

# Run the Mill Duathlon - 10 Mile Bike - 5K Trail Run

Blair's Pond 5K Trail, Greenwood, DE

Benefits: Delaware Nature Society

September 22, 2018

A Trisports Events Production

## Overall Finish List

### Individual Du

Place	Name	Bib	Age	AG Pos	Age Group	Bike	Bike	Bike Pace	Rank	Run Time	Run Pace	Total Time
1	Andrew Jakubowitch	66	40	1:	Open	2	26:19.1	2:38/M	1	20:30.6	6:37/M	46:49.8
2	Robert Spath	80	49	1:	Masters	1	25:26.7	2:33/M	3	21:59.6	7:05/M	47:26.4
3	Patrick Hoffman	65	50	1	M:50-59	5	28:02.5	2:48/M	2	21:00.4	6:46/M	49:02.9
4	Steve Venett	87	37	1	M:30-39	3	26:57.3	2:42/M	4	22:19.0	7:12/M	49:16.3
5	Jaime Cantlon	71	56	2	M:50-59	4	28:01.4	2:48/M	6	23:16.2	7:30/M	51:17.6
6	Timothy Bateman	48	24	1	M:20-29	6	28:16.9	2:50/M	10	25:02.1	8:05/M	53:19.1
7	David Trombello	83	36	2	M:30-39	9	31:22.4	3:08/M	7	23:17.6	7:31/M	54:40.0
8	Jessica Moyer	73	44	1:	Open	11	32:17.7	3:14/M	5	23:11.8	7:29/M	55:29.5
9	Brandon Bishop	50	31	3	M:30-39	8	29:54.3	2:59/M	11	26:12.7	8:27/M	56:07.1
10	Justin Arseneau	47	27	2	M:20-29	7	29:38.6	2:58/M	16	29:23.9	9:29/M	59:02.6
11	Holly Krantz	61	35	1	F:30-39	10	32:11.6	3:13/M	14	27:34.4	8:54/M	59:46.0
12	Kyle Runion	79	25	3	M:20-29	15	35:18.2	3:32/M	9	24:57.3	8:03/M	1:00:15.5
13	Greg Hockman	64	41	1	M:40-49	13	34:42.3	3:28/M	13	27:03.8	8:44/M	1:01:46.2
14	Andrew Rosko	78	35	4	M:30-39	17	38:42.5	3:52/M	8	23:44.6	7:39/M	1:02:27.2
15	Nicole Bishop	51	31	2	F:30-39	12	33:24.8	3:20/M	17	29:33.0	9:32/M	1:02:57.9
16	Jason Langley	69	40	2	M:40-49	18	38:58.6	3:54/M	12	26:32.7	8:34/M	1:05:31.3
17	Eileen Corrigan	55	61	1:	Masters	14	35:01.9	3:30/M	21	32:34.9	10:30/M	1:07:36.8
18	David Pulcinella	76	51	3	M:50-59	19	38:59.6	3:54/M	18	30:17.9	9:46/M	1:09:17.6
19	Gemez Tull	84	43	3	M:40-49	20	41:44.6	4:10/M	15	28:27.3	9:11/M	1:10:12.0
20	Darrell Porter	75	58	4	M:50-59	16	35:38.0	3:34/M	22	37:45.9	12:11/M	1:13:23.9
21	Lori Collier	54	44	1	F:40-49	21	42:25.6	4:15/M	20	31:02.9	10:01/M	1:13:28.5
22	Michael Firch	58	49	4	M:40-49	22	42:25.7	4:15/M	19	31:02.8	10:01/M	1:13:28.6
23	Diane Bickford	49	50	1	F:50-59	23	47:31.8	4:45/M	23	46:58.7	15:09/M	1:34:30.6

### Male Team

Place	Name	Bib	Age	AG Pos	Age Group	Bike/Run	Bike/Run	Pace	Rank	Time	Pace	Total Time
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1	Mike O'Rourke	68	34	1	M: 1-99	1	27:41.2	2:46/M	1	19:00.4	6:08/M	46:41.6
2	Steven Eshelman	52	18	2	M: 1-99	2	30:11.9	3:01/M	2	20:15.2	6:32/M	50:27.2

**Co Ed Team**

Place	Name	Bib	Age	AG Pos	Age Group	Bike/Run	Bike/Run	Pace	Rank	Time	Pace	Total Time
1	Erin Jakubowitch	67	38	1	F: Mixed 0-99	1	24:21.9	2:26/M	1	22:52.7	7:23/M	47:14.6
2	Elyse Fuller	60	11	2	F: Mixed 0-99	2	37:35.5	3:46/M	2	26:36.4	8:35/M	1:04:12.0

**Relay Results**

**Male Team**

Plc	Team	Bib	Team/ City	Time
1	68		<b>Nope!</b>	46:41.6
		68	Mike C Milford [	
		68	Kevin Milford	
2	52		<b>Biker</b>	50:27.2
		52	Stever Lincoln	
		52	Czar E Felton	

**Co Ed Team**

Plc	Team	Bib	Team/ City	Time
1	67		<b>Over t</b>	47:14.6
		67	Erin J& Dover D	
		67	Kevin Magnolia	
2	60		<b>WHEV</b>	1:04:12.0
		60	Elyse   CW, DE	
		60	Ryan   CW, DE	