

Freedom 5K Run/Walk

July 3, 2010 81 degrees, sunny, breezy

Age Group & Complete Event Results

Silver Lake Park - Dover,DE

Age Group Results

<u>Place</u>	<u>Male</u>		<u>Female</u>	
	<u>Overall Winner</u>		<u>Overall Winner</u>	
1st	Luis Navarro	18:27	Jacque Thomas	24:11
	<u>Male Master</u>		<u>Female Master</u>	
	Jeff Silvernale	19:02	Amy Hoey	24:15
	<u>14 & under</u>		<u>14 & under</u>	
1st	Sam Courtney	25:27	Ryan O'Keefe	32:43
2nd	Alex Haber	28:07	Hallee McLain	34:39
3rd	Spencer Haber	29:44	Taryn Silvernale	36:14
	<u>15 - 19</u>		<u>15 - 19</u>	
1st	Matt Wade	25:58	NA	
2nd	Leonard Parker	33:11	NA	
3rd	NA		NA	
	<u>20 - 29</u>		<u>20 - 29</u>	
1st	Christopher Zawislak	25:27	Courtney Stewart	24:47
2nd	Chris Marker	26:27	Mallory Vogl	32:30
3rd	NA		Jessica Gondeck	38:45
	<u>30 - 39</u>		<u>30 - 39</u>	
1st	Tom Felice	21:51	Jennifer Raley	24:11
2nd	Luis Cosme	23:57	Christine McDermott	24:38
3rd	Jeffrey Roushey	24:26	Lisa O'Keefe	29:08
	<u>40 - 49</u>		<u>40 - 49</u>	
1st	Greg Massey	20:57	Laura Haber	25:53
2nd	John VanGorp	21:51	Sandra Krugh	26:09
3rd	Brian Zockell	22:44	Beth Johnson	26:16
	<u>50 - 59</u>		<u>50 - 59</u>	
1st	Pete Gitney	20:18	Laura Vaughn	26:34
2nd	Thomas Zawislak	22:08	Debbie Cole	33:10
3rd	Darryl Calloway	24:02	Diana Woodward	44:15

	<u>60 - 69</u>		<u>60 & Over</u>
1st	Tom Keating	23:41	N/A
2nd	Don Marvel	24:45	N/A
3rd	Robert Wolhar	25:53	N/A

	<u>70 & over</u>
1st	N/A
2nd	N/A
3rd	N/A

	<u>Male Walkers</u>		<u>Female Walkers</u>	
1st	Bradley Lane	29:07	Catherine Dryden	44:24
2nd	Bob Carroll	35:09	Debbie Johnson	44:52
3rd	Jim Lyons	40:37	Julie Wilson	45:37

<u>Most Patriotic</u>	<u>Most Patriotic</u>
Bradley Lane	Lucia Calloway

Complete Results In Finish Order

<u>Place</u>	<u>Name</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>
1	Luis Navarro	M	33	18:27
2	Jeff Silvernale	M	44	19:02
3	Pete Gitney	M	53	20:18
4	Greg Massey	M	40	20:57
5	Tom Felice	M	33	21:22
6	John VanGorp	M	44	21:51
7	Thomas Zawislak	M	56	22:08
8	Brian Zockell	M	47	22:44
9	Harry White	M	46	23:06
10	Mike Gondeck	M	46	23:23
11	Tom Keating	M	62	23:41
12	Luis Cosme	M	31	23:57
13	Darryl Calloway	M	51	24:02
14	Jacque Thomas	F	33	24:07
15	Jennifer Raley	F	39	24:11
16	Amy Hoey	F	51	24:15
17	Jeffrey Roushey	M	33	24:26
18	Christine McDermott	F	33	24:38
19	Don Marvel	M	67	24:45
20	Courtney Stewart	F	27	24:47
21	Sam Courtney	M	9	25:27
22	Garry Courtney	M	49	25:27
23	Christopher Zawislak	M	27	25:27

24	Laura Haber	F	41	25:32
25	Robert Wolhar	M	62	25:53
26	Matt Wade	M	19	25:53
27	Sandra Krugh	F	41	26:09
28	Richard Grace	M	63	26:11
29	Beth Johnson	F	47	26:16
30	Chris Marker	M	22	26:27
31	Laura Vaughn	F	52	26:34
32	Alex Haber	M	12	26:34
33	Brad Lane	M	60 W	29:07
34	Lisa O'Keefe	F	32	29:08
35	Scott Koenig	M	42	29:28
36	Spencer Haber	M	13	29:44
37	Wendy Witherell	F	41	30:23
38	Kevin Murphy, JR	M	36	30:48
39	Peter DiMaria	M	57	31:11
40	Ann Marie Townshend	F	37	31:37
41	Larry Price	M	67	31:44
42	Amanda Bundeck	F	32	32:29
43	Mallory Vogl	F	23	32:30
44	Jennie O'Keefe	F	36	32:32
45	Tammy Welsh	F	36	32:41
46	Ryan O'Keefe	F	8	32:43
47	Debbie Cole	F	50	33:10
48	Parker Leonard	M	15	33:11
49	Hallee McLain	F	13	34:39
50	Bob Carroll	M	71 W	35:09
51	Lucia Calloway	F	49	35:17
52	Sonja Quinonez	F	35	35:20
53	Priscilla Zawislak	F	56 W	35:52
54	Marie Kozel	F	40	36:01
55	Teresa Greentaner	F	39	36:12
56	Taryn Silvernale	F	7	36:14
57	Cameron Leonard	M	11	36:17
58	Jennifer Brooks	F	42	36:26
59	Molly Breeding	F	48	36:43
60	Laura Gondeck	F	45	36:44
61	David Marango	M	32	38:45
62	Jessica Gondeck	F	24	38:45
63	Jim Lyons	M	76 W	40:37
64	Matt Andrews	M	43 W	42:06
65	Diana Woodward	F	53	44:15
66	Catherine Dryden	F	41 W	44:24
67	Debbie Johnson	F	52 W	44:52

68	Julie Wilson	F	38 W	45:37
69	Valerie Kindel	F	59 W	47:46
70	Robert Clark	M	31 W	47:47
71	Jon Zawislak	M	26 W	47:47
72	Heather Thompson	F	31 W	48:29
73	Robert Moff	M	59	49:06
74	Heidi Clark	F	31 W	49:14
75	Terry Woodward	M	54 W	50:11
76	Rita Smith	F	59 W	55:17
77	Lilian Killen	F	62 W	55:18
78	Gertrude Corkell	F	68 W	1:12:02