

Builders Dash 5K Run/Walk
Benefits: Central Delaware to Habitat for Humanity
Fordham & Dominion Brewery - Dover, DE
Saturday, September 04, 2021 - Sunny - 71 Degrees
Trisports Events Production

		<u>5K Run</u>							
PLC	Name	City	Bib No	Age	Age PLC	Chip	Gun	Pace	
1	Matt Sparacino	Harrington DE	1597	43	1:Open	18:22.6	18:23.3	5:56/M	
2	Meredith Tulio	Wilmington DE	1570	34	1:Open	18:27.6	18:28.3	5:57/M	
3	Patrick Hoffman	Frederica DE	1607	53	1:Masters	19:37.2	19:37.9	6:20/M	
4	Spencer Sheehan	Dover DE	1562	35	1:M 35-39	22:37.7	22:39.1	7:18/M	
5	Duane Christy	Havre De Grace MD	1489	58	1:M 55-59	22:49.9	22:50.6	7:22/M	
6	Brittney Salzano	Camden Wyoming DE	1558	27	1:F 25-29	22:57.5	22:59.7	7:24/M	
7	Kimberly Holden	Camden Wyoming DE	1512	44	1:Masters	23:06.9	23:08.7	7:27/M	
8	Jon Harris	Frederica DE	1503	54	1:M 50-54	23:14.2	23:16.6	7:30/M	
9	Brian Harvey	Dover DE	1504	46	1:M 45-49	23:18.0	23:22.6	7:31/M	
10	Brayden Redd		1599	13	1:M 11-14	23:21.1	23:21.7	7:32/M	
11	Gregory Smith	Bear DE	1566	46	2:M 45-49	23:24.8	23:27.9	7:33/M	
12	Aaron Schaubert	Chestertown MD	1592	31	1:M 30-34	24:22.5	24:25.5	7:52/M	
13	Sean Mace	Dover DE	1525	55	2:M 55-59	24:28.3	24:32.8	7:54/M	
14	Quade Cummings	Milford DE	1594	11	2:M 11-14	24:58.9	24:59.6	8:04/M	
15	Tony Bourdeau	Dover DE	1479	43	1:M 40-44	25:29.6	25:50.5	8:13/M	
16	Jodee Mariani	Clayton DE	1526	43	1:F 40-44	25:35.4	25:39.4	8:15/M	
17	Vince Pacheco	Greensboro MD	1540	22	1:M 20-24	25:57.2	26:00.2	8:22/M	
18	Peter Wadsworth	Dover DE	1571	53	2:M 50-54	26:00.1	26:19.1	8:23/M	
19	Ryan Budnik	Camden Wyoming DE	1483	24	2:M 20-24	26:13.4	26:20.5	8:28/M	
20	Frank Chi	Woodside DE	1602	30	2:M 30-34	26:40.7	26:41.3	8:36/M	
21	Anna Korpela	Smyrna DE	1589	12	1:F 11-14	26:41.0	26:41.6	8:36/M	
22	Michael Reed	Aberdeen MD	1550	45	3:M 45-49	26:47.2	26:52.4	8:38/M	
23	Frank Whittington	Middletown DE	1578	70	1:M 70-99	26:51.6	26:59.5	8:40/M	
24	Laurence Blake	Chestertown MD	1477	71	2:M 70-99	27:12.5	27:15.5	8:47/M	
25	Brian Gaughan	Magnolia DE	1608	62	1:M 60-64	27:27.3	27:33.8	8:51/M	
26	Matthew Tetrick	Dover DE	1568	34	3:M 30-34	27:30.2	27:44.1	8:52/M	
27	Carolina Rodriguez	Wyoming DE	1551	43	2:F 40-44	28:13.5	28:16.0	9:06/M	
28	Joan Page	Magnolia DE	1604	51	1:F 50-54	28:19.3	28:28.2	9:08/M	
29	Deane Willis	Clayton DE	1580	9	1:M 0-10	28:52.8	28:56.5	9:19/M	
30	Kathy Salas	Magnolia DE	1557	55	1:F 55-59	28:58.2	29:11.2	9:21/M	
31	Veronica Rausch	Chesapeake City MD	1548	55	2:F 55-59	28:58.3	29:03.6	9:21/M	
32	Joyce Tice	Dover DE	1605	40	3:F 40-44	29:00.6	29:12.3	9:22/M	
33	Sammy Shaw	Fort Belvoir VA	1588	53	3:M 50-54	29:06.6	29:10.6	9:23/M	
34	Nikki Sparacino	Harrington DE	1596	43	4:F 40-44	29:08.7	29:18.2	9:24/M	
35	Shane Breakie	Middletown DE	1480	51	4:M 50-54	29:19.5	29:32.4	9:28/M	
36	Kimberly Root	Magnolia DE	1554	36	1:F 35-39	29:28.1	29:28.7	9:30/M	
37	Jennifer Louder	Houston DE	1595	39	2:F 35-39	29:54.0	30:00.7	9:39/M	
38	Alex Shaw	Magnolia DE	1560	26	1:M 25-29	30:16.3	30:31.7	9:46/M	
39	Joanne Hastings	Harrington DE	1507	43	5:F 40-44	30:22.1	30:28.1	9:48/M	
40	Alejandra Mayer	Felton DE	1609	29	2:F 25-29	30:26.1	30:49.0	9:49/M	
41	Heather Drysdale	Wilmington DE	1498	39	3:F 35-39	30:34.7	31:05.2	9:52/M	
42	Brian Drysdale	Wilmington DE	1497	38	2:M 35-39	30:34.9	31:05.5	9:52/M	
43	Justin Smith	Felton DE	1567	35	3:M 35-39	30:38.2	30:52.6	9:53/M	

44	Victoria Cains	Smyrna DE	1601	42	6:F 40-44	31:06.2	31:13.5	10:02/M
45	Andrea Bush	Clayton DE	1600	49	1:F 45-49	31:07.1	31:13.4	10:02/M
46	David Lovelace	Newark DE	1524	75	3:M 70-99	31:17.9	31:26.8	10:06/M
47	Juan Salas	Magnolia DE	1556	56	3:M 55-59	31:43.3	31:59.2	10:14/M
48	Pam Shaw	Fort Belvoir VA	1427	58	3:F 55-59	32:14.1	32:17.9	10:24/M
49	Abigail Vandetter	Felton DE	1603	26	3:F 25-29	32:22.4	32:24.1	10:27/M
50	Alex Crisco	Dover DE	1598	25	4:F 25-29	32:29.9	32:43.5	10:29/M
51	Katie Jackson	Frederica DE	1513	35	4:F 35-39	33:04.1	33:10.8	10:40/M
52	Emily Chesser	Dover DE	1486	15	1:F 15-19	33:41.2	33:54.3	10:52/M
53	Jason Southern	Felton 2	1610	46	4:M 45-49	33:50.8	34:10.7	10:55/M
54	Karen Romecki	Conowingo MD	1553	59	4:F 55-59	33:52.3	33:58.3	10:56/M
55	Adele Wagner	Bel Air MD	1572	65	1:F 65-69	34:18.4	34:26.0	11:04/M
56	Paul Wagner	Bel Air MD	1573	35	4:M 35-39	34:19.6	34:27.3	11:04/M
57	Douglas Deeter	Camden Wyoming DE	1494	69	1:M 65-69	34:51.1	34:58.6	11:15/M
58	Alponso Killen	Dover DE	1591	17	1:M 15-19	35:44.6	35:52.4	11:32/M
59	Michele Cummings	Milford DE	1593	44	7:F 40-44	35:53.6	36:00.2	11:35/M
60	Caitlin Harvey	Camden Wyoming DE	1505	32	1:F 30-34	36:20.1	36:32.1	11:43/M
61	Zoe Harvey	Camden Wyoming DE	1506	8	1:F 0-10	36:21.4	36:34.3	11:44/M
62	Kim Chesser	Dover DE	1487	48	2:F 45-49	36:25.2	36:37.6	11:45/M
63	Larry Price	Middletown DE	1546	78	4:M 70-99	37:04.1	37:13.0	11:57/M
64	Leslie McClements	Dover DE	1529	49	3:F 45-49	37:18.1	37:36.0	12:02/M
65	Susan Korpela	Smyrna DE	1590	46	4:F 45-49	38:20.0	38:26.7	12:22/M
66	Amanda Bundek	Clayton DE	1484	43	8:F 40-44	38:55.4	39:07.4	12:33/M
67	Kevin Natrin	Smyrna DE	1606	58	4:M 55-59	42:13.3	42:28.4	13:37/M
68	Don James	Magnolia DE	1514	50	5:M 50-54	42:21.4	42:21.4	13:40/M
69	Charles Matthews	Camden Wyoming DE	1528	73	5:M 70-99	43:31.4	43:41.0	14:02/M
70	Deanna Pierson	Dover DE	1544	27	5:F 25-29	44:31.1	44:39.2	14:22/M
71	Erica Dixon-Parton	Felton DE	1496	33	2:F 30-34	45:00.0	45:07.9	14:31/M
72	Michelle Bergold	Clayton DE	1476	33	3:F 30-34	47:13.2	47:18.3	15:14/M
73	Diana Woodward	Harrington DE	1584	64	1:F 60-64	48:41.4	48:51.0	15:42/M
74	Nicole Johnson	Camden Wyoming DE	1516	27	6:F 25-29	51:57.9	52:37.2	16:46/M
75	Kaitlynn Herlihy	Camden Wyoming DE	1510	25	7:F 25-29	52:00.8	52:36.7	16:47/M
76	Marcia Willey	Dover DE	1579	48	5:F 45-49	53:56.1	54:07.9	17:24/M
77	Caitlyn Creasy	Greensboro MD	1492	22	1:F 20-24	58:26.2	58:34.7	18:51/M
78	Janet Price	Dover DE	1545	37	5:F 35-39	58:35.5	58:55.5	18:54/M

5K Walk

PLC	Name	City	Bib No	Age	Age PLC	Chip	Gun	Pace
1	Don Zalenski	Magnolia DE	1586	75	1:M 1-99	37:32.1	37:43.5	12:06/M
2	John Hensley	Frederica DE	1509	49	2:M 1-99	37:38.8	37:52.8	12:09/M
3	Heather Hennessy	Dover DE	1508	53	1:F 1-99	38:11.3	38:23.7	12:19/M
4	Amy Zook	Magnolia DE	1587	44	2:F 1-99	39:10.8	39:18.9	12:38/M
5	Hoong Chow	Felton DE	1488	62	3:M 1-99	39:56.6	40:08.4	12:53/M
6	Tom Molin	Townsend DE	1532	69	4:M 1-99	40:04.4	40:16.2	12:56/M
7	Taffi Lang	Dover DE	1520	51	3:F 1-99	40:43.5	40:54.7	13:08/M
8	Kay Self	Dover DE	1559	39	4:F 1-99	41:59.2	42:18.8	13:33/M
9	Mark Wersebe	Felton DE	1576	65	5:M 1-99	43:09.2	43:29.2	13:55/M
10	Rosita Burton	Lincoln DE	1485	49	5:F 1-99	43:48.6	43:57.7	14:08/M
11	Craig Warrington	Milford DE	1575	59	6:M 1-99	44:09.3	44:24.2	14:15/M
12	Christopher Redd	Milton DE	1549	42	7:M 1-99	45:16.6	45:29.9	14:36/M
13	Susan Breakie	Middletown DE	1481	57	6:F 1-99	46:11.2	46:21.5	14:54/M
14	Marta Raccio	Dover DE	1547	63	7:F 1-99	46:35.2	46:45.8	15:02/M

15	Debbie Bather	Magnolia DE	1474	64	8:F	1-99	47:03.1	47:19.9	15:11/M
16	Meredith Sheehan	Dover DE	1561	35	9:F	1-99	47:06.0	47:15.1	15:12/M
17	Janie Libby	Magnolia DE	1523	69	10:F	1-99	47:13.7	47:19.0	15:14/M
18	Tim Bailey	Dover DE	1472	44	8:M	1-99	47:14.9	47:19.2	15:15/M
19	Brian Albright	Smyrna DE	1467	13	9:M	1-99	48:39.9	48:55.7	15:42/M
20	Francis Daniels	Dover DE	1493	72	10:M	1-99	50:19.9	50:25.2	16:14/M
21	Anthony Defranasco	Dover DE	1495	38	11:M	1-99	51:32.9	51:43.4	16:38/M
22	Tony Rohrer	Dover DE	1552	57	12:M	1-99	51:35.4	51:43.0	16:39/M
23	Sandy Lewis	Frederica DE	1522	65	11:F	1-99	52:40.9	52:55.3	17:00/M
24	Kari Albright	Smyrna DE	1468	47	12:F	1-99	53:26.6	53:42.6	17:14/M
25	Taylor Alexander	Dover DE	1469	22	13:F	1-99	53:56.2	54:07.7	17:24/M
26	Jennifer Peterman	Milford DE	1542	52	14:F	1-99	54:25.8	54:41.1	17:34/M
27	Mike Peterman	Milford DE	1543	54	13:M	1-99	54:26.4	54:41.0	17:34/M
28	Jaya Wolfe	Dover DE	1437	27	15:F	1-99	55:43.8	56:02.6	17:59/M
29	Kayla McRobie	Dover DE	467	31	16:F	1-99	55:44.7	56:02.6	17:59/M
30	Jared Coleman	Dover DE	1490	39	14:M	1-99	56:50.3	56:50.9	18:20/M
31	Danielle Smith	Felton DE	1565	35	17:F	1-99	56:54.0	57:05.0	18:21/M
32	Katarzyna Rosikon	Dover DE	1555	26	18:F	1-99	57:03.1	57:09.4	18:24/M
33	Tobenna Amanfo	Clayton DE	1470	23	15:M	1-99	57:03.6	57:09.4	18:24/M
34	Amiyah Ortiz	Frederica DE	1534	21	19:F	1-99	57:04.3	57:08.7	18:25/M
35	Henry Ortiz	Frederica DE	1536	52	16:M	1-99	57:05.0	57:08.6	18:25/M
36	Ardyn Overko	Harrington DE	1538	50	20:F	1-99	57:06.5	57:23.7	18:25/M
37	Laurie Johnson	Magnolia DE	1515	59	21:F	1-99	57:06.8	57:23.7	18:25/M
38	Ellwood Willis	Clayton DE	1581	7	17:M	1-99	57:58.1	58:23.9	18:42/M
39	Laura Willis	Clayton DE	1582	40	22:F	1-99	58:07.7	58:30.8	18:45/M
40	Christian Giraldo	Dover DE	1501	36	18:M	1-99	58:17.7	58:24.2	18:48/M
41	Jeff Mask	Dover DE	1527	65	19:M	1-99	58:18.0	58:22.7	18:48/M
42	Anita Wheeler-Bezy	Dover DE	1577	52	23:F	1-99	58:18.6	58:21.7	18:49/M
43	Chrissy Kyriss	Clayton DE	1518	43	24:F	1-99	58:20.4	58:34.2	18:49/M
44	Maria Hynson	Ridgely MD	450	47	25:F	1-99	58:20.9	58:35.2	18:49/M
45	Braden Smith	Camden Wyoming DE	1564	15	20:M	1-99	58:21.1	58:24.0	18:49/M
46	Terry Woodward	Harrington DE	1585	65	21:M	1-99	58:22.4	58:32.7	18:50/M
47	Imanni Ortiz	Frederica DE	1537	23	26:F	1-99	58:23.4	58:28.5	18:50/M
48	Christina Ortiz	Frederica DE	1535	42	27:F	1-99	58:24.1	58:28.6	18:50/M
49	Lisa Paterson	Felton DE	1541	57	28:F	1-99	58:32.7	58:49.9	18:53/M
50	Nancy McCoy	Middletown DE	1530	55	29:F	1-99	58:33.1	58:50.7	18:53/M
51	Betsy Cooper	Dover DE	1491	59	30:F	1-99	58:35.1	58:51.0	18:54/M
52	Cynthia Bailey	Dover DE	1471	44	31:F	1-99	58:35.4	58:54.9	18:54/M
53	Tiffany Fluhr	Frederica DE	1500	41	32:F	1-99	58:36.4	58:54.2	18:54/M
54	Maurice Lecompte	Camden Wyoming DE	1521	52	22:M	1-99	1:04:57.6	1:05:07.0	20:57/M
55	Kathy Klecan	Camden Wyoming DE	1517	55	33:F	1-99	1:04:58.5	1:05:06.9	20:58/M

Age Group Results

Female Open Champion

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Meredith Tulio	Wilmington DE	34	2 18:27.6	18:28.3	5:57/M

Female Masters Champion

PLC	Name	City	Age	O'All Chip	Gun	Pace
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1	Kimberly Holden	Camden Wyoming DE	44	7	23:06.9	23:08.7	7:27/M
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Female 10 and Under

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Zoe Harvey	Camden Wyoming DE	8	61 36:21.4	36:34.3	11:44/M

Female 11 to 14

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Anna Korpela	Smyrna DE	12	21 26:41.0	26:41.6	8:36/M

Female 15 to 19

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Emily Chesser	Dover DE	15	52 33:41.2	33:54.3	10:52/M

Female 20 to 24

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Caitlyn Creasy	Greensboro MD	22	77 58:26.2	58:34.7	18:51/M

Female 25 to 29

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Brittney Salzano	Camden Wyoming DE	27	6 22:57.5	22:59.7	7:24/M
2 Alejandra Mayer	Felton DE	29	40 30:26.1	30:49.0	9:49/M
3 Abigail Vandetter	Felton DE	26	49 32:22.4	32:24.1	10:27/M
4 Alex Crisco	Dover DE	25	50 32:29.9	32:43.5	10:29/M
5 Deanna Pierson	Dover DE	27	70 44:31.1	44:39.2	14:22/M
6 Nicole Johnson	Camden Wyoming DE	27	74 51:57.9	52:37.2	16:46/M
7 Kaitlynn Herlihy	Camden Wyoming DE	25	75 52:00.8	52:36.7	16:47/M

Female 30 to 34

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Caitlin Harvey	Camden Wyoming DE	32	60 36:20.1	36:32.1	11:43/M
2 Erica Dixon-Parton	Felton DE	33	71 45:00.0	45:07.9	14:31/M
3 Michelle Bergold	Clayton DE	33	72 47:13.2	47:18.3	15:14/M

Female 35 to 39

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Kimberly Root	Magnolia DE	36	36 29:28.1	29:28.7	9:30/M
2 Jennifer Louder	Houston DE	39	37 29:54.0	30:00.7	9:39/M
3 Heather Drysdale	Wilmington DE	39	41 30:34.7	31:05.2	9:52/M
4 Katie Jackson	Frederica DE	35	51 33:04.1	33:10.8	10:40/M
5 Janet Price	Dover DE	37	78 58:35.5	58:55.5	18:54/M

Female 40 to 44

PLC Name	City	Age	O'All Chip	Gun	Pace
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1	Jodee Mariani	Clayton DE	43	16	25:35.4	25:39.4	8:15/M
2	Carolina Rodriquez	Wyoming DE	43	27	28:13.5	28:16.0	9:06/M
3	Joyce Tice	Dover DE	40	32	29:00.6	29:12.3	9:22/M
4	Nikki Sparacino	Harrington DE	43	34	29:08.7	29:18.2	9:24/M
5	Joanne Hastings	Harrington DE	43	39	30:22.1	30:28.1	9:48/M
6	Victoria Cains	Smyrna DE	42	44	31:06.2	31:13.5	10:02/M
7	Michele Cummings	Milford DE	44	59	35:53.6	36:00.2	11:35/M
8	Amanda Bundek	Clayton DE	43	66	38:55.4	39:07.4	12:33/M

Female 45 to 49

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Andrea Bush	Clayton DE	49	45 31:07.1	31:13.4	10:02/M
2	Kim Chesser	Dover DE	48	62 36:25.2	36:37.6	11:45/M
3	Leslie McClements	Dover DE	49	64 37:18.1	37:36.0	12:02/M
4	Susan Korpela	Smyrna DE	46	65 38:20.0	38:26.7	12:22/M
5	Marcia Willey	Dover DE	48	76 53:56.1	54:07.9	17:24/M

Female 50 to 54

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Joan Page	Magnolia DE	51	28 28:19.3	28:28.2	9:08/M

Female 55 to 59

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Kathy Salas	Magnolia DE	55	30 28:58.2	29:11.2	9:21/M
2	Veronica Rausch	Chesapeake City MD	55	31 28:58.3	29:03.6	9:21/M
3	Pam Shaw	Fort Belvoir VA	58	48 32:14.1	32:17.9	10:24/M
4	Karen Romecki	Conowingo MD	59	54 33:52.3	33:58.3	10:56/M

Female 60 to 64

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Diana Woodward	Harrington DE	64	73 48:41.4	48:51.0	15:42/M

Female 65 to 69

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Adele Wagner	Bel Air MD	65	55 34:18.4	34:26.0	11:04/M

Male Open Champion

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Matt Sparacino	Harrington DE	43	1 18:22.6	18:23.3	5:56/M

Male Masters Champion

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Patrick Hoffman	Frederica DE	53	3 19:37.2	19:37.9	6:20/M

Male 10 and Under

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Deane Willis	Clayton DE	9	29 28:52.8	28:56.5	9:19/M

Male 11 to 14

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Brayden Redd		13	10 23:21.1	23:21.7	7:32/M
2 Quade Cummings	Milford DE	11	14 24:58.9	24:59.6	8:04/M

Male 15 to 19

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Alponso Killen	Dover DE	17	58 35:44.6	35:52.4	11:32/M

Male 20 to 24

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Vince Pacheco	Greensboro MD	22	17 25:57.2	26:00.2	8:22/M
2 Ryan Budnik	Camden Wyoming DE	24	19 26:13.4	26:20.5	8:28/M

Male 25 to 29

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Alex Shaw	Magnolia DE	26	38 30:16.3	30:31.7	9:46/M

Male 30 to 34

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Aaron Schauber	Chestertown MD	31	12 24:22.5	24:25.5	7:52/M
2 Frank Chi	Woodside DE	30	20 26:40.7	26:41.3	8:36/M
3 Matthew Tetrack	Dover DE	34	26 27:30.2	27:44.1	8:52/M

Male 35 to 39

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Spencer Sheehan	Dover DE	35	4 22:37.7	22:39.1	7:18/M
2 Brian Drysdale	Wilmington DE	38	42 30:34.9	31:05.5	9:52/M
3 Justin Smith	Felton DE	35	43 30:38.2	30:52.6	9:53/M
4 Paul Wagner	Bel Air MD	35	56 34:19.6	34:27.3	11:04/M

Male 40 to 44

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Tony Bourdeau	Dover DE	43	15 25:29.6	25:50.5	8:13/M

Male 45 to 49

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Brian Harvey	Dover DE	46	9 23:18.0	23:22.6	7:31/M
2 Gregory Smith	Bear DE	46	11 23:24.8	23:27.9	7:33/M
3 Michael Reed	Aberdeen MD	45	22 26:47.2	26:52.4	8:38/M

4	Jason Southern	Felton 2	46	53	33:50.8	34:10.7	10:55/M
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Male 50 to 54

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Jon Harris	Frederica DE	54	8 23:14.2	23:16.6	7:30/M
2	Peter Wadsworth	Dover DE	53	18 26:00.1	26:19.1	8:23/M
3	Sammy Shaw	Fort Belvoir VA	53	33 29:06.6	29:10.6	9:23/M
4	Shane Breakie	Middletown DE	51	35 29:19.5	29:32.4	9:28/M
5	Don James	Magnolia DE	50	68 42:21.4	42:21.4	13:40/M

Male 55 to 59

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Duane Christy	Havre De Grace MD	58	5 22:49.9	22:50.6	7:22/M
2	Sean Mace	Dover DE	55	13 24:28.3	24:32.8	7:54/M
3	Juan Salas	Magnolia DE	56	47 31:43.3	31:59.2	10:14/M
4	Kevin Natrin	Smyrna DE	58	67 42:13.3	42:28.4	13:37/M

Male 60 to 64

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Brian Gaughan	Magnolia DE	62	25 27:27.3	27:33.8	8:51/M

Male 65 to 69

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Douglas Deeter	Camden Wyoming DE	69	57 34:51.1	34:58.6	11:15/M

Male 70 and Over

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Frank Whittington	Middletown DE	70	23 26:51.6	26:59.5	8:40/M
2	Laurence Blake	Chestertown MD	71	24 27:12.5	27:15.5	8:47/M
3	David Lovelace	Newark DE	75	46 31:17.9	31:26.8	10:06/M
4	Larry Price	Middletown DE	78	63 37:04.1	37:13.0	11:57/M
5	Charles Matthews	Camden Wyoming DE	73	69 43:31.4	43:41.0	14:02/M

Virtual 5K Run

1	Debora Guermonprez				28:25:00
2	Lauren Farrell		28		31:17:00
3	Andy Ford		46		33:44:00
4	Lucy Rose		45		34:53:00
5	Jen Pulmano		32		1:07:51:0