

Delaware Army National Guard

5 Mile Run & 5K Walk

May 17, 2008 56 degrees, sunny, breezy

Age Group & Complete Event Results

Del Tech & Community College Dover, DE

Age Group Results

<u>Place</u>	<u>Male</u>		<u>Female</u>	
	<u>Overall Winner</u>		<u>Overall Winner</u>	
1st	Jess Manning	30:32	Lori Berryhill	39:48
	<u>14 & under</u>		<u>14 & under</u>	
1st	N/A		N/A	
2nd	N/A		N/A	
3rd	N/A		N/A	
	<u>15 - 19</u>		<u>15 - 19</u>	
1st	Marcus Rydlewski	46:09	Annie Breeding	43:47
2nd	N/A		N/A	
3rd	N/A		N/A	
	<u>20 - 29</u>		<u>20 - 29</u>	
1st	Donovan Anderson	39:37	Victoria Rickert	53:52
2nd	Robert Ford	42:37	N/A	
3rd	Jeffery Knight	43:55	N/A	
	<u>30 - 39</u>		<u>30 - 39</u>	
1st	Joseph Squitiere	43:02	Laurie Spraga	43:08
2nd	Anthony Graciano	43:08	Sandra Krugh	43:52
3rd	Phil Smith	45:02	Patty Geiser	45:06
	<u>40 - 49</u>		<u>40 - 49</u>	
1st	Scott Stewart	34:18	Ann Brown	40:06
2nd	Ed Hood	34:35	Linda Schwartz-Chi	41:21
3rd	Charles Hampton	40:36	Kim Lindgren	48:41
	<u>50 - 59</u>		<u>50 - 59</u>	
1st	Jose Lukecart	39:14	N/A	
2nd	John Durk	40:05	N/A	
3rd	Jim Marvin	45:52	N/A	

	<u>60 & Over</u>	
1st	Richard Grace	40:07
2nd	Jules Woodall	40:21
3rd	Timothy Butler	43:45

	<u>60 & Over</u>
	N/A
	N/A
	N/A

	<u>Male Walkers</u>	
1st	Bruce Pringle	36:04
2nd	Bob Carroll	36:23
3rd	Greg Symes	43:34

	<u>Female Walkers</u>	
	Laura Gondeck	38:24
	Nancy Rivera	43:31
	Katie Otto	43:34

Complete Results
5 Mile Run

<u>Place</u>	<u>Name</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>
1	Jess Manning	M	31	30:32
2	Scott Stewart	M	40	34:18
3	Ed Hood	M	42	34:35
4	Jose Lukecart	M	56	39:14
5	Anderson Donovan	M	29	39:37
6	Lori Berryhill	F	15	39:48
7	John Durk	M	50	40:05
8	Ann Brown	F	42	40:06
9	Richard Grace	M	61	40:07
10	Jules Woodall	M	60	40:21
11	Charles Hampton	M	47	40:36
12	Linda Schwartz-Chi	F	42	41:21
13	Robert Ford	M	25	42:37
14	Joseph Squitiere	M	39	43:02
15	Anthony Graciano	M	38	43:08
16	Laurie Spraga	F	36	43:08
17	Timothy Butler	M	61	43:45
18	Annie Breeding	F	15	43:47
19	Sandra Krugh	F	39	43:52
20	Jeffery Knight	M	26	43:55
21	William Moyer	M	62	44:02
22	Phil Smith	M	34	45:02
23	Patty Geiser	F	37	45:06
24	David Davenport	M	38	45:11
25	Michael Nix	M	27	45:26
26	Michael Gondeck	M	43	45:32
27	Jim Challandes	M	65	45:44

28	Brad Knight	M	42	45:48
29	Lara Goode	F	39	45:48
30	Jim Marvin	M	57	45:52
31	Laura Tampanello	F	36	45:59
32	Marcus Rydlewski	M	15	46:09
33	Frank Zaback	M	49	47:10
34	Robert Knauer	M	27	47:12
35	Dennis Lindgren	M	44	47:27
36	Kim Lindgren	F	43	48:41
37	Ana Dougherty	F	34	50:58
38	Dane Dougherty	M	41	51:01
39	Victoria Rickert	F	24	53:52
40	Molly Breeding	F	46	54:31
41	Terry Wiley	M	60	57:23
42	Ronald Cowgill	M	36	1:02:39

5K Walk

1	Bruce Pringle	M	61	36:04
2	Bob Carroll	M	69	36:23
3	Laura Gondeck	F	43	38:24
4	Stephanie Steckel	F	48	DQ
5	Nancy Rivera	F	32	43:31
6	Greg Symes	M	44	43:34
7	Katie Otto	F	24	43:34
8	Debbie Johnson	F	49	44:56
9	Jennifer Ridgley	F	22	46:34
10	Terry Woodward	M	52	47:17
11	Diana Woodward	F	51	49:51
12	Sherra Stanley	F	37	52:00
13	Rita Smith	F	55	53:52
14	James DiDonato	M	51	54:00
15	Lillian Killen	F	60	56:07
16	Gina Blackway	F	45	1:01:50
17	Mark Blackway	M	44	1:01:50