

Footloose for Cindy 5K Run/Walk
Benefits: Cancer Support Community Delaware
Buffalo Wild Wings, Dover DE
Saturday - September 21, 2019 - Sunny - 75 Degrees
A Trisports Events Production

Overall Finish List

									<u>5K Run</u>		
Plc	Name	City	Bib	Age	Age Plc	Chip	Gun	Pace			
1	David Trombello	Magnolia DE	1454	37	1:Open	21:12.0	21:12.0	6:50/M			
2	Rob Ridgeway	Camden Wyoming DE	1450	42	1:Masters	22:25.0	22:25.0	7:14/M			
3	Duane Christy	Havre De Grace MD	1353	56	1:M 50-59	22:49.9	22:50.0	7:22/M			
4	Veronica Martin	Dover DE	1420	35	1:Open	24:12.0	24:12.0	7:48/M			
5	Joanne Hastings	Harrington DE	1414	42	1:Masters	24:40.0	24:40.0	7:57/M			
6	Eric Walls	Marydel MD	1349	34	1:M 30-39	25:39.8	25:42.2	8:18/M			
7	Jaime Pickles	Wilmington DE	1366	55	2:M 50-59	25:58.3	26:09.8	8:26/M			
8	Michael Kennedy	Lewes DE	1417	36	2:M 30-39	26:46.6	26:56.7	8:42/M			
9	Kimberly Root	Magnolia DE	1452	34	1:F 30-39	27:06.7	27:08.6	8:45/M			
10	Bill Brockenbrough	Clayton DE	1453	60	1:M 60-69	27:46.5	27:51.2	8:59/M			
11	Esther Miller	Marydel DE	1422	44	1:F 40-49	27:53.7	27:56.0	9:01/M			
12	Jerome Harris	Lincoln DE	1446	54	3:M 50-59	27:54.0	27:57.9	9:01/M			
13	Gustavo Aguilar	Chestertown MD	1456	50	4:M 50-59	28:10.8	28:13.7	9:06/M			
14	David Lovelace	Newark DE	1419	74	1:M 70-99	29:24.9	29:28.5	9:30/M			
15	Valerie Reihl	Rock Hall MD	1430	63	1:F 60-99	29:51.6	29:54.0	9:39/M			
16	Scott Hamilton	Milton DE	1413	49	1:M 40-49	29:53.1	29:58.7	9:40/M			
17	Ruthie Sensenig	Dover DE	1436	31	2:F 30-39	30:06.1	30:08.6	9:43/M			
18	Carly Favoroso	Milton DE	1409	12	1:F 11-14	30:56.3	30:56.3	9:59/M			
19	Sarah Gifford	Rock Hall MD	1412	61	2:F 60-99	31:15.1	31:18.0	10:06/M			
20	Elaine Nolan	Camden DE	1425	61	3:F 60-99	33:27.8	33:33.4	10:49/M			
21	Deborah Rementer	Rehoboth Beach DE	1431	64	4:F 60-99	33:35.1	33:45.5	10:53/M			
22	Carrie Reynolds	Smyrna DE	1432	49	2:F 40-49	34:14.0	34:22.2	11:05/M			
23	Erin D'Allesandro	Bristol RI	1405	30	3:F 30-39	37:18.0	37:21.3	12:03/M			
24	Ella Ridgeway	Camden Wyoming DE	1451	12	2:F 11-14	37:30.9	37:39.8	12:09/M			
25	Sulley Briscoe	New Castle DE	1402	44	3:F 40-49	37:41.3	37:46.0	12:11/M			
26	Alexis Ray	Camden Wyoming DE	1449	39	4:F 30-39	38:00.3	38:08.8	12:18/M			
27	Mike Canevari	Milford DE	1403	58	5:M 50-59	39:20.9	39:25.3	12:43/M			
28	Charles Matthews	Camden Wyoming DE	1421	71	2:M 70-99	40:25.2	40:28.0	13:03/M			
29	Angie Zalenski	Magnolia DE	1443	37	5:F 30-39	41:25.5	41:25.5	13:22/M			
30	Tom Molin	Townsend DE	1424	67	2:M 60-69	41:55.3	42:03.3	13:34/M			
31	Arleen Murchison	Dover DE	1448	57	1:F 50-59	42:02.7	42:13.3	13:37/M			
32	Daniel Pennington	Milford DE	1447	40	2:M 40-49	44:57.1	45:02.0	14:32/M			
33	Diana Woodward	Harrington DE	1441	62	5:F 60-99	45:22.6	45:27.9	14:40/M			
34	Brian Gilewski	Milford DE	1455	24	1:M 20-29	50:27.1	50:36.0	16:19/M			
35	Bobbi Jo Webber	Clayton DE	1438	40	4:F 40-49	50:27.3	50:35.8	16:19/M			
36	Joni Miller	Camden Wyoming DE	1423	63	6:F 60-99	52:14.6	52:20.6	16:53/M			

									<u>5K Walk</u>		
Plc	Name	City	Bib	Age	Age Plc	Chip	Gun	Pace			
1	John Fredericks	Brick NJ	1411	71	1:M 1-99	33:27.8	33:27.9	10:48/M			
2	Don Zalenski	Magnolia DE	1444	73	2:M 1-99	36:30.6	36:32.9	11:47/M			

3	Shirley Brennan	Dover DE	1287	57	1:F 1-99	36:48.0	36:48.1	11:52/M
4	Dawn Riggi	Harrington DE	1433	48	2:F 1-99	36:51.5	36:53.0	11:54/M
5	Ron Salvio	Whiting NJ	1435	70	3:M 1-99	37:05.2	37:06.9	11:58/M
6	Hoong Chow	Felton DE	1404	60	4:M 1-99	39:35.6	39:35.7	12:46/M
7	Alan Firlein	Rock Hall MD	1410	81	5:M 1-99	40:43.9	40:45.3	13:09/M
8	Geraldine D'Allesandro	Magnolia DE	1406	59	3:F 1-99	41:53.6	42:00.5	13:33/M
9	Debbie Johnson	Middletown DE	1365	61	4:F 1-99	46:04.0	46:09.0	14:53/M
10	Corey Kennedy	Lewes DE	1416	36	5:F 1-99	49:19.0	49:26.3	15:57/M
11	Tony Esposito	Milton DE	1408	62	6:M 1-99	49:27.3	49:34.5	16:00/M
12	Phyllis Zalenski	Magnolia DE	1445	70	6:F 1-99	51:08.5	51:14.5	16:32/M
13	Colleen Kitzmiller	Milford DE	1285	63	7:F 1-99	52:13.3	52:23.0	16:54/M
14	Anita Wheeler Bezy	Dover DE	1439	50	8:F 1-99	52:15.9	52:24.8	16:54/M
15	Deborah Kleszics	Smyrna DE	1418	55	9:F 1-99	53:39.0	53:50.1	17:22/M
16	Karen Pritt	Smyrna DE	1427	55	10:F 1-99	53:39.9	53:50.6	17:22/M
17	Terry Woodward	Harrington DE	1442	63	7:M 1-99	58:00.5	58:04.3	18:44/M
18	Kathy Dixon	Camden DE	1407	57	11:F 1-99	1:00:28.2	1:00:32.3	19:32/M

Age Group Results

Female Champion

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Veronica Martin	Dover DE	35	4	24:12.0	24:12.0	7:48/M

Female Masters Champion

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Joanne Hastings	Harrington DE	42	5	24:40.0	24:40.0	7:57/M

Female 11 to 14

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Carly Favoroso	Milton DE	12	18	30:56.3	30:56.3	9:59/M
2	Ella Ridgeway	Camden Wyoming DE	12	24	37:30.9	37:39.8	12:09/M

Female 30 to 39

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Kimberly Root	Magnolia DE	34	9	27:06.7	27:08.6	8:45/M
2	Ruthie Sensenig	Dover DE	31	17	30:06.1	30:08.6	9:43/M
3	Erin D'Allesandro	Bristol RI	30	23	37:18.0	37:21.3	12:03/M
4	Alexis Ray	Camden Wyoming DE	39	26	38:00.3	38:08.8	12:18/M
5	Angie Zalenski	Magnolia DE	37	29	41:25.5	41:25.5	13:22/M

Female 40 to 49

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Esther Miller	Marydel DE	44	11	27:53.7	27:56.0	9:01/M
2	Carrie Reynolds	Smyrna DE	49	22	34:14.0	34:22.2	11:05/M
3	Sulley Briscoe	New Castle DE	44	25	37:41.3	37:46.0	12:11/M
4	Bobbi Jo Webber	Clayton DE	40	35	50:27.3	50:35.8	16:19/M

Female 50 to 59

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Arleen Murchison	Dover DE	57	31	42:02.7	42:13.3	13:37/M

Female 60 and Over

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Valerie Reihl	Rock Hall MD	63	15	29:51.6	29:54.0	9:39/M
2	Sarah Gifford	Rock Hall MD	61	19	31:15.1	31:18.0	10:06/M
3	Elaine Nolan	Camden DE	61	20	33:27.8	33:33.4	10:49/M
4	Deborah Rementer	Rehoboth Beach DE	64	21	33:35.1	33:45.5	10:53/M
5	Diana Woodward	Harrington DE	62	33	45:22.6	45:27.9	14:40/M
6	Joni Miller	Camden Wyoming DE	63	36	52:14.6	52:20.6	16:53/M

Male Champion

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	David Trombello	Magnolia DE	37	1	21:12.0	21:12.0	6:50/M

Male Masters Champion

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Rob Ridgeway	Camden Wyoming DE	42	2	22:25.0	22:25.0	7:14/M

Male 20 to 29

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Brian Gilewski	Milford DE	24	34	50:27.1	50:36.0	16:19/M

Male 30 to 39

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Eric Walls	Marydel MD	34	6	25:39.8	25:42.2	8:18/M
2	Michael Kennedy	Lewes DE	36	8	26:46.6	26:56.7	8:42/M

Male 40 to 49

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Scott Hamilton	Milton DE	49	16	29:53.1	29:58.7	9:40/M
2	Daniel Pennington	Milford DE	40	32	44:57.1	45:02.0	14:32/M

Male 50 to 59

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Duane Christy	Havre De Grace MD	56	3	22:49.9	22:50.0	7:22/M
2	Jaime Pickles	Wilmington DE	55	7	25:58.3	26:09.8	8:26/M
3	Jerome Harris	Lincoln DE	54	12	27:54.0	27:57.9	9:01/M
4	Gustavo Aguilar	Chestertown MD	50	13	28:10.8	28:13.7	9:06/M
5	Mike Canevari	Milford DE	58	27	39:20.9	39:25.3	12:43/M

Male 60 to 69

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Bill Brockenbrough	Clayton DE	60	10	27:46.5	27:51.2	8:59/M
2	Tom Molin	Townsend DE	67	30	41:55.3	42:03.3	13:34/M

Male 70 and Over

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	David Lovelace	Newark DE	74	14	29:24.9	29:28.5	9:30/M
2	Charles Matthews	Camden Wyoming DE	71	28	40:25.2	40:28.0	13:03/M