

Greenhead 5K Run/Walk
Benefits: The Slaughter Beach Fire Department
Saturday, May 05, 2019 - 60 Degrees - Very Wet
A Trisports Events Production

Overall Finish List

5K Run

Plc	Name	City	Bib	Age	Age Plc	Chip	Gun	Pace
1	Matt Sparacino	Harrington DE	85	41	1:Open	19:03.8	19:03.8	6:09/M
2	Bennett Brumbley	Laurel DE	108	11	1:M 11-14	19:43.0	19:43.2	6:22/M
3	Faith Mitchell	Milford DE	123	13	1:Open	20:06.1	20:06.1	6:29/M
4	Steven Wheeler	Still Pond MD	124	35	1:M 30-39	20:14.2	20:14.5	6:32/M
5	Shawn Ramsey	Milford DE	80	36	2:M 30-39	20:25.3	20:25.6	6:35/M
6	W Mark Jordan	Washington DC	114	49	1:Masters	21:28.3	21:28.3	6:55/M
7	Max Slaiman	Washington DC	119	29	1:M 20-29	22:14.6	22:17.9	7:11/M
8	Daniel Garber	Dover DE	24	34	3:M 30-39	23:19.0	23:39.1	7:38/M
9	Harrison Humes	Rehoboth Beach DE	41	14	2:M 11-14	23:20.3	23:25.4	7:33/M
10	Gino Gasbarro	Northridge CA	125	23	2:M 20-29	23:27.0	23:32.1	7:35/M
11	Dustin Dolloff	Oakton VA	16	38	4:M 30-39	23:41.9	23:47.8	7:40/M
12	Todd Eskelsen	Kensington MD	110	59	1:M 50-59	24:15.9	24:18.4	7:50/M
13	Frank Whittington	Middletown DE	102	68	1:M 60-69	24:35.4	24:36.5	7:56/M
14	John Blackford	Milton DE	4	42	1:M 40-49	24:42.6	24:44.4	7:59/M
15	Tim Dunford	Milford DE	129	26	3:M 20-29	25:07.2	25:12.5	8:08/M
16	Claire Watkins	Milford DE	107	45	1:Masters	25:18.4	25:18.4	8:10/M
17	Quade Cumming	Dover DE	10	9	1:M 1-10	25:36.5	25:36.8	8:15/M
18	Alan Quillen	Seaford DE	79	64	2:M 60-69	25:51.8	25:53.2	8:21/M
19	Alex Trebeck	Seaford DE	111	64	3:M 60-69	25:57.2	25:59.2	8:23/M
20	Steve Ridzon	Annapolis MD	82	39	5:M 30-39	26:54.8	26:59.1	8:42/M
21	Owen Gilchrist	Mclean VA	26	12	3:M 11-14	27:15.5	27:15.7	8:47/M
22	Norayma Kessel	Magnolia DE	48	47	1:F 40-49	27:36.0	27:36.3	8:54/M
23	Scott Hamilton	Milton DE	35	48	2:M 40-49	27:45.0	27:47.0	8:58/M
24	Andrea Dolloff	Oakton VA	15	38	1:F 30-39	27:45.2	27:51.7	8:59/M
25	Craig Parson	Lawrence Township NJ	75	65	4:M 60-69	27:55.6	28:01.3	9:02/M
26	Becky Van Pelt	Burke VA	95	36	2:F 30-39	28:04.2	28:23.0	9:09/M
27	Michael Myers	Baltimore MD	70	55	2:M 50-59	28:05.6	28:11.1	9:05/M
28	Mindy Berry	Camden Wyoming DE	109	35	3:F 30-39	28:10.8	28:13.3	9:06/M
29	David Humes	Rehoboth Beach DE	40	50	3:M 50-59	28:15.6	28:21.3	9:09/M
30	Amy Jones	Milford DE	44	41	2:F 40-49	28:25.9	28:28.2	9:11/M
31	Liz Talley	Ocean View DE	91	44	3:F 40-49	28:59.4	29:04.4	9:23/M
32	Tom Keating	Millsboro DE	47	71	1:M 70-99	29:06.5	29:06.7	9:23/M
33	Karen Bennett	Milford DE	2	49	4:F 40-49	29:16.1	29:23.1	9:29/M
34	Colin Mossop	Milford DE	128	55	4:M 50-59	29:42.7	29:49.6	9:37/M
35	Stevan Lock	Marblehead MA	60	49	3:M 40-49	29:45.2	30:03.1	9:42/M
36	Lisa Fitzgerald	Milford DE	120	43	5:F 40-49	30:00.7	30:04.6	9:42/M
37	Sara Pletcher	Milford DE	76	32	4:F 30-39	30:09.4	30:13.9	9:45/M
38	Samantha Pennewell	Smyrna DE	121	31	5:F 30-39	30:27.4	30:36.8	9:52/M
39	Melissa Pryor	Harrington DE	77	33	6:F 30-39	30:55.4	31:08.4	10:03/M
40	Todd Pryor	Harrington DE	78	37	6:M 30-39	31:00.7	31:14.5	10:05/M
41	Sharon Jordan	Washington DC	113	49	6:F 40-49	31:20.0	31:23.9	10:07/M

42	Cheryl Myers	Milford DE	127	57	1:F 50-59	31:23.3	31:23.6	10:07/M
43	Ellie St Jean	Milford DE	87	8	1:F 1-10	31:35.6	31:43.0	10:14/M
44	Amy Zook	Magnolia DE	106	41	7:F 40-49	32:02.6	32:05.2	10:21/M
45	Robert Maxwell	Clayton DE	62	39	7:M 30-39	32:08.9	32:20.3	10:26/M
46	Susan Maxwell	Clayton DE	63	33	7:F 30-39	32:09.6	32:20.3	10:26/M
47	Don Zalenski	Magnolia DE	104	73	2:M 70-99	32:11.4	32:11.6	10:23/M
48	Gianina Gasbarro	Hoboken NJ	126	28	1:F 20-29	32:41.1	32:46.0	10:34/M
49	Michele Cummings	Dover DE	11	43	8:F 40-49	32:52.2	32:58.3	10:38/M
50	Samantha Jacobs	Dover DE	122	32	8:F 30-39	33:06.9	33:18.9	10:45/M
51	Scott Kessel	Magnolia DE	49	54	5:M 50-59	33:20.4	33:22.3	10:46/M
52	Kathy Kunkle	Milford DE	52	64	1:F 60-99	33:24.3	33:30.1	10:48/M
53	Mike Hahn	Newark DE	34	51	6:M 50-59	33:38.8	33:50.6	10:55/M
54	Rosita Burton	Lincoln DE	9	47	9:F 40-49	34:00.5	34:11.8	11:02/M
55	Elaine Nolan	Camden DE	71	61	2:F 60-99	34:01.7	34:01.7	10:58/M
56	Whitley Gilchrist	Mclean VA	27	14	1:F 11-14	34:04.4	34:04.7	10:59/M
57	Deborah Rementer	Rehoboth Beach DE	81	63	3:F 60-99	34:12.3	34:18.7	11:04/M
58	Adrian Morris	Milford DE	68	67	5:M 60-69	34:52.4	34:52.4	11:15/M
59	Bill Krause	Slaughter Beach DE	50	75	3:M 70-99	36:21.3	36:23.2	11:44/M
60	Brooke Jones	Milton DE	45	38	9:F 30-39	36:32.9	36:49.0	11:53/M
61	Rich Jones	Milton DE	46	51	7:M 50-59	36:32.9	36:50.2	11:53/M
62	Christine Walsh-Myers	Baltimore MD	100	46	10:F 40-49	37:53.1	37:58.5	12:15/M
63	Kelly Valencik	Smyrna DE	94	36	10:F 30-39	38:18.6	38:26.6	12:24/M
64	Tj Gonzon	Middletown DE	31	14	4:M 11-14	39:11.6	39:21.9	12:42/M
65	William Jordan	Washington DC	118	8	2:M 1-10	39:12.6	39:12.9	12:39/M
66	Lugeolyn Papa	Dover DE	73	47	11:F 40-49	39:34.0	39:37.9	12:47/M
67	Natalie Teasdale	Washington DC	116	15	1:F 15-19	41:05.9	41:10.5	13:17/M
68	M Lucy Jordan	Washington DC	115	15	2:F 15-19	41:07.7	41:12.2	13:17/M
69	Maria Hernandez	Washington DC	117	12	2:F 11-14	42:04.8	42:08.0	13:35/M
70	Avery Jordan	Washington DC	112	12	3:F 11-14	42:05.0	42:08.4	13:35/M
71	Charles Matthews	Camden Wyoming DE	61	71	4:M 70-99	44:01.5	44:04.6	14:13/M
72	Ashley Kroon	Lewes DE	51	35	11:F 30-39	46:22.3	46:29.3	15:00/M
73	Ed St Jean	Milford DE	86	35	8:M 30-39	50:08.8	50:16.1	16:13/M

5K Walk

Plc	Name	City	Bib	Age	Age Plc	Chip	Gun	Pace
1	Steven Brennan	Dover DE	6	58	1:M 1-99	33:54.6	33:54.9	10:56/M
2	Shirley Brennan	Dover DE	5	56	1:F 1-99	40:32.4	40:32.7	13:05/M
3	Chuck Little	Rehoboth Beach DE	58	69	2:M 1-99	40:40.0	40:43.7	13:08/M
4	Tom Reiss	Milford DE	1759	65	3:M 1-99	41:16.6	41:21.0	13:20/M
5	Geraldine D'Allesandro	Magnolia DE	1761	59	2:F 1-99	41:41.2	41:48.9	13:29/M
6	Bob Carroll	Milford DE	1755	80	4:M 1-99	43:12.7	43:16.2	13:57/M
7	Debbie Johnson	Middletown DE	43	60	3:F 1-99	43:56.3	44:03.7	14:13/M
8	Jim Nolan	Camden DE	72	69	5:M 1-99	44:59.7	45:12.2	14:35/M
9	Jayvon Laguerre	Milford DE	53	15	6:M 1-99	45:58.2	46:08.1	14:53/M
10	Ty Laguerre	Milford DE	54	11	7:M 1-99	46:06.8	46:18.6	14:56/M
11	Anthony Gonzon	Middletown DE	28	45	8:M 1-99	47:57.4	48:08.6	15:32/M
12	Liz Molin	Townsend DE	66	66	4:F 1-99	48:39.5	48:43.2	15:43/M
13	Tom Molin	Townsend DE	67	67	9:M 1-99	48:44.2	48:44.2	15:43/M
14	Charlene Dalious	Houston DE	13	43	5:F 1-99	49:26.1	49:33.7	15:59/M
15	Brie Dalious	Houston DE	12	20	6:F 1-99	49:26.4	49:34.0	15:59/M
16	Katie St Jean	Milford DE	88	31	7:F 1-99	50:02.5	50:16.3	16:13/M
17	Phyllis Zalenski	Magnolia DE	105	70	8:F 1-99	50:18.2	50:24.5	16:15/M

18	Paul Dunford	Milford DE	1779	61	10:M 1-99	51:52.4	52:07.5	16:49/M
19	Jill Fenton	Swarthmore PA	21	58	9:F 1-99	52:42.2	52:53.3	17:04/M
20	Cooper Fenton	Swarthmore PA	19	9	11:M 1-99	52:42.3	52:53.3	17:04/M
21	Ginamarie Fenton	Swarthmore PA	20	48	10:F 1-99	52:42.6	52:52.4	17:03/M
22	Delia Little	Rehoboth Beach DE	59	66	11:F 1-99	53:18.5	53:27.2	17:15/M
23	Alicia Parson	Lawrence Township NJ	74	66	12:F 1-99	53:18.6	53:27.1	17:15/M
24	Kathy Stalgaitis	Milford DE	90	61	13:F 1-99	54:31.7	54:41.8	17:38/M
25	Bob Stalgaitis	Milford DE	89	63	12:M 1-99	54:32.0	54:42.6	17:39/M
26	G Erisman	Milford DE	18	64	13:M 1-99	54:32.4	54:42.2	17:39/M
27	Martha Frizzell	Chadds Ford PA	22	52	14:F 1-99	55:14.2	55:28.4	17:54/M
28	Scott Frizzell	Chadds Ford PA	23	53	14:M 1-99	55:15.5	55:29.2	17:54/M
29	Millie Donnell	Milford DE	17	67	15:F 1-99	56:26.5	56:51.6	18:20/M
30	Kayla Gonzon	Middletown DE	29	16	16:F 1-99	58:10.1	58:24.9	18:50/M
31	Kim Gonzon	Middletown DE	30	44	17:F 1-99	58:16.3	58:31.1	18:53/M

Age Group Results

Female Champion

PLC Name	City	Age	O'all	Chip	Gun	Pace
1 Faith Mitchell	Milford DE	13	3	20:06.1	20:06.1	6:29/M

Female Masters Champion

PLC Name	City	Age	O'all	Chip	Gun	Pace
1 Claire Watkins	Milford DE	45	16	25:18.4	25:18.4	8:10/M

Female 10 and Under

PLC Name	City	Age	O'all	Chip	Gun	Pace
1 Ellie St Jean	Milford DE	8	43	31:35.6	31:43.0	10:14/M

Female 11 to 14

PLC Name	City	Age	O'all	Chip	Gun	Pace
1 Whitley Gilchrist	Mclean VA	14	56	34:04.4	34:04.7	10:59/M
2 Maria Hernandez	Washington DC	12	69	42:04.8	42:08.0	13:35/M
3 Avery Jordan	Washington DC	12	70	42:05.0	42:08.4	13:35/M

Female 15 to 19

PLC Name	City	Age	O'all	Chip	Gun	Pace
1 Natalie Teasdale	Washington DC	15	67	41:05.9	41:10.5	13:17/M
2 M Lucy Jordan	Washington DC	15	68	41:07.7	41:12.2	13:17/M

Female 20 to 29

PLC Name	City	Age	O'all	Chip	Gun	Pace
1 Gianina Gasbarro	Hoboken NJ	28	48	32:41.1	32:46.0	10:34/M

Female 30 to 39

PLC Name	City	Age	O'all	Chip	Gun	Pace
1 Andrea Dolloff	Oakton VA	38	24	27:45.2	27:51.7	8:59/M
2 Becky Van Pelt	Burke VA	36	26	28:04.2	28:23.0	9:09/M
3 Mindy Berry	Camden Wyoming DE	35	28	28:10.8	28:13.3	9:06/M
4 Sara Pletcher	Milford DE	32	37	30:09.4	30:13.9	9:45/M
5 Samantha Pennewell	Smyrna DE	31	38	30:27.4	30:36.8	9:52/M
6 Melissa Pryor	Harrington DE	33	39	30:55.4	31:08.4	10:03/M
7 Susan Maxwell	Clayton DE	33	46	32:09.6	32:20.3	10:26/M
8 Samantha Jacobs	Dover DE	32	50	33:06.9	33:18.9	10:45/M
9 Brooke Jones	Milton DE	38	60	36:32.9	36:49.0	11:53/M
10 Kelly Valencik	Smyrna DE	36	63	38:18.6	38:26.6	12:24/M
11 Ashley Kroon	Lewes DE	35	72	46:22.3	46:29.3	15:00/M

Female 40 to 49

PLC Name	City	Age	O'all	Chip	Gun	Pace
1 Norayma Kessel	Magnolia DE	47	22	27:36.0	27:36.3	8:54/M
2 Amy Jones	Milford DE	41	30	28:25.9	28:28.2	9:11/M
3 Liz Talley	Ocean View DE	44	31	28:59.4	29:04.4	9:23/M
4 Karen Bennett	Milford DE	49	33	29:16.1	29:23.1	9:29/M
5 Lisa Fitzgerald	Milford DE	43	36	30:00.7	30:04.6	9:42/M
6 Sharon Jordan	Washington DC	49	41	31:20.0	31:23.9	10:07/M
7 Amy Zook	Magnolia DE	41	44	32:02.6	32:05.2	10:21/M
8 Michele Cummings	Dover DE	43	49	32:52.2	32:58.3	10:38/M
9 Rosita Burton	Lincoln DE	47	54	34:00.5	34:11.8	11:02/M
10 Christine Walsh-Myers	Baltimore MD	46	62	37:53.1	37:58.5	12:15/M
11 Lugeolyn Papa	Dover DE	47	66	39:34.0	39:37.9	12:47/M

Female 50 to 59

PLC Name	City	Age	O'all	Chip	Gun	Pace
1 Cheryl Myers	Milford DE	57	42	31:23.3	31:23.6	10:07/M

Female 60 and Over

PLC Name	City	Age	O'all	Chip	Gun	Pace
1 Kathy Kunkle	Milford DE	64	52	33:24.3	33:30.1	10:48/M
2 Elaine Nolan	Camden DE	61	55	34:01.7	34:01.7	10:58/M
3 Deborah Rementer	Rehoboth Beach DE	63	57	34:12.3	34:18.7	11:04/M

Male Champion

PLC Name	City	Age	O'all	Chip	Gun	Pace
1 Matt Sparacino	Harrington DE	41	1	19:03.8	19:03.8	6:09/M

Male Masters Champion

PLC Name	City	Age	O'all	Chip	Gun	Pace
1 W Mark Jordan	Washington DC	49	6	21:28.3	21:28.3	6:55/M

Male 10 and Under

PLC Name	City	Age	O'all	Chip	Gun	Pace
1 Quade Cumming	Dover DE	9	17	25:36.5	25:36.8	8:15/M
2 William Jordan	Washington DC	8	65	39:12.6	39:12.9	12:39/M

Male 11 to 14

PLC Name	City	Age	O'all	Chip	Gun	Pace
1 Bennett Brumbley	Laurel DE	11	2	19:43.0	19:43.2	6:22/M
2 Harrison Humes	Rehoboth Beach DE	14	9	23:20.3	23:25.4	7:33/M
3 Owen Gilchrist	Mclean VA	12	21	27:15.5	27:15.7	8:47/M
4 Tj Gonzon	Middletown DE	14	64	39:11.6	39:21.9	12:42/M

Male 20 to 29

PLC Name	City	Age	O'all	Chip	Gun	Pace
1 Max Slaiman	Washington DC	29	7	22:14.6	22:17.9	7:11/M
2 Gino Gasbarro	Northridge CA	23	10	23:27.0	23:32.1	7:35/M
3 Tim Dunford	Milford DE	26	15	25:07.2	25:12.5	8:08/M

Male 30 to 39

PLC Name	City	Age	O'all	Chip	Gun	Pace
1 Steven Wheeler	Still Pond MD	35	4	20:14.2	20:14.5	6:32/M
2 Shawn Ramsey	Milford DE	36	5	20:25.3	20:25.6	6:35/M
3 Daniel Garber	Dover DE	34	8	23:19.0	23:39.1	7:38/M
4 Dustin Dolloff	Oakton VA	38	11	23:41.9	23:47.8	7:40/M
5 Steve Ridzon	Annapolis MD	39	20	26:54.8	26:59.1	8:42/M
6 Todd Pryor	Harrington DE	37	40	31:00.7	31:14.5	10:05/M
7 Robert Maxwell	Clayton DE	39	45	32:08.9	32:20.3	10:26/M
8 Ed St Jean	Milford DE	35	73	50:08.8	50:16.1	16:13/M

Male 40 to 49

PLC Name	City	Age	O'all	Chip	Gun	Pace
1 John Blackford	Milton DE	42	14	24:42.6	24:44.4	7:59/M
2 Scott Hamilton	Milton DE	48	23	27:45.0	27:47.0	8:58/M
3 Stevan Lock	Marblehead MA	49	35	29:45.2	30:03.1	9:42/M

Male 50 to 59

PLC Name	City	Age	O'all	Chip	Gun	Pace
1 Todd Eskelsen	Kensington MD	59	12	24:15.9	24:18.4	7:50/M
2 Michael Myers	Baltimore MD	55	27	28:05.6	28:11.1	9:05/M
3 David Humes	Rehoboth Beach DE	50	29	28:15.6	28:21.3	9:09/M
4 Colin Mossop	Milford DE	55	34	29:42.7	29:49.6	9:37/M
5 Scott Kessel	Magnolia DE	54	51	33:20.4	33:22.3	10:46/M
6 Mike Hahn	Newark DE	51	53	33:38.8	33:50.6	10:55/M
7 Rich Jones	Milton DE	51	61	36:32.9	36:50.2	11:53/M

Male 60 to 69

PLC	Name	City	Age	O'all	Chip	Gun	Pace
1	Frank Whittington	Middletown DE	68	13	24:35.4	24:36.5	7:56/M
2	Alan Quillen	Seaford DE	64	18	25:51.8	25:53.2	8:21/M
3	Alex Trebeck	Seaford DE	64	19	25:57.2	25:59.2	8:23/M
4	Craig Parson	Lawrence Township NJ	65	25	27:55.6	28:01.3	9:02/M
5	Adrian Morris	Milford DE	67	58	34:52.4	34:52.4	11:15/M

Male 70 and Over

PLC	Name	City	Age	O'all	Chip	Gun	Pace
1	Tom Keating	Millsboro DE	71	32	29:06.5	29:06.7	9:23/M
2	Don Zalenski	Magnolia DE	73	47	32:11.4	32:11.6	10:23/M
3	Bill Krause	Slaughter Beach DE	75	59	36:21.3	36:23.2	11:44/M
4	Charles Matthews	Camden Wyoming DE	71	71	44:01.5	44:04.6	14:13/M