

# 6th Annual Big Thursday on Sunday 5K Run/Walk

Benefits: Bowers Beach Maritime Museum

Sunday - October 11, 2020 - Cloudy - 67 Degrees

A Trisports Events Production

## Overall Finish List

		5K Run						
PLC	Name	City	Bib	Age	Age PLC	Chip	Gun	Pace
1	Michael Sewell	Camden DE	269	51	1:Open	18:30.2	18:30.2	5:58/M
2	Matt Sparacino	Harrington DE	1594	42	1:Masters	18:46.0	18:46.0	6:03/M
3	Timothy McAndrew	Haddonfield NJ	1577	32	1:M 30-39	18:54.0	18:54.5	6:06/M
4	Joe Bacon	New Castle DE	1549	31	2:M 30-39	20:31.6	20:32.0	6:37/M
5	David Trombello	Magnolia DE	1599	38	3:M 30-39	20:31.7	20:32.1	6:37/M
6	Jason Burress	Milford DE	265	41	1:M 40-49	22:06.2	22:08.8	7:08/M
7	Dj Garber	Dover DE	267	35	4:M 30-39	22:22.4	22:29.0	7:13/M
8	Rob Ridgeway	Camden DE	1584	43	2:M 40-49	22:47.3	22:52.7	7:21/M
9	Stephanie Garber	Dover DE	268	35	1:Open	23:08.9	23:08.9	7:27/M
10	Kimberly Root	Magnolia DE	1585	35	1:F 30-39	23:29.4	23:33.5	7:35/M
11	Brittney Salzano	Camden DE	1586	26	1:F 20-29	23:46.3	23:54.9	7:40/M
12	Michael Mitchell	Lewes DE	1580	65	1:M 60-69	25:00.2	25:02.7	8:04/M
13	Anna Korpela	Smyrna DE	271	11	1:F 11-14	25:56.6	25:59.5	8:22/M
14	Matthew Garvey	New Castle DE	1562	52	1:M 50-59	26:07.3	26:11.5	8:26/M
15	Kevin Shotwell	Felton DE	1590	43	3:M 40-49	26:08.7	26:21.9	8:26/M
16	Quade Cummings	Dover DE	1557	10	1:M 1-10	26:51.1	26:54.0	8:40/M
17	Joanne Hastings	Harrington DE	1566	43	1:Masters	27:04.5	27:04.5	8:43/M
18	Alan Quillen	Seaford DE	1582	65	2:M 60-69	27:09.4	27:16.3	8:46/M
19	Sophia Lambert	Severna Park MD	1573	10	1:F 1-10	27:35.4	27:38.7	8:54/M
20	Dickie Burgess	Milford DE	264	65	3:M 60-69	27:57.4	28:05.8	9:01/M
21	Kelly Shotwell	Felton DE	1589	42	1:F 40-49	28:40.3	28:53.6	9:15/M
22	Tom Keating	Millsboro DE	1570	72	1:M 70-99	28:46.6	28:53.0	9:17/M
23	Samantha Pennewell	Smyrna DE	248	33	2:F 30-39	29:30.9	30:29.0	9:31/M
24	Carrie Lambert	Severna Park MD	1572	42	2:F 40-49	30:44.8	30:53.8	9:55/M
25	Karen Forrest	Felton DE	1560	45	3:F 40-49	32:22.6	32:36.2	10:27/M
26	Michele Cummings	Dover DE	1556	44	4:F 40-49	34:00.8	34:11.8	10:58/M
27	Alexis Ray	Camden DE	1583	40	5:F 40-49	34:13.2	35:13.7	11:02/M
28	Mike Canevari	Milford DE	1552	60	4:M 60-69	35:02.9	36:02.9	11:18/M
29	Amy Walls	Felton DE	1601	51	1:F 50-59	35:14.8	36:14.0	11:22/M
30	Melissa Garvey	New Castle DE	1563	52	2:F 50-59	35:28.8	35:38.4	11:27/M
31	Craig Warrington	Milford DE	1602	58	2:M 50-59	35:36.3	36:42.1	11:29/M
32	Lisa Kane	Dover DE	266	56	3:F 50-59	36:11.3	36:22.7	11:40/M
33	Mark Pinkus	Selbyville DE	231	64	5:M 60-69	36:58.0	37:07.6	11:55/M
34	Larry Price	Middletown DE	219	78	2:M 70-99	37:00.5	38:03.1	11:56/M
35	Louise Holt	Milford DE	1568	63	1:F 60-99	37:20.9	38:23.7	12:03/M
36	Matteo Sparacino	Harrington DE	247	8	2:M 1-10	37:24.4	37:34.1	12:04/M
37	Valarie Anderson	Milford DE	1547	44	6:F 40-49	37:48.5	38:53.2	12:12/M
38	Arleen Murchison	Dover DE	263	58	4:F 50-59	38:49.5	39:53.7	12:31/M
39	Elaine Nolan	Camden DE	262	62	2:F 60-99	39:10.3	40:13.9	12:38/M
40	Rosita Burton	Lincoln DE	1551	48	7:F 40-49	39:24.3	40:22.7	12:43/M
41	James Paladino	Dover DE	1581	55	3:M 50-59	40:20.1	40:32.2	13:01/M
42	Kylie Forrest	Felton DE	1561	17	1:F 15-19	42:27.9	42:41.4	13:42/M

43	Cecilia Carter	Dover DE	1553	20	2:F 20-29	42:30.2	42:43.5	13:43/M
44	Larry Stein	Lewes DE	1595	70	3:M 70-99	46:52.7	48:14.3	15:07/M
45	Marty Manning	Frederica DE	1967	72	4:M 70-99	47:09.6	48:10.8	15:13/M
46	Joseph Ellis	Bellmawr NJ	206	36	5:M 30-39	50:42.5	51:48.6	16:21/M
47	Daniel Pennington	Milford DE	270	41	4:M 40-49	56:12.0	57:47.1	18:08/M
48	Tiffany Wagner	Dover DE	1600	31	3:F 30-39	59:17.1	59:29.2	19:07/M

### 5K WALK

PLC	Name	City	Bib	Age	Age PLC	Chip	Gun	Pace
1	Fred Linkhart	Oakhurst NJ	1574	68	1:M 1-99	34:32.7	35:33.9	11:09/M
2	Don Zalenski	Magnolia DE	1603	74	2:M 1-99	37:19.6	38:50.0	12:02/M
3	Dawn Riggi	Harrington DE	999	49	1:F 1-99	39:18.2	40:45.1	12:41/M
4	Hoong Chow	Felton DE	1554	61	3:M 1-99	40:07.6	41:34.6	12:57/M
5	Thomas Molin	Townsend DE	1000	68	4:M 1-99	40:17.9	41:49.2	13:00/M
6	Alan Firlein	Rock Hall DE	1559	82	5:M 1-99	41:29.9	42:59.7	13:23/M
7	Kim Symonds	Frederica DE	1596	60	2:F 1-99	42:35.8	43:59.8	13:44/M
8	Ted Symonds	Frederica DE	1597	58	6:M 1-99	45:51.6	47:18.3	14:48/M
9	Bob Carroll	Milford DE	201	81	7:M 1-99	47:04.4	48:12.9	15:11/M
10	Mark Puzzo	Frederica DE	1970	65	8:M 1-99	48:16.6	49:17.6	15:34/M
11	Melissa Kristic	Felton DE	1571	50	3:F 1-99	49:09.8	50:21.4	15:52/M
12	Margaret Thompson	Magnolia DE	1598	49	4:F 1-99	49:10.0	50:21.6	15:52/M
13	James Nolan	Camden DE	218	71	9:M 1-99	50:16.0	51:44.8	16:13/M
14	Marylisa Manning	Frederica DE	1968	66	5:F 1-99	50:55.4	51:57.7	16:26/M
15	Ada Puzzo	Frederica DE	1971	57	6:F 1-99	50:55.9	51:58.2	16:26/M
16	Patricia Shipper	Magnolia DE	1587	53	7:F 1-99	52:38.1	54:13.7	16:59/M
17	Paul Shipper	Magnolia DE	1588	53	10:M 1-99	52:38.1	54:13.8	16:59/M
18	Chris Luck	Hockessin DE	1575	48	11:M 1-99	52:45.4	54:06.3	17:01/M
19	Claire McElwee	Hockessin DE	1578	59	8:F 1-99	52:46.4	54:06.5	17:01/M
20	Douglas Shuck	Frederica DE	1591	61	12:M 1-99	54:41.3	56:21.6	17:39/M
21	Susan Heckelman	Felton DE	1567	54	9:F 1-99	55:19.5	56:34.0	17:51/M
22	Sherry Symonds	Lancaster PA	1972	60	10:F 1-99	58:03.0	59:30.5	18:44/M
23	Connie Jones	Galena MD	1569	64	11:F 1-99	58:17.1	59:21.9	18:48/M
24	Pat Cricenti	Milton DE	1555	73	12:F 1-99	58:17.7	59:22.3	18:48/M
25	Leigh Shuck	Frederica DE	1592	67	13:F 1-99	1:01:36.9	1:03:17.0	19:53/M
26	Erina Miller	Harrington DE	1579	38	14:F 1-99	1:01:43.2	1:03:30.8	19:55/M
27	Amanda Giuttari	Frederica DE	1564	31	15:F 1-99	1:02:08.3	1:03:56.4	20:03/M
28	Jenna Morris	Frederica DE	1969	33	16:F 1-99	1:02:09.9	1:03:56.9	20:03/M
DNF	Anthony Albano	Avondale PA	1545	62	DNF	47:43.9	49:24.8	15:24/M

### Age Group Results

#### Female Open Champions

PLC	Name	City	Age	O'All	Chip	Gun	Pace
1	Stephanie Garber	Dover DE	35	9	23:08.9	23:08.9	7:27/M

#### Female Masters Champions

PLC	Name	City	Age	O'All	Chip	Gun	Pace
1	Joanne Hastings	Harrington DE	43	17	27:04.5	27:04.5	8:43/M

Female 10 and Under

PLC	Name	City	Age	O'All	Chip	Gun	Pace
1	Sophia Lambert	Severna Park MD	10	19	27:35.4	27:38.7	8:54/M

Female 11 to 14

PLC	Name	City	Age	O'All	Chip	Gun	Pace
1	Anna Korpela	Smyrna DE	11	13	25:56.6	25:59.5	8:22/M

Female 15 to 19

PLC	Name	City	Age	O'All	Chip	Gun	Pace
1	Kylie Forrest	Felton DE	17	42	42:27.9	42:41.4	13:42/M

Female 20 to 29

PLC	Name	City	Age	O'All	Chip	Gun	Pace
1	Brittney Salzano	Camden DE	26	11	23:46.3	23:54.9	7:40/M
2	Cecilia Carter	Dover DE	20	43	42:30.2	42:43.5	13:43/M

Female 30 to 39

PLC	Name	City	Age	O'All	Chip	Gun	Pace
1	Kimberly Root	Magnolia DE	35	10	23:29.4	23:33.5	7:35/M
2	Samantha Pennewell	Smyrna DE	33	23	29:30.9	30:29.0	9:31/M
3	Tiffany Wagner	Dover DE	31	48	59:17.1	59:29.2	19:07/M

Female 40 to 49

PLC	Name	City	Age	O'All	Chip	Gun	Pace
1	Kelly Shotwell	Felton DE	42	21	28:40.3	28:53.6	9:15/M
2	Carrie Lambert	Severna Park MD	42	24	30:44.8	30:53.8	9:55/M
3	Karen Forrest	Felton DE	45	25	32:22.6	32:36.2	10:27/M
4	Michele Cummings	Dover DE	44	26	34:00.8	34:11.8	10:58/M
5	Alexis Ray	Camden DE	40	27	34:13.2	35:13.7	11:02/M
6	Valarie Anderson	Milford DE	44	37	37:48.5	38:53.2	12:12/M
7	Rosita Burton	Lincoln DE	48	40	39:24.3	40:22.7	12:43/M

Female 50 to 59

PLC	Name	City	Age	O'All	Chip	Gun	Pace
1	Amy Walls	Felton DE	51	29	35:14.8	36:14.0	11:22/M
2	Melissa Garvey	New Castle DE	52	30	35:28.8	35:38.4	11:27/M
3	Lisa Kane	Dover DE	56	32	36:11.3	36:22.7	11:40/M
4	Arleen Murchison	Dover DE	58	38	38:49.5	39:53.7	12:31/M

Female 60 and Over

PLC	Name	City	Age	O'All	Chip	Gun	Pace
1	Louise Holt	Milford DE	63	35	37:20.9	38:23.7	12:03/M
2	Elaine Nolan	Camden DE	62	39	39:10.3	40:13.9	12:38/M

### Male Open Champions

PLC	Name	City	Age	O'All	Chip	Gun	Pace
1	Michael Sewell	Camden DE	51	1	18:30.2	18:30.2	5:58/M

### Male Masters Champions

PLC	Name	City	Age	O'All	Chip	Gun	Pace
1	Matt Sparacino	Harrington DE	42	2	18:46.0	18:46.0	6:03/M

### Male 10 and Under

PLC	Name	City	Age	O'All	Chip	Gun	Pace
1	Quade Cummings	Dover DE	10	16	26:51.1	26:54.0	8:40/M
2	Matteo Sparacino	Harrington DE	8	36	37:24.4	37:34.1	12:04/M

### Male 30 to 39

PLC	Name	City	Age	O'All	Chip	Gun	Pace
1	Timothy McAndrew	Haddonfield NJ	32	3	18:54.0	18:54.5	6:06/M
2	Joe Bacon	New Castle DE	31	4	20:31.6	20:32.0	6:37/M
3	David Trombello	Magnolia DE	38	5	20:31.7	20:32.1	6:37/M
4	Dj Garber	Dover DE	35	7	22:22.4	22:29.0	7:13/M
5	Joseph Ellis	Bellmawr NJ	36	46	50:42.5	51:48.6	16:21/M

### Male 40 to 49

PLC	Name	City	Age	O'All	Chip	Gun	Pace
1	Jason Burress	Milford DE	41	6	22:06.2	22:08.8	7:08/M
2	Rob Ridgeway	Camden DE	43	8	22:47.3	22:52.7	7:21/M
3	Kevin Shotwell	Felton DE	43	15	26:08.7	26:21.9	8:26/M
4	Daniel Pennington	Milford DE	41	47	56:12.0	57:47.1	18:08/M

### Male 50 to 59

PLC	Name	City	Age	O'All	Chip	Gun	Pace
1	Matthew Garvey	New Castle DE	52	14	26:07.3	26:11.5	8:26/M
2	Craig Warrington	Milford DE	58	31	35:36.3	36:42.1	11:29/M
3	James Paladino	Dover DE	55	41	40:20.1	40:32.2	13:01/M

### Male 60 to 69

PLC	Name	City	Age	O'All	Chip	Gun	Pace
1	Michael Mitchell	Lewes DE	65	12	25:00.2	25:02.7	8:04/M
2	Alan Quillen	Seaford DE	65	18	27:09.4	27:16.3	8:46/M
3	Dickie Burgess	Milford DE	65	20	27:57.4	28:05.8	9:01/M
4	Mike Canevari	Milford DE	60	28	35:02.9	36:02.9	11:18/M
5	Mark Pinkus	Selbyville DE	64	33	36:58.0	37:07.6	11:55/M

### Male 70 and Over

PLC	Name	City	Age	O'All	Chip	Gun	Pace
1	Tom Keating	Millsboro DE	72	22	28:46.6	28:53.0	9:17/M
2	Larry Price	Middletown DE	78	34	37:00.5	38:03.1	11:56/M
3	Larry Stein	Lewes DE	70	44	46:52.7	48:14.3	15:07/M
4	Marty Manning	Frederica DE	72	45	47:09.6	48:10.8	15:13/M