

**Greenhead 5K Run/Walk**  
**Benefits: The Slaughter Beach Memorial Fire Company**  
**Slaughter Beach, DE**  
**Sunday, September 18, 2022 - Sunny - 86 Degrees**  
**Trisports Events Production**

**5K Run**

PLC	Name	City	Bib No	Age	Age PLC	Chip	Gun	Pace
1	Sean Norris	Lewes DE	628	31	1:Open	18:58.2	18:58.2	6:07/M
2	Tyler Wright	Magnolia DE	630	32	1:M 30-39	20:24.2	20:26.8	6:35/M
3	Christopher Brighton	Dover DE	574	35	2:M 30-39	21:02.3	21:04.6	6:47/M
4	Jonathan David	Philadelphia PA	582	37	3:M 30-39	21:14.5	21:18.5	6:51/M
5	Max Reyes-Rosario	West Chester PA	613	32	4:M 30-39	21:16.9	21:17.1	6:52/M
6	Timothy Foster	Milford DE	632	54	1:Masters	22:02.3	22:02.3	7:06/M
7	Spencer Bassette	Castleton On Hudson NY	570	32	5:M 30-39	22:13.9	22:17.1	7:10/M
8	Zach Black	Milford DE	552	14	1:M 11-14	22:20.2	22:22.6	7:12/M
9	Robert Carroll	Arlington VA	576	38	6:M 30-39	22:25.7	22:29.2	7:14/M
10	Noah Motz	Millsboro DE	608	22	1:M 20-29	22:35.2	22:37.1	7:17/M
11	Julia Christensen	Rehoboth Beach DE	631	29	1:Open	22:51.8	22:51.8	7:22/M
12	Duane Christy	Havre De Grace MD	578	59	1:M 50-59	23:06.8	23:07.0	7:27/M
13	Amanda Germer	West Chester PA	592	29	1:F 20-29	23:12.0	23:14.8	7:29/M
14	Dominic Catalano	Bloomington NJ	577	37	7:M 30-39	23:35.3	23:37.8	7:37/M
15	Mardiny Ung	Elizabethtown PA	621	55	1:Masters	23:50.2	23:50.2	7:41/M
16	Robert Novak	Dover DE	609	44	1:M 40-49	24:43.9	24:47.3	7:59/M
17	Louise Bassette	Arlington VA	569	34	1:F 30-39	26:11.9	26:18.4	8:27/M
18	Marissa Bennici	Dover DE	571	24	2:F 20-29	26:13.3	26:13.5	8:28/M
19	Maleana Wendaur	Woodbine MD	625	41	1:F 40-49	27:04.5	27:15.1	8:44/M
20	Ronald Schmidt	Falls Church VA	545	50	2:M 50-59	27:54.7	27:58.1	9:00/M
21	Leannah Van Der Geest	Millerton NY	622	35	2:F 30-39	28:00.9	28:06.9	9:02/M
22	Sean Mace	Dover DE	634	56	3:M 50-59	28:24.1	28:27.2	9:10/M
23	Peter Wadsworth	Dover DE	635	54	4:M 50-59	28:24.2	28:39.6	9:10/M
24	Eileen Corrigan	Milford DE	579	65	1:F 60-69	28:38.3	28:40.7	9:14/M
25	Jamie Draper	Milford DE	587	60	2:F 60-69	29:06.0	29:11.0	9:23/M
26	John Walters	Lewes DE	623	69	1:M 60-69	29:08.1	29:14.0	9:24/M
27	Elizabeth Rivera	Parsonsburg MD	614	31	3:F 30-39	29:09.2	29:14.9	9:24/M
28	Henry Black	Milford DE	629	12	2:M 11-14	29:48.8	29:51.6	9:37/M
29	Sandi Holly	Milford DE	597	58	1:F 50-59	30:05.8	30:12.6	9:43/M
30	Margaux Deputy	Middletown DE	584	22	3:F 20-29	30:42.9	30:44.5	9:55/M
31	Robin Novak	Dover DE	610	46	2:F 40-49	30:47.2	30:53.7	9:56/M
32	Don Zalenski	Magnolia DE	626	76	1:M 70-99	34:51.1	34:55.7	11:15/M
33	Carrie Reynolds	Smyrna DE	633	52	2:F 50-59	35:03.7	35:09.7	11:19/M
34	Michele Cummings	Milford DE	581	46	3:F 40-49	35:34.2	35:38.4	11:28/M
35	Forrest Wendaur	Woodbine MD	624	35	8:M 30-39	35:46.5	35:57.7	11:32/M
36	Taffi Lang	Dover DE	605	52	3:F 50-59	36:28.0	36:36.5	11:46/M
37	Heather Hennessy	Dover DE	593	54	4:F 50-59	36:37.8	36:46.1	11:49/M
38	Louise Holt	Milford DE	598	65	3:F 60-69	36:55.8	37:04.7	11:55/M
39	Cheryl Justison	Lewes DE	602	68	4:F 60-69	38:55.5	39:02.3	12:33/M
40	Larry Price	Middletown DE	468	80	2:M 70-99	40:23.0	40:34.8	13:02/M
41	Morris Deputy	Middletown DE	585	50	5:M 50-59	40:55.5	41:00.8	13:12/M
42	Madonna Black	Milford DE	388	68	5:F 60-69	48:45.3	48:55.5	15:44/M

### 5K WALK

PLC	Name	City	Bib No	Age	Age	PLC	Chip	Gun	Pace
1	Amy Zook	Magnolia DE	627	45	1:F	1-99	37:50.0	37:51.8	12:12/M
2	Emily Moerer	Milford DE	390	48	2:F	1-99	39:37.9	39:45.1	12:47/M
3	Patricia Parisi	Milford DE	611	66	3:F	1-99	39:41.9	39:50.3	12:48/M
4	Tom Reiss	Milford DE	612	68	1:M	1-99	40:20.7	40:28.9	13:01/M
5	Tom Molin	Townsendtownsend DE	607	70	2:M	1-99	41:42.5	41:53.3	13:27/M
6	Alan Firlein	Rock Hall MD	589	84	3:M	1-99	42:14.2	42:25.5	13:38/M
7	Carolbeth Lambert	Seaford DE	604	69	4:F	1-99	45:29.3	45:36.4	14:40/M
8	Bob Carroli	Milford DE	553	84	4:M	1-99	46:23.1	46:35.4	14:58/M
9	Rosita Burton	Lincoln DE	575	50	5:F	1-99	46:52.3	46:57.5	15:07/M
10	Ben Black	Milford DE	396	47	5:M	1-99	48:45.5	48:55.4	15:44/M
11	Tyjeen Laguerre	Milford DE	603	15	6:M	1-99	49:20.1	49:38.4	15:55/M
12	G Erisman	Milford DE	588	68	7:M	1-99	49:20.4	49:38.1	15:55/M
13	Millie Donnell	Milford DE	586	71	6:F	1-99	49:42.4	49:54.3	16:02/M
14	Marguerite Keller	Milford DE	313	68	7:F	1-99	49:42.5	49:54.1	16:02/M
15	Dan Townsend	Ashburn VA	491	65	8:M	1-99	49:46.7	50:02.2	16:03/M
16	Jennifer Townsend	Ashburn VA	312	59	8:F	1-99	49:47.4	50:02.8	16:04/M
17	Dolly Tallent	Lincoln DE	620	66	9:F	1-99	50:35.6	50:45.1	16:19/M
18	James Coulson	Milford DE	580	70	9:M	1-99	50:58.6	51:13.0	16:27/M
19	Gavin Heverly-Coulson	New Westminster BC	595	36	10:M	1-99	50:58.7	51:13.0	16:27/M
20	Holly Heverly	Milford DE	594	69	10:F	1-99	50:59.2	51:13.6	16:27/M
21	Robert Stalgaitis	Milford DE	619	66	11:M	1-99	51:48.3	51:58.8	16:43/M
22	Kathleen Stalgaitis	Milford DE	618	65	11:F	1-99	51:48.6	51:58.4	16:43/M
23	Marie Noplock	Lutherville Timonium MD	370	73	12:F	1-99	58:59.6	59:13.3	19:02/M
24	Sherri Marder	Pikesville MD	382	76	13:F	1-99	59:00.0	59:14.4	19:02/M

### Age Group Results

#### **Female Open Champion**

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Julia Christensen	Rehoboth Beach DE	29	1 22:51.8	22:51.8	7:22/M

#### **Female Masters Champion**

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Mardiny Ung	Elizabethtown PA	55	3 23:50.2	23:50.2	7:41/M

#### **Female 20 to 29**

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Amanda Germer	West Chester PA	29	2 23:12.0	23:14.8	7:29/M
2	Marissa Bennici	Dover DE	24	5 26:13.3	26:13.5	8:28/M
3	Margaux Deputy	Middletown DE	22	12 30:42.9	30:44.5	9:55/M

#### **Female 30 to 39**

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Louise Bassette	Arlington VA	34	4 26:11.9	26:18.4	8:27/M
2	Leannah Van Der Geest	Millerton NY	35	7 28:00.9	28:06.9	9:02/M
3	Elizabeth Rivera	Parsonsburg MD	31	10 29:09.2	29:14.9	9:24/M

### Female 40 to 49

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Maleana Wendaur	Woodbine MD	41	6 27:04.5	27:15.1	8:44/M
2	Robin Novak	Dover DE	46	13 30:47.2	30:53.7	9:56/M
3	Michele Cummings	Milford DE	46	15 35:34.2	35:38.4	11:28/M

### Female 50 to 59

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Sandi Holly	Milford DE	58	11 30:05.8	30:12.6	9:43/M
2	Carrie Reynolds	Smyrna DE	52	14 35:03.7	35:09.7	11:19/M
3	Taffi Lang	Dover DE	52	16 36:28.0	36:36.5	11:46/M
4	Heather Hennessy	Dover DE	54	17 36:37.8	36:46.1	11:49/M

### Female 60 to 69

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Eileen Corrigan	Milford DE	65	8 28:38.3	28:40.7	9:14/M
2	Jamie Draper	Milford DE	60	9 29:06.0	29:11.0	9:23/M
3	Louise Holt	Milford DE	65	18 36:55.8	37:04.7	11:55/M
4	Cheryl Justison	Lewes DE	68	19 38:55.5	39:02.3	12:33/M
5	Madonna Black	Milford DE	68	20 48:45.3	48:55.5	15:44/M

### Male Open Champion

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Sean Norris	Lewes DE	31	1 18:58.2	18:58.2	6:07/M

### Male Masters Champion

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Timothy Foster	Milford DE	54	6 22:02.3	22:02.3	7:06/M

### Male 11 to 14

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Zach Black	Milford DE	14	8 22:20.2	22:22.6	7:12/M
2	Henry Black	Milford DE	12	18 29:48.8	29:51.6	9:37/M

### Male 20 to 29

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Noah Motz	Millsboro DE	22	10 22:35.2	22:37.1	7:17/M

### Male 30 to 39

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Tyler Wright	Magnolia DE	32	2 20:24.2	20:26.8	6:35/M
2	Christopher Brighton	Dover DE	35	3 21:02.3	21:04.6	6:47/M
3	Jonathan David	Philadelphia PA	37	4 21:14.5	21:18.5	6:51/M

4	Max Reyes-Rosario	West Chester PA	32	5	21:16.9	21:17.1	6:52/M
5	Spencer Bassette	Castleton On Hudson NY	32	7	22:13.9	22:17.1	7:10/M
6	Robert Carroll	Arlington VA	38	9	22:25.7	22:29.2	7:14/M
7	Dominic Catalano	Bloomington NJ	37	12	23:35.3	23:37.8	7:37/M
8	Forrest Wendaur	Woodbine MD	35	20	35:46.5	35:57.7	11:32/M

#### Male 40 to 49

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Robert Novak	Dover DE	44	13 24:43.9	24:47.3	7:59/M

#### Male 50 to 59

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Duane Christy	Havre De Grace MD	59	11 23:06.8	23:07.0	7:27/M
2 Ronald Schmidt	Falls Church VA	50	14 27:54.7	27:58.1	9:00/M
3 Sean Mace	Dover DE	56	15 28:24.1	28:27.2	9:10/M
4 Peter Wadsworth	Dover DE	54	16 28:24.2	28:39.6	9:10/M
5 Morris Deputy	Middletown DE	50	22 40:55.5	41:00.8	13:12/M

#### Male 60 to 69

PLC Name	City	Age	O'All Chip	Gun	Pace
1 John Walters	Lewes DE	69	17 29:08.1	29:14.0	9:24/M

#### Male 70 and Over

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Don Zalenski	Magnolia DE	76	19 34:51.1	34:55.7	11:15/M
2 Larry Price	Middletown DE	80	21 40:23.0	40:34.8	13:02/M