

Holy Cross Family Fun 5K
April 28, 2017 - Wild Quail Country Club
A Trisports Events Production

Overall Finish List

Place	Name	City	5K Run			Chip	Gun	Pace
			Bib	Age	Age Plc			
1	Blaise Moyer	Magnolia DE	1251	13	1 Open	20:12.1	20:12.9	6:31/M
2	Caughnery Freese	Dover DE	1421	10	1 M 1-10	21:02.8	21:03.5	6:47/M
3	Ayalew Osen	Dover DE	1254	43	1 Masters	21:33.8	21:36.5	6:58/M
4	Greg Massey	Felton DE	1308	47	1 M 40-49	21:51.5	21:52.5	7:03/M
5	Jordan Speed	Magnolia DE	1275	16	1 M 15-19	23:59.3	24:00.9	7:45/M
6	Chase Bifferato	Camden Wyoming DE	1333	14	1 M 11-14	24:04.1	24:05.2	7:46/M
7	Richard Uslan	East Brunswick NJ	1307	64	1 M 60-69	24:28.3	24:29.0	7:54/M
8	Jack Coll	Camden Wyoming DE	922	57	1 M 50-59	24:55.8	24:58.0	8:03/M
9	Robert Spaulding	Townsend DE	1274	57	2 M 50-59	25:31.1	25:34.1	8:15/M
10	Rob Ridgeway	Camden Wyoming DE	923	40	2 M 40-49	26:09.4	26:12.1	8:27/M
11	Frank Whittington	Middletown DE	1419	66	2 M 60-69	26:45.3	26:47.2	8:38/M
12	Matthew Zink	Dover DE	1296	50	3 M 50-59	30:22.2	30:29.3	9:50/M
13	Greg Bray	Dover DE	1211	57	4 M 50-59	30:59.5	31:07.5	10:02/M
14	Michael Yaeger	Abingdon MD	1290	31	1 M 30-39	31:35.3	31:41.2	10:13/M
15	Jake Moyer	Magnolia DE	1252	10	2 M 1-10	32:10.0	32:16.7	10:25/M
16	Amy Zook	Magnolia DE	1297	39	1 F 30-39	32:21.1	32:27.5	10:28/M
17	Mackenzie Glick	Magnolia DE	1237	9	1 Open	32:26.0	32:27.4	10:28/M
18	Samantha Manjon	Camden Wyoming DE	1248	14	1 F 11-14	32:54.4	33:05.0	10:40/M
19	Valerie Reihl	Rock Hall MD	1264	61	1 Masters	33:41.0	33:45.0	10:53/M
20	Kennisha Deallie	Dover DE	921	36	2 F 30-39	33:58.5	33:58.5	10:57/M
21	Tony Hall	Dover DE	1239	51	5 M 50-59	34:51.7	34:58.6	11:17/M
22	Avelina Ghanayem	Camden Wyoming DE	1233	8	1 F 1-10	35:39.6	35:41.4	11:31/M
23	Anneke Cerri	Felton DE	927	44	1 F 40-49	35:41.7	35:47.2	11:33/M
24	Mary Walsh	Dover DE	920	61	1 F 60-99	35:48.5	35:53.7	11:35/M
25	Claire Juneau	Dover DE	929	11	2 F 11-14	36:02.6	36:07.6	11:39/M
26	Karla Spencer	Hartly DE	1278	56	1 F 50-59	36:05.6	36:09.1	11:40/M
27	Alyssa Ghanayem	Camden Wyoming DE	1232	11	3 F 11-14	36:05.9	36:09.8	11:40/M
28	John Fiori	Felton DE	1417	46	3 M 40-49	36:17.0	36:25.1	11:45/M
29	Liliana Fannin	Magnolia DE	1476	13	4 F 11-14	36:47.6	36:49.8	11:53/M
30	Anna Canalichio	Dover DE	1474	13	5 F 11-14	36:48.1	36:49.9	11:53/M
31	Mackenzie Speed	Magnolia DE	1277	12	6 F 11-14	36:56.5	36:57.7	11:55/M
32	Dana Shanklin	Dover DE	1272	8	2 F 1-10	37:41.0	37:43.8	12:10/M
33	Lensa Osen	Dover DE	1255	8	3 F 1-10	37:51.4	37:54.4	12:14/M
34	Vincent Pisano	Dover DE	1261	65	3 M 60-69	37:55.2	37:55.2	12:14/M
35	Cam Allen	Dover DE	1298	8	3 M 1-10	37:59.8	38:05.3	12:17/M
36	Payton Garnsey	Middletown DE	1230	5	4 F 1-10	38:10.8	38:12.6	12:19/M
37	Luke Payus	Dover DE	1258	10	4 M 1-10	38:15.7	38:23.0	12:23/M
38	Brian Shanklin	Dover DE	1271	37	2 M 30-39	38:16.6	38:21.3	12:22/M
39	Angela Garnsey	Dover DE	1229	38	3 F 30-39	38:17.1	38:18.9	12:21/M
40	Lauren Shanklin	Dover DE	1273	37	4 F 30-39	38:17.9	38:22.8	12:23/M
41	Adam Zink	Dover DE	1295	10	5 M 1-10	38:51.6	38:59.0	12:35/M
42	Dawn Canalichio	Dover DE	1459	47	2 F 40-49	39:05.8	39:12.6	12:39/M
43	Coen Chupp	Dover DE	928	6	6 M 1-10	39:07.1	39:10.4	12:38/M

44	Laura Chupp	Dover DE	930	46	3 F 40-49	39:07.4	39:09.7	12:38/M
45	Alexis Ray	Camden Wyoming DE	924	37	5 F 30-39	39:41.1	39:45.6	12:49/M
46	Joe Keyes	Dover DE	1246	69	4 M 60-69	39:44.4	39:50.5	12:51/M
47	Megan Allen	Dover DE	1299	32	6 F 30-39	39:45.2	39:50.7	12:51/M
48	Chance Galloway	Camden Wyoming DE	1228	9	7 M 1-10	40:31.4	40:32.8	13:05/M
49	Ramon Manjon	Camden Wyoming DE	1247	12	2 M 11-14	40:37.8	40:48.8	13:10/M
50	Judith Rippert	Dover DE	1266	52	2 F 50-59	41:04.9	41:10.9	13:17/M
51	Bill Smith	Cortlandt Manor NY	926	72	1 M 70-99	41:36.0	41:41.7	13:27/M
52	Peggy Yaeger	Milford DE	1291	56	3 F 50-59	41:37.5	41:44.6	13:28/M
53	Pamela Cannon	Harrington DE	1216	57	4 F 50-59	42:01.1	42:06.8	13:35/M
54	Charles Matthews	Camden Wyoming DE	1250	69	5 M 60-69	42:09.6	42:09.6	13:36/M
55	Brooke Stumpf	Camden Wyoming DE	1279	10	5 F 1-10	43:30.1	43:31.9	14:02/M
56	Leslie Cote	Smyrna DE	1220	52	5 F 50-59	44:28.4	44:37.4	14:24/M
57	Monica Noffsinger	Harrington DE	1253	30	7 F 30-39	44:29.1	44:37.5	14:24/M
58	Noah Bray	Dover DE	1214	9	8 M 1-10	45:26.4	45:37.0	14:43/M
59	Nick Bray	Dover DE	1213	12	3 M 11-14	46:26.4	46:36.3	15:02/M
60	Avery Bifferato	Camden Wyoming DE	1366	5	6 F 1-10	47:52.9	47:55.2	15:27/M
61	Reagan Garnsey	Dover DE	1231	10	7 F 1-10	49:14.0	49:16.5	15:54/M
62	Amelia Payus	Dover DE	1257	10	8 F 1-10	49:16.5	49:18.8	15:54/M
63	Emma Kozel	Dover DE	932	9	9 F 1-10	49:23.1	49:24.1	15:56/M
64	Sophia Ghanayem	Camden Wyoming DE	1236	39	8 F 30-39	49:24.2	49:44.9	16:03/M
65	Danielle Wilk	Camden DE	1288	40	4 F 40-49	49:40.2	49:43.6	16:02/M
66	John Ghanayem	Camden Wyoming DE	1234	41	4 M 40-49	49:42.4	49:42.4	16:02/M
67	Carly Wilk	Camden DE	1287	7	10 F 1-10	49:42.5	49:43.8	16:02/M
68	Robert Wilk	Camden Wyoming DE	1289	44	5 M 40-49	50:33.6	50:37.2	16:20/M
69	Andrew Jimmie Wilk	Camden DE	1286	5	9 M 1-10	50:36.4	50:37.4	16:20/M
70	Lee Masser	Edgewater MD	1249	81	2 M 70-99	51:08.0	51:15.7	16:32/M
71	Alex Tullis	Camden Wyoming DE	1280	7	10 M 1-10	57:17.8	57:18.8	18:29/M
72	Jacob Tullis	Camden Wyoming DE	1281	9	11 M 1-10	57:43.8	57:45.7	18:38/M
73	Mary Grace Ostrea	Dover DE	1256	35	9 F 30-39	1:04:38.6	1:04:43.6	20:53/M
74	Meriam Chua	Dover DE	1219	40	5 F 40-49	1:04:40.8	1:04:45.8	20:53/M

5K WALK

Place	Name	City	Bib	Age	Age Plc	Chip	Gun	Pace
1	Ron Salvio	Whiting NJ	1418	68	1 M 1-99	34:12.6	34:16.8	11:03/M
2	John Fredericks	Brick NJ	1227	69	2 M 1-99	35:44.1	35:48.0	11:33/M
3	Don Zalenski	Magnolia DE	1293	71	3 M 1-99	35:59.3	36:02.6	11:37/M
4	Kim Speed	Magnolia DE	1276	47	1 F 1-99	38:37.5	38:45.5	12:30/M
5	Hoong Chow	Felton DE	1218	57	4 M 1-99	38:53.0	38:56.7	12:34/M
6	Anne Brown	Magnolia DE	1215	37	2 F 1-99	39:40.6	39:50.3	12:51/M
7	Bob Carroll	Milford DE	1217	78	5 M 1-99	40:59.4	41:04.0	13:15/M
8	Douglass Lambert	Seaford DE	1396	60	6 M 1-99	44:26.3	44:32.6	14:22/M
9	Carolbeth Lambert	Seaford DE	1406	63	3 F 1-99	46:52.2	46:58.4	15:09/M
10	Caden Benedetto	Camden Wyoming DE	1300	13	7 M 1-99	47:06.4	47:18.7	15:15/M
11	Jack Benedetto	Camden Wyoming DE	1210	47	8 M 1-99	47:07.1	47:19.6	15:16/M
12	Sharon Emerson	Smyrna DE	1224	53	4 F 1-99	47:24.8	47:32.5	15:20/M
13	Karen Pritt	Smyrna DE	1263	53	5 F 1-99	47:24.9	47:32.6	15:20/M
14	Angela Bifferato	Camden Wyoming DE	1387	40	6 F 1-99	47:53.1	47:55.1	15:27/M
15	Janet Pisano	Dover DE	1260	63	7 F 1-99	48:56.4	49:05.3	15:50/M
16	Phyllis Zalenski	Magnolia DE	1294	68	9 M 1-99	55:28.2	55:35.4	17:56/M
17	Jennifer Weaver	Camden Wyoming DE	1284	40	8 F 1-99	55:51.9	56:08.9	18:06/M
18	Charles Weaver	Camden Wyoming DE	1283	49	10 M 1-99	55:52.0	56:10.4	18:07/M

19	Marie Kozel	Dover DE	931	46	9 F 1-99	55:53.3	56:10.9	18:07/M
20	Karen Cairns	Marydel DE	1414	61	10 F 1-99	56:27.6	56:33.3	18:15/M
21	Suzanne McGowan	Dover DE	925	60	11 F 1-99	56:27.8	56:41.5	18:17/M
22	Patricia Wegemer	Camden DE	1285	58	12 F 1-99	56:28.3	56:42.2	18:17/M
23	Mary Riecks	Dover DE	1265	55	13 F 1-99	56:28.7	56:43.1	18:18/M
24	Charles Joiner	Dover DE	1241	54	11 M 1-99	56:29.9	56:44.5	18:18/M
25	Tiffany Tullis	Camden Wyoming DE	1282	36	14 F 1-99	58:42.9	59:00.9	19:02/M
26	Macie Emerson	Smyrna DE	1222	7	15 F 1-99	1:02:41.2	1:02:54.9	20:17/M
27	Thomas Emerson	Smyrna DE	1225	36	12 M 1-99	1:02:45.6	1:03:00.3	20:19/M
28	Thomas Emerson V	Smyrna DE	1226	4	13 M 1-99	1:02:46.5	1:02:59.5	20:19/M
29	Yoko Imai	Dover DE	1240	39	16 F 1-99	1:03:28.3	1:03:32.3	20:30/M
30	Miranda Emerson	Smyrna DE	1223	35	17 F 1-99	1:03:42.9	1:03:57.9	20:38/M
31	Andrew Keen	Felton DE	1243	3	14 M 1-99	1:05:05.4	1:05:22.8	21:05/M
32	Michael Rushe	Dover DE	1269	36	15 M 1-99	1:05:05.7	1:05:26.6	21:06/M
33	Andrea Keen	Felton DE	1242	37	18 F 1-99	1:05:06.6	1:05:26.5	21:06/M
34	Gianna Keen	Felton DE	1245	5	19 F 1-99	1:05:10.4	1:05:27.5	21:07/M
35	Owen Rushe	Dover DE	1270	6	16 M 1-99	1:05:12.4	1:05:30.4	21:08/M
36	Jean Everage	Rehoboth Beach DE	919	64	20 F 1-99	1:05:37.8	1:05:51.4	21:15/M
37	Melissa Cullen	Dover DE	1221	49	21 F 1-99	1:05:39.8	1:05:54.1	21:15/M

Female Age Group Results

Female Open Champion

Place	Name	City	Age	O'all	Chip	Gun	Pace
1	Mackenzie Glick	Magnolia DE	9	17	32:26.0	32:27.4	10:28/M

Female Masters Champion

Place	Name	City	Age	O'all	Chip	Gun	Pace
1	Valerie Reihl	Rock Hall MD	61	19	33:41.0	33:45.0	10:53/M

Female 10 and Under

Place	Name	City	Age	O'all	Chip	Gun	Pace
1	Avelina Ghanayem	Camden Wyoming DE	8	22	35:39.6	35:41.4	11:31/M
2	Dana Shanklin	Dover DE	8	32	37:41.0	37:43.8	12:10/M
3	Lensa Osen	Dover DE	8	33	37:51.4	37:54.4	12:14/M
4	Payton Garnsey	Middletown DE	5	36	38:10.8	38:12.6	12:19/M
5	Brooke Stumpf	Camden Wyoming DE	10	55	43:30.1	43:31.9	14:02/M
6	Avery Bifferato	Camden Wyoming DE	5	60	47:52.9	47:55.2	15:27/M
7	Reagan Garnsey	Dover DE	10	61	49:14.0	49:16.5	15:54/M
8	Amelia Payus	Dover DE	10	62	49:16.5	49:18.8	15:54/M
9	Emma Kozel	Dover DE	9	63	49:23.1	49:24.1	15:56/M
10	Carly Wilk	Camden DE	7	67	49:42.5	49:43.8	16:02/M

Female 11 to 14

Place	Name	City	Age	O'all	Chip	Gun	Pace
1	Samantha Manjon	Camden Wyoming DE	14	18	32:54.4	33:05.0	10:40/M
2	Claire Juneau	Dover DE	11	25	36:02.6	36:07.6	11:39/M
3	Alyssa Ghanayem	Camden Wyoming DE	11	27	36:05.9	36:09.8	11:40/M

4	Liliana Fannin	Magnolia DE	13	29	36:47.6	36:49.8	11:53/M
5	Anna Canalichio	Dover DE	13	30	36:48.1	36:49.9	11:53/M
6	Mackenzie Speed	Magnolia DE	12	31	36:56.5	36:57.7	11:55/M

Female 30 to 39

Place	Name	City	Age	O'all	Chip	Gun	Pace
1	Amy Zook	Magnolia DE	39	16	32:21.1	32:27.5	10:28/M
2	Kennisha Deallie	Dover DE	36	20	33:58.5	33:58.5	10:57/M
3	Angela Garnsey	Dover DE	38	39	38:17.1	38:18.9	12:21/M
4	Lauren Shanklin	Dover DE	37	40	38:17.9	38:22.8	12:23/M
5	Alexis Ray	Camden Wyoming DE	37	45	39:41.1	39:45.6	12:49/M
6	Megan Allen	Dover DE	32	47	39:45.2	39:50.7	12:51/M
7	Monica Noffsinger	Harrington DE	30	57	44:29.1	44:37.5	14:24/M
8	Sophia Ghanayem	Camden Wyoming DE	39	64	49:24.2	49:44.9	16:03/M
9	Mary Grace Ostrea	Dover DE	35	73	1:04:38.6	1:04:43.6	20:53/M

Female 40 to 49

Place	Name	City	Age	O'all	Chip	Gun	Pace
1	Anneke Cerri	Felton DE	44	23	35:41.7	35:47.2	11:33/M
2	Dawn Canalichio	Dover DE	47	42	39:05.8	39:12.6	12:39/M
3	Laura Chupp	Dover DE	46	44	39:07.4	39:09.7	12:38/M
4	Danielle Wilk	Camden DE	40	65	49:40.2	49:43.6	16:02/M
5	Meriam Chua	Dover DE	40	74	1:04:40.8	1:04:45.8	20:53/M

Female 50 to 59

Place	Name	City	Age	O'all	Chip	Gun	Pace
1	Karla Spencer	Hartly DE	56	26	36:05.6	36:09.1	11:40/M
2	Judith Rippert	Dover DE	52	50	41:04.9	41:10.9	13:17/M
3	Peggy Yaeger	Milford DE	56	52	41:37.5	41:44.6	13:28/M
4	Pamela Cannon	Harrington DE	57	53	42:01.1	42:06.8	13:35/M
5	Leslie Cote	Smyrna DE	52	56	44:28.4	44:37.4	14:24/M

Female 60 and Over

Place	Name	City	Age	O'all	Chip	Gun	Pace
1	Mary Walsh	Dover DE	61	24	35:48.5	35:53.7	11:35/M

Male Age Group Results

Male Open Champion

Place	Name	City	Age	O'all	Chip	Gun	Pace
1	Blaise Moyer	Magnolia DE	13	1	20:12.1	20:12.9	6:31/M

Male Masters Champion

Place	Name	City	Age	O'all	Chip	Gun	Pace
1	Ayalew Osen	Dover DE	43	3	21:33.8	21:36.5	6:58/M

Male 10 and Under

Place	Name	City	Age	O'all	Chip	Gun	Pace
1	Caughnery Freese	Dover DE	10	2	21:02.8	21:03.5	6:47/M
2	Jake Moyer	Magnolia DE	10	15	32:10.0	32:16.7	10:25/M
3	Cam Allen	Dover DE	8	35	37:59.8	38:05.3	12:17/M
4	Luke Payus	Dover DE	10	37	38:15.7	38:23.0	12:23/M
5	Adam Zink	Dover DE	10	41	38:51.6	38:59.0	12:35/M
6	Coen Chupp	Dover DE	6	43	39:07.1	39:10.4	12:38/M
7	Chance Galloway	Camden Wyoming DE	9	48	40:31.4	40:32.8	13:05/M
8	Noah Bray	Dover DE	9	58	45:26.4	45:37.0	14:43/M
9	Andrew Jimmie Wilk	Camden DE	5	69	50:36.4	50:37.4	16:20/M
10	Alex Tullis	Camden Wyoming DE	7	71	57:17.8	57:18.8	18:29/M
11	Jacob Tullis	Camden Wyoming DE	9	72	57:43.8	57:45.7	18:38/M

Male 11 to 14

Place	Name	City	Age	O'all	Chip	Gun	Pace
1	Chase Bifferato	Camden Wyoming DE	14	6	24:04.1	24:05.2	7:46/M
2	Ramon Manjon	Camden Wyoming DE	12	49	40:37.8	40:48.8	13:10/M
3	Nick Bray	Dover DE	12	59	46:26.4	46:36.3	15:02/M

Male 15 to 19

Place	Name	City	Age	O'all	Chip	Gun	Pace
1	Jordan Speed	Magnolia DE	16	5	23:59.3	24:00.9	7:45/M

Male 30 to 39

Place	Name	City	Age	O'all	Chip	Gun	Pace
1	Michael Yaeger	Abingdon MD	31	14	31:35.3	31:41.2	10:13/M
2	Brian Shanklin	Dover DE	37	38	38:16.6	38:21.3	12:22/M

Male 40 to 49

Place	Name	City	Age	O'all	Chip	Gun	Pace
1	Greg Massey	Felton DE	47	4	21:51.5	21:52.5	7:03/M
2	Rob Ridgeway	Camden Wyoming DE	40	10	26:09.4	26:12.1	8:27/M
3	John Fiori	Felton DE	46	28	36:17.0	36:25.1	11:45/M
4	John Ghanayem	Camden Wyoming DE	41	66	49:42.4	49:42.4	16:02/M
5	Robert Wilk	Camden Wyoming DE	44	68	50:33.6	50:37.2	16:20/M

Male 50 to 59

Place	Name	City	Age	O'all	Chip	Gun	Pace
1	Jack Coll	Camden Wyoming DE	57	8	24:55.8	24:58.0	8:03/M
2	Robert Spaulding	Townsend DE	57	9	25:31.1	25:34.1	8:15/M
3	Matthew Zink	Dover DE	50	12	30:22.2	30:29.3	9:50/M
4	Greg Bray	Dover DE	57	13	30:59.5	31:07.5	10:02/M
5	Tony Hall	Dover DE	51	21	34:51.7	34:58.6	11:17/M

Male 60 to 69

Place	Name	City	Age	O'all	Chip	Gun	Pace
1	Richard Uslan	East Brunswick NJ	64	7	24:28.3	24:29.0	7:54/M
2	Frank Whittington	Middletown DE	66	11	26:45.3	26:47.2	8:38/M
3	Vincent Pisano	Dover DE	65	34	37:55.2	37:55.2	12:14/M
4	Joe Keyes	Dover DE	69	46	39:44.4	39:50.5	12:51/M
5	Charles Matthews	Camden Wyoming DE	69	54	42:09.6	42:09.6	13:36/M

Male 70 and Over

Place	Name	City	Age	O'all	Chip	Gun	Pace
1	Bill Smith	Cortlandt Manor NY	72	51	41:36.0	41:41.7	13:27/M
2	Lee Masser	Edgewater MD	81	70	51:08.0	51:15.7	16:32/M