

Cops and Robbers 5K Run/Walk
Benefits: The Fraternal Order of Police Lodge #15
La Hacienda Mexican Restutant & Bar - Dover, DE
Saturday, August 20, 2022 - Humid - 86 degrees
Trisports Events Production

5K Run

PLC	Name	City	Bib No	Age	Age PLC	Chip	Gun	Pace
1	Daniel Kemoi	Elkton MD	211	35	1:Open	15:03.8	15:03.8	4:51/M
2	Enrique Escalante	Felton DE	206	28	1:M 20-29	19:25.6	19:27.2	6:16/M
3	Dawid Ganczak	Fort Lee VA	208	27	2:M 20-29	21:10.9	21:12.0	6:50/M
4	Keely Arndt	Camden Wyoming DE	199	20	1:Open	21:51.1	21:51.1	7:03/M
5	Rafael Escalante	Milford DE	252	32	1:M 30-39	21:59.5	22:01.6	7:06/M
6	Chris Ford	Camden DE	248	63	1:Masters	22:47.6	22:47.6	7:20/M
7	Gregory Smith	Bear DE	227	46	1:M 40-49	23:08.5	23:10.8	7:28/M
8	Daniel Arndt	Camden Wyoming DE	198	48	2:M 40-49	23:27.5	23:28.0	7:34/M
9	Mardiny Ung	Elizabethtown PA	230	55	1:Masters	23:42.5	23:42.5	7:39/M
10	Tony Bourdeau	Dover DE	201	44	3:M 40-49	24:47.2	24:53.1	8:00/M
11	Stinson Underwood	Dover AFB DE	229	28	3:M 20-29	25:15.1	25:20.8	8:09/M
12	Michael Kempel	Millington MD	256	28	4:M 20-29	25:19.9	25:32.1	8:10/M
13	Jaime Rosevear	Seaford DE	250	39	1:F 30-39	25:28.0	25:30.0	8:13/M
14	Brandon Brooks	Magnolia DE	244	27	5:M 20-29	26:14.5	26:14.9	8:28/M
15	Kelsey Baker	Magnolia DE	254	35	2:F 30-39	26:15.8	26:21.1	8:28/M
16	Pearl Esquibel	Fredericksburg VA	207	59	1:F 50-59	28:30.2	28:37.0	9:12/M
17	Bill Brockenbrough	Clayton DE	245	63	1:M 60-69	28:31.2	28:37.2	9:12/M
18	Robert Novak	Dover DE	220	44	4:M 40-49	28:58.8	29:08.3	9:21/M
19	Johnathan Barbour	Dover AFB DE	200	19	1:M 15-19	29:07.6	29:13.1	9:24/M
20	Michael Reed	Aberdeen MD	224	46	5:M 40-49	29:17.1	29:20.7	9:27/M
21	Julia Olsen	Dover DE	222	35	3:F 30-39	29:23.0	29:28.5	9:29/M
22	Adele Wagner	Bel Air MD	232	66	1:F 60-69	29:57.0	30:00.6	9:40/M
23	Dana Brennan	Smyrna DE	246	35	4:F 30-39	30:19.7	30:24.9	9:47/M
24	Alyssa Middleton Yates	Dover DE	253	48	1:F 40-49	32:02.4	32:09.4	10:20/M
25	James Lacey	Bel Air MD	212	58	1:M 50-59	32:03.3	32:07.8	10:20/M
26	Paul Wagner	Bel Air MD	233	36	2:M 30-39	32:04.6	32:09.0	10:21/M
27	Michelle Zambotti	Magnolia DE	255	33	5:F 30-39	32:43.2	32:48.2	10:33/M
28	Amanda Wood	Dover DE	235	28	1:F 20-29	32:54.6	33:00.8	10:37/M
29	Robin Novak	Dover DE	221	45	2:F 40-49	33:59.9	34:09.9	10:58/M
30	David Lovelace	Newark DE	215	76	1:M 70-99	34:30.2	34:41.0	11:08/M
31	Carrie Reynolds	Smyrna DE	225	52	2:F 50-59	35:10.7	35:18.5	11:21/M
32	Alan Scott	Smyrna DE	241	44	6:M 40-49	35:36.2	35:48.2	11:29/M
33	Kristen Thompson	Dover DE	228	45	3:F 40-49	35:42.0	35:52.8	11:31/M
34	Michele Cummings	Milford DE	204	46	4:F 40-49	36:22.1	36:25.6	11:44/M
35	Don Zalenski	Magnolia DE	238	76	2:M 70-99	36:35.1	36:38.3	11:48/M
36	Taffi Lang	Dover DE	214	52	3:F 50-59	36:36.8	36:46.5	11:49/M
37	Misty Solomon	Camden Wyoming DE	251	39	6:F 30-39	37:00.6	37:11.5	11:56/M
38	Tony Hall	Dover DE	257	56	2:M 50-59	37:35.2	37:41.9	12:08/M
39	Rochelle Holden	Westbury NY	247	69	2:F 60-69	37:44.0	37:49.2	12:10/M
40	Theresa Jaremchuk	Wilmington DE	210	34	7:F 30-39	37:51.6	37:58.8	12:13/M
41	Heather Hennessy	Dover DE	209	54	4:F 50-59	39:40.4	39:49.5	12:48/M
42	Molly Breeding	Harrington DE	243	61	3:F 60-69	42:09.5	42:14.3	13:36/M
43	Arleen Murchison	Dover DE	218	59	5:F 50-59	43:38.6	43:48.5	14:05/M

44	Charles Matthews	Camden Wyoming DE	216	73	3:M 70-99	45:34.0	45:36.8	14:42/M
45	Katera Moore	Frederica DE	217	48	5:F 40-49	45:57.9	46:14.2	14:50/M
46	Diana Woodward	Harrington DE	236	65	4:F 60-69	49:38.2	49:48.4	16:01/M
47	Bob Carroll	Milford DE	242	83	4:M 70-99	51:47.4	51:55.7	16:42/M
48	Joyce Ford	Camden DE	249	60	5:F 60-69	52:46.5	52:57.8	17:01/M

5K WALK

PLC	Name	City	Bib No	Age	Age PLC	Chip	Gun	Pace
1	Amy Zook	Magnolia DE	239	45	1:F 1-99	38:14.0	38:18.4	12:20/M
2	Mark Wersebe	Felton DE	234	66	1:M Male	42:36.8	42:45.5	13:45/M
3	Wendy Davis	Milford DE	205	50	2:F 1-99	47:08.1	47:21.4	15:12/M
4	Pat Noble	Marydel DE	219	74	3:F 1-99	47:08.6	47:21.4	15:12/M
5	Marta Raccio	Dover DE	223	64	4:F 1-99	49:40.8	49:50.3	16:02/M
6	Leslie Ruth	Clayton DE	226	63	5:F 1-99	53:01.2	53:14.5	17:06/M
7	Jennifer Gonzaloz	Camden DE	166	54	6:F 1-99	55:14.7	55:27.7	17:49/M
8	Sebastian Gonzalez	Camden Wyoming DE	176	58	2:M Male	55:15.8	55:27.5	17:50/M
9	Terry Woodward	Harrington DE	237	66	3:M Male	1:06:50.8	1:07:00.1	21:34/M
10	Sieeta Reese	Philadelphia PA	240	49	7:F 1-99	1:32:48.0	1:33:08.3	29:56/M

Age Group Results

Female Open Champion

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Keely Arndt	Camden Wyoming DE	20	1 21:51.1	21:51.1	7:03/M

Female Masters Champion

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Mardiny Ung	Elizabethtown PA	55	2 23:42.5	23:42.5	7:39/M

Female 20 to 29

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Amanda Wood	Dover DE	28	11 32:54.6	33:00.8	10:37/M

Female 30 to 39

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Jaime Rosevear	Seaford DE	39	3 25:28.0	25:30.0	8:13/M
2	Kelsey Baker	Magnolia DE	35	4 26:15.8	26:21.1	8:28/M
3	Julia Olsen	Dover DE	35	6 29:23.0	29:28.5	9:29/M
4	Dana Brennan	Smyrna DE	35	8 30:19.7	30:24.9	9:47/M
5	Michelle Zambotti	Magnolia DE	33	10 32:43.2	32:48.2	10:33/M
6	Misty Solomon	Camden Wyoming DE	39	17 37:00.6	37:11.5	11:56/M
7	Theresa Jaremchuk	Wilmington DE	34	19 37:51.6	37:58.8	12:13/M

Female 40 to 49

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Alyssa Middleton Yates	Dover DE	48	9 32:02.4	32:09.4	10:20/M
2	Robin Novak	Dover DE	45	12 33:59.9	34:09.9	10:58/M

3	Kristen Thompson	Dover DE	45	14	35:42.0	35:52.8	11:31/M
4	Michele Cummings	Milford DE	46	15	36:22.1	36:25.6	11:44/M
5	Katera Moore	Frederica DE	48	23	45:57.9	46:14.2	14:50/M

Female 50 to 59

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Pearl Esquibel	Fredericksburg VA	59	5 28:30.2	28:37.0	9:12/M
2 Carrie Reynolds	Smyrna DE	52	13 35:10.7	35:18.5	11:21/M
3 Taffi Lang	Dover DE	52	16 36:36.8	36:46.5	11:49/M
4 Heather Hennessy	Dover DE	54	20 39:40.4	39:49.5	12:48/M
5 Arleen Murchison	Dover DE	59	22 43:38.6	43:48.5	14:05/M

Female 60 to 69

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Adele Wagner	Bel Air MD	66	7 29:57.0	30:00.6	9:40/M
2 Rochelle Holden	Westbury NY	69	18 37:44.0	37:49.2	12:10/M
3 Molly Breeding	Harrington DE	61	21 42:09.5	42:14.3	13:36/M
4 Diana Woodward	Harrington DE	65	24 49:38.2	49:48.4	16:01/M
5 Joyce Ford	Camden DE	60	25 52:46.5	52:57.8	17:01/M

Male Open Champion

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Daniel Kemoi	Elkton MD	35	1 15:03.8	15:03.8	4:51/M

Male Masters Champion

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Chris Ford	Camden DE	63	5 22:47.6	22:47.6	7:20/M

Male 15 to 19

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Johnathan Barbour	Dover AFB DE	19	14 29:07.6	29:13.1	9:24/M

Male 20 to 29

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Enrique Escalante	Felton DE	28	2 19:25.6	19:27.2	6:16/M
2 Dawid Ganczak	Fort Lee VA	27	3 21:10.9	21:12.0	6:50/M
3 Stinson Underwood	Dover AFB DE	28	9 25:15.1	25:20.8	8:09/M
4 Michael Kempel	Millington MD	28	10 25:19.9	25:32.1	8:10/M
5 Brandon Brooks	Magnolia DE	27	11 26:14.5	26:14.9	8:28/M

Male 30 to 39

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Rafael Escalante	Milford DE	32	4 21:59.5	22:01.6	7:06/M
2 Paul Wagner	Bel Air MD	36	17 32:04.6	32:09.0	10:21/M

Male 40 to 49

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Gregory Smith	Bear DE	46	6 23:08.5	23:10.8	7:28/M
2	Daniel Arndt	Camden Wyoming DE	48	7 23:27.5	23:28.0	7:34/M
3	Tony Bourdeau	Dover DE	44	8 24:47.2	24:53.1	8:00/M
4	Robert Novak	Dover DE	44	13 28:58.8	29:08.3	9:21/M
5	Michael Reed	Aberdeen MD	46	15 29:17.1	29:20.7	9:27/M
6	Alan Scott	Smyrna DE	44	19 35:36.2	35:48.2	11:29/M

Male 50 to 59

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	James Lacey	Bel Air MD	58	16 32:03.3	32:07.8	10:20/M
2	Tony Hall	Dover DE	56	21 37:35.2	37:41.9	12:08/M

Male 60 to 69

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Bill Brockenbrough	Clayton DE	63	12 28:31.2	28:37.2	9:12/M

Male 70 and Over

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	David Lovelace	Newark DE	76	18 34:30.2	34:41.0	11:08/M
2	Don Zalenski	Magnolia DE	76	20 36:35.1	36:38.3	11:48/M
3	Charles Matthews	Camden Wyoming DE	73	22 45:34.0	45:36.8	14:42/M
4	Bob Carroll	Milford DE	83	23 51:47.4	51:55.7	16:42/M