-99	43:48.8	43:48.8	14:08/M
9	Contina Featherstone	965	23	F 1-99	44:52.9	45:01.5	14:31/M
10	Brooks Johnson	351	35	M 1-99	47:31.9	47:31.9	15:20/M
11	Samantha Saporito	2745	30	F 1-99	48:28.7	48:32.7	15:39/M
12	Chris Baker	2578	51	M 1-99	49:11.5	49:20.6	15:55/M
13	Carole Baker	2577	50	F 1-99	49:14.6	49:23.6	15:56/M
14	Mayer Rubin	2737	62	M 1-99	49:35.3	49:45.2	16:03/M
15	Cindy Saxton	996	50	F 1-99	50:34.0	50:45.2	16:22/M
16	Raymond Zweigle	2792	57	M 1-99	51:00.1	51:05.8	16:29/M
17	Geraldine Zweigle	2791	56	F 1-99	51:12.8	51:18.4	16:33/M
18	Anmarie Saporito	2743	63	F 1-99	55:35.7	55:39.9	17:57/M
19	Lou Saporito	2744	62	M 1-99	55:39.1	55:42.7	17:58/M
20	Libby Hahn	2646	49	F 1-99	59:34.7	59:46.6	19:17/M
21	Cheri Fuchs	2625	61	F 1-99	59:48.6	59:48.6	19:17/M