

Stars & Stripes 5K Run/Walk
Presented by The Town of Laurel
Benefits: Laurel Independence Day Committee
Thursday, July 04, 2019 - Cloudy - 76 Degrees
A Trisports Events Production

Overall Finish List

5K Run

Plc	Name	City	Bib	Age	Age Plc	Chip	Gun	Pace
1	Reginaldo Hernandez	Georgetown DE	974	21	1:Open	18:51.6	18:51.6	6:05/M
2	Bennett Brumbley	Laurel DE	914	11	1:M 11-14	21:18.8	21:19.4	6:52/M
3	Kelsey Oliphant	Laurel DE	1001	27	1:F 20-29	22:30.3	22:32.7	7:15/M
4	Alexis Oliphant	Laurel DE	1000	27	1:Open	22:32.6	22:32.6	7:15/M
5	Peter Tracey	Washington DC	1003	59	1:Masters	23:02.2	23:02.2	7:25/M
6	Conner Evans	Laurel DE	982	22	1:M 20-29	25:47.4	25:50.6	8:19/M
7	Woody Disharoon	Laurel DE	979	70	1:M 70-99	26:47.4	26:50.5	8:38/M
8	Samuel Gaines	Laurel DE	928	51	1:M 50-59	26:55.6	27:01.9	8:41/M
9	Russell Littleton	Ocean View DE	994	63	1:M 60-69	27:19.3	27:19.9	8:49/M
10	Lisa Wynn	Ocean View DE	1005	57	1:Masters	27:36.4	27:36.4	8:54/M
11	Nina Smeltzer	Rehoboth Beach DE	1010	60	1:F 60-99	27:50.6	27:51.3	8:59/M
12	Jodi Evans	Laurel DE	983	48	1:F 40-49	28:09.2	28:12.9	9:05/M
13	Brenda Frantz	Laurel DE	984	52	1:F 50-59	28:11.6	28:12.2	9:05/M
14	Rachel Cherrix	Seaford DE	932	38	1:F 30-39	28:26.8	28:30.1	9:10/M
15	Britney Lloyd	Delmar DE	995	34	2:F 30-39	29:58.8	30:01.9	9:40/M
16	Karen Sadek	Essex MD	1011	35	3:F 30-39	30:09.6	30:14.2	9:44/M
17	Owen Lloyd	Delmar DE	996	8	1:M 1-10	31:33.5	31:36.6	10:11/M
18	Nichole Horton	Denton MD	989	34	4:F 30-39	31:53.8	31:56.5	10:17/M
19	Rachel Dufour	Millsboro DE	980	30	5:F 30-39	32:05.6	32:09.3	10:21/M
20	Heather Jones	Laurel DE	992	31	6:F 30-39	32:19.1	32:22.4	10:25/M
21	Michelle Slatcher	Laurel DE	1009	34	7:F 30-39	33:03.4	33:07.8	10:40/M
22	Don Zalenski	Magnolia DE	1006	73	2:M 70-99	33:41.1	33:41.7	10:52/M
23	Lenora Dillinger	Millsboro DE	978	60	2:F 60-99	34:42.4	34:45.4	11:12/M
24	Stephanie Kiback	Laurel DE	993	25	2:F 20-29	36:51.4	36:53.2	11:53/M
25	Brandi Willey	Laurel DE	1004	31	8:F 30-39	37:09.4	37:11.7	11:59/M
26	Samantha Henschel	Georgetown DE	987	25	3:F 20-29	37:45.0	37:48.9	12:11/M
27	Fady Sadek	Essex MD	1012	39	1:M 30-39	38:18.5	38:23.3	12:21/M
28	Taylor Oliphant	Laurel DE	1002	27	4:F 20-29	40:36.7	40:41.8	13:06/M
29	Brenda Hall	Sadorus IL	985	69	3:F 60-99	41:57.3	42:01.9	13:32/M
30	Kasey Ellsworth	Georgetown DE	981	22	5:F 20-29	42:05.6	42:07.8	13:35/M
31	Angela Hill	Laurel DE	988	52	2:F 50-59	43:22.3	43:22.9	13:59/M
32	Johnie Hall	Sadorus IL	986	73	3:M 70-99	44:24.1	44:28.5	14:19/M
33	Heather Marvin	Laurel DE	997	39	9:F 30-39	55:24.6	55:31.2	17:52/M

5K Walk

Plc	Name	City	Bib	Age	Age Plc	Chip	Gun	Pace
1	Lauren Hudson	Delmar DE	991	35	1:F 1-99	48:13.3	48:18.8	15:33/M
2	Phyllis Zalenski	Magnolia DE	1007	70	2:F 1-99	50:18.0	50:22.5	16:14/M
3	David Hudson	Delmar DE	990	40	1:M 1-99	52:54.7	53:00.8	17:04/M
4	Trudi Anderson	Dover DE	976	53	3:F 1-99	53:33.4	53:40.3	17:16/M
5	Jenna Crossan	Salisbury MD	946	34	4:F 1-99	54:58.0	55:04.7	17:44/M

6	Laura Marvin	Essex MD	947	33	5:F 1-99	54:58.6	55:04.4	17:44/M
7	Matthew Trucks	Laurel DE	614	38	2:M 1-99	55:24.5	55:31.2	17:52/M
8	Linda Marvin	Laurel DE	999	69	6:F 1-99	58:27.2	58:34.0	18:51/M
9	Jim Marvin	Laurel DE	998	69	3:M 1-99	58:29.3	58:34.0	18:52/M

Age Group Results

Female Open Champion

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Alexis Oliphant	Laurel DE	27	4	22:32.6	22:32.6	7:15/M

Female Masters Champion

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Lisa Wynn	Ocean View DE	57	10	27:36.4	27:36.4	8:54/M

Female 20 to 29

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Kelsey Oliphant	Laurel DE	27	3	22:30.3	22:32.7	7:15/M
2	Stephanie Kiback	Laurel DE	25	24	36:51.4	36:53.2	11:53/M
3	Samantha Henschel	Georgetown DE	25	26	37:45.0	37:48.9	12:11/M
4	Taylor Oliphant	Laurel DE	27	28	40:36.7	40:41.8	13:06/M
5	Kasey Ellsworth	Georgetown DE	22	30	42:05.6	42:07.8	13:35/M

Female 30 to 39

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Rachel Cherrix	Seaford DE	38	14	28:26.8	28:30.1	9:10/M
2	Britney Lloyd	Delmar DE	34	15	29:58.8	30:01.9	9:40/M
3	Karen Sadek	Essex MD	35	16	30:09.6	30:14.2	9:44/M
4	Nichole Horton	Denton MD	34	18	31:53.8	31:56.5	10:17/M
5	Rachel Dufour	Millsboro DE	30	19	32:05.6	32:09.3	10:21/M
6	Heather Jones	Laurel DE	31	20	32:19.1	32:22.4	10:25/M
7	Michelle Slatcher	Laurel DE	34	21	33:03.4	33:07.8	10:40/M
8	Brandi Willey	Laurel DE	31	25	37:09.4	37:11.7	11:59/M
9	Heather Marvin	Laurel DE	39	33	55:24.6	55:31.2	17:52/M

Female 40 to 49

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Jodi Evans	Laurellaurel DE	48	12	28:09.2	28:12.9	9:05/M

Female 50 to 59

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Brenda Frantz	Laurel DE	52	13	28:11.6	28:12.2	9:05/M
2	Angela Hill	Laurel DE	52	31	43:22.3	43:22.9	13:59/M

Female 60 and Over

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Nina Smeltzer	Rehoboth Beach DE	60	11	27:50.6	27:51.3	8:59/M
2	Lenora Dillinger	Millsboro DE	60	23	34:42.4	34:45.4	11:12/M
3	Brenda Hall	Sadorus IL	69	29	41:57.3	42:01.9	13:32/M

Male Open Champion

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Reginaldo Hernandez	Georgetown DE	21	1	18:51.6	18:51.6	6:05/M

Male Masters Champion

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Peter Tracey	Washington DC	59	5	23:02.2	23:02.2	7:25/M

Male 10 and Under

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Owen Lloyd	Delmar DE	8	17	31:33.5	31:36.6	10:11/M

Male 11 to 14

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Bennett Brumbley	Laurel DE	11	2	21:18.8	21:19.4	6:52/M

Male 20 to 29

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Conner Evans	Laurel DE	22	6	25:47.4	25:50.6	8:19/M

Male 30 to 39

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Fady Sadek	Essex MD	39	27	38:18.5	38:23.3	12:21/M

Male 50 to 59

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Samuel Gaines	Laurel DE	51	8	26:55.6	27:01.9	8:41/M

Male 60 to 69

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Russell Littleton	Ocean View DE	63	9	27:19.3	27:19.9	8:49/M

Male 70 and Over

Plc	Name	City	Age	O'all	Chip	Gun	Pace
1	Woody Disharoon	Laurel DE	70	7	26:47.4	26:50.5	8:38/M
2	Don Zalenski	Magnolia DE	73	22	33:41.1	33:41.7	10:52/M
3	Johnie Hall	Sadorus IL	73	32	44:24.1	44:28.5	14:19/M

