

Miles for Military 5K Run/Walk
Benefits The Air Force Sergeants Association
Buffalo Wild Wings - Dover, DE
Saturday, November 09, 2019 - Sunny - 40 Degrees
A Trisports Events Production

Overall Finish List

5K Run

Plc	Name	City	Bib	Age	Age Plc	Chip	Gun	Pace
1	Matt Sparacino	Harrington DE	409	42	1:Open	18:42.4	18:42.4	6:02/M
2	Steven Wheeler	Still Pond MD	497	36	1:M 30-39	19:38.8	19:39.1	6:20/M
3	Enrique Escalante	Lincoln DE	659	25	1:M 20-29	19:58.6	19:58.8	6:27/M
4	Tim Milligan	Middleburg PA	381	62	1:masters	20:36.7	20:36.7	6:39/M
5	Dylan Powell	Galena MD	472	26	2:M 20-29	20:59.2	21:00.9	6:46/M
6	Rafael Escalante	Milford DE	498	29	3:M 20-29	20:59.9	21:00.2	6:46/M
7	Rob Ridgeway	Camden Wyoming DE	658	42	1:M 40-49	21:55.9	21:57.6	7:05/M
8	Mardiny Ung	Elizabethtown PA	483	53	1:Open	22:16.9	22:16.9	7:11/M
9	Duane Christy	Havre De Grace MD	452	56	1:M 50-59	23:22.1	23:22.3	7:32/M
10	Larry Simpkins	Dover DE	480	55	2:M 50-59	24:08.2	24:08.5	7:47/M
11	Liam Conway	Clayton DE	453	11	1:M 11-14	24:10.0	24:10.2	7:48/M
12	Reed Schultz	Clayton DE	478	11	2:M 11-14	24:14.8	24:15.1	7:49/M
13	Mapu Wagmister	Hartly DE	485	9	1:M 1-10	24:14.9	24:15.2	7:49/M
14	Brenda Ewing	Worton MD	354	50	1:masters	26:45.8	26:45.8	8:37/M
15	Clayton Keeler	Richmond Hill GA	466	25	4:M 20-29	27:12.2	27:12.4	8:47/M
16	Bill Brockenbrough	Clayton DE	499	60	1:M 60-69	27:21.0	27:23.5	8:49/M
17	Valerie Reihl	Rock Hall MD	476	63	1:F 60-99	29:01.2	29:04.7	9:22/M
18	Victor Hernandez	Clayton DE	462	11	3:M 11-14	29:06.4	29:08.8	9:23/M
19	Nicholas Bryant	Clayton DE	447	26	5:M 20-29	29:08.6	29:11.7	9:24/M
20	Lori Waldee-Warden	Rehoboth Beach DE	486	55	1:F 50-59	29:28.4	29:33.6	9:30/M
21	Teresa Escalante	Lincoln DE	500	49	1:F 40-49	29:43.2	29:50.7	9:35/M
22	Sarah Gifford	Rock Hall MD	461	61	2:F 60-99	29:47.2	29:51.1	9:37/M
23	Samantha Pennewell	Harrington DE	496	32	1:F 30-39	30:36.9	30:45.8	9:53/M
24	Alex Vaccaro	Smyrna DE	484	10	2:M 1-10	30:49.5	30:49.8	9:57/M
25	Tristan Malin	Clayton DE	469	10	3:M 1-10	30:53.4	30:53.6	9:58/M
26	Michael Gibson	Millsboro DE	460	64	2:M 60-69	32:03.7	32:03.9	10:21/M
27	Justin Malin	Clayton DE	468	41	2:M 40-49	32:20.1	32:23.0	10:26/M
28	Tom Keating	Millsboro DE	465	71	1:M 70-99	32:20.1	32:20.4	10:26/M
29	Hunter Strauss	Hartly DE	481	11	4:M 11-14	32:22.5	32:22.7	10:27/M
30	Chase Pritchett	Clayton DE	475	11	5:M 11-14	32:26.5	32:27.8	10:28/M
31	Dale McGann	Lewes DE	471	55	2:F 50-59	32:46.8	32:51.7	10:34/M
32	Sandra Waldee-Warden	Rehoboth Beach DE	487	51	3:F 50-59	32:47.8	32:53.2	10:35/M
33	Lisa Kane	Dover DE	674	55	4:F 50-59	34:05.2	34:08.9	11:00/M
34	Louise Holt	Milford DE	385	62	3:F 60-99	34:09.7	34:15.8	11:01/M
35	Rosita Burton	Lincoln DE	448	47	2:F 40-49	36:13.7	36:22.8	11:41/M
36	Samuel Dulin	Dover DE	454	10	4:M 1-10	36:19.3	36:21.2	11:43/M
37	Alexis Ray	Camden Wyoming DE	646	39	2:F 30-39	37:02.9	37:07.9	11:57/M
38	Daniel Pennington	Milford DE	797	47	3:M 40-49	37:53.6	38:01.2	12:13/M
39	Mike Canevari	Milford DE	449	59	3:M 50-59	38:45.7	38:53.1	12:30/M
40	Melissa Cheney	Harrington DE	450	28	1:F 20-29	40:02.3	40:05.1	12:55/M

41	Caeden Price	Dover DE	474	10	5:M 1-10	42:09.9	42:11.9	13:36/M
42	Brayden Street	Smyrna DE	482	11	6:M 11-14	42:14.4	42:16.3	13:38/M
43	Arleen Murchison	Dover DE	407	57	5:F 50-59	42:53.1	42:59.7	13:50/M
44	Margaret Pisano	Dover DE	375	42	3:F 40-49	46:02.7	46:09.4	14:51/M
45	Charles Matthews	Camden Wyoming DE	470	71	2:M 70-99	48:25.6	48:30.2	15:37/M
46	Sur Wagmister	Hartly DE	400	13	1:F 11-14	49:03.9	49:15.1	15:50/M
47	Dara Gelof	Hartly DE	420	50	6:F 50-59	49:07.0	49:17.9	15:51/M
48	Ivy Woodward	Houston DE	491	5	1:F 1-10	51:45.6	51:50.1	16:42/M
49	Diana Woodward	Harrington DE	490	62	4:F 60-99	51:52.3	51:57.1	16:44/M
50	Zoe Woodward	Houston DE	493	9	2:F 1-10	54:44.3	54:48.7	17:39/M
51	Jay Epstein	Elizabethtown PA	455	62	3:M 60-69	56:55.0	57:03.0	18:22/M

5K Walk

Plc	Name	City	Bib	Age	Age Plc	Chip	Gun	Pace
1	Dawn Riggi	Harrington DE	477	48	1:F 1-99	35:19.9	35:22.3	11:24/M
2	Don Zalenski	Magnolia DE	494	73	1:M 1-99	38:12.6	38:15.6	12:20/M
3	Hoong Chow	Felton DE	451	60	2:M 1-99	39:07.3	39:11.1	12:37/M
4	Taffi Lang	Dover DE	467	49	2:F 1-99	39:54.0	39:59.5	12:52/M
5	Alan Firlein	Rock Hall MD	456	80	3:M 1-99	40:19.3	40:23.7	13:00/M
6	Leeann Waltz	Milton DE	890	57	3:F 1-99	49:44.2	49:52.9	16:03/M
7	Phyllis Zalenski	Lincoln DE	495	70	4:F 1-99	51:44.0	51:48.5	16:41/M
8	Terry Woodward	Harrington DE	492	63	4:M 1-99	55:26.2	55:29.8	17:53/M
9	Ashley Price	Dover DE	473	32	5:F 1-99	55:32.7	55:43.9	17:55/M
10	Marcia Fox	Dover DE	457	41	6:F 1-99	55:33.7	55:44.2	17:55/M

Ruck

Plc	Name	City	Bib	Age	Age Plc	Chip	Gun	Pace
1	William Wightman	Smyrna DE	796	36	1:M 1-99	38:07.7	38:14.7	12:18/M

Age Group Results

5K Run Female Champion

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Mardiny Ung	Elizabethtown PA	53	8	22:16.9	22:16.9	7:11/M

Female Masters Champion

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Brenda Ewing	Worton MD	50	14	26:45.8	26:45.8	8:37/M

Female 10 and Under

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Ivy Woodward	Houston DE	5	48	51:45.6	51:50.1	16:42/M
2	Zoe Woodward	Houston DE	9	50	54:44.3	54:48.7	17:39/M

Female 11 to 14

Plc	Name	City	Age	O'all	Chip	Gun	Pace
-----	------	------	-----	-------	------	-----	------

1	Sur Wagmister	Hartly DE	13	46	49:03.9	49:15.1	15:50/M
---	---------------	-----------	----	----	---------	---------	---------

Female 20 to 29

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Melissa Cheney	Harrington DE	28	40	40:02.3	40:05.1	12:55/M

Female 30 to 39

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Samantha Pennewell	Harrington DE	32	23	30:36.9	30:45.8	9:53/M
2	Alexis Ray	Camden Wyoming DE	39	37	37:02.9	37:07.9	11:57/M

Female 40 to 49

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Teresa Escalante	Lincoln DE	49	21	29:43.2	29:50.7	9:35/M
2	Rosita Burton	Lincoln DE	47	35	36:13.7	36:22.8	11:41/M
3	Margaret Pisano	Dover DE	42	44	46:02.7	46:09.4	14:51/M

Female 50 to 59

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Lori Waldee-Warden	Rehoboth Beach DE	55	20	29:28.4	29:33.6	9:30/M
2	Dale McGann	Lewes DE	55	31	32:46.8	32:51.7	10:34/M
3	Sandra Waldee-Warden	Rehoboth Beach DE	51	32	32:47.8	32:53.2	10:35/M
4	Lisa Kane	Dover DE	55	33	34:05.2	34:08.9	11:00/M
5	Arleen Murchison	Dover DE	57	43	42:53.1	42:59.7	13:50/M
6	Dara Gelof	Hartly DE	50	47	49:07.0	49:17.9	15:51/M

Female 60 and Over

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Valerie Reihl	Rock Hall MD	63	17	29:01.2	29:04.7	9:22/M
2	Sarah Gifford	Rock Hall MD	61	22	29:47.2	29:51.1	9:37/M
3	Louise Holt	Milford DE	62	34	34:09.7	34:15.8	11:01/M
4	Diana Woodward	Harrington DE	62	49	51:52.3	51:57.1	16:44/M

Male Champion

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Matt Sparacino	Harrington DE	42	1	18:42.4	18:42.4	6:02/M

Male Masters Champion

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Tim Milligan	Middleburg PA	62	4	20:36.7	20:36.7	6:39/M

Male 10 and Under

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Mapu Wagmister	Hartly DE	9	13	24:14.9	24:15.2	7:49/M

2	Alex Vaccaro	Smyrna DE	10	24	30:49.5	30:49.8	9:57/M
3	Tristan Malin	Clayton DE	10	25	30:53.4	30:53.6	9:58/M
4	Samuel Dulin	Dover DE	10	36	36:19.3	36:21.2	11:43/M
5	Caeden Price	Dover DE	10	41	42:09.9	42:11.9	13:36/M

Male 11 to 14

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Liam Conway	Clayton DE	11	11	24:10.0	24:10.2	7:48/M
2	Reed Schultz	Clayton DE	11	12	24:14.8	24:15.1	7:49/M
3	Victor Hernandez	Clayton DE	11	18	29:06.4	29:08.8	9:23/M
4	Hunter Strauss	Hartly DE	11	29	32:22.5	32:22.7	10:27/M
5	Chase Pritchett	Clayton DE	11	30	32:26.5	32:27.8	10:28/M
6	Brayden Street	Smyrna DE	11	42	42:14.4	42:16.3	13:38/M

Male 20 to 29

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Enrique Escalante	Lincoln DE	25	3	19:58.6	19:58.8	6:27/M
2	Dylan Powell	Galena MD	26	5	20:59.2	21:00.9	6:46/M
3	Rafael Escalante	Milford DE	29	6	20:59.9	21:00.2	6:46/M
4	Clayton Keeler	Richmond Hill GA	25	15	27:12.2	27:12.4	8:47/M
5	Nicholas Bryant	Clayton DE	26	19	29:08.6	29:11.7	9:24/M

Male 30 to 39

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Steven Wheeler	Still Pond MD	36	2	19:38.8	19:39.1	6:20/M

Male 40 to 49

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Rob Ridgeway	Camden Wyoming DE	42	7	21:55.9	21:57.6	7:05/M
2	Justin Malin	Clayton DE	41	27	32:20.1	32:23.0	10:26/M
3	Daniel Pennington	Milford DE	47	38	37:53.6	38:01.2	12:13/M

Male 50 to 59

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Duane Christy	Havre De Grace MD	56	9	23:22.1	23:22.3	7:32/M
2	Larry Simpkins	Dover DE	55	10	24:08.2	24:08.5	7:47/M
3	Mike Canevari	Milford DE	59	39	38:45.7	38:53.1	12:30/M

Male 60 to 69

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Bill Brockenbrough	Clayton DE	60	16	27:21.0	27:23.5	8:49/M
2	Michael Gibson	Millsboro DE	64	26	32:03.7	32:03.9	10:21/M
3	Jay Epstein	Elizabethtown PA	62	51	56:55.0	57:03.0	18:22/M

Male 70 and Over

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Tom Keating	Millsboro DE	71	28	32:20.1	32:20.4	10:26/M
2	Charles Matthews	Camden Wyoming DE	71	45	48:25.6	48:30.2	15:37/M

35lb Ruck
Male 99 and Under

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	William Wightman	Smyrna DE	36	1	38:07.7	38:14.7	12:18/M