

Builders Dash 5K Run/Walk
Dover Federal Credit Union - Dover, DE
Benefits: Central Delaware Habitat for Humanity
Saturday, August 17, 2019 - 80 Very Humid Degrees
A Trisports Events Production

Overall Finish List

5K Run

Plc	Name	City	Bib	Age	Age Plc	Chip	Gun	Pace
1	Reed Melicher	Eveleth MN	1326	22	1:Open	19:21.1	19:21.1	6:14/M
2	Mike Sewell	Camden DE	1331	50	1:Masters	20:05.7	20:05.7	6:29/M
3	Gerard Jones	Milford DE	1328	44	1:M 40-44	20:17.6	20:18.5	6:33/M
4	Dan Chesnet	Belgrade MT	1259	48	1:M 45-49	21:08.7	21:09.5	6:49/M
5	Lucas Besong	Camden DE	1257	19	1:M 15-19	21:50.7	21:51.6	7:03/M
6	David Trombello	Magnolia DE	1305	37	1:M 35-39	22:04.7	22:06.8	7:07/M
7	Kelly Barr	Smyrna DE	1255	15	1:Open	22:40.2	22:40.2	7:18/M
8	Greg Massey	Felton DE	1316	49	2:M 45-49	22:42.2	22:43.1	7:19/M
9	Brian Harvey	Dover DE	1322	44	2:M 40-44	22:54.5	22:57.5	7:23/M
10	Rob Ridgeway	Camden Wyoming DE	1321	42	3:M 40-44	23:24.8	23:29.1	7:33/M
11	Bill Myers	Wilmington DE	1190	63	1:M 60-64	23:35.3	23:38.0	7:37/M
12	Duane Christy	Havre De Grace MD	1227	56	1:M 55-59	24:07.2	24:08.1	7:47/M
13	Jeanette Hammon	Magnolia DE	1324	47	1:Masters	24:33.1	24:33.1	7:54/M
14	Kate Murphy	Dover DE	1294	45	1:F 45-49	25:54.6	25:59.1	8:21/M
15	Eric Walls	Marydel MD	1313	34	1:M 30-34	25:59.9	26:04.3	8:23/M
16	Michael Gillen	Camden Wyoming DE	1271	48	3:M 45-49	26:26.7	26:29.6	8:32/M
17	Joanne Hastings	Harrington DE	1280	41	1:F 40-44	26:44.8	26:47.8	8:38/M
18	Chris Vail	Denver CO	1306	39	2:M 35-39	27:53.5	27:55.9	9:00/M
19	Carolina Rodriguez	Dover DE	1329	41	2:F 40-44	28:10.8	28:14.6	9:05/M
20	Carrie Green	Magnolia DE	1274	45	2:F 45-49	28:44.4	28:51.6	9:16/M
21	Joe Gannon	Harrington DE	1323	67	1:M 65-69	29:45.6	29:49.5	9:36/M
22	Helena Del Pino Garcia Mendia	Magnolia DE	1269	49	3:F 45-49	29:47.1	29:49.7	9:37/M
23	Emily Crossan	Townsend DE	1318	14	1:F 11-14	30:30.1	30:32.7	9:50/M
24	Jeffrey Collins	Dover DE	1261	58	2:M 55-59	30:44.9	30:48.4	9:55/M
25	David Lovelace	Newark DE	1292	73	1:M 70-99	30:47.7	30:51.5	9:56/M
26	Phil Perry	Friendsville MD	1312	74	2:M 70-99	30:49.5	30:57.3	9:57/M
27	Valerie Reihl	Rock Hall MD	1296	63	1:F 60-64	31:14.8	31:16.8	10:05/M
28	Marisa Browning	Magnolia DE	1258	19	1:F 15-19	32:07.4	32:09.2	10:22/M
29	Sarah Gifford	Rock Hall MD	1270	61	2:F 60-64	32:12.1	32:16.5	10:23/M
30	Joshirah Hendrix	Magnolia DE	1314	17	2:F 15-19	32:43.4	32:44.3	10:33/M
31	Roberto Rivera	Magnolia DE	1327	39	3:M 35-39	33:47.9	33:51.1	10:54/M
32	Don Zalenski	Magnolia DE	1310	73	3:M 70-99	34:00.8	34:01.6	10:58/M
33	Claudia Helena Perez Garcia	Magnolia DE	1295	20	1:F 20-24	34:22.0	34:24.7	11:05/M
34	Amy Zook	Magnolia DE	1317	42	3:F 40-44	34:29.3	34:34.8	11:08/M
35	Elaine Nolan	Camden DE	1325	61	3:F 60-64	35:03.2	35:09.4	11:18/M
36	Ann Guy	Dover DE	1221	18	3:F 15-19	35:26.8	35:27.7	11:26/M
37	Carrie Reynolds	Smyrna DE	1298	49	4:F 45-49	35:42.1	35:50.9	11:31/M
38	Melissa Allen	Camden Wyoming DE	1251	51	1:F 50-54	37:09.1	37:14.7	11:59/M
39	Renei Leite	Camden Wyoming DE	1291	28	1:F 25-29	37:38.2	37:44.0	12:08/M
40	Emily Ginder	Bloomfield NJ	1272	66	1:F 65-69	39:45.3	39:51.3	12:49/M
41	Cathy Seeney	Dover DE	1303	42	4:F 40-44	41:08.8	41:16.7	13:16/M

42	Tom Molin	Townsend DE	1319	67	2:M 65-69	43:18.2	43:24.6	13:58/M
43	Alexis Ray	Camden Wyoming DE	1320	39	1:F 35-39	43:37.8	43:44.3	14:04/M
44	Arleen Murchison	Dover DE	1332	56	1:F 55-59	43:43.4	43:51.2	14:06/M
45	Daniel Pennington	Milford DE	1330	40	4:M 40-44	43:48.8	43:54.9	14:08/M
46	Caitlin Harvey	Camden Wyoming DE	1278	29	2:F 25-29	44:09.7	44:21.1	14:15/M
47	Zoe Harvey	Camden Wyoming DE	1279	6	1:F 0-10	44:09.8	44:21.3	14:15/M
48	Charles Matthews	Camden Wyoming DE	1293	71	4:M 70-99	44:57.7	45:03.1	14:30/M
49	Diana Woodward	Harrington DE	1308	62	4:F 60-64	47:36.8	47:41.9	15:22/M
50	Joshua Bailey	Dover DE	1253	14	1:M 11-14	59:03.9	59:04.7	19:03/M
51	Bryan Hudson	Camden Wyoming DE	1282	45	DNF	---	---	---

5K Walk

Plc Name	City	Bib	Age	Age Plc	Chip	Gun	Pace	
1	Steven Brennan	Dover DE	772	58	1:M 1-99	34:37.3	34:38.1	11:10/M
2	Shirley Brennan	Dover DE	773	57	1:F 1-99	40:00.7	40:01.6	12:54/M
3	Hoong Chow	Felton DE	1260	60	2:M 1-99	40:09.9	40:10.8	12:57/M
4	Taffi Lang	Dover DE	1290	49	2:F 1-99	40:19.4	40:22.2	13:00/M
5	Dottie Hopkins	Felton DE	1281	62	3:F 1-99	41:43.7	41:50.8	13:28/M
6	Alan Firlein	Rock Hall MD	1265	80	3:M 1-99	41:54.6	41:57.0	13:31/M
7	Phillip Green	Magnolia DE	1276	48	4:M 1-99	42:35.8	42:42.9	13:44/M
8	Javier Davila	Dover AFB DE	1224	49	5:M 1-99	43:06.2	43:14.3	13:54/M
9	Melissa Gregory	Clayton DE	1277	43	4:F 1-99	44:03.6	44:13.7	14:13/M
10	James Nolan	Camden DE	775	69	6:M 1-99	45:24.7	45:31.6	14:39/M
11	Debbie Johnson	Middletown DE	1283	61	5:F 1-99	47:44.8	47:49.8	15:24/M
12	Timothy Bailey	Dover DE	1254	42	7:M 1-99	48:28.4	48:41.0	15:38/M
13	Melanie Wingrove	Goldsboro MD	1307	39	6:F 1-99	49:45.8	49:55.8	16:03/M
14	Faiza Kashif	Bear DE	1284	29	7:F 1-99	49:46.3	49:56.5	16:03/M
15	Phyllis Zalenski	Magnolia DE	1311	70	8:M 1-99	52:55.8	53:04.4	17:04/M
16	Debbie Bather	Dover DE	1256	62	8:F 1-99	53:31.7	53:40.8	17:16/M
17	Rich Mazzio	Middletown DE	1315	42	9:M 1-99	53:38.8	53:52.6	17:18/M
18	Patrick Reilly	Dover DE	1297	58	10:M 1-99	53:41.3	53:51.0	17:19/M
19	Francis Daniels	Dover DE	774	70	11:M 1-99	53:46.7	54:00.1	17:21/M
20	Donise Cottman	Magnolia DE	1262	40	9:F 1-99	54:17.4	54:29.7	17:31/M
21	Travis Frey	Lincoln DE	1267	43	12:M 1-99	55:31.1	55:44.7	17:55/M
22	Anne Donahue	Dover DE	1264	61	10:F 1-99	55:41.0	55:51.5	17:58/M
23	Hunter Frey	Lincoln DE	1266	19	13:M 1-99	55:44.2	55:44.2	17:59/M
24	Adara Ryan	Dover DE	1300	24	11:F 1-99	56:48.1	57:04.2	18:19/M
25	Pam Fricker	Harrington DE	1268	62	12:F 1-99	56:54.1	57:05.9	18:21/M
26	Terry Woodward	Harrington DE	1309	63	14:M 1-99	57:07.7	57:11.5	18:26/M
27	Cynthia Bailey	Dover DE	1252	42	13:F 1-99	58:50.1	59:04.1	18:59/M

Age Group Results

Female Champion

Plc Name	City	Age	O'all Chip	Gun	Pace
1 Kelly Barr	Smyrna DE	15	7 22:40.2	22:40.2	7:18/M

Female Masters Champion

Plc Name	City	Age	O'all Chip	Gun	Pace
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1	Jeanette Hammon	Magnolia DE	47	13	24:33.1	24:33.1	7:54/M
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Female 10 and Under

Plc Name	City	Age	O'all Chip	Gun	Pace
1 Zoe Harvey	Camden Wyoming DE	6	47 44:09.8	44:21.3	14:15/M

Female 11 to 14

Plc Name	City	Age	O'all Chip	Gun	Pace
1 Emily Crossan	Townsend DE	14	23 30:30.1	30:32.7	9:50/M

Female 15 to 19

Plc Name	City	Age	O'all Chip	Gun	Pace
1 Marisa Browning	Magnolia DE	19	28 32:07.4	32:09.2	10:22/M
2 Joshirah Hendrix	Magnolia DE	17	30 32:43.4	32:44.3	10:33/M
3 Ann Guy	Dover DE	18	36 35:26.8	35:27.7	11:26/M

Female 20 to 24

Plc Name	City	Age	O'all Chip	Gun	Pace
1 Claudia Helena Perez Garcia	Magnolia DE	20	33 34:22.0	34:24.7	11:05/M

Female 25 to 29

Plc Name	City	Age	O'all Chip	Gun	Pace
1 Renei Leite	Camden Wyoming DE	28	39 37:38.2	37:44.0	12:08/M
2 Caitlin Harvey	Camden Wyoming DE	29	46 44:09.7	44:21.1	14:15/M

Female 35 to 39

Plc Name	City	Age	O'all Chip	Gun	Pace
1 Alexis Ray	Camden Wyoming DE	39	43 43:37.8	43:44.3	14:04/M

Female 40 to 44

Plc Name	City	Age	O'all Chip	Gun	Pace
1 Joanne Hastings	Harrington DE	41	17 26:44.8	26:47.8	8:38/M
2 Carolina Rodriguez	Dover DE	41	19 28:10.8	28:14.6	9:05/M
3 Amy Zook	Magnolia DE	42	34 34:29.3	34:34.8	11:08/M
4 Cathy Seeney	Dover DE	42	41 41:08.8	41:16.7	13:16/M

Female 45 to 49

Plc Name	City	Age	O'all Chip	Gun	Pace
1 Kate Murphy	Dover DE	45	14 25:54.6	25:59.1	8:21/M
2 Carrie Green	Magnolia DE	45	20 28:44.4	28:51.6	9:16/M
3 Helena Del Pino Garcia Mendia	Magnolia DE	49	22 29:47.1	29:49.7	9:37/M
4 Carrie Reynolds	Smyrna DE	49	37 35:42.1	35:50.9	11:31/M

Female 50 to 54

Plc Name	City	Age	O'all Chip	Gun	Pace
1 Melissa Allen	Camden Wyoming DE	51	38 37:09.1	37:14.7	11:59/M

Female 55 to 59

Plc Name	City	Age	O'all Chip	Gun	Pace
1 Arleen Murchison	Dover DE	56	44 43:43.4	43:51.2	14:06/M

Female 60 to 64

Plc Name	City	Age	O'all Chip	Gun	Pace
1 Valerie Reihl	Rock Hall MD	63	27 31:14.8	31:16.8	10:05/M
2 Sarah Gifford	Rock Hall MD	61	29 32:12.1	32:16.5	10:23/M
3 Elaine Nolan	Camden DE	61	35 35:03.2	35:09.4	11:18/M
4 Diana Woodward	Harrington DE	62	49 47:36.8	47:41.9	15:22/M

Female 65 to 69

Plc Name	City	Age	O'all Chip	Gun	Pace
1 Emily Ginder	Bloomfield NJ	66	40 39:45.3	39:51.3	12:49/M

Male Champion

Plc Name	City	Age	O'all Chip	Gun	Pace
1 Reed Melicher	Eveleth MN	22	1 19:21.1	19:21.1	6:14/M

Male Masters Champion

Plc Name	City	Age	O'all Chip	Gun	Pace
1 Mike Sewell	Camden DE	50	2 20:05.7	20:05.7	6:29/M

Male 11 to 14

Plc Name	City	Age	O'all Chip	Gun	Pace
1 Joshua Bailey	Dover DE	14	50 59:03.9	59:04.7	19:03/M

Male 15 to 19

Plc Name	City	Age	O'all Chip	Gun	Pace
1 Lucas Besong	Camden DE	19	5 21:50.7	21:51.6	7:03/M

Male 30 to 34

Plc Name	City	Age	O'all Chip	Gun	Pace
1 Eric Walls	Marydel MD	34	15 25:59.9	26:04.3	8:23/M

Male 35 to 39

Plc Name	City	Age	O'all Chip	Gun	Pace
1 David Trombello	Magnolia DE	37	6 22:04.7	22:06.8	7:07/M

2	Chris Vail	Denver CO	39	18	27:53.5	27:55.9	9:00/M
3	Roberto Rivera	Magnolia DE	39	31	33:47.9	33:51.1	10:54/M

Male 40 to 44

Plc Name	City	Age	O'all Chip	Gun	Pace
1 Gerard Jones	Milford DE	44	3 20:17.6	20:18.5	6:33/M
2 Brian Harvey	Dover DE	44	9 22:54.5	22:57.5	7:23/M
3 Rob Ridgeway	Camden Wyoming DE	42	10 23:24.8	23:29.1	7:33/M
4 Daniel Pennington	Milford DE	40	45 43:48.8	43:54.9	14:08/M

Male 45 to 49

Plc Name	City	Age	O'all Chip	Gun	Pace
1 Dan Chesnet	Belgrade MT	48	4 21:08.7	21:09.5	6:49/M
2 Greg Massey	Felton DE	49	8 22:42.2	22:43.1	7:19/M
3 Michael Gillen	Camden Wyoming DE	48	16 26:26.7	26:29.6	8:32/M
DQ Bryan Hudson	Camden Wyoming DE	45	D		

Male 55 to 59

Plc Name	City	Age	O'all Chip	Gun	Pace
1 Duane Christy	Havre De Grace MD	56	12 24:07.2	24:08.1	7:47/M
2 Jeffrey Collins	Dover DE	58	24 30:44.9	30:48.4	9:55/M

Male 60 to 64

Plc Name	City	Age	O'all Chip	Gun	Pace
1 Bill Myers	Wilmington DE	63	11 23:35.3	23:38.0	7:37/M

Male 65 to 69

Plc Name	City	Age	O'all Chip	Gun	Pace
1 Joe Gannon	Harrington DE	67	21 29:45.6	29:49.5	9:36/M
2 Tom Molin	Townsend DE	67	42 43:18.2	43:24.6	13:58/M

Male 70 and Over

Plc Name	City	Age	O'all Chip	Gun	Pace
1 David Lovelace	Newark DE	73	25 30:47.7	30:51.5	9:56/M
2 Phil Perry	Friendsville MD	74	26 30:49.5	30:57.3	9:57/M
3 Don Zalenski	Magnolia DE	73	32 34:00.8	34:01.6	10:58/M
4 Charles Matthews	Camden Wyoming DE	71	48 44:57.7	45:03.1	14:30/M