

Big Thursday on Sunday 5K Run
Bowers Beach Naritime Museum - Bowers Beach, DE
Sunday, October 13, 2019 - Partly Sunny - 58 Degrees
A Trisports Events Production

Age Group Results

Female Champion

PLC Name	City	Age	O'All	Chip	Gun	Pace
1 Mardiny Ung	Elizabethtown PA	52	5	23:01.9	23:01.9	7:26/M

Female Masters Champion

PLC Name	City	Age	O'All	Chip	Gun	Pace
1 Carrie Green	Magnolia DE	46	14	27:52.1	27:52.1	8:58/M

Female 11 to 14

PLC Name	City	Age	O'All	Chip	Gun	Pace
1 Forrest Teichmann	Magnolia DE	13	8	24:56.3	24:56.6	8:03/M
2 Sur Wagmister	Hartly DE	13	19	31:06.6	31:14.2	10:02/M

Female 20 to 29

PLC Name	City	Age	O'All	Chip	Gun	Pace
1 Melissa Cheney	Harrington DE	28	28	39:26.8	39:29.5	12:43/M

Female 30 to 39

PLC Name	City	Age	O'All	Chip	Gun	Pace
1 Mindy Berry	Camden Wyoming DE	35	15	29:01.4	29:01.7	9:22/M
2 Krissy Kopia	Hillsborough NJ	31	16	29:35.6	29:37.9	9:33/M
3 Samantha Pennewell	Smyrna DE	32	17	30:57.9	31:06.2	9:59/M
4 Becky Robinson	Harrington DE	36	20	32:23.2	32:23.4	10:27/M

Female 40 to 49

PLC Name	City	Age	O'All	Chip	Gun	Pace
1 Rosita Burton	Lincoln DE	47	25	35:09.0	35:17.6	11:20/M
2 Ally Deale	Stevensville MD	47	29	39:57.1	40:06.3	12:53/M

Female 50 to 59

PLC Name	City	Age	O'All	Chip	Gun	Pace
1 Amy Parsell	Felton DE	50	22	32:41.9	32:49.0	10:33/M
2 Lisa Kane	Dover DE	55	24	34:11.7	34:15.0	11:02/M
3 Leeann Waltz	Milton DE	57	27	38:26.8	38:31.4	12:24/M
4 Arleen Murchison	Dover DE	57	30	41:59.1	42:05.0	13:33/M
5 Dara Gelof		50	34	53:56.1	54:05.9	17:24/M

Female 60 and Over

PLC Name	City	Age	O'All	Chip	Gun	Pace
1 Deborah Rementer	Rehoboth Beach DE	64	21	32:37.4	32:43.1	10:31/M
2 Elaine Nolan	Camden DE	61	23	33:17.0	33:21.5	10:44/M

Male Champion

PLC Name	City	Age	O'All	Chip	Gun	Pace
1 Matt Sparacino	Harrington DE	41	1	18:49.3	18:49.3	6:04/M

Male Masters Champion

PLC Name	City	Age	O'All	Chip	Gun	Pace
1 Adam Kane	Peacham VT	44	4	22:44.3	22:44.3	7:20/M

Male 10 and Under

PLC Name	City	Age	O'All	Chip	Gun	Pace
1 Mapu Wagmister	Hartly DE	9	18	31:06.6	31:13.8	10:02/M
2 Matteo Sparacino	Harrington DE	7	26	37:36.6	37:44.7	12:08/M

Male 11 to 14

PLC Name	City	Age	O'All	Chip	Gun	Pace
1 Tanner Teichmann	Magnolia DE	11	6	24:14.3	24:14.5	7:49/M

Male 30 to 39

PLC Name	City	Age	O'All	Chip	Gun	Pace
1 Steven Wheeler	Still Pond MD	36	2	19:39.0	19:39.2	6:20/M
2 David Trombello	Magnolia DE	37	3	21:19.8	21:20.1	6:53/M
3 Mike Coniglio	Hillsborough NJ	30	7	24:38.6	24:40.8	7:57/M

Male 40 to 49

PLC Name	City	Age	O'All	Chip	Gun	Pace
1 Steve Gott	Felton DE	45	10	25:38.2	25:39.7	8:16/M
2 Daniel Pennington	Milford DE	40	32	45:23.9	45:30.9	14:39/M

Male 50 to 59

PLC Name	City	Age	O'All	Chip	Gun	Pace
1 Benjamin Hollinger	Magnolia DE	52	9	25:06.9	25:07.2	8:06/M
2 David C Smith	Magnolia DE	57	13	27:20.0	27:22.6	8:49/M

Male 60 to 69

PLC Name	City	Age	O'All	Chip	Gun	Pace
1 Joe Gannon Jr.	Harrington DE	67	11	26:52.2	26:55.1	8:40/M
2 Alan Quillen	Seaford DE	64	12	27:12.5	27:14.2	8:47/M

3	Larry Stein	Lewes DE	69	33	45:56.7	46:05.4	14:49/M
4	Jay Epstein	Elizabethtown PA	62	35	54:31.6	54:38.0	17:35/M

Male 70 and Over

PLC Name	City	Age	O'All	Chip	Gun	Pace
1 Charles Matthews	Camden Wyoming DE	71	31	42:32.5	42:34.8	13:43/M

Overall Finish List

5K Run								
Plc	Name	City	Bib	Age	Age PLC	Chip	Gun	Pace
1	Matt Sparacino	Harrington DE	1900	41	1:Open	18:49.3	18:49.3	6:04/M
2	Steven Wheeler	Still Pond MD	1926	36	1:M 30-39	19:39.0	19:39.2	6:20/M
3	David Trombello	Magnolia DE	1904	37	2:M 30-39	21:19.8	21:20.1	6:53/M
4	Adam Kane	Peacham VT	1920	44	1:Masters	22:44.3	22:44.3	7:20/M
5	Mardiny Ung	Elizabethtown PA	1905	52	1:Open	23:01.9	23:01.9	7:26/M
6	Tanner Teichmann	Magnolia DE	1789	11	1:M 11-14	24:14.3	24:14.5	7:49/M
7	Mike Coniglio	Hillsborough NJ	1877	30	3:M 30-39	24:38.6	24:40.8	7:57/M
8	Forrest Teichmann	Magnolia DE	1797	13	1:F 11-14	24:56.3	24:56.6	8:03/M
9	Benjamin Hollinger	Magnolia DE	1922	52	1:M 50-59	25:06.9	25:07.2	8:06/M
10	Steve Gott	Felton DE	1918	45	1:M 40-49	25:38.2	25:39.7	8:16/M
11	Joe Gannon Jr.	Harrington DE	1799	67	1:M 60-69	26:52.2	26:55.1	8:40/M
12	Alan Quillen	Seaford DE	1890	64	2:M 60-69	27:12.5	27:14.2	8:47/M
13	David C Smith	Magnolia DE	1898	57	2:M 50-59	27:20.0	27:22.6	8:49/M
14	Carrie Green	Magnolia DE	1881	46	1:Masters	27:52.1	27:52.1	8:58/M
15	Mindy Berry	Camden Wyoming DE	1852	35	1:F 30-39	29:01.4	29:01.7	9:22/M
16	Krissy Kopia	Hillsborough NJ	1885	31	2:F 30-39	29:35.6	29:37.9	9:33/M
17	Samantha Pennewell	Smyrna DE	1924	32	3:F 30-39	30:57.9	31:06.2	9:59/M
18	Mapu Wagmister	Hartly DE	1928	9	1:M 1-10	31:06.6	31:13.8	10:02/M
19	Sur Wagmister	Hartly DE	1927	13	2:F 11-14	31:06.6	31:14.2	10:02/M
20	Becky Robinson	Harrington DE	1893	36	4:F 30-39	32:23.2	32:23.4	10:27/M
21	Deborah Rementer	Rehoboth Beach DE	1891	64	1:F 60-99	32:37.4	32:43.1	10:31/M
22	Amy Parsell	Felton DE	1888	50	1:F 50-59	32:41.9	32:49.0	10:33/M
23	Elaine Nolan	Camden DE	1917	61	2:F 60-99	33:17.0	33:21.5	10:44/M
24	Lisa Kane	Dover DE	1921	55	2:F 50-59	34:11.7	34:15.0	11:02/M
25	Rosita Burton	Lincoln DE	1874	47	1:F 40-49	35:09.0	35:17.6	11:20/M
26	Matteo Sparacino	Harrington DE	1919	7	2:M 1-10	37:36.6	37:44.7	12:08/M
27	Leeann Waltz	Milton DE	1923	57	3:F 50-59	38:26.8	38:31.4	12:24/M
28	Melissa Cheney	Harrington DE	1875	28	1:F 20-29	39:26.8	39:29.5	12:43/M
29	Ally Deale	Stevensville MD	878	47	2:F 40-49	39:57.1	40:06.3	12:53/M
30	Arleen Murchison	Dover DE	1925	57	4:F 50-59	41:59.1	42:05.0	13:33/M
31	Charles Matthews	Camden Wyoming DE	1887	71	1:M 70-99	42:32.5	42:34.8	13:43/M
32	Daniel Pennington	Milford DE	1916	40	2:M 40-49	45:23.9	45:30.9	14:39/M
33	Larry Stein	Lewes DE	1901	69	3:M 60-69	45:56.7	46:05.4	14:49/M
34	Dara Gelof	Hartly DE	1929	50	5:F 50-59	53:56.1	54:05.9	17:24/M
35	Jay Epstein	Elizabethtown PA	1880	62	4:M 60-69	54:31.6	54:38.0	17:35/M

5K WALK								
Plc	Name	City	Bib	Age	Age PLC	Chip	Gun	Pace
1	Dawn Riggi	Harrington DE	1892	48	1:F 1-99	35:57.8	35:59.9	11:36/M

2	Don Zalenski	Magnolia DE	190873	1:M 1-99	37:34.7	37:37.4	12:07/M
3	Hoong Chow	Felton DE	187660	2:M 1-99	39:24.2	39:26.3	12:43/M
4	Geraldine D'Allesandr	Magnolia DE	180959	2:F 1-99	41:09.6	41:14.2	13:17/M
5	Perry Friend	Marydel DE	799 51	3:M 1-99	41:12.5	41:19.0	13:18/M
6	Dottie Hopkins	Felton DE	188263	3:F 1-99	41:14.8	41:18.8	13:18/M
7	Debbie Johnson	Middletown DE	188361	4:F 1-99	45:55.7	46:01.2	14:49/M
8	James Nolan	Camden DE	797 70	4:M 1-99	45:56.5	46:03.3	14:49/M
9	Douglas Shuck	Frederica DE	189560	5:M 1-99	47:54.5	48:06.2	15:27/M
10	Leslie Ruth	Clayton DE	189460	5:F 1-99	50:28.3	50:33.0	16:17/M
11	Phyllis Zalenski	Magnolia DE	190970	6:F 1-99	51:26.6	51:33.5	16:36/M
12	Michael Beherley	Magnolia DE	800 65	6:M 1-99	52:55.5	53:02.3	17:04/M
13	Carrie Friend	Frederica DE	798 43	7:F 1-99	52:56.0	53:03.2	17:05/M
14	Lisa Plummer	Lincoln DE	188957	8:F 1-99	55:02.3	55:15.3	17:45/M
15	Mary Thawley	Denton MD	190237	9:F 1-99	55:02.5	55:15.1	17:45/M
16	Linda Webb	Milford DE	190652	10:F 1-99	55:55.5	56:07.2	18:02/M
17	Renee Smith	Milford DE	189955	11:F 1-99	55:55.5	56:06.8	18:02/M
18	Sharrie Webb	Milford DE	190755	12:F 1-99	55:55.7	56:06.9	18:02/M
19	Kaitlyn Kirby	Dover DE	879 23	13:F 1-99	56:00.0	56:12.7	18:04/M
20	Melissa Kristic	Felton DE	188649	14:F 1-99	56:00.5	56:13.0	18:04/M
21	Margaret Thompson	Magnolia DE	190348	15:F 1-99	56:00.8	56:13.5	18:04/M
22	Leigh Shuck	Frederica DE	189666	16:F 1-99	56:25.8	56:37.0	18:12/M
23	Katherine Kopia	Frederica DE	188429	17:F 1-99	56:32.0	56:36.7	18:14/M
24	Josef Ansorge	Frederica DE	187226	7:M 1-99	56:32.1	56:36.9	18:14/M