

5Th Annual Turkey Trot 5K Run/Walk

Body & Soul Fitness Center - Seaford, DE

Thursday, November 22, 2018

A Trisports Events Production

Overall Finish List

									5K Run		
PLC	Name	City	Bib	Age	Age PLC	Chip	Gun	Pace			
1	Martin Rodriguez	Selbyville DE	461	36	1: Open	17:07.6	17:07.6	5:31/M			
2	Trevor Beckwith	Cary NC	281	33	1:M 30-39	18:37.5	18:37.9	6:00/M			
3	Jamie Parks	Berkeley CA	729	36	2:M 30-39	18:39.5	18:41.1	6:02/M			
4	Keely Arndt	Camden Wyoming DE	278	16	1: Open	20:00.1	20:00.1	6:27/M			
5	David Trombello	Magnolia DE	350	36	3:M 30-39	20:19.6	20:20.0	6:34/M			
6	Enos Benbow	Georgetown DE	984	36	4:M 30-39	20:47.8	20:48.2	6:43/M			
7	Carl Stump	Seaford DE	34	13	1:M 11-14	21:18.6	21:19.0	6:53/M			
8	Tara Beckwith	Cary NC	280	33	1:F 30-39	21:21.0	21:22.5	6:54/M			
9	Mardiny Ung	Elizabethtown PA	351	52	1:Masters	21:25.2	21:25.2	6:55/M			
10	Stanley Tobin	Seaford DE	720	57	1:Masters	21:42.5	21:42.5	7:00/M			
11	Todd Carmean	Bridgeville DE	41	56	1:M 50-59	22:09.3	22:09.7	7:09/M			
12	Kelsey Oliphant	Laurel DE	334	26	1:F 20-29	22:35.8	22:40.8	7:19/M			
13	Alexis Oliphant	Laurel DE	333	26	2:F 20-29	22:39.1	22:44.2	7:20/M			
14	Bernie Blazewicz	Harrisonburg VA	283	58	2:M 50-59	22:45.2	22:50.8	7:22/M			
15	Nicholas McConnell	Seaford DE	327	32	5:M 30-39	23:02.9	23:02.9	7:26/M			
16	Rebecca Early	Federalsburg MD	291	24	3:F 20-29	24:03.4	24:05.1	7:46/M			
17	Laura Marvin	Laurel DE	324	33	2:F 30-39	24:14.8	24:21.6	7:51/M			
18	Manila Sheaffer	Mifflintown PA	958	45	1:F 40-49	24:27.8	24:32.0	7:55/M			
19	Alan Quillen	Seaford DE	341	63	1:M 60-69	24:32.9	24:35.4	7:56/M			
20	Clarke Tobin	Seaford DE	993	59	3:M 50-59	24:36.6	24:39.6	7:57/M			
21	Rob English	Salisbury MD	12	40	1:M 40-49	24:54.2	24:58.6	8:03/M			
22	Ian Hammett	Chesapeak Bch MD	299	13	2:M 11-14	24:58.5	25:00.5	8:04/M			
23	Richard Geren	Laurel DE	294	50	4:M 50-59	25:34.3	25:54.4	8:21/M			
24	Heather Hammett	Chesapeake Beach MD	298	42	2:F 40-49	26:03.2	26:08.9	8:26/M			
25	Tricia Massey	Felton DE	59	46	3:F 40-49	26:15.4	26:17.4	8:29/M			
26	Abigail Southard	Seaford DE	463	24	4:F 20-29	26:22.4	26:25.4	8:31/M			
27	Andrea Padilla	Seaford DE	335	14	1:F 11-14	26:35.0	26:39.1	8:36/M			
28	Phil Perry	Friendsville MD	339	73	1:M 70-99	27:00.0	27:04.2	8:44/M			
29	Zack Tolson	Federalsburg MD	349	18	1:M 15-19	27:14.1	27:17.9	8:48/M			
30	Greg Massey	Felton DE	87	48	2:M 40-49	27:24.3	27:27.2	8:51/M			
31	Nina Smeltzer	Rehoboth Beach DE	347	59	1:F 50-59	27:41.5	27:43.9	8:56/M			
32	Dj Garber	Dover DE	722	33	6:M 30-39	27:50.1	28:01.5	9:02/M			
33	Taylor Dixon	Dover DE	289	23	5:F 20-29	28:06.4	28:09.0	9:05/M			
34	Peyton Sheaffer	Elizabethtown PA	345	11	2:F 11-14	28:08.9	28:08.9	9:05/M			
35	Sandra Palavecino	Seaford DE	338	44	4:F 40-49	28:13.9	28:18.3	9:08/M			
36	Harmon Sheaffer	Mifflintown PA	344	9	1:M 1-10	28:26.5	28:26.5	9:10/M			
37	Justin Stump	Seaford DE	27	41	3:M 40-49	28:30.7	28:43.1	9:16/M			
38	Rachel Cherry	Seaford DE	125	38	3:F 30-39	28:32.7	28:35.9	9:13/M			
39	Tom Birowski	Seaford DE	282	56	5:M 50-59	28:39.4	28:44.0	9:16/M			
40	Jeffrey Bush	Hyattsville MD	285	46	4:M 40-49	29:05.6	29:10.3	9:25/M			
41	David Hall	Seaford DE	296	36	7:M 30-39	29:26.7	29:45.6	9:36/M			
42	Heather Marvin	Laurel DE	322	39	4:F 30-39	29:37.0	29:55.3	9:39/M			

43	John Hammett	Chesapeake Beach MD	300	54	6:M 50-59	29:39.5	29:46.3	9:36/M
44	Jakob Keglovits	Seaford DE	314	12	3:M 11-14	29:44.5	29:47.9	9:36/M
45	Rachel Schiera	Indiana PA	342	47	5:F 40-49	29:44.9	29:52.9	9:38/M
46	Dan Hudson	Laurel DE	306	32	8:M 30-39	29:53.6	29:54.8	9:39/M
47	Nikki Mowbray	Wilmington DE	331	38	5:F 30-39	30:34.8	30:41.0	9:54/M
48	Emily Jones	Millsboro DE	7	25	6:F 20-29	30:42.3	30:44.2	9:55/M
49	Jayce Lesniewski	Dover DE	319	34	9:M 30-39	30:46.4	30:54.8	9:58/M
50	Diego Padilla	Seaford DE	336	11	4:M 11-14	31:46.1	31:49.7	10:16/M
51	Megan Keglovits	Seaford DE	315	41	6:F 40-49	32:02.2	32:08.3	10:22/M
52	Randall Anderson	Seaford DE	277	62	2:M 60-69	32:28.7	32:37.2	10:31/M
53	Francisco Padilla	Seaford DE	337	47	5:M 40-49	33:02.8	33:08.1	10:41/M
54	Lindsay Shipley	East New Market MD	346	31	6:F 30-39	33:07.4	33:14.6	10:43/M
55	Noah Keglovits	Seaford DE	316	10	2:M 1-10	34:03.2	34:07.1	11:00/M
56	Debbie Absher	Seaford DE	273	56	2:F 50-59	34:10.4	34:18.3	11:04/M
57	Javier Suarez	Seaford DE	47	50	7:M 50-59	34:23.9	34:30.4	11:08/M
58	Jim Marvin	Laurel DE	323	68	3:M 60-69	34:23.9	34:41.5	11:11/M
59	Bj Hughes	Delmar MD	311	54	8:M 50-59	35:05.9	35:11.5	11:21/M
60	Crista Hughes	Delmar MD	312	46	7:F 40-49	35:06.5	35:11.7	11:21/M
61	Dave Tolson	Federalsburg MD	348	42	6:M 40-49	35:13.2	35:17.4	11:23/M
62	Sweet Potato	Seaford DE	95	63	4:M 60-69	35:14.8	35:19.7	11:24/M
63	Alexa Pavlak	Seaford DE	462	19	1:F 15-19	36:35.1	36:36.7	11:48/M
64	Tim Borst	Dover DE	284	24	1:M 20-29	36:38.1	36:40.9	11:50/M
65	Sharon Parker	Seaford DE	718	51	3:F 50-59	36:45.0	36:53.7	11:54/M
66	Judy Baxter	Seaford DE	279	73	1:F 60-99	37:13.3	37:20.9	12:03/M
67	Aleksandra Anderson	Seaford DE	274	12	3:F 11-14	37:14.6	37:23.1	12:04/M
68	Braedon Higbee	Dover DE	304	12	5:M 11-14	37:28.6	37:35.6	12:07/M
69	Kit Schmulling	Houston DE	343	38	7:F 30-39	37:51.5	38:05.6	12:17/M
70	Kate Saterlee	Laurel DE	13	33	8:F 30-39	38:22.5	38:31.4	12:25/M
71	Sierra Herr	Seaford DE	303	24	7:F 20-29	40:17.6	40:20.6	13:01/M
72	Cody Herr	Seaford DE	302	25	2:M 20-29	40:18.5	40:22.0	13:01/M
73	Charles Matthews	Camden Wyoming DE	326	70	2:M 70-99	42:26.2	42:35.1	13:44/M
74	Michael Carpenter	Delmar DE	287	35	10:M 30-39	42:29.8	42:44.8	13:47/M
75	Christa Carpenter	Delmar DE	286	32	9:F 30-39	42:30.0	42:45.1	13:47/M
76	Linda Marvin	Laurel DE	325	68	2:F 60-99	43:29.3	43:49.6	14:08/M
77	Margaret Pisano	Dover DE	460	41	8:F 40-49	46:15.7	46:28.4	14:59/M
78	Lilianna Stump	Seaford DE	35	15	2:F 15-19	51:18.5	51:31.2	16:37/M
79	Tasha Hall	Seaford DE	297	35	10:F 30-39	53:19.7	53:34.7	17:17/M
80	Melanie Dustan	Seaford DE	290	30	11:F 30-39	53:19.7	53:34.8	17:17/M
81	Myna German	Camden Wyoming DE	21	66	3:F 60-99	57:35.4	57:40.5	18:36/M
82	Paul Hudson	Delmar DE	310	31	11:M 30-39	59:29.3	59:31.1	19:12/M

5K WALK

PLC	Name	City	Bib	Age	Age PLC	Chip	Gun	Pace
1	Hoong Chow	Felton DE	136	59	1:M 1-99	37:42.9	37:43.3	12:10/M
2	Tom Molin	Townsend DE	129	66	2:M 1-99	43:10.4	43:21.6	13:59/M
3	Tracey Moore-Higbee	Dover DE	329	48	1:F 1-99	43:31.2	43:43.5	14:06/M
4	Philip Moore	Dover DE	328	22	3:M 1-99	43:33.0	43:45.3	14:07/M
5	Cynthia Thomas	Castle Rock CO	155	63	2:F 1-99	44:25.5	44:37.9	14:24/M
6	Peter Thomas	Castle Rock CO	193	63	4:M 1-99	44:26.5	44:38.0	14:24/M
7	Lauren Hudson	Delmar DE	309	35	3:F 1-99	48:03.7	48:20.0	15:35/M
8	Gail Kalb	Bumpass VA	313	68	4:F 1-99	48:11.3	48:19.7	15:35/M
9	Angela Anderson	Seaford DE	275	39	5:F 1-99	48:57.8	49:07.8	15:51/M

10	Lisa Anderson	Seaford DE	276	58	6:F 1-99	48:58.1	49:08.1	15:51/M
11	Bridget Weaver	Seaford DE	137	58	7:F 1-99	49:25.5	49:41.4	16:02/M
12	Michele Heffner	Gaithersburg MD	301	57	8:F 1-99	50:08.0	50:19.1	16:14/M
13	Karen Moreland	Huntingtown MD	330	55	9:F 1-99	50:08.4	50:19.6	16:14/M
14	Victoria Fiori	Seaford DE	293	31	10:F 1-99	50:46.5	51:05.8	16:29/M
15	Joan Neal	Seaford DE	332	55	11:F 1-99	50:47.1	51:06.6	16:29/M
16	Christine Fiori	Seaford DE	292	56	12:F 1-99	50:47.4	51:06.7	16:29/M
17	David Hudson	Delmar DE	307	40	5:M 1-99	57:11.6	57:29.1	18:33/M
18	Christine Hudson	Laurel DE	305	26	13:F 1-99	57:11.9	57:29.1	18:33/M
19	Elizabeth Hudson	Delmar DE	308	34	14:F 1-99	58:55.7	59:12.9	19:06/M

Age Group Results

Female Champion

PLC	Name	City	Age	O'all	Chip	Gun	Pace
1	Keely Arndt	Camden Wyoming DE	16	4	20:00.1	20:00.1	6:27/M

Female Masters Champion

PLC	Name	City	Age	O'all	Chip	Gun	Pace
1	Mardiny Ung	Elizabethtown PA	52	9	21:25.2	21:25.2	6:55/M

Female 11 to 14

PLC	Name	City	Age	O'all	Chip	Gun	Pace
1	Andrea Padilla	Seaford DE	14	27	26:35.0	26:39.1	8:36/M
2	Peyton Sheaffer	Elizabethtown PA	11	34	28:08.9	28:08.9	9:05/M
3	Aleksandra Anderson	Seaford DE	12	67	37:14.6	37:23.1	12:04/M

Female 15 to 19

PLC	Name	City	Age	O'all	Chip	Gun	Pace
1	Alexa Pavlak	Seaford DE	19	63	36:35.1	36:36.7	11:48/M
2	Lilianna Stump	Seaford DE	15	78	51:18.5	51:31.2	16:37/M

Female 20 to 29

PLC	Name	City	Age	O'all	Chip	Gun	Pace
1	Kelsey Oliphant	Laurel DE	26	12	22:35.8	22:40.8	7:19/M
2	Alexis Oliphant	Laurel DE	26	13	22:39.1	22:44.2	7:20/M
3	Rebecca Early	Federalsburg MD	24	16	24:03.4	24:05.1	7:46/M
4	Abigail Southard	Seaford DE	24	26	26:22.4	26:25.4	8:31/M
5	Taylor Dixon	Dover DE	23	33	28:06.4	28:09.0	9:05/M
6	Emily Jones	Millsboro DE	25	48	30:42.3	30:44.2	9:55/M
7	Sierra Herr	Seaford DE	24	71	40:17.6	40:20.6	13:01/M

Female 30 to 39

PLC	Name	City	Age	O'all	Chip	Gun	Pace
1	Tara Beckwith	Cary NC	33	8	21:21.0	21:22.5	6:54/M

2	Laura Marvin	Laurel DE	33	17	24:14.8	24:21.6	7:51/M
3	Rachel Cherry	Seaford DE	38	38	28:32.7	28:35.9	9:13/M
4	Heather Marvin	Laurel DE	39	42	29:37.0	29:55.3	9:39/M
5	Nikki Mowbray	Wilmington DE	38	47	30:34.8	30:41.0	9:54/M
6	Lindsay Shipley	East New Market MD	31	54	33:07.4	33:14.6	10:43/M
7	Kit Schmulling	Houston DE	38	69	37:51.5	38:05.6	12:17/M
8	Kate Saterlee	Laurel DE	33	70	38:22.5	38:31.4	12:25/M
9	Christa Carpenter	Delmar DE	32	75	42:30.0	42:45.1	13:47/M
10	Tasha Hall	Seaford DE	35	79	53:19.7	53:34.7	17:17/M
11	Melanie Dustan	Seaford DE	30	80	53:19.7	53:34.8	17:17/M

Female 40 to 49

PLC	Name	City	Age	O'all	Chip	Gun	Pace
1	Manila Sheaffer	Mifflintown PA	45	18	24:27.8	24:32.0	7:55/M
2	Heather Hammett	Chesapeake Beach MD	42	24	26:03.2	26:08.9	8:26/M
3	Tricia Massey	Felton DE	46	25	26:15.4	26:17.4	8:29/M
4	Sandra Palavecino	Seaford DE	44	35	28:13.9	28:18.3	9:08/M
5	Rachel Schiera	Indiana PA	47	45	29:44.9	29:52.9	9:38/M
6	Megan Keglovits	Seaford DE	41	51	32:02.2	32:08.3	10:22/M
7	Crista Hughes	Delmar MD	46	60	35:06.5	35:11.7	11:21/M
8	Margaret Pisano	Dover DE	41	77	46:15.7	46:28.4	14:59/M

Female 50 to 59

PLC	Name	City	Age	O'all	Chip	Gun	Pace
1	Nina Smeltzer	Rehoboth Beach DE	59	31	27:41.5	27:43.9	8:56/M
2	Debbie Absher	Seaford DE	56	56	34:10.4	34:18.3	11:04/M
3	Sharon Parker	Seaford DE	51	65	36:45.0	36:53.7	11:54/M

Female 60 and Over

PLC	Name	City	Age	O'all	Chip	Gun	Pace
1	Judy Baxter	Seaford DE	73	66	37:13.3	37:20.9	12:03/M
2	Linda Marvin	Laurel DE	68	76	43:29.3	43:49.6	14:08/M
3	Myna German	Camden Wyoming DE	66	81	57:35.4	57:40.5	18:36/M

Male Champion

PLC	Name	City	Age	O'all	Chip	Gun	Pace
1	Martin Rodriguez	Selbyville DE	36	1	17:07.6	17:07.6	5:31/M

Male Masters Champion

PLC	Name	City	Age	O'all	Chip	Gun	Pace
1	Stanley Tobin	Seaford DE	57	10	21:42.5	21:42.5	7:00/M

Male 10 and Under

PLC	Name	City	Age	O'all	Chip	Gun	Pace
1	Harmon Sheaffer	Mifflintown PA	9	36	28:26.5	28:26.5	9:10/M

2	Noah Keglovits	Seaford DE	10	55	34:03.2	34:07.1	11:00/M
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Male 11 to 14

PLC	Name	City	Age	O'all	Chip	Gun	Pace
1	Carl Stump	Seaford DE	13	7	21:18.6	21:19.0	6:53/M
2	Ian Hammett	Chesapeak Bch MD	13	22	24:58.5	25:00.5	8:04/M
3	Jakob Keglovits	Seaford DE	12	44	29:44.5	29:47.9	9:36/M
4	Diego Padilla	Seaford DE	11	50	31:46.1	31:49.7	10:16/M
5	Braedon Higbee	Dover DE	12	68	37:28.6	37:35.6	12:07/M

Male 15 to 19

PLC	Name	City	Age	O'all	Chip	Gun	Pace
1	Zack Tolson	Federalsburg MD	18	29	27:14.1	27:17.9	8:48/M

Male 20 to 29

PLC	Name	City	Age	O'all	Chip	Gun	Pace
1	Tim Borst	Dover DE	24	64	36:38.1	36:40.9	11:50/M
2	Cody Herr	Seaford DE	25	72	40:18.5	40:22.0	13:01/M

Male 30 to 39

PLC	Name	City	Age	O'all	Chip	Gun	Pace
1	Trevor Beckwith	Cary NC	33	2	18:37.5	18:37.9	6:00/M
2	Jamie Parks	Berkeley CA	36	3	18:39.5	18:41.1	6:02/M
3	David Trombello	Magnolia DE	36	5	20:19.6	20:20.0	6:34/M
4	Enos Benbow	Georgetown DE	36	6	20:47.8	20:48.2	6:43/M
5	Nicholas McConnell	Seaford DE	32	15	23:02.9	23:02.9	7:26/M
6	Dj Garber	Dover DE	33	32	27:50.1	28:01.5	9:02/M
7	David Hall	Seaford DE	36	41	29:26.7	29:45.6	9:36/M
8	Dan Hudson	Laurel DE	32	46	29:53.6	29:54.8	9:39/M
9	Jayce Lesniewski	Dover DE	34	49	30:46.4	30:54.8	9:58/M
10	Michael Carpenter	Delmar DE	35	74	42:29.8	42:44.8	13:47/M
11	Paul Hudson	Delmar DE	31	82	59:29.3	59:31.1	19:12/M

Male 40 to 49

PLC	Name	City	Age	O'all	Chip	Gun	Pace
1	Rob English	Salisbury MD	40	21	24:54.2	24:58.6	8:03/M
2	Greg Massey	Felton DE	48	30	27:24.3	27:27.2	8:51/M
3	Justin Stump	Seaford DE	41	37	28:30.7	28:43.1	9:16/M
4	Jeffrey Bush	Hyattsville MD	46	40	29:05.6	29:10.3	9:25/M
5	Francisco Padilla	Seaford DE	47	53	33:02.8	33:08.1	10:41/M
6	Dave Tolson	Federalsburg MD	42	61	35:13.2	35:17.4	11:23/M

Male 50 to 59

PLC	Name	City	Age	O'all	Chip	Gun	Pace
1	Todd Carmean	Bridgeville DE	56	11	22:09.3	22:09.7	7:09/M
2	Bernie Blazewicz	Harrisonburg VA	58	14	22:45.2	22:50.8	7:22/M

3	Clarke Tobin	Seaford DE	59	20	24:36.6	24:39.6	7:57/M
4	Richard Geren	Laurel DE	50	23	25:34.3	25:54.4	8:21/M
5	Tom Birowski	Seaford DE	56	39	28:39.4	28:44.0	9:16/M
6	John Hammett	Chesapeake Beach MD	54	43	29:39.5	29:46.3	9:36/M
7	Javier Suarez	Seaford DE	50	57	34:23.9	34:30.4	11:08/M
8	Bj Hughes	Delmar MD	54	59	35:05.9	35:11.5	11:21/M

Male 60 to 69

PLC	Name	City	Age	O'all	Chip	Gun	Pace
1	Alan Quillen	Seaford DE	63	19	24:32.9	24:35.4	7:56/M
2	Randall Anderson	Seaford DE	62	52	32:28.7	32:37.2	10:31/M
3	Jim Marvin	Laurel DE	68	58	34:23.9	34:41.5	11:11/M
4	Sweet Potato	Seaford DE	63	62	35:14.8	35:19.7	11:24/M

Male 70 and Over

PLC	Name	City	Age	O'all	Chip	Gun	Pace
1	Phil Perry	Friendsville MD	73	28	27:00.0	27:04.2	8:44/M
2	Charles Matthews	Camden Wyoming DE	70	73	42:26.2	42:35.1	13:44/M