

Shamrock Scramble 5K
Benefits: Kay's Kamp
Wild Quail Country Club - Wyoming, DE
Saturday, March 20, 2021 - Sunny - 34 Degrees
Trisports Events Production

5K Run

PLC	Name	City	Bib No	Age	Age PLC	Chip	Gun	Pace
1	Matt Sparacino	Harrington DE	256	43	1:Open	18:44.6	18:44.6	6:03/M
2	Landon Lewicki	Dover DE	220	17	1:M 15-19	19:30.7	19:31.5	6:18/M
3	Brent Carter	Dover DE	173	39	1:M 30-39	21:19.3	21:22.0	6:53/M
4	Morgan Lum	Galena MD	222	46	1:Masters	21:32.4	21:32.4	6:56/M
5	Brian Daugherty	Edgewater MD	185	61	1:M 60-69	21:47.4	21:48.2	7:02/M
6	Chuck Connor	Magnolia DE	179	57	1:M 50-59	22:55.0	22:58.7	7:24/M
7	Brian Harvey	Dover DE	119	46	1:M 40-49	23:01.8	23:05.1	7:26/M
8	Joel Troyer	Dover DE	258	36	2:M 30-39	23:07.8	23:12.1	7:28/M
9	Jon Harris	Frederica DE	201	53	2:M 50-59	23:50.3	23:53.6	7:41/M
10	Duane Christy	Havre De Grace MD	177	57	3:M 50-59	24:03.1	24:04.0	7:46/M
11	Michael Mitchell	Lewes DE	229	66	2:M 60-69	24:12.7	24:16.5	7:49/M
12	Stephen Hauss	Dover DE	107	35	3:M 30-39	24:18.6	24:24.3	7:51/M
13	Miles Goff	Camden Wyoming DE	198	11	1:M 11-14	24:28.3	24:32.1	7:54/M
14	Anna Korpela	Smyrna DE	121	11	1:Open	24:47.5	24:47.5	7:59/M
15	Timothy Parks	Seaford DE	238	65	3:M 60-69	25:13.0	25:17.2	8:08/M
16	Charley Hill	Dover DE	207	50	4:M 50-59	25:25.6	25:59.0	8:12/M
17	Casey Hagy	Wilmington DE	200	30	1:F 30-39	25:25.8	25:29.0	8:12/M
18	Christina Bell	Clayton DE	165	42	1:Masters	25:28.6	25:28.6	8:12/M
19	Lisa Godfrey	Sudlersville MD	92	55	1:F 50-59	25:46.8	26:22.7	8:19/M
20	Frank Whittington	Middletown DE	265	70	1:M 70-99	25:49.4	26:24.0	8:20/M
21	Zach Mills	Camden Wyoming DE	74	14	2:M 11-14	25:55.2	25:58.9	8:22/M
22	Cassidy Landry	Magnolia DE	216	15	1:F 15-19	26:13.5	26:17.9	8:28/M
23	Megan Irwin		91	33	2:F 30-39	26:14.0	27:30.0	8:28/M
24	Payton Garnsey	Camden Wyoming DE	195	9	1:F 1-10	26:16.1	26:20.4	8:28/M
25	Quade Cummings	Dover DE	184	11	3:M 11-14	26:18.0	26:21.6	8:29/M
26	Wesley Coombs	Dover DE	180	51	5:M 50-59	26:24.1	26:29.6	8:31/M
27	Pamela King	Church Hill MD	213	32	3:F 30-39	26:30.4	27:46.4	8:33/M
28	Jennifer O'Rourke	Milford DE	237	40	1:F 40-49	26:34.4	27:08.9	8:34/M
29	Kacie Pfeiffer	Magnolia DE	242	15	2:F 15-19	26:54.2	27:29.5	8:41/M
30	William Everett	Wilmington DE	190	54	6:M 50-59	27:03.3	27:37.1	8:44/M
31	Braedon Higbee	Dover DE	206	15	2:M 15-19	27:05.0	27:40.1	8:44/M
32	Benjamin Hollinger	Magnolia DE	208	54	7:M 50-59	27:20.7	27:54.9	8:49/M
33	Jorden Alexander		101	32	4:M 30-39	27:20.8	27:26.1	8:49/M
34	Kayla Risner	Dover DE	103	30	4:F 30-39	27:34.0	27:39.5	8:54/M
35	Sham Rock		140	66	4:M 60-69	27:40.2	28:16.5	8:56/M
36	Christopher Cattie	Camden Wyoming DE	174	43	2:M 40-49	28:31.7	29:05.9	9:12/M
37	Kathy Salas	Magnolia DE	254	55	2:F 50-59	28:37.1	29:11.6	9:14/M
38	Woody Disharoon	Laurel DE	188	72	2:M 70-99	28:39.5	29:15.7	9:15/M
39	Lauren Rust	Milford DE	250	30	5:F 30-39	28:45.0	29:56.7	9:16/M
40	Paul Wagner	Bel Air MD	260	34	5:M 30-39	28:53.3	29:30.7	9:19/M
41	Adele Wagner	Bel Air MD	259	65	1:F 60-99	28:53.3	29:30.6	9:19/M
42	Rhett Lancaster	Dover DE	215	13	4:M 11-14	30:13.8	30:21.2	9:45/M
43	Hunter Landry	Magnolia DE	217	13	5:M 11-14	30:14.6	30:21.0	9:45/M

44	Logan Bortner	Magnolia DE	168	18	3:M 15-19	30:33.6	31:08.4	9:52/M
45	jenn Hayes		134	26	1:F 20-29	30:43.4	31:55.5	9:55/M
46	Joanne Hastings	Harrington DE	202	43	2:F 40-49	31:01.9	31:06.6	10:01/M
47	Michelle Bortner	Magnolia DE	169	44	3:F 40-49	31:03.1	31:38.2	10:01/M
48	Crystal Nagyiski	Hartly DE	232	43	4:F 40-49	31:37.1	32:49.6	10:12/M
49	Bill Brockenbrough	Clayton DE	118	62	5:M 60-69	31:45.9	32:21.5	10:15/M
50	Kendall Gemmill	Smyrna DE	197	27	2:F 20-29	32:10.7	32:45.6	10:23/M
51	Karin Ryndak	Felton DE	251	49	5:F 40-49	33:01.0	34:17.6	10:39/M
52	Carrie Reynolds	Smyrna DE	248	50	3:F 50-59	33:49.3	35:04.0	10:55/M
53	Kerry Welch	Lincoln DE	262	41	6:F 40-49	34:52.9	35:29.3	11:15/M
54	Michelle Garey	Magnolia DE	194	47	7:F 40-49	35:01.5	35:40.2	11:18/M
55	Kim Pridemore	Smyrna DE	245	52	4:F 50-59	35:06.9	36:24.1	11:20/M
56	Michele Cummings	Dover DE	183	44	8:F 40-49	35:10.5	35:47.0	11:21/M
57	Angela Mills	Camden Wyoming DE	81	49	9:F 40-49	35:16.9	35:53.7	11:23/M
58	Kaitlynn Herlihy	Camden Wyoming DE	205	25	3:F 20-29	35:23.4	36:44.0	11:25/M
59	Marie Neaves	Townsend DE	233	73	2:F 60-99	35:24.0	36:39.0	11:25/M
60	Lisa Kane	Dover DE	135	57	5:F 50-59	35:46.7	37:00.4	11:33/M
61	Rachel Abel	Milton DE	161	39	6:F 30-39	36:03.7	37:15.9	11:38/M
62	Sarah Cattie	Camden Wyoming DE	175	40	10:F 40-49	36:22.6	37:35.7	11:44/M
63	Stephanie Wothers	Marydel MD	269	33	7:F 30-39	36:28.9	37:07.7	11:46/M
64	Margaret Breeding	Harrington DE	170	59	6:F 50-59	36:51.4	38:06.2	11:53/M
65	Arleen Murchison	Dover DE	144	58	7:F 50-59	41:01.5	42:19.2	13:14/M
66	Melissa Cheney	Harrington DE	94	30	8:F 30-39	41:07.2	42:21.3	13:16/M
67	Larry Price	Middletown DE	90	78	3:M 70-99	41:08.0	42:22.5	13:16/M
68	James Lacey	Bel Air MD	214	56	8:M 50-59	41:13.0	41:51.0	13:18/M
69	Nicole Johnson	Camden Wyoming DE	212	26	4:F 20-29	41:41.6	43:02.0	13:27/M
70	Leslie McClements	Dover DE	224	49	11:F 40-49	41:51.0	43:07.0	13:30/M
71	Deanna Carmean	Millsboro DE	172	69	3:F 60-99	43:41.8	44:56.9	14:06/M
72	Nory White	Camden Wyoming DE	264	50	8:F 50-59	43:43.1	44:56.3	14:06/M
73	Dawn Hollinger	Magnolia DE	209	50	9:F 50-59	45:17.6	46:36.9	14:37/M
74	Matthew Bennett	Dover DE	167	43	3:M 40-49	45:23.2	46:42.5	14:38/M
75	Diana Woodward	Harrington DE	267	64	4:F 60-99	46:44.0	48:05.9	15:05/M
76	Meghan Schepens	Dover DE	255	41	12:F 40-49	46:53.6	48:09.0	15:08/M
77	Daniel Pennington	Milford DE	132	41	4:M 40-49	47:35.5	48:48.3	15:21/M
78	Charles Matthews	Camden Wyoming DE	223	73	4:M 70-99	48:45.0	50:02.1	15:44/M
79	Sonya Dyer	Camden Wyoming DE	189	51	10:F 50-59	50:05.2	51:19.4	16:09/M
80	Kim Pulmano	Magnolia DE	247	31	9:F 30-39	54:17.9	55:47.4	17:31/M
81	Jen Pulmano	Magnolia DE	246	31	10:F 30-39	55:33.5	56:59.8	17:55/M

5K Walk

PLC	Name	City	Bib No	Age	Age PLC	Chip	Gun	Pace
1	Ron Salvio	Whiting NJ	100	72	1:M 1-99	36:07.7	37:20.9	11:39/M
2	John Fredericks	Brick NJ	193	73	2:M 1-99	36:17.5	37:30.6	11:42/M
3	Don Zalenski	Magnolia DE	270	75	3:M 1-99	38:09.7	39:24.5	12:19/M
4	Heather Hennessy	Dover DE	203	53	1:F 1-99	39:00.4	40:13.5	12:35/M
5	Hoong Chow	Felton DE	176	61	4:M 1-99	40:56.7	42:13.7	13:13/M
6	Amy Zook	Magnolia DE	271	43	2:F 1-99	42:00.5	43:17.4	13:33/M
7	Taffi Lang	Dover DE	218	50	3:F 1-99	42:10.0	43:23.9	13:36/M
8	Susan Korpela	Smyrna DE	1990	46	4:F 1-99	43:30.8	44:48.6	14:02/M
9	Don Stein	Dover DE	149	71	5:M 1-99	43:45.0	45:03.5	14:07/M
10	Candace McGuckin	Dover DE	226	67	5:F 1-99	47:18.5	48:35.4	15:16/M
11	Donald James	Magnolia DE	211	49	6:M 1-99	47:50.0	49:25.3	15:26/M

12	Tom Molin	Townsend DE	230	68	7:M	1-99	50:14.5	51:34.5	16:12/M
13	Tiffany Nurse	Dover DE	236	17	6:F	1-99	50:26.9	51:52.9	16:16/M
14	Donna Nurse	Dover DE	235	48	7:F	1-99	50:27.4	51:52.9	16:17/M
15	Pat Noble	Marydel DE	234	73	8:F	1-99	50:39.0	52:04.8	16:20/M
16	Wendy Davis	Milford DE	186	48	9:F	1-99	50:39.2	52:04.9	16:20/M
17	John Plocharz		133	42	8:M	1-99	50:49.8	52:06.7	16:24/M
18	Fran Fox	Dover DE	192	65	10:F	1-99	51:44.7	53:11.4	16:42/M
19	Wini Walton	Dover DE	261	77	11:F	1-99	52:01.0	53:28.1	16:47/M
20	Sharon Widener	Camden Wyoming DE	266	70	12:F	1-99	52:27.8	53:53.5	16:55/M
21	Jennifer Peterman	Milford DE	240	51	13:F	1-99	55:08.9	56:46.1	17:47/M
22	Mike Peterman	Milford DE	241	54	9:M	1-99	55:09.4	56:46.4	17:48/M
23	Holley Porter		243	34	14:F	1-99	55:37.4	57:15.3	17:57/M
24	Melissa Porter	Greenwood DE	244	34	15:F	1-99	55:37.5	57:15.1	17:57/M
25	Richard Wertz	Dover DE	263	77	10:M	1-99	55:45.5	57:13.9	17:59/M
26	Debby Messina	Hartly DE	227	62	16:F	1-99	56:20.5	57:59.5	18:10/M
27	Bill Warren		1988	62	11:M	1-99	56:20.6	57:52.3	18:11/M
28	Laurie Warren	Bear DE	1987	68	17:F	1-99	56:20.9	57:52.7	18:11/M
29	Leann Messina	Hartly DE	228	35	18:F	1-99	56:21.0	57:59.4	18:11/M
30	Andrew Warren		1989	34	12:M	1-99	56:21.2	57:52.7	18:11/M
31	Katie Jackson	Frederica DE	210	34	19:F	1-99	56:28.4	58:01.4	18:13/M
32	Sandra Lewis	Frederica DE	221	64	20:F	1-99	56:32.6	58:05.9	18:14/M
33	Nancy McCoy	Middletown DE	225	55	21:F	1-99	56:38.9	58:13.7	18:16/M
34	Derrick Stanley	Dover DE	257	50	13:M	1-99	56:40.5	58:12.6	18:17/M
35	Tony Rower	Dover DE	249	57	14:M	1-99	56:42.3	58:13.4	18:18/M
36	Robyn Grasso	Dover DE	199	60	22:F	1-99	57:26.8	59:03.3	18:32/M
37	Thomas Beenick	Dover DE	164	61	15:M	1-99	57:27.1	59:03.4	18:32/M
38	Donald Coffman	Magnolia DE	178	74	16:M	1-99	58:06.7	59:30.7	18:45/M
39	Denise Devary	Magnolia DE	187	48	23:F	1-99	58:08.2	59:30.4	18:45/M
40	Terry Woodward	Harrington DE	268	65	17:M	1-99	1:03:18.4	1:04:43.7	20:25/M
41	Lee Ford	Camden Wyoming DE	191	73	18:M	1-99	1:03:42.6	1:05:15.3	20:33/M
42	John Hensley	Frederica DE	204	49	19:M	1-99	1:03:42.7	1:05:15.2	20:33/M
43	Diane Coppola	Felton DE	181	59	24:F	1-99	1:07:29.7	1:08:54.1	21:46/M
44	Jonathan Gemmill	Smyrna DE	196	32	20:M	1-99	1:07:30.0	1:08:53.7	21:46/M
45	Laura Gariepy		1986	51	25:F	1-99	1:07:33.7	1:08:55.4	21:48/M
46	Melissa Cullen	Dover DE	182	53	26:F	1-99	1:08:53.4	1:10:29.4	22:13/M
47	Lisa Patterson	Felton DE	239		1:F	0-0	1:08:54.0	1:10:29.9	22:14/M

Age Group Results

Female Open Champion

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Anna Korpela	Smyrna DE	11	1 24:47.5	24:47.5	7:59/M

Female Masters Champion

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Christina Bell	Clayton DE	42	3 25:28.6	25:28.6	8:12/M

Female 10 and Under

PLC Name	City	Age	O'All Chip	Gun	Pace
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1	Payton Garnsey	Camden Wyoming DE	9	7	26:16.1	26:20.4	8:28/M
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Female 15 to 19

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Cassidy Landry	Magnolia DE	15	5 26:13.5	26:17.9	8:28/M
2 Kacie Pfeiffer	Magnolia DE	15	10 26:54.2	27:29.5	8:41/M

Female 20 to 29

PLC Name	City	Age	O'All Chip	Gun	Pace
1 jenn Hayes		26	15 30:43.4	31:55.5	9:55/M
2 Kendall Gemmill	Smyrna DE	27	19 32:10.7	32:45.6	10:23/M
3 Kaitlynn Herlihy	Camden Wyoming DE	25	27 35:23.4	36:44.0	11:25/M
4 Nicole Johnson	Camden Wyoming DE	26	36 41:41.6	43:02.0	13:27/M

Female 30 to 39

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Casey Hagy	Wilmington DE	30	2 25:25.8	25:29.0	8:12/M
2 Megan Irwin		33	6 26:14.0	27:30.0	8:28/M
3 Pamela King	Church Hill MD	32	8 26:30.4	27:46.4	8:33/M
4 Kayla Risner	Dover DE	30	11 27:34.0	27:39.5	8:54/M
5 Lauren Rust	Milford DE	30	13 28:45.0	29:56.7	9:16/M
6 Rachel Abel	Milton DE	39	30 36:03.7	37:15.9	11:38/M
7 Stephanie Wothers	Marydel MD	33	32 36:28.9	37:07.7	11:46/M
8 Melissa Cheney	Harrington DE	30	35 41:07.2	42:21.3	13:16/M
9 Kim Pulmano	Magnolia DE	31	44 54:17.9	55:47.4	17:31/M
10 Jen Pulmano	Magnolia DE	31	45 55:33.5	56:59.8	17:55/M

Female 40 to 49

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Jennifer O'Rourke	Milford DE	40	9 26:34.4	27:08.9	8:34/M
2 Joanne Hastings	Harrington DE	43	16 31:01.9	31:06.6	10:01/M
3 Michelle Bortner	Magnolia DE	44	17 31:03.1	31:38.2	10:01/M
4 Crystal Nagyiski	Hartly DE	43	18 31:37.1	32:49.6	10:12/M
5 Karin Ryndak	Felton DE	49	20 33:01.0	34:17.6	10:39/M
6 Kerry Welch	Lincoln DE	41	22 34:52.9	35:29.3	11:15/M
7 Michelle Garey	Magnolia DE	47	23 35:01.5	35:40.2	11:18/M
8 Michele Cummings	Dover DE	44	25 35:10.5	35:47.0	11:21/M
9 Angela Mills	Camden Wyoming DE	49	26 35:16.9	35:53.7	11:23/M
10 Sarah Cattie	Camden Wyoming DE	40	31 36:22.6	37:35.7	11:44/M
11 Leslie McClements	Dover DE	49	37 41:51.0	43:07.0	13:30/M
12 Meghan Schepens	Dover DE	41	42 46:53.6	48:09.0	15:08/M

Female 50 to 59

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Lisa Godfrey	Sudlersville MD	55	4 25:46.8	26:22.7	8:19/M
2 Kathy Salas	Magnolia DE	55	12 28:37.1	29:11.6	9:14/M
3 Carrie Reynolds	Smyrna DE	50	21 33:49.3	35:04.0	10:55/M

4	Kim Pridemore	Smyrna DE	52	24	35:06.9	36:24.1	11:20/M
5	Lisa Kane	Dover DE	57	29	35:46.7	37:00.4	11:33/M
6	Margaret Breeding	Harrington DE	59	33	36:51.4	38:06.2	11:53/M
7	Arleen Murchison	Dover DE	58	34	41:01.5	42:19.2	13:14/M
8	Nory White	Camden Wyoming DE	50	39	43:43.1	44:56.3	14:06/M
9	Dawn Hollinger	Magnolia DE	50	40	45:17.6	46:36.9	14:37/M
10	Sonya Dyer	Camden Wyoming DE	51	43	50:05.2	51:19.4	16:09/M

Female 60 and Over

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Adele Wagner	Bel Air MD	65	14 28:53.3	29:30.6	9:19/M
2 Marie Neaves	Townsend DE	73	28 35:24.0	36:39.0	11:25/M
3 Deanna Carmean	Millsboro DE	69	38 43:41.8	44:56.9	14:06/M
4 Diana Woodward	Harrington DE	64	41 46:44.0	48:05.9	15:05/M

Male Open Champion

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Matt Sparacino	Harrington DE	43	1 18:44.6	18:44.6	6:03/M

Male Masters Champion

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Morgan Lum	Galena MD	46	4 21:32.4	21:32.4	6:56/M

Male 11 to 14

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Miles Goff	Camden Wyoming DE	11	13 24:28.3	24:32.1	7:54/M
2 Zach Mills	Camden Wyoming DE	14	17 25:55.2	25:58.9	8:22/M
3 Quade Cummings	Dover DE	11	18 26:18.0	26:21.6	8:29/M
4 Rhett Lancaster	Dover DE	13	28 30:13.8	30:21.2	9:45/M
5 Hunter Landry	Magnolia DE	13	29 30:14.6	30:21.0	9:45/M

Male 15 to 19

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Landon Lewicki	Dover DE	17	2 19:30.7	19:31.5	6:18/M
2 Braedon Higbee	Dover DE	15	21 27:05.0	27:40.1	8:44/M
3 Logan Bortner	Magnolia DE	18	30 30:33.6	31:08.4	9:52/M

Male 30 to 39

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Brent Carter	Dover DE	39	3 21:19.3	21:22.0	6:53/M
2 Joel Troyer	Dover DE	36	8 23:07.8	23:12.1	7:28/M
3 Stephen Hauss	Dover DE	35	12 24:18.6	24:24.3	7:51/M
4 Jordan Alexander		32	23 27:20.8	27:26.1	8:49/M
5 Paul Wagner	Bel Air MD	34	27 28:53.3	29:30.7	9:19/M

Male 40 to 49

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Brian Harvey	Dover DE	46	7 23:01.8	23:05.1	7:26/M
2 Christopher Cattie	Camden Wyoming DE	43	25 28:31.7	29:05.9	9:12/M
3 Matthew Bennett	Dover DE	43	34 45:23.2	46:42.5	14:38/M
4 Daniel Pennington	Milford DE	41	35 47:35.5	48:48.3	15:21/M

Male 50 to 59

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Chuck Connor	Magnolia DE	57	6 22:55.0	22:58.7	7:24/M
2 Jon Harris	Frederica DE	53	9 23:50.3	23:53.6	7:41/M
3 Duane Christy	Havre De Grace MD	57	10 24:03.1	24:04.0	7:46/M
4 Charley Hill	Dover DE	50	15 25:25.6	25:59.0	8:12/M
5 Wesley Coombs	Dover DE	51	19 26:24.1	26:29.6	8:31/M
6 William Everett	Wilmington DE	54	20 27:03.3	27:37.1	8:44/M
7 Benjamin Hollinger	Magnolia DE	54	22 27:20.7	27:54.9	8:49/M
8 James Lacey	Bel Air MD	56	33 41:13.0	41:51.0	13:18/M

Male 60 to 69

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Brian Daugherty	Edgewater MD	61	5 21:47.4	21:48.2	7:02/M
2 Michael Mitchell	Lewes DE	66	11 24:12.7	24:16.5	7:49/M
3 Timothy Parks	Seaford DE	65	14 25:13.0	25:17.2	8:08/M
4 Sham Rock		66	24 27:40.2	28:16.5	8:56/M
5 Bill Brockenbrough	Clayton DE	62	31 31:45.9	32:21.5	10:15/M

Male 70 and Over

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Frank Whittington	Middletown DE	70	16 25:49.4	26:24.0	8:20/M
2 Woody Disharoon	Laurel DE	72	26 28:39.5	29:15.7	9:15/M
3 Larry Price	Middletown DE	78	32 41:08.0	42:22.5	13:16/M
4 Charles Matthews	Camden Wyoming DE	73	36 48:45.0	50:02.1	15:44/M