

# 33rd Dover Mile & Colonial 5k Run/Walk

Benefits: Colonial Rotary Club

Governor's Cafe, Dover, DE

Thursday, July 15, 2021 - Humid - 93 Degrees

Trisports Events Production

## 5K Run

PLC	Name	City	Bib No	Age	Age PLC	Chip	Gun	Pace
1	Eric Perry	Milford DE	832	15	1:Open	19:18.7	20:18.8	6:14/M
2	Eric Payne	Felton DE	765	52	1:M 50-59	21:15.6	22:17.1	6:52/M
3	Keely Arndt	Camden Wyoming DE	1004	19	1:Open	21:33.7	22:33.8	6:57/M
4	Angelo Constantino	Milford DE	1061	16	1:M 15-19	22:44.0	23:44.1	7:20/M
5	Faith Mitchell	Milford DE	859	15	1:F 15-19	22:49.2	23:50.2	7:22/M
6	Erik Melvin	Camden Wyoming DE	1036	27	1:M 20-29	23:28.8	24:28.9	7:34/M
7	Jon Harris	Dover DE	839	53	1:M 50-59	23:52.9	24:55.1	7:42/M
8	Aaron Schaubert	Chestertown MD	1050	30	1:M 30-39	24:57.3	25:59.3	8:03/M
9	Duane Christy	Havre De Grace MD	1011	57	2:M 50-59	25:07.5	26:07.6	8:06/M
10	Mike Piorkowski	Glen Mills PA	1044	60	1:M 60-69	25:22.2	26:24.5	8:11/M
11	Manny Massonet	Wilmington DE	1034	10	1:M 1-10	27:07.9	28:08.0	8:45/M
12	Charley Hill	Dover DE	1027	51	3:M 50-59	27:08.2	28:10.7	8:45/M
13	Sean Mace	Dover DE	1033	55	4:M 50-59	27:12.2	28:17.2	8:47/M
14	Michael Mitchell	Lewes DE	1037	66	2:M 60-69	27:43.5	28:43.6	8:57/M
15	Anna Korpela	Smyrna DE	846	12	1:F 11-14	27:51.0	28:51.1	8:59/M
16	Valerie Huot	Middletown DE	1028	59	1:F 50-59	28:23.2	29:25.2	9:09/M
17	Braedon Higbee	Dover DE	1026	15	2:M 15-19	28:30.0	29:30.1	9:12/M
18	Jim Perry	Dover DE	754	62	3:M 60-69	29:15.7	30:17.5	9:26/M
19	Burton Turnbull	Bear DE	1053	65	4:M 60-69	30:46.3	31:54.6	9:56/M
20	Aviana Shaw	Milford DE	1062	12	2:F 11-14	30:53.2	31:59.6	9:58/M
21	Frank Whittington	Middletown DE	1056	70	1:M 70-99	31:33.2	32:35.0	10:11/M
22	Kelsey Baker	Magnolia DE	868	34	1:F 30-39	31:48.6	32:54.5	10:16/M
23	Mike Cadeiro	Dover DE	1059	57	5:M 50-59	31:50.7	32:56.9	10:16/M
24	Rob Ridgeway	Camden Wyoming DE	831	44	1:M 40-49	34:18.9	35:25.4	11:04/M
25	Alexis Ridgeway	Camden DE	785	41	1:F 40-49	34:20.0	35:25.4	11:05/M
26	Christopher Cattie	Camden Wyoming DE	1008	43	2:M 40-49	35:14.7	36:17.6	11:22/M
27	Chris Cattie	Camden Wyoming DE	1007	10	2:M 1-10	35:37.8	36:40.1	11:30/M
28	Adele Wagner	Bel Air MD	1054	65	1:F 60-99	36:44.7	37:50.2	11:51/M
29	Paul Wagner	Bel Air MD	1055	35	2:M 30-39	36:46.1	37:51.7	11:52/M
30	Jen Rini	Dover DE	1049	30	2:F 30-39	36:58.2	38:05.7	11:56/M
31	Jon Offredo	Dover DE	1040	33	3:M 30-39	36:59.0	38:06.2	11:56/M
32	James Lacey	Bel Air MD	1029	57	6:M 50-59	37:13.8	38:19.5	12:01/M
33	Michelle Harris	Greenwood DE	1023	49	2:F 40-49	37:13.8	38:19.8	12:01/M
34	Woody Disharoon	Laurel DE	1014	72	2:M 70-99	37:43.5	38:46.9	12:10/M
35	Sarah Cattie	Camden Wyoming DE	1009	40	3:F 40-49	39:41.7	40:48.5	12:48/M
36	Larry Price	Middletown DE	1045	78	3:M 70-99	41:59.8	43:07.4	13:33/M
37	Charles Matthews	Camden Wyoming DE	1035	73	4:M 70-99	53:38.4	54:45.1	17:18/M

## 5K Walk

PLC	Name	City	Bib No	Age	Age PLC	Chip	Gun	Pace
1	John Fredericks	Brick NJ	1020	73	1:M 1-99	37:56.4	38:56.5	12:14/M

2	Don Zalenski	Magnolia DE	1057	75	2:M 1-99	38:35.9	39:39.3	12:27/M
3	Hoong Chow	Felton DE	1010	62	3:M 1-99	40:40.1	41:43.7	13:07/M
4	Heather Hennessy	Dover DE	1025	53	1:F 1-99	40:47.7	41:55.8	13:10/M
5	Amy Zook	Magnolia DE	1058	43	2:F 1-99	41:04.5	42:08.5	13:15/M
6	Alan Firlein	Rock Hall MD	1015	82	4:M 1-99	42:01.2	43:09.1	13:33/M
7	Tom Molin	Townsend DE	1038	69	5:M 1-99	42:34.0	43:44.8	13:44/M
8	Taffi Lang	Dover DE	1030	51	3:F 1-99	42:53.3	44:02.2	13:50/M
9	Rosita Burton	Lincoln DE	1006	49	4:F 1-99	44:22.0	45:26.3	14:19/M
10	Don Stein	Dover DE	268	71	6:M 1-99	45:55.5	47:03.3	14:49/M
11	Patricia MacArthur	Seaford DE	1032	66	5:F 1-99	48:15.8	49:21.5	15:34/M
12	Donna Angell	Seaford DE	1002	74	6:F 1-99	48:17.3	49:23.1	15:35/M
13	Kelli Burns	Magnolia DE	1005	54	7:F 1-99	49:38.2	50:47.3	16:01/M
14	Donna Harding	Magnolia DE	1022	55	8:F 1-99	49:38.4	50:47.5	16:01/M

### Colonial 5K Run Age Groups

#### Female Open Champion

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Keely Arndt	Camden Wyoming DE	19	3 21:33.7	22:33.8	6:57/M

#### Female Masters Champion

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Valerie Huot	Middletown DE	59	16 28:23.2	29:25.2	9:09/M

#### Female 11 to 14

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Anna Korpela	Smyrna DE	12	15 27:51.0	28:51.1	8:59/M
2	Aviana Shaw	Milford DE	12	20 30:53.2	31:59.6	9:58/M

#### Female 15 to 19

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Faith Mitchell	Milford DE	15	5 22:49.2	23:50.2	7:22/M

#### Female 30 to 39

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Kelsey Baker	Magnolia DE	34	22 31:48.6	32:54.5	10:16/M
2	Jen Rini	Dover DE	30	30 36:58.2	38:05.7	11:56/M

#### Female 40 to 49

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Alexis Ridgeway	Camden DE	41	25 34:20.0	35:25.4	11:05/M
2	Michelle Harris	Greenwood DE	49	33 37:13.8	38:19.8	12:01/M
3	Sarah Cattie	Camden Wyoming DE	40	35 39:41.7	40:48.5	12:48/M

#### Female 60 and Over

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Adele Wagner	Bel Air MD	65	28 36:44.7	37:50.2	11:51/M

**Male Open Champion**

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Eric Perry	Milford DE	15	1 19:18.7	20:18.8	6:14/M

**Male Masters Champion**

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Eric Payne	Felton DE	52	2 21:15.6	22:17.1	6:52/M

**Male 10 and Under**

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Manny Massonet	Wilmington DE	10	11 27:07.9	28:08.0	8:45/M
2 Chris Cattie	Camden Wyoming DE	10	27 35:37.8	36:40.1	11:30/M

**Male 15 to 19**

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Angelo Constantino	Milford DE	16	4 22:44.0	23:44.1	7:20/M
2 Braedon Higbee	Dover DE	15	17 28:30.0	29:30.1	9:12/M

**Male 20 to 29**

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Erik Melvin	Camden Wyoming DE	27	6 23:28.8	24:28.9	7:34/M

**Male 30 to 39**

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Aaron Schauber	Chestertown MD	30	8 24:57.3	25:59.3	8:03/M
2 Paul Wagner	Bel Air MD	35	29 36:46.1	37:51.7	11:52/M
3 Jon Offredo	Dover DE	33	31 36:59.0	38:06.2	11:56/M

**Male 40 to 49**

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Rob Ridgeway	Camden Wyoming DE	44	24 34:18.9	35:25.4	11:04/M
2 Christopher Cattie	Camden Wyoming DE	43	26 35:14.7	36:17.6	11:22/M

**Male 50 to 59**

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Jon Harris	Dover DE	53	7 23:52.9	24:55.1	7:42/M
2 Duane Christy	Havre De Grace MD	57	9 25:07.5	26:07.6	8:06/M
3 Charley Hill	Dover DE	51	12 27:08.2	28:10.7	8:45/M
4 Sean Mace	Dover DE	55	13 27:12.2	28:17.2	8:47/M
5 Mike Cadeiro	Dover DE	57	23 31:50.7	32:56.9	10:16/M
6 James Lacey	Bel Air MD	57	32 37:13.8	38:19.5	12:01/M

### Male 60 to 69

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Mike Piorkowski	Glen Mills PA	60	10 25:22.2	26:24.5	8:11/M
2	Michael Mitchell	Lewes DE	66	14 27:43.5	28:43.6	8:57/M
3	Jim Perry	Dover DE	62	18 29:15.7	30:17.5	9:26/M
4	Burton Turnbull	Bear DE	65	19 30:46.3	31:54.6	9:56/M

### Male 70 and Over

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Frank Whittington	Middletown DE	70	21 31:33.2	32:35.0	10:11/M
2	Woody Disharoon	Laurel DE	72	34 37:43.5	38:46.9	12:10/M
3	Larry Price	Middletown DE	78	36 41:59.8	43:07.4	13:33/M
4	Charles Matthews	Camden Wyoming DE	73	37 53:38.4	54:45.1	17:18/M

### 1 Mile Run

PLC	Name	City	Bib No	Age	Age PLC	Chip	Gun	Pace
1	Bryce Stevenosky	Magnolia DE	860	25	1:Open 1m	5:08.6	5:09.6	5:09/M
2	Dave Shifflett	Magnolia DE	1060	19	1:M 15-19	5:37.8	5:38.8	5:38/M
3	Angelo Constantino	Milford DE	1061	16	2:M 15-19	5:50.9	5:51.9	5:51/M
4	Eric Payne	Felton DE	765	52	1:Master1	5:53.8	5:54.8	5:54/M
5	Aaron Schauber	Chestertown MD	1050	30	1:M 30-39	6:17.7	6:20.0	6:18/M
6	Daniel Arndt	Camden Wyoming DE	1003	47	1:M 40-49	6:21.1	6:23.3	6:21/M
7	Chris Ford	Camden DE	889	62	1:M 60-69	6:23.8	6:24.7	6:24/M
8	Gregory Short	Dover DE	1051	37	2:M 30-39	6:32.5	6:33.5	6:33/M
9	Manny Maisonet	Wilmington DE	1034	10	1:M 1-10	6:40.1	6:41.0	6:40/M
10	Duane Christy	Havre De Grace MD	1011	57	1:M 50-59	6:44.0	6:45.0	6:44/M
11	Anna Korpela	Smyrna DE	846	12	1:Open 1m	6:57.9	7:00.4	6:58/M
12	Quade Cummings	Milford DE	1013	11	1:M 11-14	6:58.0	7:01.2	6:58/M
13	Rob Ridgeway	Camden Wyoming DE	831	44	2:M 40-49	7:00.9	7:03.2	7:01/M
14	Jaiden Garcia	New Castle DE	752	13	2:M 11-14	7:15.9	7:18.5	7:16/M
15	Mike Piorkowski	Glen Mills PA	1044	60	2:M 60-69	7:17.5	7:21.4	7:18/M
16	Frank Whittington	Middletown DE	1056	70	1:M 70-99	7:24.2	7:26.8	7:24/M
17	Valerie Huot	Middletown DE	1028	59	1:Master1	7:47.5	7:50.2	7:48/M
18	Jim Perry	Dover DE	754	62	3:M 60-69	7:53.8	7:57.0	7:54/M
19	Joanne Hastings	Harrington DE	1024	43	1:F 40-49	7:54.1	7:57.1	7:54/M
20	Woody Disharoon	Laurel DE	1014	72	2:M 70-99	8:01.2	8:05.1	8:01/M
21	Max Korpela	Dover DE	854	9	2:M 1-10	8:20.3	8:23.7	8:20/M
22	Sadie Fournier	Felton DE	1019	11	1:F 1-14	8:44.4	8:49.0	8:44/M
23	Adele Wagner	Bel Air MD	1054	65	1:F 60-99	8:46.0	8:50.9	8:46/M
24	Dylan Fournier	Felton DE	1016	6	3:M 1-10	9:02.5	9:08.0	9:03/M
25	Rebecca Fournier	Felton DE	1018	43	2:F 40-49	9:03.9	9:08.8	9:04/M
26	Gary Fournier	Felton DE	1017	52	2:M 50-59	9:12.0	9:17.9	9:12/M
27	Susan Korpela	Smyrna DE	866	46	3:F 40-49	11:15.5	11:20.8	11:16/M
28	Paul Wagner	Bel Air MD	1055	35	3:M 30-39	11:16.2	11:21.9	11:16/M
29	James Lacey	Bel Air MD	1029	57	3:M 50-59	11:27.0	11:32.2	11:27/M
30	Larry Price	Middletown DE	1045	78	3:M 70-99	12:29.1	12:33.3	12:29/M
31	Michelle Reyes	Prairieville LA	1048	35	1:F 30-39	14:04.9	14:09.7	14:05/M

32	Maxton Reyes	Prairieville LA	1047	6	4:M 1-10	14:05.0	14:09.8	14:05/M
33	Cecilia Moses	Dover DE	1039	58	1:F 50-59	14:05.2	14:09.9	14:05/M
34	Joyce Ford	Camden DE	878	59	2:F 50-59	15:24.5	15:31.3	15:25/M

### 1 Mile Walk

PLC	Name	City	Bib No	Age	Age PLC	Chip	Gun	Pace
1	John Fredericks	Brick NJ	1020	73	1:M 1-99	10:57.4	10:58.4	10:57/M
2	Don Zalenski	Magnolia DE	1057	75	2:M 1-99	11:51.1	11:53.9	11:51/M
3	Alan Firlein	Rock Hall MD	1015	82	3:M 1-99	13:00.0	13:03.5	13:00/M
4	Mark Pinnkles	Selbyville DE	822	65	4:M 1-99	19:44.4	19:49.5	19:44/M

### 1 Mile Run Age Group

#### Female Open 1 mile run Champion

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Anna Korpela	Smyrna DE	12	11 6:57.9	7:00.4	6:58/M

#### Female Masters 1 mile run Champion

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Valerie Huot	Middletown DE	59	17 7:47.5	7:50.2	7:48/M

#### Female 11 to 14

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Sadie Fournier	Felton DE	11	22 8:44.4	8:49.0	8:44/M

#### Female 30 to 39

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Michelle Reyes	Prairieville LA	35	31 14:04.9	14:09.7	14:05/M

#### Female 40 to 49

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Joanne Hastings	Harrington DE	43	19 7:54.1	7:57.1	7:54/M
2	Rebecca Fournier	Felton DE	43	25 9:03.9	9:08.8	9:04/M
3	Susan Korpela	Smyrna DE	46	27 11:15.5	11:20.8	11:16/M

#### Female 50 to 59

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Cecilia Moses	Dover DE	58	33 14:05.2	14:09.9	14:05/M
2	Joyce Ford	Camden DE	59	34 15:24.5	15:31.3	15:25/M

#### Female 60 and Over

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Adele Wagner	Bel Air MD	65	23 8:46.0	8:50.9	8:46/M

### Male Open 1 mile run Champion

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Bryce Stevenosky	Magnolia DE	25	1 5:08.6	5:09.6	5:09/M

### Male Masters 1 mile run Champion

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Eric Payne	Felton DE	52	4 5:53.8	5:54.8	5:54/M

### Male 10 and under

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Manny Maisonet	Wilmington DE	10	9 6:40.1	6:41.0	6:40/M
2	Max Korpela	Dover DE	9	21 8:20.3	8:23.7	8:20/M
3	Dylan Fournier	Felton DE	6	24 9:02.5	9:08.0	9:03/M
4	Maxton Reyes	Prairieville LA	6	32 14:05.0	14:09.8	14:05/M

### Male 11 to 14

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Quade Cummings	Milford DE	11	12 6:58.0	7:01.2	6:58/M
2	Jaiden Garcia	New Castle DE	13	14 7:15.9	7:18.5	7:16/M

### Male 15 to 19

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Dave Shifflett	Magnolia DE	19	2 5:37.8	5:38.8	5:38/M
2	Angelo Constantino	Milford DE	16	3 5:50.9	5:51.9	5:51/M

### Male 30 to 39

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Aaron Schauber	Chestertown MD	30	5 6:17.7	6:20.0	6:18/M
2	Gregory Short	Dover DE	37	8 6:32.5	6:33.5	6:33/M
3	Paul Wagner	Bel Air MD	35	28 11:16.2	11:21.9	11:16/M

### Male 40 to 49

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Daniel Arndt	Camden Wyoming DE	47	6 6:21.1	6:23.3	6:21/M
2	Rob Ridgeway	Camden Wyoming DE	44	13 7:00.9	7:03.2	7:01/M

### Male 50 to 59

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Duane Christy	Havre De Grace MD	57	10 6:44.0	6:45.0	6:44/M
2	Gary Fournier	Felton DE	52	26 9:12.0	9:17.9	9:12/M
3	James Lacey	Bel Air MD	57	29 11:27.0	11:32.2	11:27/M

### Male 60 to 69

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Chris Ford	Camden DE	62	7 6:23.8	6:24.7	6:24/M
2	Mike Piorkowski	Glen Mills PA	60	15 7:17.5	7:21.4	7:18/M
3	Jim Perry	Dover DE	62	18 7:53.8	7:57.0	7:54/M

**Male 70 and Over**

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Frank Whittington	Middletown DE	70	16 7:24.2	7:26.8	7:24/M
2	Woody Disharoon	Laurel DE	72	20 8:01.2	8:05.1	8:01/M
3	Larry Price	Middletown DE	78	30 12:29.1	12:33.3	12:29/M