

Honor their Sacrifice 5K Run/Walk

May 16, 2015

Results by Trisports Events

5k Run Results in Finish Order

#	Name	Bib No	Age	Chip Time	Gun Time	Chip Diff	Pace	M/F
1	Greg Massey	276	45	20:40.8	20:41.6	0:00.8	6:40/M	M
2	Robet Lupo	239	40	20:50.9	20:50.9	0:00.0	6:43/M	M
3	Jaime Cantlon	278	53	21:05.6	21:07.3	0:01.6	6:48/M	M
4	Frank Whittington	386	64	22:27.2	22:28.6	0:01.4	7:15/M	M
5	Kelli Henrich	229	46	22:32.0	22:35.9	0:03.8	7:16/M	F
6	Brett Clarke	290	16	22:49.1	22:53.4	0:04.2	7:22/M	M
7	Ron Niblett	277	66	23:02.5	23:04.2	0:01.6	7:26/M	M
8	Mark Spence	387	56	24:34.3	24:37.7	0:03.3	7:55/M	M
9	Victoria Vlachos	267	51	24:35.3	24:40.4	0:05.1	7:56/M	F
10	Jeff Dillon	219	53	24:21.8	24:42.8	0:20.9	7:51/M	M
11	Tracy Campbell	204	50	24:56.2	24:59.1	0:02.8	8:03/M	F
12	Durrell Dolph	298	47	24:58.7	25:07.9	0:09.1	8:03/M	M
13	Aaron Legar	289	20	25:20.3	25:28.2	0:07.8	8:10/M	M
14	JON HARRIS	300	47	25:55.6	26:04.4	0:08.7	8:22/M	M
15	Jose Lukecart	238	63	26:11.4	26:20.8	0:09.4	8:27/M	M
16	Steven Morgan	249	42	26:30.8	26:35.2	0:04.3	8:33/M	M
17	Alexis Jamison	236	62	26:45.9	26:48.3	0:02.3	8:38/M	F
18	Bryan Clarke	291	44	26:45.8	26:50.4	0:04.5	8:38/M	M
19	Anthony Gott	226	24	26:45.8	26:51.5	0:05.6	8:38/M	M
20	Robert Clausen	208	60	26:49.2	26:58.8	0:09.6	8:39/M	M
21	Kim Pridemore	252	46	27:53.4	28:02.4	0:08.9	9:00/M	F
22	Todd Stonesifer	264	40	28:08.6	28:23.1	0:14.5	9:05/M	M
23	Jessica Clausen	297	27	28:15.6	28:24.6	0:08.9	9:07/M	F
24	Valerie Huot	234	53	28:27.1	28:31.7	0:04.5	9:11/M	F
25	Shelby Morgan	248	13	28:31.2	28:35.7	0:04.5	9:12/M	F
26	Randall Donithan	222	26	28:35.5	28:39.6	0:04.1	9:13/M	M
27	Bill McArthur	275	74	29:01.9	29:07.0	0:05.1	9:22/M	M
28	Dominic Ascione	201	22	28:56.8	29:09.6	0:12.7	9:20/M	M
29	Corissa Dodson	220	26	30:12.6	30:17.7	0:05.0	9:45/M	F
30	John Fiori	223	44	30:18.0	30:24.4	0:06.4	9:49/M	M
31	Marcia Woodward	358	31	30:31.8	30:48.6	0:16.7	9:51/M	F
32	Vicki Windsor	269	45	30:44.4	30:51.0	0:05.6	9:57/M	F
33	Marcus Woodward	392	31	31:22.6	31:39.0	0:16.4	10:07/M	M
34	Carylon Comegys	295	49	31:33.6	31:41.1	0:07.4	10:11/M	F
35	Amy Parsell	251	46	31:38.0	31:46.3	0:08.2	10:12/M	F
36	Bart Gill	284	34	31:58.5	32:00.8	0:02.3	10:19/M	M
37	Diane Legar	288	42	31:54.5	32:02.4	0:07.8	10:17/M	F
38	Laura Vaughn	266	57	31:56.3	32:05.7	0:09.3	10:18/M	F
39	Dennis Raab	253	68	32:01.2	32:08.2	0:07.0	10:20/M	M
40	April Gill	283	37	32:05.7	32:08.4	0:02.7	10:21/M	F
41	Kelly Morgan	247	40	32:43.7	32:48.3	0:04.6	10:33/M	F
42	Michele Cummings	212	39	32:56.3	32:59.7	0:03.4	10:37/M	F

43	Michael Chromczak	206	56	32:58.0	33:09.4	0:11.3	10:38/M	M
44	Lisa Dolph	299	45	33:18.9	33:29.7	0:10.7	10:45/M	F
45	Carl Yetter	272	45	33:45.4	33:55.8	0:10.3	10:53/M	M
46	Christene Donithan	221	28	35:09.0	35:13.2	0:04.1	11:20/M	F
47	Alex Parsons	292	12	35:55.0	35:56.0	0:01.0	11:35/M	M
48	Elizabeth Wallace	268	24	36:37.8	36:44.9	0:07.1	11:49/M	F
49	Sarah Cummings	213	10	36:48.4	36:49.7	0:01.2	11:52/M	F
50	Ashley Carrow	205	24	36:46.2	36:55.2	0:08.9	11:52/M	F
51	Kiara Barker	202	14	36:50.6	36:58.2	0:07.6	11:53/M	F
52	Chas Barker	390	33	37:03.4	37:10.8	0:07.4	11:57/M	M
53	Jeremy Moore	328	31	37:03.7	37:11.4	0:07.7	11:57/M	M
54	Vincent Raab	254	75	38:44.2	38:51.4	0:07.2	12:30/M	M
55	Cindy Ennis	285	45	39:43.5	39:55.0	0:11.4	12:49/M	F
56	Louise Holt	232	57	39:47.6	39:55.0	0:07.4	12:50/M	F
57	Lee Masser	241	79	39:45.6	39:55.3	0:09.7	12:49/M	M
58	Cheryl Dillon	218	52	40:14.7	40:29.5	0:14.8	12:59/M	F
59	Vivian Cook	210	38	41:17.7	41:24.1	0:06.3	13:19/M	F
60	Lauren Victory	388	26	41:19.6	41:26.4	0:06.8	13:20/M	F
61	Laurie Cummins	214	60	42:09.6	42:19.7	0:10.1	13:36/M	F
62	Merrilyn Ramsey	256	70	42:38.7	42:56.5	0:17.7	13:45/M	F
63	Jennifer Holmes	231	41	44:29.0	44:37.9	0:08.8	14:21/M	F
64	Marisa Handley	228	14	44:27.1	44:38.0	0:10.9	14:20/M	F
65	Deanna Crocker	211	14	46:23.4	46:34.3	0:10.8	14:58/M	F
66	Liana Young	274	13	46:23.3	46:34.5	0:11.1	14:58/M	F
67	Lori Huelsenbeck-Dill	233	36	46:58.6	47:10.1	0:11.5	15:09/M	F
68	Bill Ingram	235	58	47:00.9	47:12.5	0:11.5	15:10/M	M
69	Jason Thomas	265	24	47:40.8	48:00.1	0:19.2	15:23/M	M
70	Betty Clendaniel	209	28	48:45.2	48:51.3	0:06.0	15:44/M	F
71	Antigone Russum	259	12	48:46.3	48:52.5	0:06.2	15:44/M	F
72	Priscilla Lord	237	31	48:46.1	48:52.9	0:06.8	15:44/M	F
73	Morgan Russum	260	34	48:46.2	48:53.0	0:06.8	15:44/M	F
74	Ben Dill III	217	40	49:49.0	50:01.4	0:12.4	16:04/M	M
75	Rochelle Moretti	246	22	49:43.2	50:02.6	0:19.3	16:02/M	F
76	Eve Moretti	245	56	49:51.9	50:03.0	0:11.1	16:05/M	F
77	Stephany Halpern	227	39	50:18.7	50:20.7	0:02.0	16:14/M	F
78	Kristin Stonesifer	263	41	50:18.9	50:20.9	0:02.0	16:14/M	F
79	Diana Woodward	270	58	55:38.9	55:47.4	0:08.4	17:57/M	F
80	Zoe Woodward	349	4	56:17.2	56:25.7	0:08.4	18:09/M	F

5K Walk Results in Finish Order

#	Name	Bib No	Age	Chip Time	Gun Time	Chip Diff	Pace	M/F
1	Robert Henrich	230	57	39:30.1	39:33.7	0:03.6	12:45/M	M
2	Debbie Johnson	294	56	42:18.2	42:23.9	0:05.7	13:39/M	F
3	Leslie Simpson	280	57	43:14.9	43:30.0	0:15.0	13:57/M	F
4	Jim Lyons	240	81	44:10.3	44:14.5	0:04.1	14:15/M	M
5	Terry Woodward	271	59	45:51.6	45:54.8	0:03.2	14:47/M	M
6	Joe Young	273	64	48:27.2	48:30.7	0:03.5	15:38/M	M
7	Michele Churchman	389	55	49:06.6	49:25.7	0:19.1	15:50/M	F
8	Sharon Reppard	257	57	54:21.1	54:34.7	0:13.6	17:32/M	F
9	Cindy Rochon	258	49	54:28.6	54:43.3	0:14.7	17:34/M	F
10	Ann Marie Bennett	203	45	54:28.8	54:43.4	0:14.6	17:34/M	F

11	Suzanne Geist	287	42	55:00.7	55:06.0	0:05.3	17:45/M	F
12	Andrea Georgules	286	35	55:00.9	55:06.8	0:05.8	17:45/M	F
13	Lynne Vernon-Denham	282	59	55:11.4	55:23.9	0:12.5	17:48/M	F
14	Ed Denham	281	48	55:11.7	55:24.3	0:12.5	17:48/M	M
15	Tracey Darling-Clark	216	34	55:33.2	55:49.8	0:16.6	17:55/M	F
16	Niesha Burris	296	36	55:31.4	55:50.1	0:18.7	17:55/M	F
17	James Clark	207	41	55:55.4	56:13.5	0:18.0	18:02/M	M
18	Burris Eugene	293	54	55:54.0	56:14.5	0:20.4	18:02/M	M
19	Victoria Fraizer	224	55	57:02.6	57:16.3	0:13.7	18:24/M	F
20	James Frazier	225	64	57:02.9	57:17.2	0:14.2	18:24/M	F
21	Cynthia Lorresti	279	52	58:43.3	58:59.5	0:16.2	18:56/M	F

Male Open Winner

#	Name	Bib No	Age	Chip Time	Gun Time	Chip Diff	Pace
1	Greg Massey	276	45	20:40.8	20:41.6	0:00.8	6:40/M

Male Masters Winner

#	Name	Bib No	Age	Chip Time	Gun Time	Chip Diff	Pace
1	Robet Lupo	239	40	20:50.9	20:50.9	0:00.0	6:43/M

Age Group Winners

Male 14 and Under

#	Name	Bib No	Age	Chip Time	Gun Time	Chip Diff	Pace
1	Alex Parsons	292	12	35:55.0	35:56.0	0:01.0	11:35/M

Male 15 to 19

#	Name	Bib No	Age	Chip Time	Gun Time	Chip Diff	Pace
1	Brett Clarke	290	16	22:49.1	22:53.4	0:04.2	7:22/M

Male 20 to 29

#	Name	Bib No	Age	Chip Time	Gun Time	Chip Diff	Pace
1	Aaron Legar	289	20	25:20.3	25:28.2	0:07.8	8:10/M
2	Anthony Gott	226	24	26:45.8	26:51.5	0:05.6	8:38/M
3	Randall Donithan	222	26	28:35.5	28:39.6	0:04.1	9:13/M
4	Dominic Ascione	201	22	28:56.8	29:09.6	0:12.7	9:20/M
5	Jason Thomas	265	24	47:40.8	48:00.1	0:19.2	15:23/M

Male 30 to 39

#	Name	Bib No	Age	Chip Time	Gun Time	Chip Diff	Pace
1	Marcus Woodward	392	31	31:22.6	31:39.0	0:16.4	10:07/M
2	Bart Gill	284	34	31:58.5	32:00.8	0:02.3	10:19/M
3	Chas Barker	390	33	37:03.4	37:10.8	0:07.4	11:57/M
4	Jeremy Moore	328	31	37:03.7	37:11.4	0:07.7	11:57/M

Male 40 to 49

#	Name	Bib No	Age	Chip Time	Gun Time	Chip Diff	Pace
1	Durrell Dolph	298	47	24:58.7	25:07.9	0:09.1	8:03/M
2	JON HARRIS	300	47	25:55.6	26:04.4	0:08.7	8:22/M
3	Steven Morgan	249	42	26:30.8	26:35.2	0:04.3	8:33/M
4	Bryan Clarke	291	44	26:45.8	26:50.4	0:04.5	8:38/M
5	Todd Stonesifer	264	40	28:08.6	28:23.1	0:14.5	9:05/M
6	John Fiori	223	44	30:18.0	30:24.4	0:06.4	9:49/M
7	Carl Yetter	272	45	33:45.4	33:55.8	0:10.3	10:53/M
8	Ben Dill III	217	40	49:49.0	50:01.4	0:12.4	16:04/M

Male 50 to 59

#	Name	Bib No	Age	Chip Time	Gun Time	Chip Diff	Pace
1	Jaime Cantlon	278	53	21:05.6	21:07.3	0:01.6	6:48/M
2	Mark Spence	387	56	24:34.3	24:37.7	0:03.3	7:55/M
3	Jeff Dillon	219	53	24:21.8	24:42.8	0:20.9	7:51/M
4	Michael Chromczak	206	56	32:58.0	33:09.4	0:11.3	10:38/M
5	Bill Ingram	235	58	47:00.9	47:12.5	0:11.5	15:10/M

Male 60 to 69

#	Name	Bib No	Age	Chip Time	Gun Time	Chip Diff	Pace
1	Frank Whittington	386	64	22:27.2	22:28.6	0:01.4	7:15/M
2	Ron Niblett	277	66	23:02.5	23:04.2	0:01.6	7:26/M
3	Jose Lukecart	238	63	26:11.4	26:20.8	0:09.4	8:27/M
4	Robert Clausen	208	60	26:49.2	26:58.8	0:09.6	8:39/M
5	Dennis Raab	253	68	32:01.2	32:08.2	0:07.0	10:20/M

Male 70 and Over

#	Name	Bib No	Age	Chip Time	Gun Time	Chip Diff	Pace
1	Bill McArthur	275	74	29:01.9	29:07.0	0:05.1	9:22/M
2	Vincent Raab	254	75	38:44.2	38:51.4	0:07.2	12:30/M
3	Lee Masser	241	79	39:45.6	39:55.3	0:09.7	12:49/M

Female Open Winner

#	Name	Bib No	Age	Chip Time	Gun Time	Chip Diff	Pace
1	Kelli Henrich	229	46	22:32.0	22:35.9	0:03.8	7:16/M

Female Masters Winner

#	Name	Bib No	Age	Chip Time	Gun Time	Chip Diff	Pace
1	Victoria Vlachos	267	51	24:35.3	24:40.4	0:05.1	7:56/M

Age Group Winners

Female 14 and Under

#	Name	Bib No	Age	Chip Time	Gun Time	Chip Diff	Pace
1	Shelby Morgan	248	13	28:31.2	28:35.7	0:04.5	9:12/M
2	Sarah Cummings	213	10	36:48.4	36:49.7	0:01.2	11:52/M
3	Kiara Barker	202	14	36:50.6	36:58.2	0:07.6	11:53/M
4	Marisa Handley	228	14	44:27.1	44:38.0	0:10.9	14:20/M
5	Deanna Crocker	211	14	46:23.4	46:34.3	0:10.8	14:58/M
6	Liana Young	274	13	46:23.3	46:34.5	0:11.1	14:58/M
7	Antigone Russum	259	12	48:46.3	48:52.5	0:06.2	15:44/M
8	Zoe Woodward	349	4	56:17.2	56:25.7	0:08.4	18:09/M

Female 20 to 29

#	Name	Bib No	Age	Chip Time	Gun Time	Chip Diff	Pace
1	Jessica Clausen	297	27	28:15.6	28:24.6	0:08.9	9:07/M
2	Corissa Dodson	220	26	30:12.6	30:17.7	0:05.0	9:45/M
3	Christene Donithan	221	28	35:09.0	35:13.2	0:04.1	11:20/M
4	Elizabeth Wallace	268	24	36:37.8	36:44.9	0:07.1	11:49/M
5	Ashley Carrow	205	24	36:46.2	36:55.2	0:08.9	11:52/M
6	Lauren Victory	388	26	41:19.6	41:26.4	0:06.8	13:20/M
7	Betty Clendaniel	209	28	48:45.2	48:51.3	0:06.0	15:44/M
8	Rochelle Moretti	246	22	49:43.2	50:02.6	0:19.3	16:02/M

Female 30 to 39

#	Name	Bib No	Age	Chip Time	Gun Time	Chip Diff	Pace
1	Marcia Woodward	358	31	30:31.8	30:48.6	0:16.7	9:51/M
2	April Gill	283	37	32:05.7	32:08.4	0:02.7	10:21/M
3	Michele Cummings	212	39	32:56.3	32:59.7	0:03.4	10:37/M
4	Vivian Cook	210	38	41:17.7	41:24.1	0:06.3	13:19/M
5	Lori Huelsenbeck-Dill	233	36	46:58.6	47:10.1	0:11.5	15:09/M
6	Priscilla Lord	237	31	48:46.1	48:52.9	0:06.8	15:44/M
7	Morgan Russum	260	34	48:46.2	48:53.0	0:06.8	15:44/M
8	Stephany Halpern	227	39	50:18.7	50:20.7	0:02.0	16:14/M

Female 40 to 49

#	Name	Bib No	Age	Chip Time	Gun Time	Chip Diff	Pace
1	Kim Pridemore	252	46	27:53.4	28:02.4	0:08.9	9:00/M
2	Vicki Windsor	269	45	30:51.0	30:51.0		9:57/M
3	Carylon Comegys	295	49	31:33.6	31:41.1	0:07.4	10:11/M
4	Amy Parsell	251	46	31:38.0	31:46.3	0:08.2	10:12/M
5	Diane Legar	288	42	31:54.5	32:02.4	0:07.8	10:17/M
6	Kelly Morgan	247	40	32:43.7	32:48.3	0:04.6	10:33/M
7	Lisa Dolph	299	45	33:18.9	33:29.7	0:10.7	10:45/M
8	Cindy Ennis	285	45	39:43.5	39:55.0	0:11.4	12:49/M
9	Jennifer Holmes	231	41	44:29.0	44:37.9	0:08.8	14:21/M
10	Kristin Stonesifer	263	41	50:18.9	50:20.9	0:02.0	16:14/M

Female 50 to 59

#	Name	Bib No	Age	Chip Time	Gun Time	Chip Diff	Pace
1	Tracy Campbell	204	50	24:56.2	24:59.1	0:02.8	8:03/M

2	Valerie Huot	234	53	28:27.1	28:31.7	0:04.5	9:11/M
3	Laura Vaughn	266	57	31:56.3	32:05.7	0:09.3	10:18/M
4	Louise Holt	232	57	39:47.6	39:55.0	0:07.4	12:50/M
5	Cheryl Dillon	218	52	40:14.7	40:29.5	0:14.8	12:59/M
6	Eve Moretti	245	56	49:51.9	50:03.0	0:11.1	16:05/M
7	Diana Woodward	270	58	55:38.9	55:47.4	0:08.4	17:57/M

Female 60 and Over

#	Name	Bib No	Age	Chip Time	Gun Time	Chip Diff	Pace
1	Alexis Jamison	236	62	26:45.9	26:48.3	0:02.3	8:38/M
2	Laurie Cummins	214	60	42:09.6	42:19.7	0:10.1	13:36/M
3	Merrilyn Ramsey	256	70	42:38.7	42:56.5	0:17.7	13:45/M