

Dover Running Festival 5K & 1 Mile Run/Walk
Governors Café - Dover, DE
Benefits: Colonial Rotary Club of Dover
Wednesday, June 12, 2019 Sunny - 70 Degrees
A Trisports Events Production

5K Overall Finish List

5K Run								
Plc	Name	City	Bib	Age	Age Plc	Chip	Gun	Pace
1	Blaise Moyer	Magnolia DE	680	15	1:open	19:05.6	19:05.6	6:09/M
2	Gerard Jones	Milford DE	834	44	1:Masters	19:25.7	19:25.7	6:16/M
3	Auden Jones	Clayton DE	832	15	1:M 15-19	19:54.5	19:55.0	6:25/M
4	Shawn Ramsey	Milford DE	854	36	1:M 30-39	20:04.7	20:05.1	6:28/M
5	Michael O'Rourke	Milford DE	848	35	2:M 30-39	20:29.4	20:31.4	6:36/M
6	Keely Arndt	Camden Wyoming DE	803	17	1:open	20:30.0	20:30.0	6:36/M
7	Eric Payne	Felton DE	676	50	1:M 50-59	20:58.3	20:58.7	6:46/M
8	Carli Murphy	Dover DE	698	32	1:F 30-39	21:16.0	21:16.4	6:52/M
9	David Trombello	Magnolia DE	865	36	3:M 30-39	21:32.4	21:32.9	6:57/M
10	Jessica Moyer	Magnolia DE	683	45	1:Masters	21:40.3	21:40.3	6:58/M
11	Rick Short	Dover DE	860	42	1:M 40-49	21:42.6	21:44.3	7:00/M
12	Mick Donnelly	Wilmington DE	709	49	2:M 40-49	21:58.9	21:59.4	7:05/M
13	Brandon Ewing	Worton MD	874	21	1:M 20-29	22:08.9	22:10.7	7:08/M
14	Chris Ford	Camden DE	677	60	1:M 60-69	22:19.9	22:27.3	7:12/M
15	El Jones	Elkton MD	833	59	1:F 50-59	22:58.6	22:59.0	7:25/M
16	Mardiny Ung	Elizabethtown PA	867	52	2:F 50-59	23:02.1	23:02.1	7:26/M
17	Duane Christy	Havre De Grace MD	810	55	2:M 50-59	23:09.5	23:09.9	7:28/M
18	Rob Ridgeway	Camden Wyoming DE	684	42	3:M 40-49	23:51.7	23:54.0	7:42/M
19	Landon Bratz	Bridgeville DE	805	6	1:M 1-10	24:48.1	24:48.5	8:00/M
20	Larry Simpkins	Dover DE	861	54	3:M 50-59	25:26.6	25:29.1	8:12/M
21	Jessica Manlove	Bear DE	841	31	2:F 30-39	25:43.2	25:47.8	8:18/M
22	Marjorie Adams	Wilmington DE	699	59	3:F 50-59	26:13.7	26:16.7	8:27/M
23	Ben Schnatterly	Dover DE	859	46	4:M 40-49	26:32.4	26:38.5	8:34/M
24	Benjamin Hollinger	Magnolia DE	828	52	4:M 50-59	26:50.3	26:54.2	8:39/M
25	Nina Smeltzer	Rehoboth Beach DE	863	60	1:F 60-99	27:28.2	27:30.8	8:52/M
26	Thomas Liszkiewicz	Wyoming DE	837	33	4:M 30-39	27:55.8	27:59.7	9:00/M
27	Kristy Kaufman	Marydel MD	691	28	1:F 20-29	28:03.0	28:09.9	9:03/M
28	Brenda Ewing	Worton MD	697	50	4:F 50-59	28:07.7	28:11.7	9:04/M
29	Isobel Moyer	Dover DE	682	19	1:F 15-19	28:09.8	28:16.9	9:05/M
30	Doug Purcell	Ocean View DE	708	64	2:M 60-69	28:37.5	28:40.4	9:14/M
31	Woody Disharoon	Laurel DE	818	70	1:M 70-99	28:44.2	28:47.0	9:16/M
32	Jerome Harris	Lincoln DE	673	54	5:M 50-59	28:48.1	28:54.0	9:17/M
33	Mindy Berry	Camden Wyoming DE	678	35	3:F 30-39	28:50.1	28:53.6	9:18/M
34	Jake Moyer	Magnolia DE	681	13	1:M 11-14	29:06.4	29:13.4	9:23/M
35	Coen Chupp	Dover DE	811	8	2:M 1-10	29:35.1	29:39.7	9:33/M
36	Laura Chupp	Dover DE	813	48	1:F 40-49	29:36.8	29:41.5	9:33/M
37	Willie Makit	Clayton DE	875	64	3:M 60-69	29:37.0	29:42.2	9:33/M
38	Kathleen Ulrich	Dover DE	866	56	5:F 50-59	29:42.1	29:47.9	9:35/M
39	Kevin Rigby	Dover DE	669	47	5:M 40-49	29:46.3	29:57.7	9:36/M
40	Samantha Pennewell	Harrington DE	693	31	4:F 30-39	30:26.5	30:37.1	9:49/M
41	Valerie Reihl	Rock Hall MD	855	63	2:F 60-99	30:35.8	30:40.0	9:52/M

42	David Lovelace	Newark DE	838	73	2:M 70-99	30:55.3	31:00.5	9:58/M
43	Payton Garnsey	Dover DE	687	7	1:F 1-10	31:01.5	31:06.0	10:00/M
44	Corissa Gott	Dover DE	876	30	5:F 30-39	31:04.1	31:13.9	10:01/M
45	Angie Garnsey	Dover DE	688	40	2:F 40-49	31:07.5	31:12.0	10:02/M
46	Meaghan Nana-Sinkam	Hockessin DE	847	47	3:F 40-49	31:08.5	31:14.6	10:03/M
47	Sarah Gifford	Rock Hall MD	823	60	3:F 60-99	31:30.4	31:35.3	10:10/M
48	Kendall Southern	Felton DE	729	9	2:F 1-10	32:00.0	32:04.3	10:19/M
49	Jason Southern	Felton DE	752	43	6:M 40-49	32:07.6	32:12.5	10:22/M
50	Amy Zook	Magnolia DE	871	41	4:F 40-49	32:31.9	32:37.4	10:29/M
51	Patrick Mitchell	Magnolia DE	845	62	4:M 60-69	32:41.9	32:45.8	10:33/M
52	Amanda Kastimbris	Milford DE	836	33	6:F 30-39	33:50.7	33:57.3	10:55/M
53	Anthony Gott	Dover DE	877	28	2:M 20-29	34:08.8	34:18.6	11:01/M
54	Leslie Cote	Smyrna DE	689	54	6:F 50-59	34:43.7	34:51.7	11:12/M
55	Don Zalenski	Magnolia DE	870	73	3:M 70-99	34:53.8	34:57.6	11:15/M
56	Kristen Tarr	Easton MD	864	29	2:F 20-29	35:19.4	35:32.3	11:24/M
57	Lisa Kane	Dover DE	686	55	7:F 50-59	35:20.1	35:27.4	11:24/M
58	Elaine Nolan	Camden DE	674	61	4:F 60-99	35:32.8	35:42.5	11:28/M
59	Paul Bilenki	Denton MD	804	74	4:M 70-99	35:38.9	35:49.5	11:30/M
60	Jamie Potts	Dover DE	696	35	7:F 30-39	36:28.4	36:38.0	11:46/M
61	Trisha Bentley	Magnolia DE	695	41	5:F 40-49	36:28.9	36:38.0	11:46/M
62	Mark Pinkus	Selbyville DE	707	63	5:M 60-69	36:31.9	36:34.8	11:47/M
63	Rosita Burton	Lincoln DE	807	47	6:F 40-49	36:45.6	36:56.4	11:51/M
64	Larry Price	Middletown DE	852	71	5:M 70-99	38:21.6	38:27.2	12:22/M
65	Jen Pulmano	Magnolia DE	853	30	8:F 30-39	38:23.9	38:35.5	12:23/M
66	Caroline Drum	Camden Wyoming DE	675	42	7:F 40-49	39:55.8	40:03.3	12:53/M
67	Dawn Hollinger	Magnolia DE	829	48	8:F 40-49	40:06.0	40:13.5	12:56/M
68	Jennifer Pettry	Frederica DE	851	35	9:F 30-39	41:07.7	41:14.7	13:16/M
69	Melissa Clarke	Magnolia DE	668	49	9:F 40-49	41:41.1	41:47.6	13:27/M
70	Bryan Clarke	Magnolia DE	760	48	7:M 40-49	41:41.3	41:48.0	13:27/M
71	Monica Dottellis	Houston DE	690	32	10:F 30-39	42:54.7	43:05.4	13:50/M
72	Arleen Murchison	Dover DE	692	56	8:F 50-59	45:03.2	45:16.5	14:32/M
73	Heather Emerson-Phillips	Church Hill MD	819	37	11:F 30-39	45:12.0	45:25.3	14:35/M
74	Charles Matthews	Camden Wyoming DE	843	71	6:M 70-99	45:51.9	45:57.6	14:47/M
75	Leeann Waltz	Milton DE	868	56	9:F 50-59	1:00:54.4	1:01:04.9	19:39/M
76	Jay Epstein	Elizabethtown PA	820	62	6:M 60-69	1:00:54.9	1:01:05.2	19:39/M

5K Walk

Plc	Name	City	Bib	Age	Age Plc	Chip	Gun	Pace
1	Frank Whittington	Middletown DE	869	68	1:M 1-99	36:18.1	36:22.0	11:43/M
2	Hoong Chow	Felton DE	809	60	2:M 1-99	41:01.6	41:04.7	13:14/M
3	Alan Firlein	Rock Hall MD	821	80	3:M 1-99	42:26.5	42:28.9	13:41/M
4	Geraldine D'Allesandro	Magnolia DE	544	59	1:F 1-99	43:16.1	43:28.0	13:57/M
5	Craig Warrington	Milford DE	573	57	4:M 1-99	45:57.6	46:08.6	14:49/M

5K Age Group Results

Female Champion

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Keely Arndt	Camden Wyoming DE	17	6	20:30.0	20:30.0	6:36/M

Female Masters Champion

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Jessica Moyer	Magnolia DE	45	10	21:40.3	21:40.3	6:58/M

Female 10 and Under

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Payton Garnsey	Dover DE	7	43	31:01.5	31:06.0	10:00/M
2	Kendall Southern	Felton DE	9	48	32:00.0	32:04.3	10:19/M

Female 15 to 19

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Isobel Moyer	Dover DE	19	29	28:09.8	28:16.9	9:05/M

Female 20 to 29

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Kristy Kaufman	Marydel MD	28	27	28:03.0	28:09.9	9:03/M
2	Kristen Tarr	Easton MD	29	56	35:19.4	35:32.3	11:24/M

Female 30 to 39

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Carli Murphy	Dover DE	32	8	21:16.0	21:16.4	6:52/M
2	Jessica Manlove	Bear DE	31	21	25:43.2	25:47.8	8:18/M
3	Mindy Berry	Camden Wyoming DE	35	33	28:50.1	28:53.6	9:18/M
4	Samantha Pennewell	Harrington DE	31	40	30:26.5	30:37.1	9:49/M
5	Corissa Gott	Dover DE	30	44	31:04.1	31:13.9	10:01/M
6	Amanda Kastimbris	Milford DE	33	52	33:50.7	33:57.3	10:55/M
7	Jamie Potts	Dover DE	35	60	36:28.4	36:38.0	11:46/M
8	Jen Pulmano	Magnolia DE	30	65	38:23.9	38:35.5	12:23/M
9	Jennifer Pettry	Frederica DE	35	68	41:07.7	41:14.7	13:16/M
10	Monica Dottellis	Houston DE	32	71	42:54.7	43:05.4	13:50/M
11	Heather Emerson-Phillips	Church Hill MD	37	73	45:12.0	45:25.3	14:35/M

Female 40 to 49

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Laura Chupp	Dover DE	48	36	29:36.8	29:41.5	9:33/M
2	Angie Garnsey	Dover DE	40	45	31:07.5	31:12.0	10:02/M
3	Meaghan Nana-Sinkam	Hockessin DE	47	46	31:08.5	31:14.6	10:03/M
4	Amy Zook	Magnolia DE	41	50	32:31.9	32:37.4	10:29/M
5	Trisha Bentley	Magnolia DE	41	61	36:28.9	36:38.0	11:46/M
6	Rosita Burton	Lincoln DE	47	63	36:45.6	36:56.4	11:51/M
7	Caroline Drum	Camden Wyoming DE	42	66	39:55.8	40:03.3	12:53/M
8	Dawn Hollinger	Magnolia DE	48	67	40:06.0	40:13.5	12:56/M
9	Melissa Clarke	Magnolia DE	49	69	41:41.1	41:47.6	13:27/M

Female 50 to 59

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	El Jones	Elkton MD	59	15	22:58.6	22:59.0	7:25/M
2	Mardiny Ung	Elizabethtown PA	52	16	23:02.1	23:02.1	7:26/M
3	Marjorie Adams	Wilmington DE	59	22	26:13.7	26:16.7	8:27/M
4	Brenda Ewing	Worton MD	50	28	28:07.7	28:11.7	9:04/M
5	Kathleen Ulrich	Dover DE	56	38	29:42.1	29:47.9	9:35/M
6	Leslie Cote	Smyrna DE	54	54	34:43.7	34:51.7	11:12/M
7	Lisa Kane	Dover DE	55	57	35:20.1	35:27.4	11:24/M
8	Arleen Murchison	Dover DE	56	72	45:03.2	45:16.5	14:32/M
9	Leeann Waltz	Milton DE	56	75	1:00:54.4	1:01:04.9	19:39/M

Female 60 and Over

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Nina Smeltzer	Rehoboth Beach DE	60	25	27:28.2	27:30.8	8:52/M
2	Valerie Reihl	Rock Hall MD	63	41	30:35.8	30:40.0	9:52/M
3	Sarah Gifford	Rock Hall MD	60	47	31:30.4	31:35.3	10:10/M
4	Elaine Nolan	Camden DE	61	58	35:32.8	35:42.5	11:28/M

Male Champion

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Blaise Moyer	Magnolia DE	15	1	19:05.6	19:05.6	6:09/M

Male Masters Champion

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Gerard Jones	Milford DE	44	2	19:25.7	19:25.7	6:16/M

Male 10 and Under

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Landon Bratz	Bridgeville DE	6	19	24:48.1	24:48.5	8:00/M
2	Coen Chupp	Dover DE	8	35	29:35.1	29:39.7	9:33/M

Male 11 to 14

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Jake Moyer	Magnolia DE	13	34	29:06.4	29:13.4	9:23/M

Male 15 to 19

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Auden Jones	Clayton DE	15	3	19:54.5	19:55.0	6:25/M

Male 20 to 29

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Brandon Ewing	Worton MD	21	13	22:08.9	22:10.7	7:08/M
2	Anthony Gott	Dover DE	28	53	34:08.8	34:18.6	11:01/M

Male 30 to 39

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Shawn Ramsey	Milford DE	36	4	20:04.7	20:05.1	6:28/M
2	Michael O'Rourke	Milford DE	35	5	20:29.4	20:31.4	6:36/M
3	David Trombello	Magnolia DE	36	9	21:32.4	21:32.9	6:57/M
4	Thomas Liszkiewicz	Wyoming DE	33	26	27:55.8	27:59.7	9:00/M

Male 40 to 49

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Rick Short	Dover DE	42	11	21:42.6	21:44.3	7:00/M
2	Mick Donnelly	Wilmington DE	49	12	21:58.9	21:59.4	7:05/M
3	Rob Ridgeway	Camden Wyoming DE	42	18	23:51.7	23:54.0	7:42/M
4	Ben Schnatterly	Dover DE	46	23	26:32.4	26:38.5	8:34/M
5	Kevin Rigby	Dover DE	47	39	29:46.3	29:57.7	9:36/M
6	Jason Southern	Felton DE	43	49	32:07.6	32:12.5	10:22/M
7	Bryan Clarke	Magnolia DE	48	70	41:41.3	41:48.0	13:27/M

Male 50 to 59

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Eric Payne	Felton DE	50	7	20:58.3	20:58.7	6:46/M
2	Duane Christy	Havre De Grace MD	55	17	23:09.5	23:09.9	7:28/M
3	Larry Simpkins	Dover DE	54	20	25:26.6	25:29.1	8:12/M
4	Benjamin Hollinger	Magnolia DE	52	24	26:50.3	26:54.2	8:39/M
5	Jerome Harris	Lincoln DE	54	32	28:48.1	28:54.0	9:17/M

Male 60 to 69

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Chris Ford	Camden DE	60	14	22:19.9	22:27.3	7:12/M
2	Doug Purcell	Ocean View DE	64	30	28:37.5	28:40.4	9:14/M
3	Willie Makit	Clayton DE	64	37	29:37.0	29:42.2	9:33/M
4	Patrick Mitchell	Magnolia DE	62	51	32:41.9	32:45.8	10:33/M
5	Mark Pinkus	Selbyville DE	63	62	36:31.9	36:34.8	11:47/M
6	Jay Epstein	Elizabethtown PA	62	76	1:00:54.9	1:01:05.2	19:39/M

Male 70 and Over

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Woody Disharoon	Laurel DE	70	31	28:44.2	28:47.0	9:16/M
2	David Lovelace	Newark DE	73	42	30:55.3	31:00.5	9:58/M
3	Don Zalenski	Magnolia DE	73	55	34:53.8	34:57.6	11:15/M
4	Paul Bilenki	Denton MD	74	59	35:38.9	35:49.5	11:30/M
5	Larry Price	Middletown DE	71	64	38:21.6	38:27.2	12:22/M
6	Charles Matthews	Camden Wyoming DE	71	74	45:51.9	45:57.6	14:47/M

1 Mile Run/Walk

Overall Finish List

1 Mile Run

Plc	Name	City	Bib	Age	Age Plc	Chip	Gun	Pace
1	Blaise Moyer	Magnolia DE	680	15	1:Open 1m	5:05.1	5:05.1	5:05/M
2	Justin Green	Camden Wyoming DE	826	16	1:M 15-19	5:10.5	5:10.7	5:10/M
3	Michael O'Rourke	Milford DE	848	35	1:M 30-39	5:10.7	5:11.5	5:10/M
4	Mick Donnelly	Wilmington DE	709	49	1:Master1	5:36.2	5:36.2	5:36/M
5	Adam Jones	Camden Wyoming DE	694	39	2:M 30-39	5:38.9	5:39.0	5:38/M
6	Eric Payne	Felton DE	676	50	1:M 50-59	5:53.1	5:53.3	5:53/M
7	Christopher Rutkoski	Magnolia DE	856	19	2:M 15-19	6:00.3	6:03.9	6:00/M
8	Daniel Arndt	Camden Wyoming DE	802	45	1:M 40-49	6:09.7	6:12.6	6:09/M
9	Jessica Moyer	Magnolia DE	683	45	1:Open 1m	6:18.0	6:18.0	6:16/M
10	Chris Ford	Camden DE	677	60	1:M 60-69	6:20.3	6:20.4	6:20/M
11	Duane Christy	Havre De Grace MD	810	55	2:M 50-59	6:27.6	6:27.8	6:27/M
12	Rob Ridgeway	Camden Wyoming DE	684	42	2:M 40-49	6:30.4	6:32.3	6:30/M
13	Manny Maisonet	Wilmington DE	840	7	1:M 1-10	6:33.0	6:33.2	6:33/M
14	Alaina Ryan	Dover DE	858	26	1:F 20-29	6:34.0	6:35.2	6:34/M
15	El Jones	Elkton MD	833	59	1:Master1	6:40.9	6:40.9	6:40/M
16	Mardiny Ung	Elizabethtown PA	867	52	1:F 50-59	6:41.7	6:42.4	6:41/M
17	Mike Piorkowski	Glen Mills PA	873	58	3:M 50-59	6:50.9	6:53.3	6:50/M
18	Sarah Cummings	Dover DE	817	14	1:F 11-14	6:54.6	6:56.7	6:54/M
19	Kyle Jayme	Dover DE	671	9	2:M 1-10	6:56.5	6:56.7	6:56/M
20	Courtney Mower	Lewes DE	846	25	2:F 20-29	6:58.3	6:59.3	6:58/M
21	Quade Cummings	Dover DE	816	9	3:M 1-10	7:03.2	7:03.3	7:03/M
22	Frank Whittington	Middletown DE	869	68	2:M 60-69	7:06.4	7:06.6	7:06/M
23	Jaden Garcia	Wilmington DE	822	11	1:M 11-14	7:15.5	7:15.6	7:15/M
24	Claire Juneau	Dover DE	835	13	2:F 11-14	7:18.7	7:22.0	7:18/M
25	Coen Chupp	Dover DE	811	8	4:M 1-10	7:53.4	7:56.6	7:53/M
26	Laura Chupp	Dover DE	813	48	1:F 40-49	7:55.4	7:59.2	7:55/M
27	Mindy Berry	Camden Wyoming DE	678	35	1:F 30-39	8:01.3	8:03.4	8:01/M
28	Woody Disharoon	Laurel DE	818	70	1:M 70-99	8:02.8	8:05.3	8:02/M
29	Dickie Burgess	Milford DE	685	64	3:M 60-69	8:06.1	8:06.2	8:06/M
30	Nina Smeltzer	Rehoboth Beach DE	863	60	1:F 60-99	8:09.0	8:09.1	8:09/M
31	Meaghan Nana-Sinkam	Hockessin DE	847	47	2:F 40-49	8:20.3	8:22.7	8:20/M
32	David Lovelace	Newark DE	838	73	2:M 70-99	8:31.2	8:35.2	8:31/M
33	Beatrice Wolo	Dover DE	700	25	3:F 20-29	8:47.6	8:48.4	8:47/M
34	Patrick Mitchell	Magnolia DE	845	62	4:M 60-69	8:53.5	8:56.5	8:53/M
35	Lance Jayme	Dover DE	672	12	2:M 11-14	9:04.9	9:07.8	9:04/M
36	Michelle Cummings	Dover DE	815	43	3:F 40-49	9:18.7	9:23.5	9:18/M
37	Christine Pedrotty	Magnolia DE	850	53	2:F 50-59	9:33.0	9:36.2	9:33/M
38	Ulyssis Williams		872	12	3:M 11-14	9:33.3	9:33.3	9:33/M
39	Mark Pinkus	Selbyville DE	707	63	5:M 60-69	10:03.7	10:03.7	10:03/M
40	Kelsey Baker	Magnolia DE	679	32	2:F 30-39	10:52.9	10:57.7	10:52/M
41	Mary Rutkoski	Magnolia DE	857	52	3:F 50-59	10:55.8	11:00.0	10:55/M
42	Larry Price	Middletown DE	852	71	3:M 70-99	11:12.9	11:17.7	11:12/M
43	Marissa Martinek	Smyrna DE	842	32	3:F 30-39	11:40.8	11:42.7	11:40/M
44	Ro Oneill	Camden Wyoming DE	849	56	4:F 50-59	12:58.0	13:01.4	12:58/M
45	Brianna Goldsboro	Clayton DE	824	10	1:F 1-10	15:20.7	15:22.4	15:20/M
46	Kristie Goldsboro	Clayton DE	825	38	4:F 30-39	19:48.9	19:52.7	19:48/M

1 Mile Walk

Plc	Name	City	Bib	Age	Age Group	Chip	Gun	Pace
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1	Don Zalenski	Magnolia DE	870	73	1:M 1-99	11:28.3	11:30.1	11:28/M
2	Jennifer Jayme	Dover DE	745	42	1:F 1-99	12:41.6	12:46.9	12:41/M
3	Craig Warrington	Milford DE	573	57	2:M 1-99	14:20.5	14:24.8	14:20/M
4	Lindsey Strecker	Middletown DE	586	35	2:F 1-99	15:13.7	15:22.8	15:13/M
5	Joyce Ford	Camden DE	587	58	3:F 1-99	16:21.7	16:27.2	16:21/M
6	Valerie Cheyney	Middletown DE	808	62	4:F 1-99	17:47.9	17:55.1	17:47/M
7	Hope Hampton	Dover DE	827	33	5:F 1-99	19:48.4	19:52.5	19:48/M
8	Nina Jackson	Dover DE	585	30	6:F 1-99	19:49.2	19:52.4	19:49/M

1 Mile Age Group Results

Female 1 Mile Run Champion

Plc	Name	City	Age	Over:	Chip	Gun	Pace
1	Jessica Moyer	Magnolia DE	45	9	6:18.0	6:18.0	6:16/M

Female Masters 1 Mile Run Champion

Plc	Name	City	Age	Over:	Chip	Gun	Pace
1	El Jones	Elkton MD	59	15	6:40.9	6:40.9	6:40/M

Female 10 and Under

Plc	Name	City	Age	Over:	Chip	Gun	Pace
1	Brianna Goldsboro	Clayton DE	10	45	15:20.7	15:22.4	15:20/M

Female 11 to 14

Plc	Name	City	Age	Over:	Chip	Gun	Pace
1	Sarah Cummings	Dover DE	14	18	6:54.6	6:56.7	6:54/M
2	Claire Juneau	Dover DE	13	24	7:18.7	7:22.0	7:18/M

Female 20 to 29

Plc	Name	City	Age	Over:	Chip	Gun	Pace
1	Alaina Ryan	Dover DE	26	14	6:34.0	6:35.2	6:34/M
2	Courtney Mower	Lewes DE	25	20	6:58.3	6:59.3	6:58/M
3	Beatrice Wolo	Dover DE	25	33	8:47.6	8:48.4	8:47/M

Female 30 to 39

Plc	Name	City	Age	Over:	Chip	Gun	Pace
1	Mindy Berry	Camden Wyoming DE	35	27	8:01.3	8:03.4	8:01/M
2	Kelsey Baker	Magnolia DE	32	40	10:52.9	10:57.7	10:52/M
3	Marissa Martinek	Smyrna DE	32	43	11:40.8	11:42.7	11:40/M
4	Kristie Goldsboro	Clayton DE	38	46	19:48.9	19:52.7	19:48/M

Female 40 to 49

Plc	Name	City	Age	Over:	Chip	Gun	Pace
1	Laura Chupp	Dover DE	48	26	7:55.4	7:59.2	7:55/M

2	Meaghan Nana-Sinkam	Hockessin DE	47	31	8:20.3	8:22.7	8:20/M
3	Michelle Cummings	Dover DE	43	36	9:18.7	9:23.5	9:18/M

Female 50 to 59

Plc	Name	City	Age	Over	Chip	Gun	Pace
1	Mardiny Ung	Elizabethtown PA	52	16	6:41.7	6:42.4	6:41/M
2	Christine Pedrotty	Magnolia DE	53	37	9:33.0	9:36.2	9:33/M
3	Mary Rutkoski	Magnolia DE	52	41	10:55.8	11:00.0	10:55/M
4	Ro Oneill	Camden Wyoming DE	56	44	12:58.0	13:01.4	12:58/M

Female 60 and Over

Plc	Name	City	Age	Over	Chip	Gun	Pace
1	Nina Smeltzer	Rehoboth Beach DE	60	30	8:09.0	8:09.1	8:09/M

Male 1 Mile Run Champion

Plc	Name	City	Age	Over	Chip	Gun	Pace
1	Blaise Moyer	Magnolia DE	15	1	5:05.1	5:05.1	5:05/M

Male Masters 1 Mile Run Champion

Plc	Name	City	Age	Over	Chip	Gun	Pace
1	Mick Donnelly	Wilmington DE	49	4	5:36.2	5:36.2	5:36/M

Male 10 and Under

Plc	Name	City	Age	Over	Chip	Gun	Pace
1	Manny Maisonet	Wilmington DE	7	13	6:33.0	6:33.2	6:33/M
2	Kyle Jayme	Dover DE	9	19	6:56.5	6:56.7	6:56/M
3	Quade Cummings	Dover DE	9	21	7:03.2	7:03.3	7:03/M
4	Coen Chupp	Dover DE	8	25	7:53.4	7:56.6	7:53/M

Male 11 to 14

Plc	Name	City	Age	Over	Chip	Gun	Pace
1	Jaden Garcia	Wilmington DE	11	23	7:15.5	7:15.6	7:15/M
2	Lance Jayme	Dover DE	12	35	9:04.9	9:07.8	9:04/M
3	Ulyssis Williams		12	38	9:33.3	9:33.3	9:33/M

Male 15 to 19

Plc	Name	City	Age	Over	Chip	Gun	Pace
1	Justin Green	Camden Wyoming DE	16	2	5:10.5	5:10.7	5:10/M
2	Christopher Rutkoski	Magnolia DE	19	7	6:00.3	6:03.9	6:00/M

Male 30 to 39

Plc	Name	City	Age	Over	Chip	Gun	Pace
1	Michael O'Rourke	Milford DE	35	3	5:10.7	5:11.5	5:10/M

2	Adam Jones	Camden Wyoming DE	39	5	5:38.9	5:39.0	5:38/M
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Male 40 to 49

Plc	Name	City	Age	Over:	Chip	Gun	Pace
1	Daniel Arndt	Camden Wyoming DE	45	8	6:09.7	6:12.6	6:09/M
2	Rob Ridgeway	Camden Wyoming DE	42	12	6:30.4	6:32.3	6:30/M

Male 50 to 59

Plc	Name	City	Age	Over:	Chip	Gun	Pace
1	Eric Payne	Felton DE	50	6	5:53.1	5:53.3	5:53/M
2	Duane Christy	Havre De Grace MD	55	11	6:27.6	6:27.8	6:27/M
3	Mike Piorkowski	Glen Mills PA	58	17	6:50.9	6:53.3	6:50/M

Male 60 to 69

Plc	Name	City	Age	Over:	Chip	Gun	Pace
1	Chris Ford	Camden DE	60	10	6:20.3	6:20.4	6:20/M
2	Frank Whittington	Middletown DE	68	22	7:06.4	7:06.6	7:06/M
3	Dickie Burgess	Milford DE	64	29	8:06.1	8:06.2	8:06/M
4	Patrick Mitchell	Magnolia DE	62	34	8:53.5	8:56.5	8:53/M
5	Mark Pinkus	Selbyville DE	63	39	10:03.7	10:03.7	10:03/M

Male 70 and Over

Plc	Name	City	Age	Over:	Chip	Gun	Pace
1	Woody Disharoon	Laurel DE	70	28	8:02.8	8:05.3	8:02/M
2	David Lovelace	Newark DE	73	32	8:31.2	8:35.2	8:31/M
3	Larry Price	Middletown DE	71	42	11:12.9	11:17.7	11:12/M