

KCAR 5K Run/Walk
Presented by Kent County Association of Realtors
Benefits: USO Delaware
Buffalo Wild Wings, Dover, DE
Saturday, September 14, 2019 - Partly Cloudy 73 Degrees
A Trisports Events Production

Results in Finish Order

5K Run								
Plc	Name	City	Bib	Age	Age Plc	Chip	Gun	Pace
1	Matthew Sandner	Collegeville PA	1378	13	1:Open	19:01.8	19:01.8	6:08/M
2	Mardiny Ung	Elizabethtown PA	1369	52	1:Open	22:30.4	22:30.4	7:16/M
3	Duane Christy	Havre De Grace MD	1273	56	1:Masters	22:38.7	22:38.7	7:18/M
4	Jeanette Hammon	Magnolia DE	1385	47	1:Masters	23:11.9	23:11.9	7:29/M
5	Rob Ridgeway	Camden Wyoming DE	1397	42	1:M 40-49	23:16.2	23:18.5	7:30/M
6	Tony Bourdeau	Dover DE	1398	41	2:M 40-49	23:25.2	23:29.6	7:33/M
7	Joanne Hastings	Harrington DE	1348	42	1:F 40-49	25:18.2	25:18.5	8:10/M
8	Frank Whittington	Middletown DE	1400	68	1:M 60-69	25:30.0	25:30.3	8:14/M
9	Christina Bell	Clayton DE	1336	41	2:F 40-49	26:26.0	26:27.8	8:32/M
10	Shelly Bloom	Felton DE	1391	45	3:F 40-49	26:33.4	26:33.7	8:34/M
11	Jeffery Steinbrecher	Wilmington DE	1368	48	3:M 40-49	26:35.4	26:44.8	8:35/M
12	Taylor Urban	New Castle DE	1370	43	4:F 40-49	26:45.2	26:54.7	8:38/M
13	Dave Garson	Mount Joy PA	1345	35	1:M 30-39	26:48.9	26:49.3	8:39/M
14	Adele Wagner	Bel Air MD	1371	64	1:F 60-99	26:54.8	26:57.7	8:41/M
15	Kimberly Haggard	Dover DE	1347	33	1:F 30-39	27:21.6	27:21.9	8:50/M
16	Joe Gannon	Harrington DE	1386	67	2:M 60-69	27:25.4	27:25.7	8:51/M
17	Willie Makit	Clayton DE	1382	64	3:M 60-69	27:54.1	27:57.8	9:00/M
18	Katie Pierce	Felton DE	1359	12	1:F 11-14	29:15.7	29:19.1	9:26/M
19	Montana Fox	Magnolia DE	1343	11	2:F 11-14	29:20.3	29:23.8	9:28/M
20	Valerie Reihl	Rock Hall MD	1361	63	2:F 60-99	29:53.9	29:56.7	9:39/M
21	Matthew Fox	Magnolia DE	1342	39	2:M 30-39	31:08.5	31:12.7	10:03/M
22	Chris Pierce	Felton DE	1358	49	4:M 40-49	31:09.0	31:12.9	10:03/M
23	Sarah Gifford	Rock Hall MD	1387	61	3:F 60-99	31:15.8	31:18.9	10:05/M
24	Cooper Temple	Dover DE	1393	28	1:M 20-29	31:33.1	31:41.7	10:11/M
25	Briana Hughson	Dover DE	1394	25	1:F 20-29	31:33.1	31:41.6	10:11/M
26	Gina Steinbrecher	Wilmington DE	1367	46	5:F 40-49	31:42.8	31:52.0	10:14/M
27	Lori Reed	Dover DE	1360	47	6:F 40-49	32:32.9	32:36.6	10:30/M
28	Deborah Rementer	Rehoboth Beach DE	1389	63	4:F 60-99	33:01.0	33:08.4	10:39/M
29	Samantha Pennewell	Harrington DE	1380	32	2:F 30-39	33:19.1	33:25.9	10:45/M
30	Don Zalenski	Magnolia DE	1376	73	1:M 70-99	33:21.6	33:23.8	10:46/M
31	Hoong Chow	Felton DE	1338	60	4:M 60-69	33:22.5	33:22.8	10:46/M
32	Tony Hall	Dover DE	1388	53	1:M 50-59	33:31.8	33:39.8	10:49/M
33	Larry Price	Middletown DE	1379	77	2:M 70-99	33:43.7	33:47.3	10:53/M
34	Kevin Natrin	Smyrna DE	1392	56	2:M 50-59	34:45.9	34:55.4	11:13/M
35	Melissa Allen	Camden Wyoming DE	1333	51	1:F 50-59	36:10.8	36:17.2	11:40/M
36	Andrea Selvaggio	Clayton DE	1364	42	7:F 40-49	36:11.6	36:23.1	11:41/M
37	Michael Feldman	Clayton DE	1340	44	5:M 40-49	36:15.1	36:25.8	11:42/M
38	Samantha Jacobs	Dover DE	1381	33	3:F 30-39	38:12.5	38:19.9	12:20/M
39	Rosita Burton	Lincoln DE	1337	47	8:F 40-49	38:15.8	38:23.5	12:21/M
40	William Holmes	Bel Air MD	1352	60	5:M 60-69	40:06.4	40:15.0	12:56/M

41	Leeann Waltz	Milton DE	1384	57	2:F 50-59	40:27.8	40:30.7	13:03/M
42	Paul Wagner	Bel Air MD	1372	33	3:M 30-39	40:30.7	40:39.6	13:04/M
43	Chris Miller	Viola DE	1356	47	6:M 40-49	41:04.6	41:12.5	13:15/M
44	Tom Molin	Townsend DE	1357	67	6:M 60-69	41:52.2	42:01.2	13:30/M
45	Trevor Hamburg	Dover DE	1396	10	1:M 0-10	42:07.2	42:16.9	13:35/M
46	Donna Morris	Dover DE	1395	53	3:F 50-59	42:14.0	42:23.7	13:37/M
47	Angie Zalenski	Magnolia DE	1375	37	4:F 30-39	42:45.8	42:46.1	13:48/M
48	Daniel Pennington	Milford DE	1383	40	7:M 40-49	43:30.6	43:37.4	14:02/M
49	Charles Matthews	Camden Wyoming DE	1355	71	3:M 70-99	44:39.2	44:43.4	14:24/M
50	Diana Woodward	Harrington DE	1373	62	5:F 60-99	48:34.4	48:40.5	15:40/M
51	Zoe Woodward	Houston DE	1390	9	1:F 0-10	48:34.8	48:40.7	15:40/M
52	Jay Epstein	Elizabethtown PA	1339	62	7:M 60-69	53:04.1	53:12.2	17:07/M
53	Natasha Trolibetaris	Dover DE	1399	32	5:F 30-39	56:54.3	57:08.3	18:21/M
54	Maggie Haass	Dover DE	1346	31	6:F 30-39	56:57.4	57:11.0	18:22/M

5K Walk

Plc	Name	City	Bib	Age	Age Plc	Chip	Gun	Pace
1	Steven Brennan	Dover DE	1288	58	1:M 1-99	33:38.4	33:38.7	10:51/M
2	John Fredericks	Brick NJ	1344	71	2:M 1-99	34:06.7	34:12.1	11:00/M
3	Ron Salvio	Whiting NJ	1363	70	3:M 1-99	35:18.0	35:20.5	11:23/M
4	John Westhafer	Mechanicsburg PA	1289	63	4:M 1-99	37:30.4	37:34.9	12:06/M
5	Dawn Riggi	Harrington DE	1362	48	1:F 1-99	37:31.6	37:36.5	12:06/M
6	Alan Firlein	Rock Hall MD	1341	81	5:M 1-99	40:21.7	40:28.4	13:01/M
7	Debbie Johnson	Middletown DE	1354	61	2:F 1-99	46:35.6	46:41.1	15:02/M
8	Kaitlynn Herlihy	Camden Wyoming DE	1350	23	3:F 1-99	47:28.4	47:30.7	15:19/M
9	Alexis Herrmann	Camden Wyoming DE	1351	19	4:F 1-99	47:30.7	47:31.0	15:20/M
10	Frederick Vansant	Middletown DE	1263	53	6:M 1-99	49:00.1	49:07.6	15:48/M
11	Phyllis Zalenski	Magnolia DE	1377	70	5:F 1-99	52:04.3	52:10.7	16:48/M
12	Melvin Arnold	Smyrna DE	1334	66	7:M 1-99	53:04.5	53:11.1	17:07/M
13	Tammy Arnold	Smyrna DE	1335	60	6:F 1-99	55:55.3	56:02.0	18:02/M
14	Terry Woodward	Harrington DE	1374	63	8:M 1-99	56:44.0	56:47.5	18:18/M
15	Rosalia Martinez	Camden DE	1401	56	7:F 1-99	56:56.7	57:10.7	18:22/M
16	Sallie Scarborough	Dover DE	1286	69	8:F 1-99	56:56.9	57:10.9	18:22/M

Age Group Results

Female Champion

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Mardiny Ung	Elizabethtown PA	52	2	22:30.4	22:30.4	7:16/M

Female Masters Champion

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Jeanette Hammon	Magnolia DE	47	4	23:11.9	23:11.9	7:29/M

Female 10 and Under

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Zoe Woodward	Houston DE	9	51	48:34.8	48:40.7	15:40/M

Female 11 to 14

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Katie Pierce	Felton DE	12	18	29:15.7	29:19.1	9:26/M
2	Montana Fox	Magnolia DE	11	19	29:20.3	29:23.8	9:28/M

Female 20 to 29

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Briana Hughson	Dover DE	25	25	31:33.1	31:41.6	10:11/M

Female 30 to 39

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Kimberly Haggard	Dover DE	33	15	27:21.6	27:21.9	8:50/M
2	Samantha Pennewell	Harrington DE	32	29	33:19.1	33:25.9	10:45/M
3	Samantha Jacobs	Dover DE	33	38	38:12.5	38:19.9	12:20/M
4	Angie Zalenski	Magnolia DE	37	47	42:45.8	42:46.1	13:48/M
5	Natasha Trolibetaris	Dover DE	32	53	56:54.3	57:08.3	18:21/M
6	Maggie Haass	Dover DE	31	54	56:57.4	57:11.0	18:22/M

Female 40 to 49

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Joanne Hastings	Harrington DE	42	7	25:18.2	25:18.5	8:10/M
2	Christina Bell	Clayton DE	41	9	26:26.0	26:27.8	8:32/M
3	Shelly Bloom	Felton DE	45	10	26:33.4	26:33.7	8:34/M
4	Taylor Urban	New Castle DE	43	12	26:45.2	26:54.7	8:38/M
5	Gina Steinbrecher	Wilmington DE	46	26	31:42.8	31:52.0	10:14/M
6	Lori Reed	Dover DE	47	27	32:32.9	32:36.6	10:30/M
7	Andrea Selvaggio	Clayton DE	42	36	36:11.6	36:23.1	11:41/M
8	Rosita Burton	Lincoln DE	47	39	38:15.8	38:23.5	12:21/M

Female 50 to 59

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Melissa Allen	Camden Wyoming DE	51	35	36:10.8	36:17.2	11:40/M
2	Leeann Waltz	Milton DE	57	41	40:27.8	40:30.7	13:03/M
3	Donna Morris	Dover DE	53	46	42:14.0	42:23.7	13:37/M

Female 60 and Over

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Adele Wagner	Bel Air MD	64	14	26:54.8	26:57.7	8:41/M
2	Valerie Reihl	Rock Hall MD	63	20	29:53.9	29:56.7	9:39/M
3	Sarah Gifford	Rock Hall MD	61	23	31:15.8	31:18.9	10:05/M
4	Deborah Rementer	Rehoboth Beach DE	63	28	33:01.0	33:08.4	10:39/M
5	Diana Woodward	Harrington DE	62	50	48:34.4	48:40.5	15:40/M

Male Champion

Plc	Name	City	Age	O'all	Chip	Gun	Pace
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1	Matthew Sandner	Collegeville PA	13	1	19:01.8	19:01.8	6:08/M
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Male Masters Champion

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Duane Christy	Havre De Grace MD	56	3	22:38.7	22:38.7	7:18/M

Male 10 and Under

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Trevor Hamburg	Dover DE	10	45	42:07.2	42:16.9	13:35/M

Male 20 to 29

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Cooper Temple	Dover DE	28	24	31:33.1	31:41.7	10:11/M

Male 30 to 39

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Dave Garson	Mount Joy PA	35	13	26:48.9	26:49.3	8:39/M
2	Matthew Fox	Magnolia DE	39	21	31:08.5	31:12.7	10:03/M
3	Paul Wagner	Bel Air MD	33	42	40:30.7	40:39.6	13:04/M

Male 40 to 49

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Rob Ridgeway	Camden Wyoming DE	42	5	23:16.2	23:18.5	7:30/M
2	Tony Bourdeau	Dover DE	41	6	23:25.2	23:29.6	7:33/M
3	Jeffery Steinbrecher	Wilmington DE	48	11	26:35.4	26:44.8	8:35/M
4	Chris Pierce	Felton DE	49	22	31:09.0	31:12.9	10:03/M
5	Michael Feldman	Clayton DE	44	37	36:15.1	36:25.8	11:42/M
6	Chris Miller	Viola DE	47	43	41:04.6	41:12.5	13:15/M
7	Daniel Pennington	Milford DE	40	48	43:30.6	43:37.4	14:02/M

Male 50 to 59

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Tony Hall	Dover DE	53	32	33:31.8	33:39.8	10:49/M
2	Kevin Natrin	Smyrna DE	56	34	34:45.9	34:55.4	11:13/M

Male 60 to 69

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Frank Whittington	Middletown DE	68	8	25:30.0	25:30.3	8:14/M
2	Joe Gannon	Harrington DE	67	16	27:25.4	27:25.7	8:51/M
3	Willie Makit	Clayton DE	64	17	27:54.1	27:57.8	9:00/M
4	Hoong Chow	Felton DE	60	31	33:22.5	33:22.8	10:46/M
5	William Holmes	Bel Air MD	60	40	40:06.4	40:15.0	12:56/M
6	Tom Molin	Townsend DE	67	44	41:52.2	42:01.2	13:30/M
7	Jay Epstein	Elizabethtown PA	62	52	53:04.1	53:12.2	17:07/M

Male 70 and Over

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Don Zalenski	Magnolia DE	73	30	33:21.6	33:23.8	10:46/M
2	Larry Price	Middletown DE	77	33	33:43.7	33:47.3	10:53/M
3	Charles Matthews	Camden Wyoming DE	71	49	44:39.2	44:43.4	14:24/M