

Big Thursday on Sunday 5K Run/Walk & Festival

Benefits: Bowers Beach Maritime Museum

Bowers Beach, DE

Sunday, October 10, 2021 - Windy - 66 Degrees

Trisports Events Production

5K Run

PLC	Name	City	Bib #	Age	Age PLC	Chip	Gun	Pace
1	Nathan Waydelis	Lincoln DE	1852	16	1:Open	18:31.7	18:31.7	5:58/M
2	Sean Hopkins	Magnolia DE	1969	34	1:M 30-39	18:47.1	18:49.3	6:04/M
3	Edgar Gilrico	Arlington VA	1842	48	1:Masters	21:32.4	21:32.4	6:56/M
4	Jslate Atkinson	Frederica DE	1959	25	1:M 20-29	21:51.3	22:02.5	7:03/M
5	Vince Pavic	Ocean View DE	1984	50	1:M 50-59	22:08.3	22:09.3	7:09/M
6	Kimberly Root	Magnolia DE	1986	36	1:Open	24:09.7	24:09.7	7:47/M
7	Frank Whittington	Middletown DE	1997	71	1:M 70-99	24:20.0	24:20.0	7:51/M
8	Aaron Schaubert	Chestertown MD	1988	31	2:M 30-39	24:24.2	24:25.1	7:52/M
9	Sean Mace	Dover DE	1973	55	2:M 50-59	24:31.2	24:33.8	7:55/M
10	Mike Piorkowski	Glen Mills PA	1851	60	1:M 60-69	24:43.4	24:46.8	7:59/M
11	Chad Atkinson	Blue Ridge Sum PA	1957	61	2:M 60-69	25:00.8	25:08.0	8:04/M
12	Donald Cowie	Hollsopple PA	1960	66	3:M 60-69	26:19.6	26:24.2	8:30/M
13	Alan Quillen	Seaford DE	1985	66	4:M 60-69	26:40.9	26:44.2	8:36/M
14	Marlella Walker	Reston VA	611	56	1:Masters	29:32.0	29:32.0	9:29/M
15	John Yanacek	Milford DE	1998	55	3:M 50-59	31:27.5	31:34.3	10:09/M
16	Katie Jackson	Frederica DE	1970	35	1:F 30-39	31:45.6	31:47.8	10:15/M
17	Gigi Atkinson	Frederica DE	1958	24	1:F 20-29	32:51.8	33:03.8	10:36/M
18	Christian Stenstorm	Oaklyn NJ	1837	7	1:M 1-10	33:29.3	33:35.5	10:48/M
19	Heather Hennessy	Dover DE	1968	53	1:F 50-59	34:49.2	34:52.1	11:14/M
20	Taffi Lang	Dover DE	1971	51	2:F 50-59	35:47.6	35:50.8	11:33/M
21	Larry Price	Middletown DE	573	79	2:M 70-99	39:15.6	39:21.0	12:40/M
22	Arleen Murchison	Dover DE	1982	59	3:F 50-59	41:17.6	41:28.3	13:19/M
23	Charles Matthews	Camden Wyoming DE	1980	73	3:M 70-99	42:10.3	42:14.8	13:36/M
24	Laurie Yanacek	Milford DE	1999	56	4:F 50-59	42:29.6	42:35.5	13:42/M
25	Mary Stenstrom	Oaklyn NJ	1849	10	1:F 1-10	44:51.6	44:58.2	14:28/M
26	Thomas Stenstrom	Oaklyn NJ	1850	37	3:M 30-39	45:07.3	45:13.7	14:33/M
27	Lorelei Stenstrom	Oaklyn NJ	1840	5	2:F 1-10	45:08.4	45:14.1	14:34/M

5K WALK

PLC	Name	City	Bib #	Age	Age PLC	Chip	Gun	Pace
1	Don Zalenski	Magnolia DE	2000	75	1:M 1-99	40:02.3	40:07.1	12:55/M
2	Tom Molin	Townsend DE	580	69	2:M 1-99	40:09.9	40:15.2	12:57/M
3	Alan Firlein	Rock Hall MD	1963	83	3:M 1-99	42:09.2	42:13.1	13:36/M
4	Kim Symonds	Frederica DE	1995	61	1:F 1-99	42:53.7	43:12.4	13:50/M
5	Ted Symonds	Frederica DE	1996	59	4:M 1-99	45:44.2	46:03.1	14:45/M
6	Scott Goodman	Clayton DE	584	56	5:M 1-99	51:55.9	52:12.9	16:45/M
7	Tami Davidson	Dagsboro DE	1721	57	2:F 1-99	52:10.0	52:23.6	16:50/M
8	Tammy O'neal	Smyrnasmyna DE	1983	51	3:F 1-99	52:26.1	52:44.3	16:55/M
9	Beverly Ennis	Clayton DE	1718	58	4:F 1-99	52:30.4	52:47.4	16:56/M
10	Brian Oneal	Smyrna DE	1636	59	6:M 1-99	52:43.7	53:01.2	17:01/M
11	Michelle Saunders	Dover DE	1720	58	5:F 1-99	52:47.2	53:03.8	17:02/M
12	Ada Puzzo	Frederica DE	1719	58	6:F 1-99	52:48.7	53:04.7	17:02/M
13	Mark Puzzo	Frederica DE	1620	66	7:M 1-99	52:49.1	53:02.0	17:02/M

14	Tracey Gross	Magnolia DE	1966	54	7:F 1-99	56:58.7	57:23.0	18:23/M
15	Patricia Shipper	Magnolia DE	1990	54	8:F 1-99	56:58.9	57:21.8	18:23/M
16	Philip Gross	Dover DE	1637	57	8:M 1-99	56:59.6	57:22.0	18:23/M
17	Eileen Lafferty	Collingswood NJ	1635	60	9:F 1-99	57:07.0	57:23.1	18:25/M
18	Nancy Hapstak	Collingswood NJ	1967	55	10:F 1-99	57:07.0	57:24.4	18:26/M
19	Paul Shipper	Magnolia DE	1991	54	9:M 1-99	59:36.3	1:00:00.2	19:14/M
20	Jim Martin	Frederica DE	1979	79	10:M 1-99	59:38.3	1:00:01.2	19:14/M
21	Douglas Shuck	Frederica DE	1992	62	11:M 1-99	59:39.8	1:00:00.5	19:15/M
22	Claire McElwee	Hockessin DE	1981	60	11:F 1-99	59:43.0	1:00:05.2	19:16/M
23	Bridget Albano	Avondale PA	1956	67	12:F 1-99	59:54.5	1:00:16.2	19:20/M
24	Anthony Albano	Avondale PA	1955	63	12:M 1-99	59:55.9	1:00:16.2	19:20/M
25	Sandra Lewis	Frederica DE	1972	65	13:F 1-99	1:03:11.3	1:03:25.5	20:23/M
26	Kimberly MacHado-Nunes	Frederica DE	1975	53	14:F 1-99	1:06:14.2	1:06:34.4	21:22/M
27	James MacHado-Nunes	Frederica DE	1974	56	13:M 1-99	1:06:16.7	1:06:35.2	21:23/M

Age Group Results

Female Open Champion

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Kimberly Root	Magnolia DE	36	6 24:09.7	24:09.7	7:47/M

Female Masters Champion

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Marlella Walker	Reston VA	56	14 29:32.0	29:32.0	9:29/M

Female 10 and Under

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Mary Stenstrom	Oaklyn NJ	10	25 44:51.6	44:58.2	14:28/M
2	Lorelei Stenstrom	Oaklyn NJ	5	27 45:08.4	45:14.1	14:34/M

Female 20 to 29

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Gigi Atkinson	Frederica DE	24	17 32:51.8	33:03.8	10:36/M

Female 30 to 39

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Katie Jackson	Frederica DE	35	16 31:45.6	31:47.8	10:15/M

Female 50 to 59

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Heather Hennessy	Dover DE	53	19 34:49.2	34:52.1	11:14/M
2	Taffi Lang	Dover DE	51	20 35:47.6	35:50.8	11:33/M
3	Arleen Murchison	Dover DE	59	22 41:17.6	41:28.3	13:19/M
4	Laurie Yanacek	Milford DE	56	24 42:29.6	42:35.5	13:42/M

Male Open Champion

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Nathan Waydelis	Lincoln DE	16	1 18:31.7	18:31.7	5:58/M

Male Masters Champion

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Edgar Gilrico	Arlington VA	48	3 21:32.4	21:32.4	6:56/M

Male 10 and Under

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Christian Stenstorm	Oaklyn NJ	7	18 33:29.3	33:35.5	10:48/M

Male 20 to 29

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Jslate Atkinson	Frederica DE	25	4 21:51.3	22:02.5	7:03/M

Male 30 to 39

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Sean Hopkins	Magnolia DE	34	2 18:47.1	18:49.3	6:04/M
2 Aaron Schauber	Chestertown MD	31	8 24:24.2	24:25.1	7:52/M
3 Thomas Stenstrom	Oaklyn NJ	37	26 45:07.3	45:13.7	14:33/M

Male 50 to 59

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Vince Pavic	Ocean View DE	50	5 22:08.3	22:09.3	7:09/M
2 Sean Mace	Dover DE	55	9 24:31.2	24:33.8	7:55/M
3 John Yanacek	Milford DE	55	15 31:27.5	31:34.3	10:09/M

Male 60 to 69

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Mike Piorkowski	Glen Mills PA	60	10 24:43.4	24:46.8	7:59/M
2 Chad Atkinson	Blue Ridge Summit PA	61	11 25:00.8	25:08.0	8:04/M
3 Donald Cowie	Hollsopple PA	66	12 26:19.6	26:24.2	8:30/M
4 Alan Quillen	Seaford DE	66	13 26:40.9	26:44.2	8:36/M

Male 70 and Over

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Frank Whittington	Middletown DE	71	7 24:20.0	24:20.0	7:51/M
2 Larry Price	Middletown DE	79	21 39:15.6	39:21.0	12:40/M
3 Charles Matthews	Camden Wyoming DE	73	23 42:10.3	42:14.8	13:36/M